Board of Education

Monday, March 9, 2026 Work Session 6-7pm, Regular Session 7pm
Valdez City Council Chambers, 212 Chenega Ave (corner of Chenega & Fairbanks), A-frame building behind City Hall, Valdez, AK 99686

A. **WORK SESSION: Board/VCS Strategic Planning**
B. **PRELIMINARIES**
1. Call to Order
2. Pledge of Allegiance
3. Roll Call
4. Review of Minutes from the Regular School Board Meeting on Feb 23, 2026
C. **PUBLIC COMMENT ON NON-AGENDA ITEMS**
1. Public Comment Guidelines
D. **AWARDS, HONORS AND CELEBRATIONS**
1. Todd Wegner inducted into the Alaska Association of Basketball Coaches Hall of Fame
E. **REPORTS/INTRODUCTIONS**
1. Superintendent Report
2. Student Representative Report
3. VHS Principal Report
4. GMS Principal Report
5. HHES Principal Report
F. **CONSENT AGENDA**
1. Approve Personnel Action Report
2. Approve 2nd Reading Board Review of Policies: **Description: BP 5113 Absences and Excuses:** Parent Notification was updated to reflect both the 4-day and 5-day school week.
G. **NEW BUSINESS**
1. Approve Weight Room Equipment Purchase in the amount of $147,991
2. Please approve Budget Amendment 26-7 for Equipment Repair
3. Approve revised Substitute Handbook for 2026-2027 School Year
4. Discussion on Defined Resolution Draft for House Bill 78
H. **BOARD BUSINESS FROM THE FLOOR**
1. Comments From Board Members
I. **INFORMATION ITEMS**
J. **FUTURE MEETING DATES**
1. March 16, 2026: Policy Review Committee Meeting 6pm-Superintendent Office
2. March 23, 2026: Work Session 6pm/Regular Session 7pm-Council Chambers
3. March 27-April 1, 2026: ACSA Legislative Fly-In 2026 Juneau
4. April 13, 2026: Work Session 6pm/Regular Session 7pm-Council Chambers
K. **EXECUTIVE SESSION**
1. Go Into Executive Session
2. Come Out of Executive Session
L. **POSSIBLE ACTION FROM EXECUTIVE SESSION**
M. **ADJOURNMENT**
1. Adjourn the Meeting

Board of Education

Monday, February 23, 2026 Work Session 6-7pm, Regular Session 7pm
Valdez City Council Chambers, 212 Chenega Ave (corner of Chenega & Fairbanks), A-frame building behind City Hall, Valdez, AK 99686

Sonya Ash-Selanoff:	Present
Kalin King:	Present
Scott McCumby:	Present
Dr Kyra Meyer:	Present
Dr Kathleen Todd:	Present
Bryan Vincent:	Absent
Carey Wade:	Present

A. **WORK SESSION**

A.1. FY27 Budget Review — **Speaker(s):** Amber Cawley/Susan Love

B. **PRELIMINARIES**

B.1. Call to Order
Discussion: Meeting called to order at 7:04pm

B.2. Pledge of Allegiance

B.3. Roll Call

B.4. Review of Minutes from the Regular School Board Meeting on Feb 9, 2026
Discussion: Dr Todd explained that she likes to see a bit more content in the meeting minutes. With the switch from BoardDocs to BoardBook the meeting minutes are much more vague. Had a conversation with Christine Brandon, who made time to add more discussion content and created a new template that is easier to read.

C. **PUBLIC COMMENT ON NON-AGENDA ITEMS**

C.1. Public Comment Guidelines

D. **AWARDS, HONORS AND CELEBRATIONS**

D.1. School Board Appreciation Month
Discussion: Played a video to the board from the students of GMS who put together a school board appreciation rap video.

E. **REPORTS/INTRODUCTIONS**

E.1. Superintendent Report — **Speaker(s):** Jason Weber
Discussion: Jason Weber gave his report, no questions

E.2. Director of Curriculum, Instruction and Assessment Report — **Speaker(s):** Jon Berkeley
Discussion: Jon Berkeley gave his report, no questions.

E.3. Director of Facilities and Operations Report — **Speaker(s):** Dan Bryant

Discussion: Dan Bryant gave his report.
Dr Meyer asked about the summer lawn care and if it was really needed? Could we consider summer temp help at a lower cost. Dan informed Dr Meyer that they are just looking at a bid to see if it is even an option but a summer temp employee may need to work.

E.4. Director of Business Services Report — **Speaker(s):** Amber Cawley/Susan Love

Discussion: Amber gave her report, no questions

E.5. Director of Special Education and Federal Programs Report — **Speaker(s):** Rylee Ownbey

Discussion: Rylee Ownbey gave her report, no questions.

E.6. Director of Technology and Communications Report — **Speaker(s):** Megan Gunderson

Discussion: Megan Gunderson gave her report, no questions.

F. **CONSENT AGENDA** — **Speaker(s):** Jason Weber

F.1. Approve Personnel Action Report

Action(s):
I move that the Board approve the Consent Agenda as presented. This motion, made by Scott McCumby and seconded by Carey Wade, Carried.

Voting Detail:

Sonya Ash-Selanoff:	Yea
Kalin King:	Yea
Scott McCumby:	Yea
Dr Kyra Meyer:	Yea
Dr Kathleen Todd:	Yea
Bryan Vincent:	Absent
Carey Wade:	Yea

Voting Summary: Yea: 6, Nay: 0, Absent: 1

F.2. Approve budget amendment 26-6 for the 12 welding booths approved at the Feb 9, 2026 meeting. — **Speaker(s):** Amber Cawley/Susan Love

G. **NEW BUSINESS**

G.1. Approve 1st Reading Board Review of Policies: — **Speaker(s):** Jason Weber

Action(s):
I move that the Board approve the 1st reading of board policies as presented. This motion, made by Scott McCumby and seconded by Dr Kathleen Todd, Carried.

Voting Detail:

Sonya Ash-Selanoff:	Yea
Kalin King:	Yea
Scott McCumby:	Yea
Dr Kyra Meyer:	Yea
Dr Kathleen Todd:	Yea
Bryan Vincent:	Absent
Carey Wade:	Yea

Voting Summary: Yea: 6, Nay: 0, Absent: 1

G.2. Discussion on FY27 Budget Review Presented in Work Session

Speaker(s): Amber Cawley/Susan Love

Discussion: Jason Weber presented a flat and balanced budget. Meal increase proposal for next year. A Professional Development budget increase was proposed to assist with the retention of teachers. No staffing cuts. March 5th and 11th at noon in the Superintendent's office is open to the public to dig deeper and discuss the FY27 Budget proposal. Work Session review the timeline and how the budget is built. March 9th will go in front of Board to vote.

H. BOARD BUSINESS FROM THE FLOOR

H.1. Comments From Board Members

Discussion: Sonya Ash-Selanoff: What an amazing video! The Elks and it was really cool, our teams played well. Fun to see the young Bucs perform.
Dr Meyer: Thank you to the Student Council and Mrs. Vincent for the video. Excited about the curriculum.
Dr Todd: Thanks to the accounting people for their work and making it easy to understand.
Scott McCumby: Thank you for the video. Just want to remind everyone how thankful we are that we are not like other districts experiencing huge budget cuts.
Carey: Thank you for the video and a huge thank you to Copper Valley Telecom for all of their support. Todd Wegner puts on the best programs in the state and so thankful for what he does.
Kalin King: Congrats to Betty McIntosh for winning the Dolores Gard Award and our new VHS audio system is scheduled to be installed over spring break.

I. INFORMATION ITEMS

I.1. Jr Rifle Range Letter

I.2. January Warrants

J. FUTURE MEETING DATES

J.1. Mar 9, 2026 Work Session 6pm /Regular Session 7pm

J.2. Mar 23, 2026 Work Session 6pm /Regular Session 7pm

K. EXECUTIVE SESSION

K.1. Go Into Executive Session

K.2. Come Out of Executive Session

L. POSSIBLE ACTION FROM EXECUTIVE SESSION

M. **ADJOURNMENT**

M.1. Adjourn the Meeting

Discussion: Meeting adjourned at 7:48pm

_____

Board Secretary

Office of Superintendent Valdez City Schools

BOARD REPORT

Mar 9, 2026

Goals:

- We were able to successfully fill 6 of our 7 open certified positions and their names are on the PAR. We currently have a special education position in middle school.
- The DO/HHES project is in its final stages, during the substantial completion meeting there were a few mechanical and electrical issues that were identified which is delaying the handover of the project. Visually it looks completed, the front desk is in place etc. The city is working on ordering furniture. We are still planning a spring break move for HHES..
- The district met again with PWSC this time were able to include both Kate Goudreau and David Cronk, they both offer great ideas and feedback with college and I look forward to the opportunities these conversations will create for our kids. The college has already offered several ideas for course offerings as well as college counseling support for our kids.
- RFQ High School has been released and talking with Kasey there has been strong interest from companies interested in the project.

Engagement

-

SEL

-

Concerns

- Tuesday we had a Zoom meeting with our health insurance broker and found out our rates are increasing in the neighborhood of 17. If you remember from our budget presentation that is more than the 5% they had been telling us earlier this year. The reason they gave us is that people have been going to the doctor more the past few months and had not been using the doctor as much in the beginning of the year when they were giving us our initial quotes, which the budget was built on. Since this news has recently come to light we will need to adjust the budget and it will mean some cuts. There will be bills released in the House and the Senate to increase school funding, the House bill is more generous, so I will monitor them. The amount I am hearing is between 70 and 150 million dollars.

Achievement/celebrations

- Todd Wegner being inducted into the hall of fame, that is a great lifetime achievement.

VCS Legislative Update

- HB 78 is a bill being considered that would create a defined benefit option for teachers and public employees. I have included a resolution supporting the bill as recruitment and retention of teachers and public employees continues to cause problems. The cost of this bill appears to be cost neutral to the districts and employers, the state may have some risk but for the most part the numbers to do look good, this bill would be different then the current defined benefit plan. Current teachers and public employees who are not in a defined benefit program could opt in. I am not clear on how that would work for each employee. I also like that the bill would count sick leave toward years of service creating an incentive not to use sick leave as often.

- HB 374 Was released on 3-4-2026 and would increase the BSA by $690. I think whatever makes it over the finish line will be smaller than $690 but I will follow the legislation. It is still very early in the session. I expect a similar bill to be released in the Senate with a smaller number.

Valdez High School
Student Representative Report
March 9th, 2026



Recent Events

The NYO season has started. They had their first practice last week on the 2nd.

There was a surplus sale in the VHS cafeteria to get rid of all our old furniture on March 3rd.

Basketball attended the regional tournament in Galena.

Upcoming Events

Spring Break is next week, from the 16th through the 20th.

The last day of the Quarter is March 12th.

The close-up trip to Washington, D.C. is March 26th - April 4th.

Concerns

The stools for the Science rooms did not work out; teachers have been getting student opinion on possible replacements.

Gilson Middle School

BOARD REPORT

Mar 3, 2026

Goals:

- Continuing to structure the curriculum around the priorities gathered through surveys for the study skills classes year 2 (communication, reading, technology, Alaska Culture & Language).
- Modifying master schedule with hired employee information for next year.
- Preparing students for AKStar and end of year projects.

Engagement/SEL

- Cross Country Ski finished out their season with a final timed trial and all teams enjoyed a team celebration after the end of their seasons.
- NYO & Track parent interest meeting & season beginning this month.
- Boys' Volleyball practices continue with the opportunity for a trip to Fairbanks to compete in a tournament in April.
- CVEA hosted a class in 8th Grade Science introducing the students to local sources of electricity and safety then provided a tour of the hydro dam.
- As we approach the end of the term, students have been focused on submitting all work to improve grades. With so many illnesses, many students needed some extra support to catch up in their school work and after the bell tutoring with Ms. Bailey and Ms. Vincent has been really helpful as well as the time they have during Flex Friday.
- Students have been progressing well in the i-ready system for math with support from Mr. Bryan & Ms. Bailey. The program is used both as a supplemental homework practice and for remediation.

Concerns

- We are still searching for a SpEd teacher for next year.
-

Achievement/celebrations

- End of season Spring Fling Volleyball Tournament went smoothly. Our volleyball teams won both brackets! Thanks to Mr. Josh Bryan, and coaches Hope Finley, Meagan Craig, and Tawnee King for a great season. Thanks to Brandy Smelcer for organizing the hospitality room and for all the parent and community volunteers for contributing time and food. We had a fun spirit week and pep assembly leading up to the tournament.
- Wrestlers and coaches were complemented last weekend by the Tanana tournament host for their sportsmanship and service. "I just wanted to report that your wrestlers and coaches are awesome. They always are, but this year they really stepped up and pitched in to help me when I was scrambling to move 2 wrestling mats and supplies over to West Valley. I really appreciate their willingness to help, especially with how cold it was outside! I hope your students enjoyed the tournament and will come back again next year." - Rob Ott
-

Hermon Hutchens Elementary School

BOARD REPORT

March 9, 2026

Goals:

- Our goal is to have every classroom complete the IditaRead Challenge. HHES students have been participating in a challenge that celebrates our state's unique sporting history and promotes literacy. IditaRead is a companion to the annual and iconic Iditarod dog sled race. Classrooms have been studying the race and its history while simultaneously encouraging students to read independently for 20 minutes each day. When 75% or more students complete their reading goals, a class can move its musher avatar to the next checkpoint along our school-wide trail. Teachers and parents report students being highly motivated to help their classroom proceed down the Iditarod trail, edging ever closer to the burled arch at the HHES office! Next week will see us watching some of the race live, as well as wrapping up this challenge with some fun prizes and celebrations for all!

Engagement

- The PTA will be hosting a Book Fair in the school library from Wednesday, March 11, through Friday, March 13. As part of this event, the PTA is generously providing each student with a free book, which students will select during their scheduled class visit. The Book Fair will also be open to families,
- In collaboration with the Valdez Museum and City Library, the Valdez Art program is happy to announce the return of their District-Wide Art Show. Students from preschool through 12th grade are excited to share their hard work and creativity with their community. The show will be available to view by families, class field trips, and the first round of cruise ship visitors. The kick-off party will take place on April 10th from 4:30- 7:00 pm. We hope to see you there!
- At Family Literacy Night on April 29, 2026, we will be welcoming award-winning novelist and illustrator Terri Libenson! Libenson's Invisible Emmie was a featured title in this year's Battle of the Books, and her series of the same name has been tremendously popular at

our school: our library can't keep any of Libenson's books in stock! Libenson will share her path to becoming an author-illustrator and offer advice to students who want to publish their own books. In addition, she will be hosting an illustration workshop in which students can sketch their favorite characters alongside a favorite author! Valdez Literacy Council is partnering with the Valdez Consortium Library to bring this author to our community, so following the author talk and workshop at HHES, community members will be invited to the library for an author meet-and-greet and book signing opportunity.

SEL

- Valdez City Schools would like to extend a huge thank you to the Valdez Food Bank. The Valdez Counseling Department and the Valdez Food Bank have joined forces to provide the BackPack Buddies program. Please see attached Flyer:



Concerns

- We are waiting for an update on when we will be able to move into the renovated office location.

Achievement/celebrations

- Huge thank you to the City of Valdez Publix Works for creating the HHES sledding hill!
- We officially ended our Battle of the Books Season last week. Our 3rd-grade team participated in State Battles via Zoom on February 26th. There was a lot of positive energy and excitement. Although the team didn't advance to the finals, they worked well together and put their knowledge of the books to good use during the 32-question battle.

PERSONNEL ACTION REPORT FOR 2025-2026

March 9, 2026

EMPLOYMENT OF ADMINISTRATION

RESIGNATION OF ADMINISTRATION

EMPLOYMENT OF CERTIFIED PERSONNEL

Bennett Kraemer
VHS English Teacher
Effective 8/14/2026

Holly Makowsky
HHES Special Education Teacher
Effective 8/14/2026

Martina Gerasch
VHS Science Teacher
Effective 8/14/2026

Anthony Gerasch
VHS CTE Teacher
Effective 8/14/2026

RESIGNATION/RETIREMENT CERTIFIED PERSONNEL

EMPLOYMENT OF CLASSIFIED PERSONNEL

Rudy Benda
Accounts Payable/Receivable Clerk
Effective 3/10/2026

Alyssa'Sage Shallue
Executive Administrative Assistant
Effective 3/10/2026

RESIGNATION/RETIREMENT OF CLASSIFIED PERSONNEL

OTHER CONTRACTS

Blair Bailey
Asst Coach Track GMS
Effective 2025-2026 School Year

2025-2026 School Year

Teachers	51
Classified*	56
Principals	3
District Administration	6
Total Employees	**116**

(*This is the number of classified personnel working for the district. Several of the employees have part-time hours)

BP 5113 Absences and Excuses

The School Board believes that regular attendance plays a key role in the success a student achieves in school. The Board recognizes its responsibility under the law to ensure that students attend school regularly. Parents/guardians of children aged 7 to 16 are obligated to send their children to public school except as allowed by law. The Board shall abide by all state attendance laws and may use any legal means to correct the problems of excessive absence or truancy.

A student has an obligation to attend all assigned classes and to be present in the classroom at the required time.

The Board is committed to keeping students in school. Truancy is defined as the absence of a student from class without the knowledge or prior consent of the parent/guardian. The Superintendent or designee shall implement all steps appropriate to reduce student absences and to ensure that all children residing within the district are receiving appropriate educational services as required by law.

(cf. 5147 - Dropout Prevention)
(cf. 6164.5 - Student Study Teams)
(cf. 6176 - Weekend/Saturday Classes)

A student's grades may be affected by excessive unexcused absences in accordance with Board policy.

(cf. 5121 - Grades/Evaluation of Student Achievement)

The Superintendent or designee shall report to the Board any apparent violations of compulsory attendance laws. The Board shall investigate such reports and any public complaints of violations of state compulsory attendance laws.

Make Up Work

Any student who knowingly will be absent from school must make arrangements before the absence to make up all the class requirements. This requirement will be satisfied for any school sponsored activity and/or parent-sponsored activity. Failure to complete the make-up work assigned will result in the absence being deemed unexcused and treated accordingly. Make-up work for a pre-planned absence is due upon return to school.

In case of an unplanned absence such as illness or a family emergency, the student will be given one (1) day to make up work for each day absent. For extended absences, two (2) weeks make-up time may be allowed at the discretion of the building administrator.

Parent Notification

The School District will make every effort to notify parents/guardians of unexcused absence of their child and informed of state compulsory attendance laws.

Students experiencing difficulty with attendance shall be counseled in an attempt to alleviate the problem. The district, the parents/guardians, and the student shall work together to develop an appropriate plan for improving school attendance.

Compulsory Attendance

Unless a child subject to compulsory attendance laws is exempted, excluded, or expelled from school attendance, each five days of unlawful absence constitutes a separate violation of the law and will be referred to local law enforcement. (A.S. 14.30.020)

Return to School

When students who have been absent return to school, they must present a satisfactory explanation verifying the reason for the absence. The following methods may be used to verify student absences:

1. Written note from parent/guardian or parent-representative.
2. Conversation, in person or by telephone, between the school district and the student's parent/guardian or parent representative.
3. Any other reasonable method that establishes the fact that the student was actually absent for the reasons stated. A written recording shall be made, including information outlined above.

ABSENCE LIMITS

Middle and High School students (grades 6-12) must not be absent, for any reason not related to school activities, more than eight (8) times from each semester course in which they are enrolled if they are to receive credit for that course.

Middle School students (grades 6-8) must not be absent more than 8 times per semester or they may be considered for retention in the same grade the following year.

Elementary (grades Pre-K-5) students must not be absent more than ten (10) times per semester or they may be considered for retention in the same grade the following year.

The following absences shall not count toward the absence limit:

1. Illness, injury, or medical appointment substantiated by a statement from a parent/guardian, and/or medical practitioner. The principal may ask a parent/guardian to provide medical evidence from a physician or medical practitioner for excessive absences.
2. Death in the student's family necessitating an absence
3. Absences from school due to school-sponsored activities
4. Absences due to work or training college as an approved part of their educational plan
5. Unavoidable emergencies at home as determined by the principal
6. Medical or dental appointments
7. Religious observances
8. Other special circumstances approved by the principal.

ADDITIONAL EXCEPTIONS:

1. A student may be absent up to five (5) days in addition to the absence limits each semester for special reasons if approved by the building principal.
2. Additional days may be granted for exceptional circumstances such as national competition or academic competition. Additional exceptions shall be determined by the building principal.

The following absences shall count against the absence limits:

A student:

1. Skips a class having once arrived at school.
2. Leaves the school campus without checking out through the office, except during lunch.
3. Is more than 10 minutes late for a class.

If the absence is not excused, make-up work will be assigned for the absence, but no credit will be given.

Note: Should the school district move back to a five-day school week in grades 6-12 all grades would have a ten (10) day absence limit.

LOSS OF CREDIT/COURSE FAILURE

When a high school student's absence exceeds the 8 time absence limit he/she will lose credit/fail the class for each affected course. He/she may be given the option of either staying in the class, or be withdrawn from the class, assigned to a study area for the remainder of the semester during the period he/she was scheduled for that class. The determination of placement shall be made by the principal based upon input from the student, parent/guardian, and teachers.

Students who are habitually truant may be dropped from school enrollment or denied admission if a remedial plan of action is not successful. Credits lost due to poor attendance may be made up in the regular school program, or through correspondence school. A notation shall be made on the student's report card/interim report, transcript, when a grade has been lowered due to a violation of the attendance policy. Students withdrawn from a course for non-attendance will have a "WF" (Withdrawn-Failing) recorded on their report cards and transcripts. That grade will be included in the calculation of his/her grade point average and will affect extra-curricular eligibility. The loss of credit and/or course failure does not preclude disciplinary action initiated by the school where otherwise warranted.

When a middle school student's absences exceed the 8-day limit, the principal will consider the student for retention in the same grade.

When an elementary student's absences exceed the 10-day limit, the principal will consider the student for retention in the same grade.

HIGH SCHOOL CREDIT LOSS MAKEUP

Students who have lost credit due to excessive absences may attend a scheduled Saturday School to make up the needed days. Credit may be reinstated at the completion of the appropriate makeup time. Students must gain makeup approval from the principal.

ELEMENTARY SCHOOL TARDINESS

Being absent from school for more than 30 minutes at the beginning of the day or after lunch is considered a half-day absence.

MIDDLE SCHOOL AND HIGH SCHOOL TARDINESS

Students are considered tardy through the 10th minute of the class period. After the 10th minute, the student is considered absent from that period. If the student is tardy for a class, he/she should report directly to the office to secure an admit slip. The office will assign a 30-minute detention on the third tardy and a 48-minute detention each for the fourth and fifth tardies during a quarter. Detention shall be completed within two school days and must be served at lunch, or after school. If a student accrues six or more tardies in any quarter, a parent conference will be requested to develop a special plan to remedy this issue.

PARENT NOTIFICATION

Each time that a student is absent from school, the school Attendance Secretary shall initiate telephone contact with the parent/guardian if the school has not already been contacted by the parent. The school shall place a student on attendance probation when the student reaches six (6) absences on a five day school week and five (5) on a 4 day school week in any course in a semester. A probation notice including an attendance summary for all classes shall be sent to that parent/guardian/student at this time. After six (6) absences on a five day school week and five (5) on a 4 day school

week in a course, a parent/guardian/student/teacher/administrator conference shall be scheduled to determine remedial steps to be undertaken to avoid loss of credit. A student, parent, or guardian may request an attendance summary through the principal at any time during the school year. Valdez High School shall withhold credit for any course in which a student's absences exceed eight (8) in a semester. The student/parent/guardian shall be contacted on a class-by-class basis. A letter with notification of withdrawal of credit shall be mailed to parents/guardians/students in each instance.

APPEALS PROCEDURE

If a parent or student wishes to appeal a decision made pursuant to this policy, such an appeal must be initiated in writing within fifteen (15) school days of the date of the decision or the date of the letter of notification to the Superintendent of schools. The letter requesting an appeal must include specific reasons that the request should be considered. If an appeal is not filed within the timeline provided, the student/parent/guardian shall be deemed to have waived the right to an appeal and a hearing.

A parent/guardian may appeal the Superintendent's decision by requesting in writing that the school board review the decision within five (5) days of the Superintendent's decision. The board will hear the appeal in executive session at the next scheduled board meeting.

Legal References:

ALASKA STATUTES

- *14.03.070 School age*
- *14.17.500 Student count estimates*
- *14.17.160 Student counting periods*
- *14.30.010 When attendance compulsory*
- *14.30.020 Violations*
- *14.30.030 Prevention and reduction of truancy*

ALASKA ADMINISTRATIVE CODE

- *4 AAC 09.005-4 AAC 09.105 State aid*

Adopted: 6/05
Revised 4/19
Revised: 1/23
Revised 10/25
Revised 2/26

Memorandum

Date: 03-09-2026

From: Jason Weber
Superintendent

To: VCS Board of Education

Thru: Jason Weber
Superintendent

Subj: Weight room equipment for VHS in the amount of $147,991 from Top Fitness of Anchorage.

This request is to purchase strength and weight training equipment to transform the VHS rifle range into a strength and weight training space. The space will be a benefit to VHS students, teams, community members, and staff. We plan to have students using the new weight room for classes and team sports at VHS in the fall of 2026. I have been working with the city on this project as well to ensure the space will be adequate for use as a weightroom. Our maintenance department will work to convert the space to a weight room over the summer of 2026 and have it open for students when they return to school in the fall. The funds to pay for the equipment would come from our undesignated reserves which is currently over the 10% threshold required by law. We do have the funds for the project. If approved a budget amendment will be brought to the board at the next meeting. The middle school weight room would be adjusted to support the student population they serve and members from the middle school were able to give input on all decisions for the VHS weight room and how to reallocate current equipment to the best audience. This quote is inclusive of the needs of both rooms.

We had a team of Christine Brandon, Todd Wegner, Michelle, Peterson, David Cronk, Joshua Bryan, Kasey Walker, Amanda Tippets, Kate Goudreau, and Tracy Gilson provide input and work on this request for equipment. The team chose Top Fitness because they felt their choice of equipment best met the needs of what the team was asking for, providing high quality long equipment with long life spans, installation, as well as definitive shipment costs direct to Valdez. Although the Bear complex quote came in lower, the team felt the equipment would not hold up over time as more crossfit non commercial grade set up, they did not provide complete information on shipping, lacked pieces of equipment to meet the teams needs, and no installation costs included. Information from each quote is provided, the last quote was of good quality, it had a higher cost and there were still unknowns on shipping costs.

Recommendation: Approve the purchase of weight room equipment in the amount of $147,991 from Top Fitness of Anchorage.

Quote 1

Top Fitness Store-Anchorage

TOP FITNESS STORE

8535 Old Seward Hwy | Anchorage, AK 99515
(907) 349-3990 | anchorage@topfitness.com

PROPOSAL

DATE: March 5, 2026

BILL TO: Valdez City Schools
cbrandon@valdezcityschools.org
907-834-4701

SHIP TO:

SALESPERSON	PURCHASE ORDER #	PAYMENT TERMS
Rolando		NONE

QTY	DESCRIPTION	MSRP	SALE PRICE	LINE TOTAL
2	True Palisade Climber w/ Unite LED Console	$ 9,949.00	$ 9,000.00	$ 18,000.00
2	True Vapor Row	$2,449.00	$ 2,200.00	$ 4,400.00
4	True Gravity Treadmill w/ Unite LED Console	$ 7,849.00	$ 7,100.00	$ 28,400.00
1	True XFW-8300 Dual Half Rack w/ 2 Chin bars	$ 5,899.00	$ 5,300.00	$ 5,300.00
2	True FS-24 3-Tier Dumbbell Rack w/ 3 med ball	$ 1,498.00	$ 1,350.00	$ 2,700.00
12	Troy 2.5LB Rubber Interlocking Grip Plate	$ 10.25	$ 9.00	$ 108.00
12	Troy 5LB Rubber Interlocking Grip Plate	$ 20.62	$ 18.50	$ 222.00
20	Troy 10LB Rubber Interlocking Grip Plate	$ 41.26	$ 37.00	$ 740.00
12	Troy 25LB Rubber Interlocking Grip Plate	$ 103.10	$ 93.00	$ 1,116.00
12	Troy 35LB Rubber Interlocking Grip Plate	$ 144.34	$ 130.00	$ 1,560.00
20	Troy 45LB Rubber Interlocking Grip Plate	$ 185.56	$ 167.00	$ 3,340.00
2	Troy 3-35 LB 12 Sided Rubber Dumbbell Set	$1,659.34	$ 1,493.00	$ 2,986.00
2	True FS-50 Leg Ext/ Leg Curl 170#	$ 4,549.00	$ 4,100.00	$ 8,200.00
1	Hex Bar	$ 230.00	$ 200.00	$ 200.00
1	Troy 6" to 24" Soft Plyo Box Set; 1 of each size	$ 1,716.38	$ 1,545.00	$ 1,545.00
1	True FS-30-35 Smith Machine	$ 4,349.00	$ 3,900.00	$ 3,900.00
1	True SM-1000 Functional Trainer	$ 5,849.00	$ 5,300.00	$ 5,300.00
2	Covered Battle Rope 30'	$ 200.00	$ 180.00	$ 360.00
1	True FS-53 Lat Pulldown/Seated Row 250#	$ 5,049.00	$ 4,550.00	$ 4,550.00
1	True XFW-7800 Leg Press	$ 7,249.00	$ 6,500.00	$ 6,500.00
1	Centr Hyrox Slatmill	$ 7,249.00	$ 6,500.00	$ 6,500.00
1	True Vapor ADX Air Bike	$ 2,049.00	$ 1,850.00	$ 1,850.00
1	Studio Line Elite Self Guided Commercial Package	$ 3,525.00	$ 3,200.00	$ 3,200.00
3	Bosu Balls	$ 210.00	$ 190.00	$ 570.00
4	True SF-1000 Adjustable Flat Incline Bench	$ 1,049.00	$ 950.00	$ 3,800.00
2	Crossfit Barbell 28mm 2000#	$ 380.00	$ 350.00	$ 700.00
2	Aluminum Collars	$ 25.00	$ 22.00	$ 44.00
2	Troy Barbell Storage- Matte Black	$ 867.00	$ 780.00	$ 1,560.00
2	Troy Fixed Barbells 20-60#	$ 1,000.00	$ 900.00	$ 1,800.00

2	Troy Fixed EZ-Curl Bars 20-60#	$ 1,033.00	$ 950.00	$ 1,900.00
92	Regupol Border Tiles	$ 22.00	$ 20.00	$ 1,840.00
475	Regupol Center Tiles	$ 22.00	$ 20.00	$ 9,500.00
5	Regupol Corner Tiles	$ 22.00	$ 20.00	$ 100.00
5	Regupol Corner Tiles	$ 22.00	$ 20.00	$ 100.00

SPECIAL NOTES / INSTRUCTIONS

Ship Span Alaska Direct to Valdez from Washington. Flooring must be installed 24 hours before install techs arrive to complete install. Shipping cost covers shipping to Valdez and installation team to fly out for the install of the quipment.

SUBTOTAL	$ 132,891.00
SALES TAX	EXEMPT
SHIPPING	$ 15,100.00
TOTAL	**$ 147,991.00**

Acceptance of Proposal: These prices, specifications and conditions are satisfactory and are hereby accepted.

You are authorized to order the equipment listed with payment to be made as outlined below.

Signature: _____

Print Name: _____

P.O. Number: _____

Date: _____

Standard Terms and Conditions:

1. 100% deposit and approved P.O. # required with order.
2. These prices are good for thirty (30) days from the above date.
3. Once P.O. is submitted, products may not be cancelled, returned, or exchanged

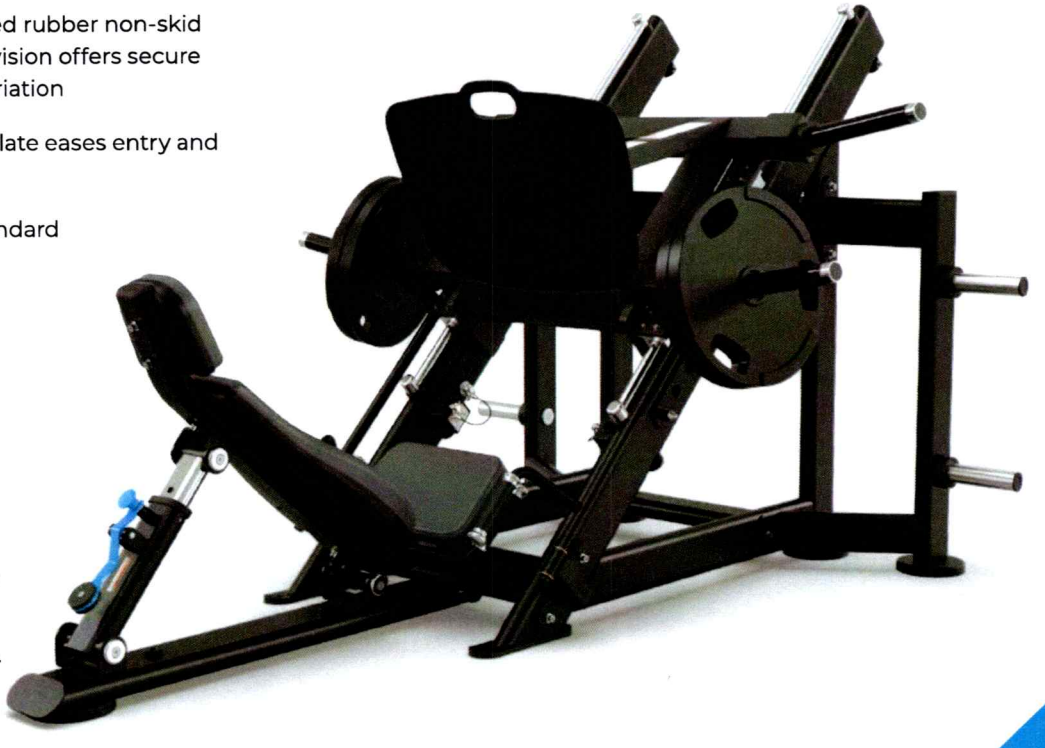
XFW-7800 LEG PRESS

TRUE®

Offering modern styling, high-quality construction, and time-tested innovative designs, XFW plate loaded products truly represent the best in form, function and reliability.

FEATURES

- Premium grade linear bearings and high capacity weight carriage angled 45 degrees for optimum performance and durability
- Dual-position pivoting carriage stops accommodate wide range of users
- 3-position secondary safety stops allow users to adjust range of motion to suit their individual needs
- Back pad with integrated head rest easily adjusts to 7 positions
- Wide foot plate with molded rubber non-skid covering and calf raise provision offers secure placement and exercise variation
- Assistance handle in foot plate eases entry and exit of machine
- 4 weight storage posts standard



SPECIFICATIONS

DIMENSIONS (L x W x H)
97" x 71" x 56" /
246 cm x 180 cm x 142 cm

PRODUCT WEIGHT
608 lbs / 276 kg

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

XFW-8300 DUAL SIDED HALF RACK

Featuring as many as three rack stations and a number of versatile training tools, the space efficient and stylish XFW-8300 Dual Sided Half Rack is designed to accommodate multiple users and withstand the rigorous demands of heavy use athletic training environments.

FEATURES

- Attachment points on upper frame accommodate optional Chin Bars and Suspension Brackets
- Optional Center Catch Rails turn center section into fully functioning power rack

SPECIFICATIONS

DIMENSIONS (L x W x H)
105" x 51" x 92" /
267 cm x 130 cm x 234 cm

PRODUCT WEIGHT
547 lbs. / 248 kg

MAX LOAD CAPASITY
765 lbs. / 347 kg

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

OPTIONAL TRAINING TOOLS

Dip Station (4 max) *(as shown)*

Plate Storage (cannot combine w/ Center Catch Rails) *(as shown)*

Suspension Bracket (max 2)

Chin Bar (max 4) *(as shown)*

Core Trainer (max 2) *(as shown)*

Center Catch Rails (cannot combine w/ Plate Storage)

Band Peg Kit (pair)(max 4) *(as shown)*

Rubber Platforms (3/4" 4x8' or 6x8')



SM-1000 FORCE FUNCTIONAL TRAINER

TRUE®

The FORCE line delivers an all-inclusive solution to meet the space and budget requirements for a variety of facilities, from community centers to multi-family living to hotels or resorts.

FEATURES

- Dual weight stack design allows users to train or rehabilitate each arm using different resistance levels or allows for two simultaneous users
- Unique twist and roll pulley handles allow for effortless one-handed adjustments through 31 heights clearly marked 1-31
- Instruction placards include illustrations of beginning and ending positions for 20 common exercises
- Multi-grip pull-up bar enhances versatility
- Integrated accessory tray with water bottle holder adds convenience
- Standard accessories include long bar, short bar, lined ankle strap and tricep rope
- Weight stacks per side: 215 lb (98 kg)
- Resistance profile – 2:1
- Max Resistance at pull points: 107.5 lb (49 kg)
- Resistance increments per side: 5 lb (2 kg)
- Cable Travel: 8' (224 cm)



SPECIFICATIONS

DIMENSIONS (L x W x H)
44" x 66" x 85" /
113 cm x 168 cm x 215 cm

PRODUCT WEIGHT
Weight Stack: 215 lbs / 98 kg
Machine Weight: 681 lbs / 309 kg

COLOR
Matte Black

FITNESS LINE SMITH MACHINE
FS-30

TRUE®

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

FEATURES

- 8-position bar-catch assembly with dual adjustable safety stops
- Multiple grip chin bar for exercise variation
- Standard 8-post storage

SPECIFICATIONS

DIMENSIONS (L x W x H)
54" x 77" x 84" /
137 cm x 195 cm x 213 cm

PRODUCT WEIGHT
300 lbs / 136 kg

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.



FITNESS LINE
LEG EXTENSION/ SEATED LEG CURL
FS-50

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

FEATURES

- 5-position back pad and 6-position leg curl thigh pad to accommodate a wide range of users
- Five starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- Self–adjusting ankle pad eliminates the need for an adjustment while providing proper support throughout the entire range of motion



SPECIFICATIONS

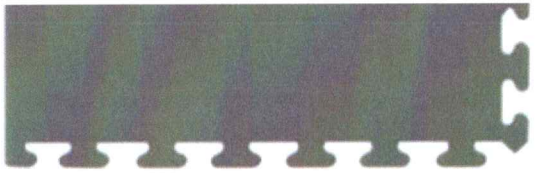
DIMENSIONS (L x W x H)
63" x 43" x 57" / 160 cm x 109 cm x 145 cm

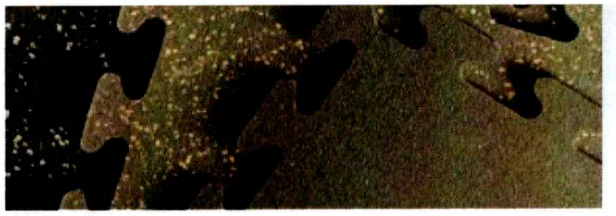
PRODUCT WEIGHT

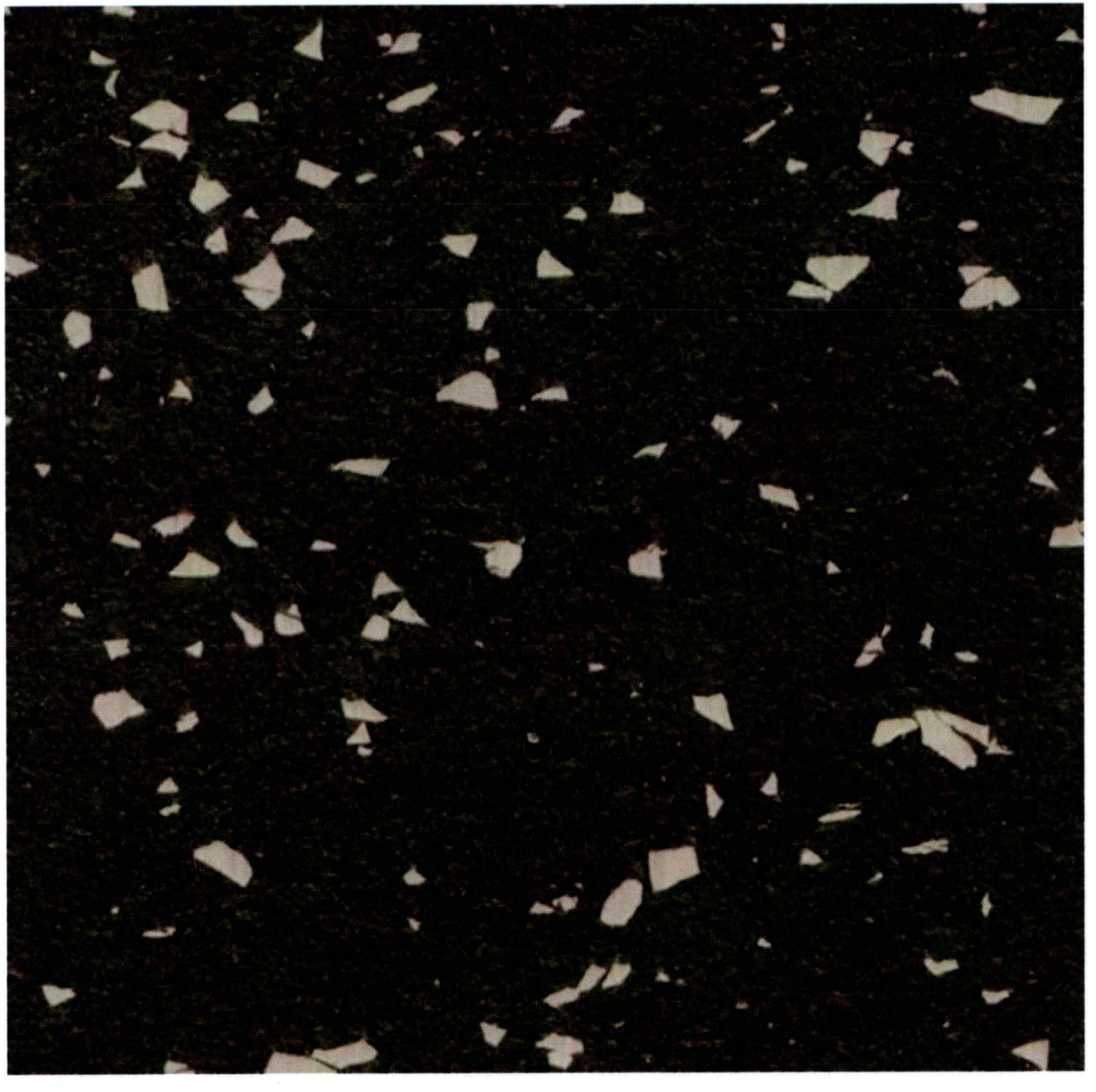
Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	474 lbs / 215 kg	554 lbs / 251 kg

COLOR OPTIONS
Frame comes standard with matte black powder coat finish.
Custom frame and upholstery options available.

Smart
SmartRecovery







Quote 2

Bear Komplex-Indiana

Bear KompleX
1001 East Summit Street
Crown Point, IN 46307
GetBetter@BearKompleX.com
www.BearKompleX.com

QUOTE

ORDER NO	ORDER DATE
#D49864	2026/03/05

SHIPPING ADDRESS	BILLING ADDRESS
Christine Brandon cbrandon@valdezcityschools.org Valdez High School 319 Robe River Dr Valdez AK 99686 United States	Christine Brandon cbrandon@valdezcityschools.org Valdez High School 319 Robe River Dr Valdez AK 99686 United States

Flooring only

TITLE	SKU	QTY	TAX	UNIT PRICE	TOTAL
BKX Fit Tile 3/4" Thick (4' x 6' Interlocking w/ gray flec)		x100	0%	$ 80.00	$ 8,000.00
BKX Fit Tile 3/4" Starter Strips		x60	0%	$ 4.00	$ 240.00
BKX Turf - Black (5' x 15' Roll w/ 5mm Foam Back)		x4	0%	$ 450.00	$ 1,800.00
Installation		x1	0%	$ 5,000.00	$ 5,000.00

ORDER NOTE

HS Flooring

SUB TOTAL	$ 15,040.00
SHIPPING	$ 9,000.00
TOTAL	$ 24,040.00

Thank you for your continued partnership.

We deeply appreciate your business and the trust you've placed in us. We're committed to maintaining the high level of service you expect, and we're excited about the opportunity to serve you again in the future.

Bear KompleX
1001 East Summit Street
Crown Point, IN 46307
GetBetter@BearKompleX.com
www.BearKompleX.com

QUOTE

ORDER NO	ORDER DATE
#D49858	2026/03/04

SHIPPING ADDRESS

Christine Brandon
cbrandon@valdezcityschools.org
Valdez High School
319 Robe River Dr
Valdez AK 99686
United States

BILLING ADDRESS

Christine Brandon
cbrandon@valdezcityschools.org
Valdez High School
319 Robe River Dr
Valdez AK 99686
United States

TITLE	SKU	QTY	TAX	UNIT PRICE	TOTAL
Prime Bumper Plates (260lb Bundle)(45lb, 35lb, 25lb, 15lb, 10lb Pairs)		x2	0%	~~$ 624.99~~ $ 531.25	$ 1,062.49
PRx Hex Barbell		x2	0%	~~$ 209.99~~ $ 178.50	$ 356.99
Build Limitless Freestanding Storage		x1	0%	~~$ 628.99~~ $ 566.10	$ 566.10
PRx Soft-Sided Plyo Box	PX044	x1	0%	~~$ 220.99~~ $ 187.85	$ 187.85
Build Limitless Half Rack Functional Trainer (Black)(95")		x1	0%	~~$ 3,699.99~~ $ 3,422.50	$ 3,422.50
PRx Leg Curl/Extension (Add Axis Pad)		x1	0%	~~$ 813.99~~ $ 651.20	$ 651.20
PRx 3x3 Dip Station		x1	0%	~~$ 157.99~~ $ 126.40	$ 126.40
PRx Prowler Push/Pull Sled with Harness		x1	0%	~~$ 314.99~~ $ 283.50	$ 283.50
EZ Curl Barbell Set (20lb, 30lb, 40lb, 50lb, 60lb)		x1	0%	~~$ 906.00~~ $ 860.70	$ 860.70
BKX Smith Machine (Commercial)		x1	0%	~~$ 2,995.00~~ $ 1,976.70	$ 1,976.70
BKX Battle Rope	BattleRope_1.5x40	x4	0%	~~$ 89.00~~ $ 62.30	$ 249.20
Cable Attachment Package		x1	0%	~~$ 300.00~~ $ 255.00	$ 255.00
BKX Infinite Series Linear Leg Press		x1	0%	~~$ 3,795.00~~ $ 2,998.05	$ 2,998.05
BKX Glute Bridge Machine		x1	0%	~~$ 2,695.00~~ $ 2,290.75	$ 2,290.75
BKX Assisted Pull Up/Chin Up/Dip Machine		x1	0%	~~$ 3,495.00~~ $ 2,446.50	$ 2,446.50
BKX Tank Basic Treadmill (With Incline)		x1	0%	~~$ 3,795.00~~ $ 2,998.05	$ 2,998.05

TITLE	SKU	QTY	TAX	UNIT PRICE	TOTAL
BKX MAX RUNNER		x1	0%	~~$ 3,999.00~~ $ 2,999.25	$ 2,999.25
BKX Tank Stair Climber		x1	0%	~~$ 3,999.00~~ $ 2,999.25	$ 2,999.25
BKX MAX ROWER		x1	0%	~~$ 1,295.00~~ $ 777.00	$ 777.00
BKX MAX AIR BIKE		x1	0%	~~$ 1,295.00~~ $ 777.00	$ 777.00
Bear KompleX Resistance Bands • Band #1 RED provides 10-35lbs of resistance (1 • 2")	Xsmall_Band_Red	x5	0%	~~$ 11.99~~ $ 7.19	$ 35.97
Bear KompleX Resistance Bands • Band #2 BLACK provides 30-60lbs (7 • 8")	Small_Band_Black	x5	0%	~~$ 17.99~~ $ 10.79	$ 53.97
Bear KompleX Resistance Bands • Band #3 PURPLE provides 40-80lbs of resistance (1-1 • 4")	Medium_Band_Purple	x5	0%	~~$ 22.99~~ $ 13.79	$ 68.97
Bear KompleX Resistance Bands • Band #4 GREEN provides 50-120lbs of resistance (1-3 • 4")	Large_Band_Green	x5	0%	~~$ 27.99~~ $ 16.79	$ 83.97
Bear KompleX Resistance Bands • Band #5 BLUE provides 60-150lbs of resistance (2-1 • 2")	Xlarge_Band_Blue	x5	0%	~~$ 34.99~~ $ 20.99	$ 104.97
BOSU Balance Trainer		x1	0%	~~$ 99.99~~ $ 75.00	$ 75.00
Plyometric Ramp		x1	0%	~~$ 495.00~~ $ 435.60	$ 435.60
BKX Foam Roller		x2	0%	~~$ 39.95~~ $ 29.97	$ 59.93

ORDER NOTE

High School

DISCOUNT	- $ 8,483.68
SUB TOTAL	$ 29,202.86
TOTAL	$ 29,202.86

Thank you for your continued partnership.

We deeply appreciate your business and the trust you've placed in us. We're committed to maintaining the high level of service you expect, and we're excited about the opportunity to serve you again in the future.

minus shipping estimate

Bear KompleX
1001 East Summit Street
Crown Point, IN 46307
GetBetter@BearKompleX.com
www.BearKompleX.com

QUOTE

ORDER NO	ORDER DATE
#D49859	2026/03/05

SHIPPING ADDRESS

Christine Brandon
cbrandon@valdezcityschools.org
Valdez High School
319 Robe River Dr
Valdez AK 99686
United States

BILLING ADDRESS

Christine Brandon
cbrandon@valdezcityschools.org
Valdez High School
319 Robe River Dr
Valdez AK 99686
United States

GMS

TITLE	SKU	QTY	TAX	UNIT PRICE	TOTAL
Prime Bumper Plates (260lb Bundle)(45lb, 35lb, 25lb, 15lb, 10lb Pairs)		x2	0%	~~$ 624.99~~ $ 531.25	$ 1,062.49
PRx Hex Barbell		x2	0%	~~$ 209.99~~ $ 178.50	$ 356.99
Build Limitless Freestanding Storage		x2	0%	~~$ 628.99~~ $ 566.10	$ 1,132.19
PRx Leg Curl/Extension (Add Axis Pad & Weight Post)		x1	0%	~~$ 929.99~~ $ 744.00	$ 744.00
EZ Curl Barbell Set (20lb, 30lb, 40lb, 50lb, 60lb)		x1	0%	~~$ 906.00~~ $ 860.70	$ 860.70
BKX Glute Bridge Machine		x1	0%	~~$ 2,695.00~~ $ 2,290.75	$ 2,290.75
BKX Tank Basic Treadmill (With Incline)		x2	0%	~~$ 3,795.00~~ $ 2,998.05	$ 5,996.10
BKX Tank Stair Climber		x1	0%	~~$ 3,999.00~~ $ 2,999.25	$ 2,999.25
BKX MAX ROWER		x1	0%	~~$ 1,295.00~~ $ 777.00	$ 777.00
Build Limitless® Half Rack • 95" • Black	BL2580	x2	0%	$ 1,099.99	$ 2,199.98
PRx Razortooth Adjustable Bench		x4	0%	~~$ 576.99~~ $ 490.44	$ 1,961.77
Rubber Hex Dumbbell Set (5-50lb pairs by 5lb increments)		x2	0%	~~$ 1,048.99~~ $ 891.65	$ 1,783.29
Powder Coated Cast Iron Kettlebell Set (8.8lb, 13.2lb, 17.6lb, 22lb, 26.4lb, 30.9lb, 35.2lb)		x4	0%	~~$ 353.93~~ $ 300.84	$ 1,203.37
Build Limitless Free Standing Storage Shelf Plates (2 Pack)		x4	0%	~~$ 83.99~~ $ 75.59	$ 302.37
PRx 20kg Barbell		x4	0%	~~$ 292.99~~ $ 249.04	$ 996.17
PRx Medicine Ball Storage		x6	0%	~~$ 39.99~~ $ 33.99	$ 203.95

TITLE	SKU	QTY	TAX	UNIT PRICE	TOTAL
BKX Barbell Collar Pair (Magnetic)		x4	0%	~~$ 29.99~~ $ 22.49	$ 89.97

ORDER NOTE

Middle School

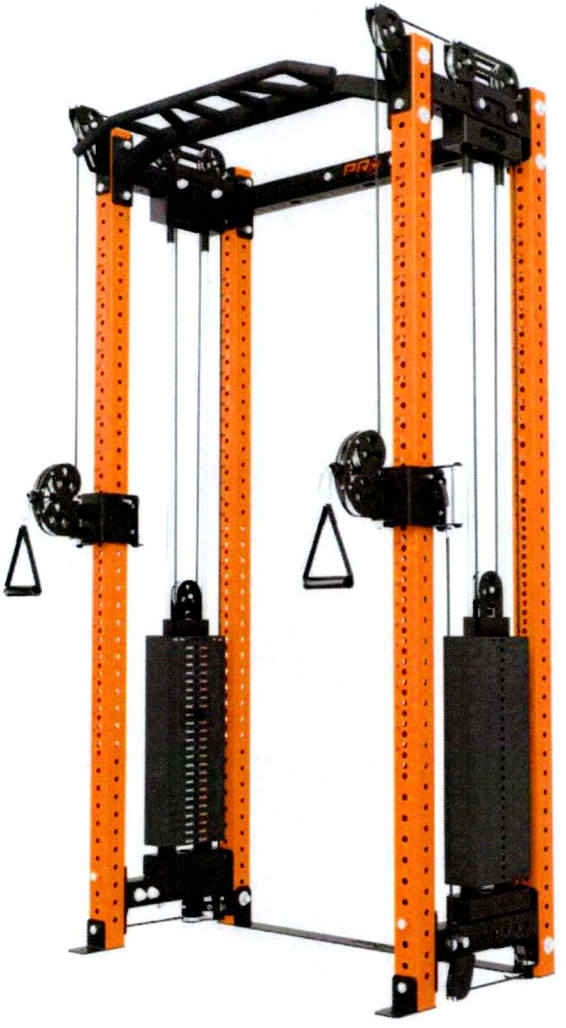
DISCOUNT	- $ 5,272.05
SUB TOTAL	$ 24,960.34
TOTAL	$ 24,960.34

Thank you for your continued partnership.

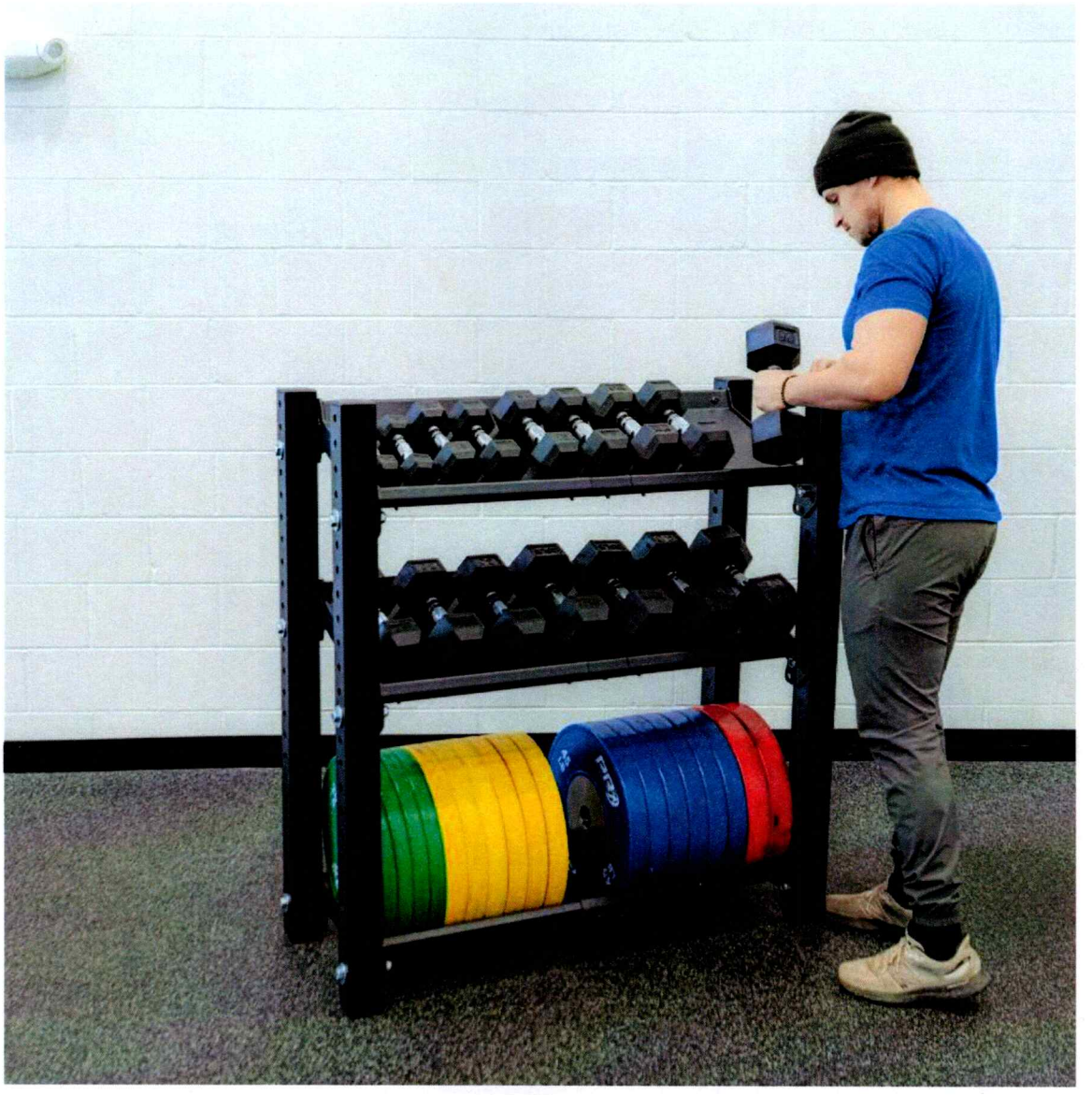
We deeply appreciate your business and the trust you've placed in us. We're committed to maintaining the high level of service you expect, and we're excited about the opportunity to serve you again in the future.

minus shipping estimate

Does not include installation








BUILD


BUILD

Quote 3

Fitness Outlett-Bellevue Washington



Hello Christine,

Thank you for considering The Fitness Outlet for your fitness equipment needs! Since 1993, we've been more than just a local business; we're a passionate team dedicated to creating outstanding fitness solutions. We believe that a positive, family-like atmosphere fosters not only work-life balance but also exceptional service and innovative solutions.

We're excited to present you with a tailored proposal designed to enhance your commercial space and support your fitness goals. Attached, you'll find a detailed breakdown of your options and terms. When you're ready to move forward, simply click the accept button.

If you have any questions or need further clarification, don't hesitate to reach out. I'm here to ensure you have all the information you need and to make this process as smooth as possible.

Looking forward to helping you create an inspiring fitness environment!

Warm regards,

Rachel Freedman
Director of Commercial Equipment Sales
206-232-2223 x24

FitnessOutlet
Inspiring Active Lifestyles Since 1993

Bill To

Valdez City Schools

1112 W Klutina

Valdez, Alaska 99686

Ship To

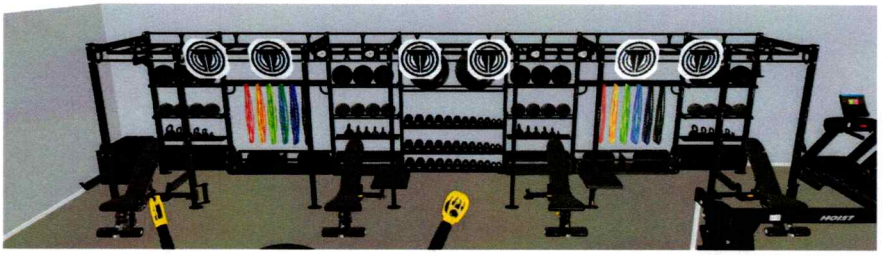
Valdez City Schools

1112 W Klutina

Valdez, AK 99686

Christine Brandon - 907 299 0306
cbrandon@valdezcityschools.org

Christine Brandon - 907 299 0306
cbrandon@valdezcityschools.org









Valdez City Schools - High School Gym Project Floor Plan

Valdez City Schools - High School Gym
Project Proposal 102123

***For Specification Sheet, Click on Product Description**

Date: 03/05/2026

Description	Item	Quantity	Price
Middle School			

Description	Item	Quantity	Price
TC20350L0 - True Fitness Gravity + Line Treadmill (With Unite LED Console)	$9,999.00	2 Unit	$13,060.00 ~~$19,998.00~~ **$6,938.00 OFF**
9-5450-8FC-LED - Stairmaster 8 Series Freeclimber (With LED Console)	$7,399.00	1 Unit	$4,650.00 ~~$7,399.00~~ **$2,749.00 OFF**
RO-OA - True Fitness Vapor RO Rowing Machine (With Standard Console)	$2,199.00	1 Unit	$1,440.00 ~~$2,199.00~~ **$759.00 OFF**
CF-3416 - Hoist CF 3416 Glute Thrust (In Standard Matte Black Frame & Black Upholstery) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$4,400.00	1 Unit	$2,750.00 ~~$4,400.00~~ **$1,650.00 OFF**
HD-3400 - Hoist HD 3400 Dual Leg Extension / Leg Curl (In Standard Matte Black Frame Black Upholstery & Standard 215 Lb. Weight Stack) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$4,400.00	1 Unit	$2,750.00 ~~$4,400.00~~ **$1,650.00 OFF**
SDR5 - BodySolid Rubber Coated Hex Dumbbells 5 lb.	$15.00	4 Unit	$40.00 ~~$60.00~~ **$20.00 OFF**
SDR10 - BodySolid Rubber Coated Hex Dumbbells 10 lb.	$29.00	4 Unit	$80.00 ~~$116.00~~ **$36.00 OFF**
SDR15 - BodySolid Rubber Coated Hex Dumbbells 15 lb.	$44.00	4 Unit	$120.00 ~~$176.00~~ **$56.00 OFF**
SDR20 - BodySolid Rubber Coated Hex Dumbbells 20 lb.	$58.00	4 Unit	$132.00 ~~$232.00~~ **$100.00 OFF**
SDR25 - BodySolid Rubber Coated Hex Dumbbells 25 lb.	$73.00	4 Unit	$164.00 ~~$292.00~~ **$128.00 OFF**

Description	Item	Quantity	Price
SDR30 - BodySolid Rubber Coated Hex Dumbbells 30 lb.	$87.00	4 Unit	$196.00 ~~$348.00~~ **$152.00 OFF**
SDR35 - BodySolid Rubber Coated Hex Dumbbells 35 lb.	$102.00	4 Unit	$268.00 ~~$408.00~~ **$140.00 OFF**
SBBR100 - BodySolid Fixed Barbell Rack (Holds Ten Fixed Barbells)	$725.00	1 Unit	$460.00 ~~$725.00~~ **$265.00 OFF**
SBB20 - BodySolid 20 lb Rubber Coated Fixed Straight Barbell	$85.00	1 Unit	$48.00 ~~$85.00~~ **$37.00 OFF**
SBB30 - BodySolid 30 lb Rubber Coated Fixed Straight Barbell	$123.00	1 Unit	$69.00 ~~$123.00~~ **$54.00 OFF**
SBB40 - BodySolid 40 lb Rubber Coated Fixed Straight Barbell	$160.00	1 Unit	$89.00 ~~$160.00~~ **$71.00 OFF**
SBB50 - BodySolid 50 lb Rubber Coated Fixed Straight Barbell	$198.00	1 Unit	$110.00 ~~$198.00~~ **$88.00 OFF**
SBZ20 - BodySolid 20 lb Rubber Coated Fixed Ez-Curl Barbell	$85.00	1 Unit	$48.00 ~~$85.00~~ **$37.00 OFF**
SBZ30 - BodySolid 30 lb Rubber Coated Fixed Ez-Curl Barbell	$123.00	1 Unit	$69.00 ~~$123.00~~ **$54.00 OFF**
SBZ40 - BodySolid 40 lb Rubber Coated Fixed Ez-Curl Barbell	$160.00	1 Unit	$89.00 ~~$160.00~~ **$71.00 OFF**
SBZ50 - BodySolid 50 lb Rubber Coated Fixed Ez-Curl Barbell	$198.00	1 Unit	$110.00 ~~$198.00~~ **$88.00 OFF**

Can use the dumbbell racks that you currently have for the dumbbells, kettlebells, and medicine balls, and move the dumbbells from the middle school to the High School.

Description	Item	Quantity	Price
High School			
TC20350L0 - True Fitness Gravity + Line Treadmill (With Unite LED Console)	$9,999.00	2 Unit	$13,060.00 ~~$19,998.00~~ **$6,938.00 OFF**
ADX-0A - True Fitness ADX Fan Bike (With Standard Console)	$1,799.00	1 Unit	$1,200.00 ~~$1,799.00~~ **$599.00 OFF**
RO-OA - True Fitness Vapor RO Rowing Machine (With Standard Console)	$2,199.00	1 Unit	$1,440.00 ~~$2,199.00~~ **$759.00 OFF**
9-5450-8FC-LED - Stairmaster 8 Series Freeclimber (With LED Console)	$7,399.00	1 Unit	$4,650.00 ~~$7,399.00~~ **$2,749.00 OFF**
CF-3165 - Hoist CF 3165 Commercial Super Flat Incline Decline Bench (In Standard Matte Black Frame & Black Upholstery)	$1,480.00	4 Unit	$3,720.00 ~~$5,920.00~~ **$2,200.00 OFF**
CF-3416 - Hoist CF 3416 Glute Thrust (In Standard Matte Black Frame & Black Upholstery) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$4,400.00	1 Unit	$2,750.00 ~~$4,400.00~~ **$1,650.00 OFF**
CF-3755 - Hoist CF 3755 Dual Angle Smith Machine (In Standard Matte Black Frame & Black Upholstery) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$6,050.00	1 Unit	$3,790.00 ~~$6,050.00~~ **$2,260.00 OFF**
HD-3200 - Hoist HD 3200 Dual Lat Pulldown / Mid Row (In Standard Matte Black Frame Black Upholstery & Standard 225 Lb. Weight Stack) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$4,400.00	1 Unit	$2,750.00 ~~$4,400.00~~ **$1,650.00 OFF**

Description	Item	Quantity	Price
HD-3400 - Hoist HD 3400 Dual Leg Extension / Leg Curl (In Standard Matte Black Frame Black Upholstery & Standard 215 Lb. Weight Stack) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$4,400.00	1 Unit	$2,750.00 ~~$4,400.00~~ **$1,650.00 OFF**
HD-3403 - Hoist HD 3403 Dual Leg Press / Calf Raise (In Standard Matte Black Frame Black Upholstery & Standard 280 Lb. Weight Stack) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$5,990.00	1 Unit	$3,750.00 ~~$5,990.00~~ **$2,240.00 OFF**
HD-3701 - Hoist HD 3700 Chin Dip Assist (In Standard Matte Black Frame Black Upholstery & Standard 210 Lb. Weight Stack) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$5,990.00	1 Unit	$3,750.00 ~~$5,990.00~~ **$2,240.00 OFF**
HD-4000 - Hoist Simple Trainer (In Standard Matte Black Frame) ***TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH***	$8,555.00	1 Unit	$5,350.00 ~~$8,555.00~~ **$3,205.00 OFF**
SBBR100 - BodySolid Fixed Barbell Rack (Holds Ten Fixed Barbells)	$725.00	1 Unit	$460.00 ~~$725.00~~ **$265.00 OFF**
SBZS650 - BodySolid Rubber Coated Fixed Ez-Curl Barbell Pack (With 10: One Each of 20-110 lb in 10 lb Increments)	$2,553.00	1 Set	$1,420.00 ~~$2,553.00~~ **$1,133.00 OFF**
CUSTOM4X34RIG - Throwdown Custom Rig (In Standard Matte Black Frame Contains the Following: -9-XTC-434-60THD - XTC, Rig, 4x34, Frame -73-00151-60-KT - Squat Station X4	$30,719.00	1 Package	$20,550.00 ~~$30,719.00~~ **$10,169.00 OFF**

Description	Item	Quantity	Price
-71-00271-60-KT - Ball Shelf X8 -71-00267-60-KT - Bar Holder X4 -71-00227-60-KT - Landmine, Rig Mount X4 -71-00363-60-KT - Plate Storage, 4' X4 -73-00122-60-KT - Kettlebell Shelf X4 -52-00127-60-KT - Storage Bin, 6' X2 -52-00114-60-KT - Weld, XTC Crossmember, 6' X2 -52-00139-60-KT - Storage Pin X10 -71-00229-60-KT - Rock Grip Pullup X2 -73-00121-29THD-KT - Target + DPU Adapter X6 -71-00100-60-KT - Step-Up X2 -52-00156-60-KT - Stability Ball Shelf, 6' x1 -73-00266-60-KT - Dumbbell Shelf X3 -71-00360-60-KT - Rope Hanger X1 -73-00191-60-KT - Balance Trainer Storage X4)			
TD-SST - Throwdown Suspension Trainer Kit	$154.00	4 Unit	$400.00 ~~$616.00~~ **$216.00 OFF**
TD-BTP - Throwdown Balance Trainer	$279.00	4 Unit	$720.00 ~~$1,116.00~~ **$396.00 OFF**
TD-FRPA - Throwdown Floor Mount Rope Anchor (See Page 5)	$62.00	1 Unit	$40.00 ~~$62.00~~ **$22.00 OFF**
OSR300S - Body Solid 300 lb Rubber Olympic Plate Set (With 45 lb x2, 35 lb x2, 25 lb x2, 10 lb x2, 5lb x4, 2.5 lb x2 Grip Plates and a 7' 45lb Olympic Bar and 2 Spring Collars)	$1,105.00	4 Set	$2,480.00 ~~$4,420.00~~ **$1,940.00 OFF**
ORT100 - BodySolid Rubber Grip Plate 100 Lb.	$318.00	2 Unit	$360.00 ~~$636.00~~ **$276.00 OFF**
KBRS105 - BodySolid Kettlebells Set (Cast Iron Powder Coated Black Kettlebells 5-30 Lb. Set In 5 Lb. Increments)	$349.00	4 Set	$800.00 ~~$1,396.00~~ **$596.00 OFF**
BSTDMB-3PACK - BodySolid Dual Grip Medicine Ball Set (With 10 lb, 14 lb, 18 lb Dual Grip Medicine Balls)	$458.00	4 Set	$1,040.00 ~~$1,832.00~~ **$792.00 OFF**

Description	Item	Quantity	Price
BSTDMB25 - BodySolid 25 lb Dual Grip Medicine Ball	$287.00	4 Unit	$640.00 ~~$1,148.00~~ **$508.00 OFF**
BSTT10 - BodySolid 10 lb Tire Tread Slam Ball	$69.00	4 Unit	$160.00 ~~$276.00~~ **$116.00 OFF**
BSTT15 - BodySolid 15 lb Tire Tread Slam Ball	$78.00	4 Unit	$200.00 ~~$312.00~~ **$112.00 OFF**
BSTT25 - BodySolid 25 lb Tire Tread Slam Ball	$99.00	4 Unit	$240.00 ~~$396.00~~ **$156.00 OFF**
BSTSB-65 - BodySolid Stability Ball (65 cm Stability Ball)	$41.00	2 Unit	$60.00 ~~$82.00~~ **$22.00 OFF**
GOBH5 - BodySolid Olympic Bar Holder	$175.00	1 Unit	$110.00 ~~$175.00~~ **$65.00 OFF**
BSTSPBOX - BodySolid Soft 3-Way Plyo Box	$464.00	1 Unit	$260.00 ~~$464.00~~ **$204.00 OFF**
BSTFMH - BodySolid Wall Mounted Mat Rack (Compatible with 3/8" and 5/8" Hanging Mats) **** Mounting to Wall Not Available for This Item***	$35.00	1 Unit	$20.00 ~~$35.00~~ **$15.00 OFF**
BSTFM20 - BodySolid Hanging Mats (Dimensions: 71x23x3/8")	$73.00	10 Unit	$500.00 ~~$730.00~~ **$230.00 OFF**
BSTBR1530 - BodySolid Fitness Training Rope (1.5 in. Diameter, 30' Long)	$87.00	1 Unit	$50.00 ~~$87.00~~ **$37.00 OFF**
BSTFRP18F - BodySolid Premium Full Foam Roller (Dimensions: 18" L x 6" Diameter)	$46.00	4 Unit	$120.00 ~~$184.00~~ **$64.00 OFF**
BSTFRP36F - BodySolid Premium Full Foam Roller (Dimensions: 36" L x 6" Diameter)	$78.00	4 Unit	$200.00 ~~$312.00~~ **$112.00 OFF**
BSTB-5PACK - BodySolid Resistance Band Set	$219.00	4 Set	$520.00 ~~$876.00~~ **$356.00 OFF**

Description	Item	Quantity	Price
(With Orange, Green, Red, Blue, & Purple Bands)			
BSTRT-5PACK - BodySolid Resistance Tube Set (With Yellow, Green, Red, Blue, & Black Tubes)	$83.00	4 Set	$200.00 ~~$332.00~~ **$132.00 OFF**
XTTM4GT-PH-102 - Torque Group Trainer M4 Tank (Includes Two 1.5" x 30' Tow Ropes with Quick Attach Carabiners)	$2,806.00	1 Unit	$1,950.00 ~~$2,806.00~~ **$856.00 OFF**
XTWHK-102 - Torque Weight Horn Kit (2 Pieces - Pair)	$64.00	1 Unit	$50.00 ~~$64.00~~ **$14.00 OFF**
CUSTOM-09D - SurfaceCo Custom 9 mm Interlocking Tile Flooring (Black with Grey Specks for 1988 sq ft.)	$21,310.00	1 Package	$16,280.00 ~~$21,310.00~~ **$5,030.00 OFF**
Shipping Range to Alaska 24-34k	$34,000.00	1 Package	$34,000.00

Total Discount	-$67,117.00
Total	$125,532.00

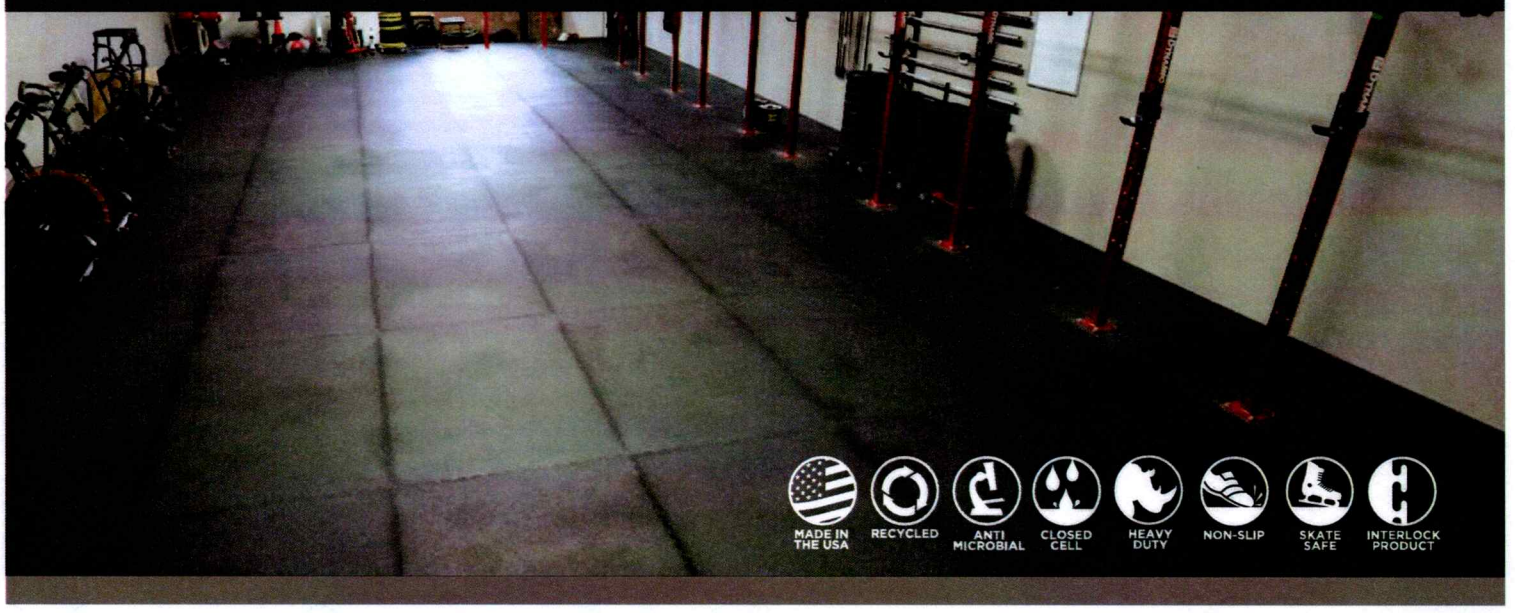
+ 34,000 shipping

159,532

Does not include install

THE GUARDIAN VERSATILE SYSTEM

9MM, 12MM & 18MM CUSTOM CUT



Premium Custom Cut Flooring

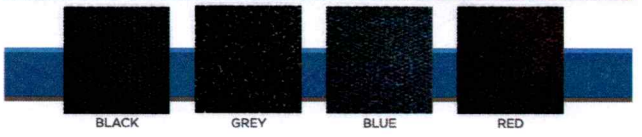
When finding an experienced wall-to-wall installer is difficult, SurfaceCo has the answer with **CUSTOM CUTS**. By working with your representative and our engineering team we can provide you with an exact flooring system that is ready to install with minimal cutting or trimming. Available in 9, 12 & 18mm **GUARDIAN VERSATILE** and **SHOK-LOK** for any degree of protection and performance your facility needs. With a full pallet of color options and ADA compliant beveled edges (9 & 12mm) you can feel confident you are ordering the exact flooring you want at the exacting dimensions you need.

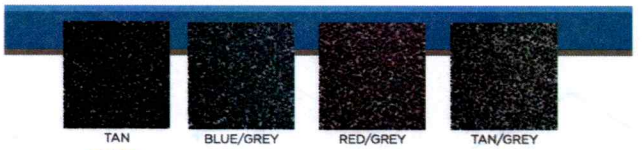
- Pre-Cut and ready to install
- 14 sq/ft minimum
- Available in 9mm, 12mm, 18mm and 18mm SHOK-LOK
- 4x stronger than urethane rubber tiles and rolls
- Closed Cell anti-microbial / anti-bacterial construction
- SafeStep Diamond Top Surface
- Made in the USA from recycled rubber

Ordering Customs:

1 - Submit a drawing and square footage to: orders@surfaceco.com
2 - Once approved by our customer service team, a CAD drawing is started
3 - Once CAD drawing is finished, order will go into production
4 - For any irregular (non 90 degree) cuts please consult your sales representitive

MAT COLOR OPTIONS

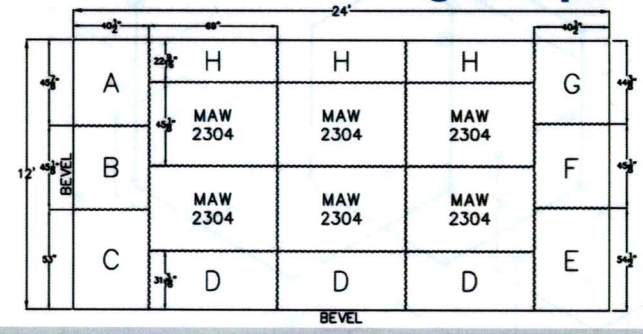






Beveled edges available for borders & entryways

Custom CAD Drawing Example



THE SURFACE COMPANY
SURFACECO

SurfaceCo • The Surface Company
1350 Venture Drive, Janesville, Wisconsin 53546
Phone: 608.314.9294 • 800.314.1604
www.surfaceco.com

SafeStep

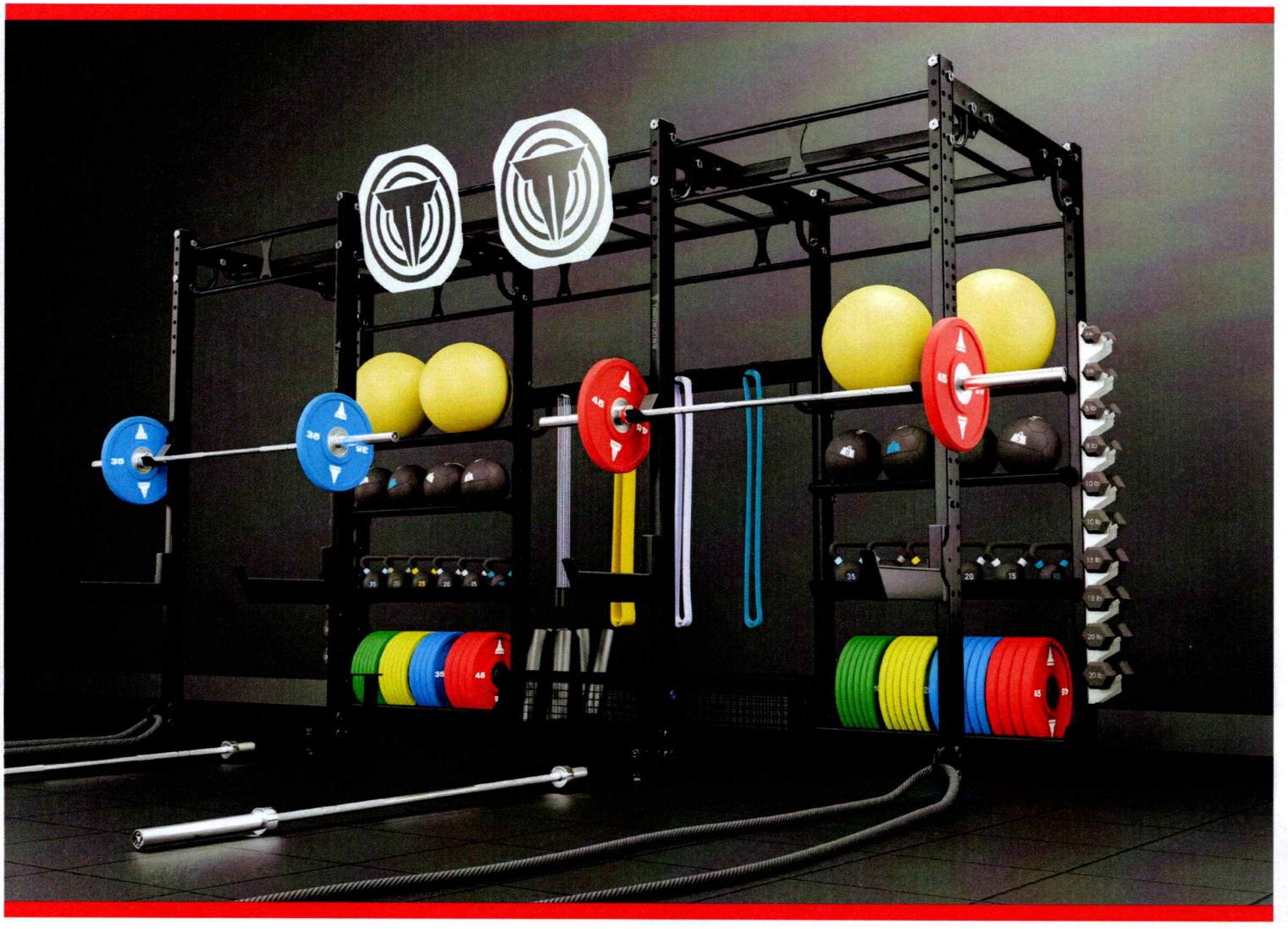


Diamond top pattern texture provides maximum traction in wet and dry conditions

MADE IN THE USA

THROWDOWN®

PUSHING BOUNDARIES



FUNCTIONAL IMPACT TRAINING ACCESSORIES

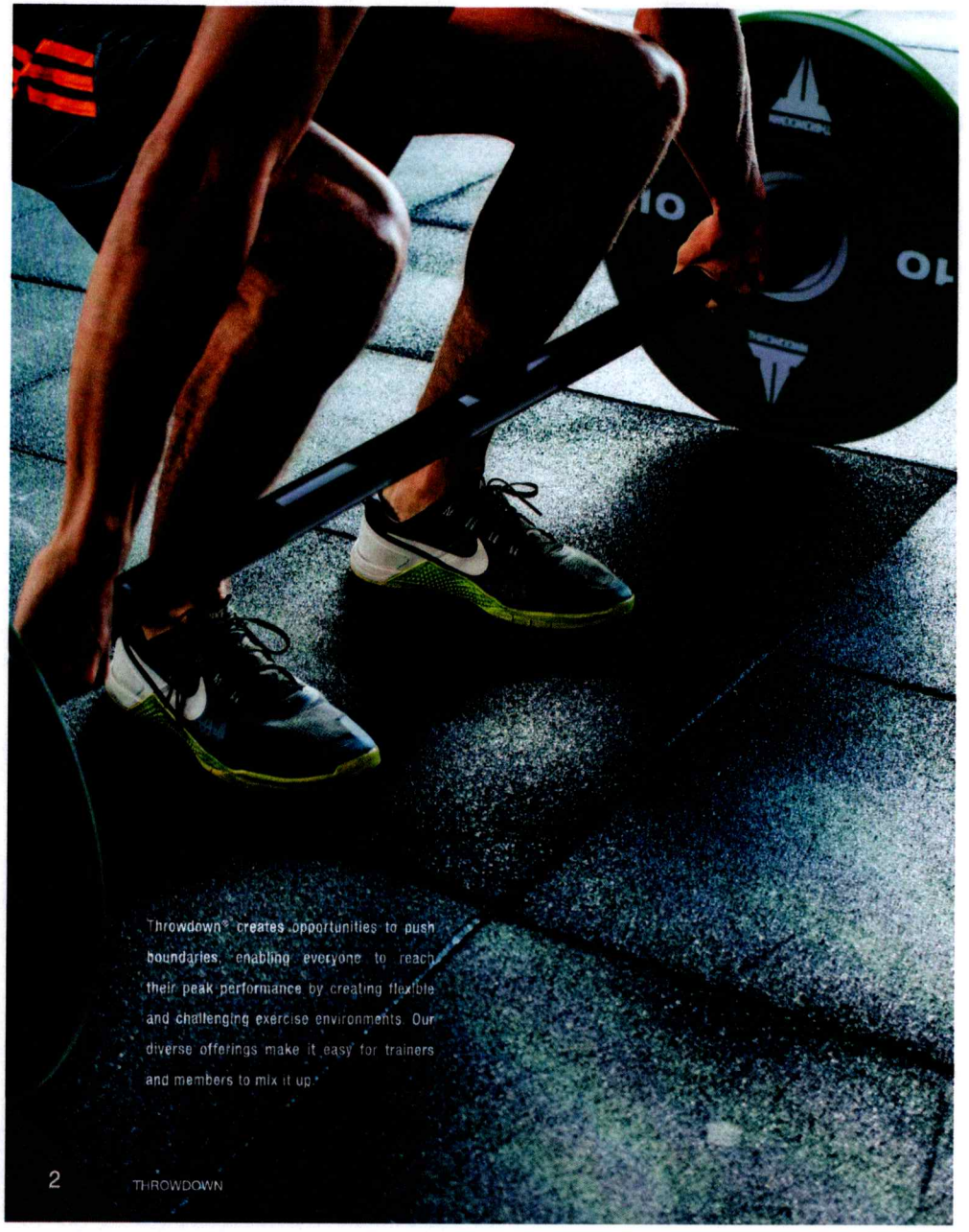


TABLE OF CONTENTS

- Accessories 4
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- Racks, Benches 15



FOAM ROLLERS

- High density foam
- Therapeutic benefits
- Roller maintains its form and feel
- Two sizes available: 18" and 36" long
- Black
- Sold individually

SKU(s):

+ 18" - (TD-FMR-18)
+ 36" - (TD-FMR-36)



EXERCISE MATS

- Closed cell foam is light and resilient
- Can be rolled
- Includes eyelets for hanging storage
- Provides a base for comfortable floor exercises and stretching
- Two sizes: 21"x 48" and 21" x 66"
- Black
- Sold individually

SKU(s):

+ 21" x 48" (TD-EXM-48)
+ 21" x 66" (TD-EXM-66)



PREMIUM ABDOMINAL WHEELS

- Simple, yet effective training tool that targets the abs, shoulders and back
- Smooth, 8" rubber wheel with ball bearings
- Padded handles
- 8" x 8" x 11"
- Grey/Black
- Sold individually

SKU:

+ TD-ABW



AGILITY LADDERS

- Premium black recycled rubber
- Improve speed, agility, balance and coordination
- 16' x 15"
-Black/Grey
- Sold individually

SKU(s):

+ TD-AGL

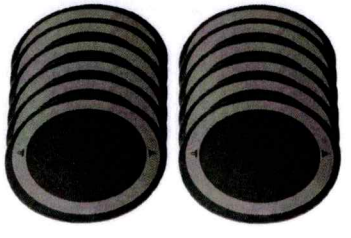


AGILITY CONES

- Stackagle & Lightweight
- Improve speed, agility, balance and coordination
- 5" x 1.25"
-Light Grey
- Sold in sets of 10

SKU:

+ TD-AC



AGILITY DOTS

- Soft, flexible, plastic non-slide markers
- 7" diameter
- Black/Grey
- Sold in sets of 12

SKU:

+ TD-DOT-SET



FLOOR SLIDERS

- Efficient design invites multiple bodyweight exercises with maximum range of motion
- For carpet and turf
- Black
- Sold in pairs

SKU:

+ TD-FLS



JUMP ROPES

- Rubber rope for speed
- Ergonomically designed handle with internal ball-bearing eliminates rope curling
- Three lengths
- Color coded
- Sold individually

SKU(s):

+ 8' - Yellow - (TD-JR-8)
+ 9' - Neon Green - (TD-JR-9)
+ 10' - Blue - (TD-JR-10)



SPEED ROPES

- Adjustable, black coated wire rope
- Polymer handles with precision ball bearings
- Sold individually

SKU:

+ TD-SR



DYNAMIC RESISTANCE BANDS

- Provide a full range of resistance training
- Made of natural latex rubber
- Each band varies in width, thickness and tension for specialized training
- Color coded
- Sold individually

SKU(s):

+ Level 1 - (1/2") - Red - (TD-RB-L1)
+ Level 2 - (3/4") - Black - (TD-RB-L2)
+ Level 3 - (1 1/4") - Purple - (TD-RB-L3)
+ Level 4 - (1 3/4") - Green - (TD-RB-L4)
+ Level 5 - (2 1/2") - Blue - (TD-RB-L5)
+ Level 6 - (3 1/4") - Orange - (TD-RB-L6)



MINI RESISTANCE BANDS

- Provide consist resistance for a variety of exercises
- Made of natural latex rubber
- Each band varies in thickness & tension for specialized training.
- 2" wide x 12" diameter
- Color coded
- Sold in sets of 5

SKU(s):

+ Assorted Set - (One band of each size) - (TD-MRB-SET)
+ Level 1 - (x5) - Yellow - (TD-MRB-L1-SET)
+ Level 2 - (x5) - Green - (TD-MRB-L2-SET)
+ Level 3 - (x5) - Blue - (TD-MRB-L3-SET)
+ Level 4 - (x5) - Black - (TD-MRB-L4-SET)
+ Level 5 - (x5) - Red - (TD-MRB-L5-SET)



SLEEVED RESISTANCE TUBING

- Sleeved, rubber tubing offers a variety of exercise options
- Padded, textured handles for a firm, comfortable grip
- Five tensions
- Grey/Color coded
- Sold individually

SKU(s):

+ Level 1 - Orange - (TD-ST-L1)
+ Level 2 - Black - (TD-ST-L2)
+ Level 3 - Purple - (TD-ST-L3)
+ Level 4 - Green - (TD-ST-L4)
+ Level 5 - Blue - (TD-ST-L5)



3-N-1 POWER PLYOS

- Sturdy foam core provides the perfect jump platform
- Durable vinyl cover
- Provides 20", 24" and 30" jump heights
- Black/Color coded height designation
- Sold individually

SKU(s):

+ TD-PB-3N1-C

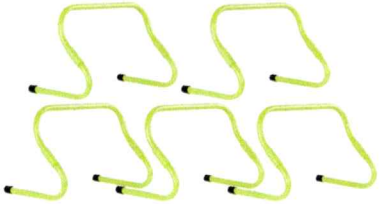


POWER PLYO SETS

- Firm foam boxes are stackable, providing seven jump heights (6", 12", 18", 24", 30", 36" and 42".)
- Three individual boxes, measuring 6", 12" and 24".
- Durable vinyl cover with a wide 30"x36" base
- Boxes attach with Velcro connections
- Black/Color coded height designation
- Sold in sets

SKU(s):

+ TD-PB-SET-C

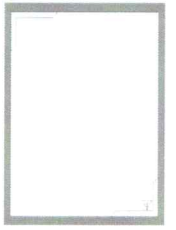


ADJUSTABLE SPEED HURDLES

- Made of durable PVC
- 2 height adjustments, 7" & 12"
- Bright green
- Sold in sets of 5

SKU:

+ TD-ASH



HIIT INTERVAL WHITE BOARD MAGNETS

- White dry erase magnets provide a simple way to set up your station workouts
- Mountable to all steel surfaces
- 4" x 6"
- White
- Sold in sets of 20

SKU(s):

+ 91-00202

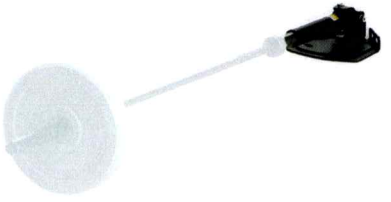


PORTABLE LEGEND LANDMINES

- Steel construction
- Conveniently secured using two bumper plates
- Compatible with most barbells
- Black
- Sold individually

SKU:

+ TD-PLM

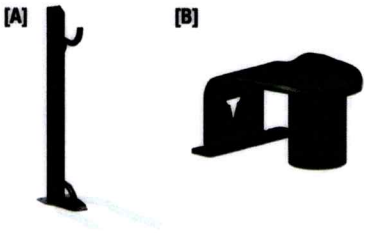


STATIONARY LEGEND LANDMINES

- Sturdy steel construction to build core strength
- Bolts to any floor for worry-free stability
- Compatible with most barbells
-Black
- Sold individually

SKU(s):

+ 72-00114-60



ROPE ANCHORS

- Instrumental partner component for every battle rope
- Steel Construction
- Mounts to floor
- Black
- Sold individually

SKU(s):

+ [A] Standing Rope Anchor w/ Storage - (52-00118-60)
+ [B] Floor Mount Rope Anchor - (TD-FRPA)



BATTLE ROPES

- Heavy-duty, woven rope
- Secured hand grips on both ends
- Available in 20' & 30' Length
- Black
- Sold individually

SKU(s):

+ 1.5" x 20' - (TD-BTR-20-1.5)
+ 1.5" x 30' - (TD-BTR-1.5)
+ 2" x 30' - (TD-BTR-2)

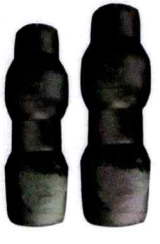


FACILITY SERIES GROUND-N-POUND DUMMIES

- Industrial grade construction with fiber fill
- Webbing overlays reinforced structural seams
- Used for a variety of striking & grappling drills
- 5.6" tall / 90 lbs.
- Black
- Sold individually

SKU:

+ TD-GDM-90



FIT DUMMIES

- Industrial grade construction with fiber fill
- Practice and perfect a variety of lifts, carries, throws and ground techniques
- Angled design and special filling mimics a real body
- Two sizes
- Black
- Sold individually

SKU(s):

+ 60 LB - (TD-DMY-60-TD)
+ 75 LB - (TD-DMY-75-TD)



SUPER SLEDS

- Sturdy, steel construction
- Multi-directional design for partner training
- Multiple grip options
- Collapsible
- Silver/Black
- Sold individually

SKU:

+ 71-00432



SLED / CLIMBING ROPES

- Heavy-duty, woven rope
- Secured hand grips on both ends
- 15' & 20' full length ropes
- Available in 1.5" diameter
- Black
- Sold individually

SKU(s):

+ 1.5" x 15' - (TD-CLR-1.5)
+ 1.5" x 20' - (TD-SLR-1.5)

ACCESSORIES

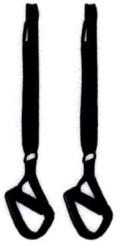


OLYMPIC RINGS

- Specifically designed for suspension training
- Complete with nylon straps
- Great for both beginner to expert users
- Wood ring offers a firm, comfortable grip
- Sold in pairs

SKU:

+ TD-OR



SUSPENSION TRAINERS

- Versatile training kit uses gravity to build muscle, balance and endurance
- Includes nylon webbed straps, door anchor and carrying bag
- Black/Grey
- Sold individually

SKU:

+ TD-SST

BALLS



STABILITY BALLS

- Made of anti-burst vinyl
- Develop abdominal strength and balance
- Ships deflated (pump not included)
- Two sizes: 55cm and 65cm
- Grey
- Sold individually

SKU(s):

+ 55 cm (TD-STB-55)
+ 65 cm (TD-STB-65)



BALANCE TRAINERS

- Non-skid, rubber platform
- Durable, ribbed half-ball fills with air, facilitating multiple training routines
- 25.5" Diameter
- Air pump included
- Grey/Black
- Sold individually

SKU:

+ TD-BTP

BALLS



MEDICINE BALLS

- Functional 14" diameter
- Reinforced shell and soft fill material provide a balanced shape
- Available in pounds
- Black/Grey
- Sold individually

SKU(s):

+ 5 LB - (TD-MB-5)
+ 8 LB - (TD-MB-8)
+ 10 LB - (TD-MB-10)
+ 15 LB - (TD-MB-15)
+ 20 LB - (TD-MB-20)
+ 25 LB - (TD-MB-25)



SLAM BALLS (LB)

- Rubberized shell provides a non-slip grip
- 5 - 25 lbs. (9" diameter), 30 - 50 lbs. (11" diameter)
- Available in both pounds & kilograms
- Black/Grey
- Sold individually

SKU(s):

+5 LB - (TD-SLB-5)
+ 10 LB - (TD-SLB-10)
+ 15 LB - (TD-SLB-15)
+ 20 LB - (TD-SLB-20)
+ 25 LB - (TD-SLB-25)
+ 30 LB - (TD-SLB-30)
+ 35 LB - (TD-SLB-35)
+ 40 LB - (TD-SLB-40)
+ 45 LB - (TD-SLB-45)
+ 50 LB - (TD-SLB-50)



SLAM BALLS (KG)

- Rubberized shell provides a non-slip grip
- 4 - 12 kgs. (9" diameter), 15 kg. (11" diameter)
- Available in both pounds & kilograms
- Black/White
- Sold individually

SKU(s):

+4 KG - (TD-SLB-4KG)
+ 5 KG - (TD-SLB-5KG)
+ 8 KG - (TD-SLB-8KG)
+ 10 KG - (TD-SLB-10KG)
+ 12 KG - (TD-SLB-12KG)
+ 15 KG - (TD-SLB-15KG)



4' HEAVY BAGS

- T-Flex Tarpoline shell with industrial fiber fill
- Nylon, adjustable, webbed hanging straps
- Heavy bag hardware kit is included with each bag, made from custom premium wear resistant steel.
- 16" x 48" / 100 lbs.
-Black
- Sold individually

SKU(s):

+ TD-HB-4



6' HEAVY BAGS

- T-Flex Tarpoline shell with industrial fiber fill
- Nylon, adjustable, webbed hanging straps
- Heavy bag hardware kit is included with each bag, made from custom premium wear resistant steel.
- 14" x 72" / 120 lbs. Filled
-Black
- Sold individually

SKU(s):

+ TD-HB-6



TEARDROP BAGS

- T-Flex Tarpoline shell with industrial fiber fill
- Nylon, adjustable, webbed hanging straps
- Heavy bag hardware kit is included with each bag, made from custom premium wear resistant steel.
- 14" x 35" / 75 lbs.
-Black
- Sold individually

SKU(s):

+ TD-TDB



UPPERCUT BAGS

- T-Flex Tarpoline shell with industrial fiber fill
- Nylon, adjustable, webbed hanging straps
- Heavy bag hardware kit is included with each bag, made from custom premium wear resistant steel.
- 30" x 16" / 70 lbs.
-Black
- Sold individually

SKU(s):

+ TD-UB



WRECKING BALL BAGS

- T-Flex Tarpoline shell with industrial fiber fill
- Nylon, adjustable, webbed hanging straps
- Heavy bag hardware kit is included with each bag, made from custom premium wear resistant steel.
- Tactical strap included
- 22" x 24" / 100 lbs.
-Black
- Sold individually

SKU(s):

+ TD-WB



SUPER SAND BAGS

- Hook & loop closure prevents sand leakage
- Tough, nylon construction
- Six sizes available
- One internal bag included
-Black
- Sold individually

SKU(s):

+ 25-75 LB. - Unfilled - (TD-SB-SM)
+ 80-120 LB - Unfilled -(TD-SB-LG)



HIIT BENCH

- 8" aerobic step, raises to 14", also use it as an inclined or declined weight bench for strength training
- Tubing notches (6) using any tube or band to add resistance and train different muscle groups.
- Powerful plastic deck can withstand up to 330 lbs.
- Stack for storage
- Grey/Black
- Sold individually

SKU:

+ TD-HTB



BUMPER PLATE STORAGE CART

- Sturdy, steel construction minimizes vibration and noise
- Stores Bumper Plates & Bars
- Efficient, portable design
- Silver
- Sold individually

SKU(s):

+ TD-BPC



FIT BUMPER PLATES (LB)

- Made of rubber, minimizing gym noise
- Durable stainless-steel insert
- Color coded
- Sold individually

SKU(s):

+ 10 LB - Green - (TD-BP-10)
+ 25 LB- Yellow - (TD-BP-25)
+ 35 LB- Blue - (TD-BP-35)
+ 45 LB- Red - (TD-BP-45)

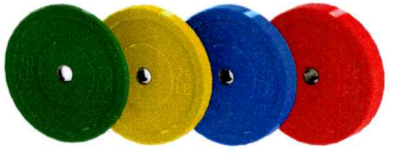


FIT BUMPER PLATES (KG)

- Made of rubber, minimizing gym noise
- Durable stainless-steel insert
- Black/White
- Sold individually

SKU(s):

+ 5 KG - (TD-BP-5KG)
+ 10 KG - (TD-BP-10KG)
+ 15 KG - (TD-BP-15KG)
+ 20 KG - (TD-BP-20KG)



FIT BUMPER PLATES (LB)

- Made of rubber, minimizing gym noise
- Durable stainless-steel insert
- Available in pounds only
- Color coded
- Sold individually

SKU(s):

+ 10 LB - Green - (FIT-BMPPLT-10LBS-GRN)
+ 25 LB - Yellow - (FIT-BMPPLT-25LBS-YLW)
+ 35 LB - Blue - (FIT-BMPPLT-35LBS-BLU)
+ 45 LB - Red - (FIT-BMPPLT-45LBS-RED)

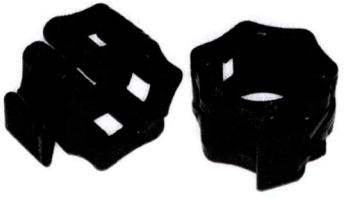


OLYMPIC BARS

- 15 kg - 25 mm diameter
- 20kg - 28 mm diameter
- Standard Olympic Knurl marks
- Two weights
- Black zinc bar w/ hard chrome bar ends
- Sold individually

SKU(s):

+ 15KG - (TD-OB-15KG)
+ 20KG - (TD-OB-20KG)



OLYMPIC BAR COLLARS

- Single motion locking mechanism
- Lightweight and easy to maneuver
- Black
- Sold in pairs

SKU:

+ FIT-OLYCOL-OS-BK



LIGHT NEO DUMBBELLS

- PVC-encased, minimizing noise
- Available in pounds
- Black/Grey
- Sold individually

SKU(s):

+ 1 LB - (TD-LDB-1)
+ 2 LB - (TD-LDB-2)
+ 3 LB - (TD-LDB-3)



FITNESS KETTLE BELLS

- Powder-coated, balanced, single-piece casting
- Flat, wobble-free base
- Available in pounds
- Black/Grey
- Sold individually

SKU(s):

+ 5 LB - (TD-FKB-5)
+ 8 LB - (TD-FKB-8)
+ 10 LB - (TD-FKB-10)
+ 15 LB - (TD-FKB-15)
+ 20 LB - (TD-FKB-20)
+ 25 LB - (TD-FKB-25)
+ 30 LB - (TD-FKB-30)
+ 35 LB - (TD-FKB-35)
+ 40 LB - (TD-FKB-40)
+ 45 LB - (TD-FKB-45)
+50 LB - (TD-FKB-50)
+ 60 LB - (TD-FKB-60)
+ 80 LB - (TD-FKB-80)
+ 100 LB - (TD-FKB-100)



COMPETITION KETTLE BELLS

- Balanced, single-piece casting
- Flat, wobble-free base
- Available in kilograms
- Color-coded
- Sold individually

SKU(s):

+ 8 KG - Pink - (TD-CKB-8KG)
+ 12 KG - Light Blue - (TD-CKB-12KG)
+ 16 KG - Yellow - (TD-CKB-16KG)
+ 20 KG - Purple - (TD-CKB-20KG)
+ 24 KG - Green - (TD-CKB-24KG)
+ 28 KG - Orange - (TD-CKB-28KG)
+ 32 KG - Red - (TD-CKB-32KG)
+ 36 KG - Gray - (TD-CKB-36KG)
+ 40 KG - White - (TD-CKB-40KG)
+ 44 KG - Dark Blue - (TD-CKB-44KG)
+ 48 KG - Gold - (TD-CKB-48KG)



HIIT HEX DUMBBELLS (LB)

- Rubber-encased heads minimize noise and floor damage
- Custom designed and manufactured chrome wear-resistant handles
- Available in both pounds & kilograms
- Black/Grey
- Sold individually

SKU(s):

+ 5 LB - (TD-HDB-5)
+ 8 LB - (TD-HDB-8)
+ 10 LB - (TD-HDB-10)
+ 15 LB - (TD-HDB-15)
+ 20 LB - (TD-HDB-20)
+ 25 LB - (TD-HDB-25)
+ 30 LB - (TD-HDB-30)
+ 35 LB - (TD-HDB-35)
+ 40 LB - (TD-HDB-40)
+ 45 LB - (TD-HDB-45)
+ 50 LB - (TD-HDB-50)
+ 55 LB - (TD-HDB-55)
+ 60 LB - (TD-HDB-60)
+ 65 LB - (TD-HDB-65)
+ 70 LB - (TD-HDB-70)
+ 75 LB - (TD-HDB-75)
+ 80 LB - (TD-HDB-80)
+ 85 LB - (TD-HDB-85)
+ 90 LB - (TD-HDB-90)
+ 95 LB - (TD-HDB-95)
+ 100 LB - (TD-HDB-100)



HIIT HEX DUMBBELLS (KG)

- Rubber-encased heads minimize noise and floor damage
- Custom designed and manufactured chrome wear-resistant handles
- Available in both pounds & kilograms
- Black/White
- Sold individually

SKU(s):

+ 2 KG - (TD-HDB-2KG)
+ 3 KG - (TD-HDB-3KG)
+ 4 KG - (TD-HDB-4KG)
+ 5 KG - (TD-HDB-5KG)
+ 6 KG - (TD-HDB-6KG)
+ 7 KG - (TD-HDB-7KG)
+ 8 KG - (TD-HDB-8KG)
+ 9 KG - (TD-HDB-9KG)
+ 10 KG - (TD-HDB-10KG)
+ 12.5 KG - (TD-HDB-12.5KG)
+ 15 KG - (TD-HDB-15KG)
+ 17.5 KG - (TD-HDB-17.5KG)
+ 20 KG - (TD-HDB-20KG)
+ 22.5 KG - (TD-HDB-22.5KG)
+ 25 KG - (TD-HDB-25KG)
+ 30 KG - (TD-HDB-30KG)

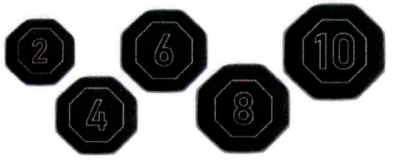


NEO FIT BELLS (LB)

- Full neoprene construction
- Pre-filled with steel shot
- Available in both pounds & kilograms
- Black/Grey
- Sold individually

SKU(s):

+ 8 LB - (TD-NFB-8)
+ 10 LB - (TD-NFB-10)
+ 15 LB - (TD-NFB-15)
+ 20 LB - (TD-NFB-20)
+ 25 LB - (TD-NFB-25)
+ 30 LB - (TD-NFB-30)
+ 40 LB - (TD-NFB-40)
+ 50 LB - (TD-NFB-50)



NEO FIT BELLS (KG)

- Full neoprene construction
- Prefilled with steel shot
- Available in both pounds & kilograms
- Black/White
- Sold individually

SKU(s):

+ 2 KG - (TD-NFB-2KG)
+ 4 KG - (TD-NFB-4KG)
+ 6 KG - (TD-NFB-6KG)
+ 8 KG - (TD-NFB-8KG)
+ 10 KG - (TD-NFB-10KG)

BUDGET AMENDMENT REQUEST
 # 26-7

Justification for Amendment

Budget amendment for equipment repair. The forklift used to move heavy items from the bus barn and warehouse uses a 36-volt battery, which was recently discovered to have multiple bad or shorted cells. A new battery is needed for this piece of critical equipment.

SUBMITTED ON: March 9, 2026

REQUESTED BY: Jason Weber

Actions to be taken:

ACCOUNT NUMBER	LINE ITEM DESCRIPTION	CURRENT BUDGET	INCREASE	DECREASE	AMENDED BUDGET	NARRATIVE JUSTIFICATION FOR EACH CHANGE
100.099.600.443	Equipment Repair	$25,000.00	$7,870.38	$0.00	$32,870.38	Funding will come from Undesignated reserves
	OPERATING FUND UNDESIGNATED RESERVE	**$1,015,628.78**			**$1,007,758.40**	

BATTERY SPECIALISTS OF ALASKA LLC
801 E 15TH AVENUE
ANCHORAGE, AK 99501
(907)276-5251

Chtr: 8

ANCHORAGE SCHOOL DISTRICT
4919 VAN BUREN STREET
ANCHORAGE, AK
99517-3188

ANCHORAGE SCHOOL DISTRICT
4919 VAN BUREN STREET
ANCHORAGE, AK 99517-3188

Cust#: 5260
Inv#: 0
Doc#:
Po #:VADEZ SCHOOL DISTRICT

Date: 02/24/26
Time: 15:29:23
Type:**INTERIM**

QTY	MFR	PART NUMBER	DESCRIPTION	CORE	LIST	EACH	TOTAL	CODE
1	ETE	18-E135-13A	ETERNITY 36V FORKLIFT BAT	0.00	8170.37	7291.44	7291.44	N *
1	ETE	FLOWRITE36V	FLOW RITE 36V SYSTEM	0.00	525.31	443.00	443.00	N *
1	ETE	BLINKEY	ETERNITY STATUS LIGHT	0.00	129.95	135.94	135.94	N *
QUOTE	FOR	VALDEZ SCHOOL DISTRIC						

3 Tot Units	Misc	Freight	0.00 Labor	0.00 Misc	0.00 Core	8825.63 List	7870.38 Non-Taxable	0.00 Taxable	0.00 Total Tax

Pay This Amount
7870.38

Terms: Due 10th of following month
All invoices must be paid by the end of the following month
a 1.5% service fee
Returns after 30 days may be subject to a restocking fee

Received by:_____

Ordered by:
VALDEZ CITY SCHOOLS

P.O. BOX 398
VALDEZ AK 99686

PURCHASE ORDER

PO #: 73528
Page: 1
Date Issued 02/26/26 Period 2/26

To:

Vendor 5329
FAX ( ) -
BATTERY SPECIALISTS
801 E 15TH AVE
ANCHORAGE, AK 99501

Ship To:

Valdez City Schools
1112 West Klutina, POB 398
Valdez, AK 99686-0398
907-834-4705

Ship Via
Requested by M TORRES
Approved by DBRYANT
Orgn. DISTRICT-WIDE

Notes
MAIN ATTN DAN BRYANT
BATTERY FOR THE FORKLIFT PART#18-E135-13A
Requisition #:46766

Item #	Description	Quantity	UOM	Unit Cost	Total Cost
18-E135-13A	FORKLIFT BATTERY	1.000	EAC	7870.3800	7870.38
100- 99 - 600-443					

Total 7870.38

Susan Love

Susan Love, Director of Business Services

VALDEZ CITY SCHOOL DISTRICT

SUBSTITUTE HANDBOOK 2026-2027

Welcome and thank you for joining our Valdez City Schools community!

As a substitute, you play a vital role in maintaining the continuity of our educational program. Your efforts help ensure that students' learning experiences remain consistent and productive, even in the absence of their regular teacher. We recognize that this is an important and sometimes challenging task.

Our mission is based on a partnership of schools, parents, and the community united in education for life - instructing, inspiring, and empowering every student in a safe environment. We do this by offering a challenging curriculum across all three schools - Hermon Hutchens Elementary, Gilson Middle School, and Valdez High School. Students enjoy a rich educational experience from Pre-Kindergarten through twelfth grade through the collaborative efforts of engaging teachers, administrators, and staff.

Revised 3/2026

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- E. BP 4119.21/4219.21/4319.19 Code of Ethics

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- A. What is Aesop?
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VII. Job Description
- A. Generalized Substitute Job Description

Employment

This handbook does not create or intend to create a contract of employment, either expressed or implied. A substitute is an at-will employee of the District and the relationship with the District may be terminated by the substitute or the District at any time, with or without cause. The District does not guarantee specific benefits or terms of employment.

I. General Information

A. Payroll

The Payroll office is open from 7:30 a.m. to 4:30 p.m. Monday through Friday (907-835-4357). Feel free to contact the Director of Business Services for payroll inquiries or if assistance is needed.

Before the first day of service with the District, you must complete the necessary paperwork in your Onboarding Packet emailed to you via Frontline.

The pay period for all employees is from the 21st of the prior month to the 20th of the current month. All District substitutes are paid once a month during the regular payroll period. Payments are deposited on the last working day of the month on the school calendar (e.g., If January has thirty-one days and the last working day falls on Friday, the 29th, that is the day that payments will be deposited.)

Substitutes do not need to fill out a timecard. All shifts picked up will automatically be transferred to payroll. Shifts worked are always confirmed by our school's front desk administrators so be sure to check in prior to starting your shift.

B. Change of Name, Address, or Telephone

For name changes, you must bring your new social security card to the Payroll office and fill out a new W4.

C. Removing Your Name from the Substitute List

If you are no longer available to sub for VCS, please email or call the district administrative assistant and request that your name be removed from the substitute list. (907) 834-4701 or Email:humanresources@valdezcityschools.org

Substitutes who have not accepted any assignments within a 90-day period will be considered inactive. Inactive substitutes will be removed from the district's substitute roster. To remain active, substitutes are encouraged to regularly check for and accept available assignments.

D. Certification For pay purposes, the District recognizes current teaching certificates from Alaska. If you are a certificated substitute teacher, you must provide a copy of your valid Alaska teaching certificate(s) to the Payroll office in order to receive certificated pay. Eligibility for certificated pay begins on the date the Payroll office receives a copy of your certificate, not the effective date of the certificate.

If your certificate expires while substituting and a renewed certificate or verification from the State of Alaska Department of Education and Early Development (EED) or receipt of your renewal application is not received in the payroll office, you will be paid at the non

certificated rate of pay until a renewed certificate is received in the payroll office.

Substitutes are encouraged to apply for an Alaska Teaching Certificate if they are eligible. Please visit EED's website at www.eed.state.ak.us/teachercertification for information regarding your eligibility or contact them in Juneau at (907) 465-2831.

E. School Closure Information

In the very rare event of an emergency school closure, contact your assigned school to determine if you are to report to work. If you report to work and there is no school, you will not be paid. Access to school closure information is available at: **VCS Main Telephone: (907) 835-4357**

Website: www.valdezcityschools.org

VCS Facebook: https://www.facebook.com/valdezcityschools

F. Substitute Pay

Substitute pay shall be $18.00 per hour for those teachers without Alaska certification; $25.00 per hour for those teachers who hold a valid Alaska certificate.
Substitutes who teach nineteen (19) consecutive school days for the same individual and are Alaska certified will receive on the twentieth (20) day an hourly rate calculated based on the certified negotiated agreement BA column, 0 experience, divided by 185 days, divided by 7.5 hours. Each additional consecutive day following the twentieth (20) will also be paid using the same hourly rate.
When a long-term absence is arranged in advance, the long-term rate will be applied starting on the first day. Long term subs receive a higher rate as the qualifications are a teacher certification, and they are expected to perform expanded duties. No other benefits are provided. Additional provisions as provided for in State Law, 4 AAC 18.021.

FY26 example calculation ($55,589/185 days)/7.5hrs=$40.07per hour.

Substitute Positions and Salary as of 2026:

Teachers: $18.00 per hour without current Alaska Teaching Certificate
Teachers: $25.00 per hour with current Alaska Teaching Certificate
Food Service I: $18.00 per hour
Food Service Warehouse/Freight: $18.00 per hour
Building Secretary: $18.00 per hour
Administrative Secretary: $18.00 per hour
Paraprofessional: $18.00 per hour
Custodian: $18.00 per hour
Library Associate: $18.00 per hour

Substitutes are classified as a temporary employee. One who works on an irregular basis, or who has been appointed for a period of less than six working months, and is not eligible for employee benefits unless he or she is assigned to a permanent position following his/her probationary period.

Required Qualifications: High School Diploma or Equivalent.

G. Substitute Evaluation

Substitutes are evaluated via the Aesop system on a regular basis. If there are any concerns, you will receive feedback from the building principal, the substitute coordinator or the District Office. Repeated unsatisfactory evaluations may result in your name being removed from the substitute list. Please remember that substituting is, by its nature, temporary and sometimes sporadic in nature.

H. DEED eLearning

All substitute staff are required to create an account with the Alaska Department of Education & Early Development (DEED) eLearning platform to complete the “Mandated Reporters of Child Abuse and Neglect.” training This training is required by the State of Alaska and must be completed prior to serving in a substitute role. Click on the eLearning link to start: https://eedelearning.inquisiqlms.com/Default.aspx

II. Emergency Procedures

Substitutes are expected to comply with and assist in any emergency procedure. There is a telephone in every classroom to call for assistance in an emergency.

Red Hanging spiral binders hang in each classroom titled “Crisis Response Plan”. Please review this and procedures prior to your classroom start time. Please see the school principal with any questions. Fire drills are conducted regularly. Teachers are informed and reminded the day of our scheduled fire drills.

A. Injury to Student

In case of an accident or medical need for a student, notify school office staff via phone to receive assistance from the school nurse. Never leave remaining students unattended. Substitutes are to report all accidents to the building level principal or school nurse’s office. Classroom teachers are issued disposable gloves to be used in the event of the presence of bodily fluids (mucous, blood, vomit, etc.).

B. In Case of Personal Injury

Any injury in the course of school duties must be reported immediately to the school administrator or school nurse. An Injury Report must be completed and submitted to the Business Department at the time of the injury. A substitute injured on the job may be insured under the provisions of Workers’ Compensation Laws.

III. Responsibilities

A. General School Policies

1. All VCS property is smoke-free, drug-free, cannabis-free, alcohol-free and weapon-free.
2. Students are never to be left alone without supervision.
3. Corporal punishment is not to be used in any circumstance.
4. Students are not to be released from the building during the school day without permission from the office.
5. Classes are to be dismissed promptly at the designated time. No students are to remain

in the classroom or any other part of the building unless parents have been notified and transportation, if needed, has been arranged. A teacher must be present to supervise the student.

6.No medication (even aspirin, cough drops, etc.) is to be stored or administered in the classroom. Regularly prescribed medication will be administered in the nurse's office by appropriate school personnel.

7. Money collected from students for any reason is to be delivered to the office at the first available opportunity.

8. Animals are not allowed in the building, unless it is a service animal.

9. Substitutes are not allowed to bring their own children to the building without prior administrative permission.

B. School and/or Teacher Responsibilities

1. Provide an identification badge for the substitute to wear at all times in the building.

2. Provide directions to the teacher's mailbox, classroom and staff rooms, including the restrooms.

3. Provide lesson plans, including textbooks and necessary materials for the daily lessons and any special instructions needed.

C. Substitute Responsibilities

1. Arrive at the school at least 15 minutes prior to the posted job time and report to the main office of the school.

Substitute teachers are expected to be on duty by the start time for the building they are substituting in unless otherwise indicated by the secretary or AESOP/(Frontline) calling system. This will allow time to check in at the office and grab an iPad/binder if needed, find the classroom, locate and read the lesson plans, prepare the room and instructional materials, take roll call, collect hot/cold lunch orders and otherwise prepare for a successful day of substitute teaching. Before leaving at the end of the day, leave notes on how the day went for the regular classroom teacher.

Substitute aides/paraprofessionals, secretaries, and custodians should confirm the time they begin with AESOP, the school secretary, or the principal.

AESOP keeps track of the hours a substitute works, which are confirmed by the building secretaries or administrators.

2. Appropriate and professional attire is required. Business casual is acceptable. Employees are expected to dress in an appropriate manner according to their job description. Keep in mind that you are a role model for students.

Shirts that ride up the mid-riff or are cut low at the neckline are unacceptable. Sweatpants, torn jeans, short skirts, spaghetti strap tops, bare midriffs, message T Shirts, bar hoodies, etc. are not considered to be professional or appropriate. Appropriate hoodies, shirts, slacks, denim, leggings and appropriate length skirts are acceptable.

3. Responsibilities related to the teaching day include the following:

A. Maintain direct supervision (line-of-sight) of students.

B. Utilize appropriate, effective classroom management strategies, including, but not limited to:

1. Model good manners (i.e., please, thank you, respect, and encouragement).

2. Complete attendance procedures, Lunch counts, and provide documentation.

3. Implement lesson plans prepared by the teacher utilizing District teaching methods and materials, including extra assignments such as bus duty, lunch duty, recess duty, etc.

4. Upon request, correct assignments given during the substitute's workday in the classroom.

5. Distribute hand-outs as requested by the teacher or school office.

C. Substitutes are to remain in the building all day with the exception of the 30-minute lunch period.

Substitutes may purchase lunch from the cafeteria.

A substitute teacher is assigned to every class period of the day, with the exception of a 30-minute duty-free lunch period. Substitutes may be assigned to more than one classroom in a day. Questions pertaining to substitute responsibilities should be directed to the principal.

D. Use of Technology

The use of technology by teachers is a daily occurrence. Teachers use laptops, smart screens, and iPads to allow staff and students to interact and learn in ways not previously possible. Use of cell phones, personal laptops or other personal electronic media is prohibited during your assignment. Substitutes must read the most current version of the VCS Board Policy, BP5141.42 Professional Boundaries of Staff with Students, located on our website https://www.valdezcityschools.org/school-board/board-policy along with all other board/school policies. Should a substitute commit any violation, access privileges may be revoked, and school disciplinary and/or appropriate legal action may be taken.

IV. Your Assignment

A. Arrival and Instructional Times

Arrival time is at least 15 minutes prior to the start of the instructional period. Departure time is 15 minutes after dismissal. Please be flexible. Assignments are subject to change without prior notification based on the needs of the District.

Hermon Hutchens Elementary School: PreK -5th Grade

7:45 Staff work day begins
7:55 Students may enter the building
8:10 Buses drop off students M-F
8:15 Warning Bell
8:20 Tardy Bell Pre K-5 Classes Begin
11:15-11:35 Lunch Grades K-1
11:35-12:00 Recess Grades K-1
11:25 AM End Preschool
11:45-12:05 Lunch Grades 2-3
12:05-12:30 Recess Grades 2-3
12:05 PM Start Preschool
12:20-12:40 Lunch Grades 4-5

12:40-1:05 Recess Grades 4-5
3:05 Dismissal Grades Pre K-5
3:15 Buses Pull Away M-Th
2:15 FRIDAY DISMISSAL Grade Pre K-5
2:25 Buses Pull Away Friday
3:15 Teacher Work Day Ends

Gilson Middle School: 6th-8th Grade & Valdez High School: 9th-12th Grade

Monday Through Thursday:

Breakfast 7:45-8:00
Period 1 8:05-9:00
Period 2 9:03-9:58
Period 3 10:01-11:08
Period 4 11:11-12:06
Lunch 12:06-12:36
Period 5 12:39-1:34
Period 6 1:37-2:32
Period 7 2:35-3:30

Flex Fridays:

No Substitutes typically needed

B. Before the School Day Starts

1. Familiarize yourself with the room.
2. Check the daily program or schedule.
3. Read the lesson plans.
4. Print your name on the board.
5. Review the seating chart, if provided, to familiarize yourself with student names.

C. The Start of the Day

1. Be in the room or at the door when students arrive. Greet the students.
2. Introduce yourself and write your name on the board.
3. Follow the established routine as shown in the lesson plans.
4. Check attendance carefully. Your attitude will set the tone for the day. The initial impact of the substitute is a key factor in successful classroom management. Self-confidence, initiative, resilience and resourcefulness, as well as patience, honesty, enthusiasm, and acceptance are some of the necessary requisites.

D. Class Control

A few simple suggestions will help you establish good class routines, provide for efficient learning situations, and establish mutual respect between teacher and student.

1. Expect good behavior. Children tend to respond to whatever we expect of them. A few minutes of explanation at the start of the school day outlining your expectations will solve problems that may arise.

2. Be fair and consistent. Class control depends greatly on the degree of fair and consistent treatment. Children must know the “ground rules” before they will accept them.

3. Recognize the importance of every child. Children are human beings with personal

feelings and individual differences. At all times, avoid embarrassment, ridicule, and sarcasm. Positive comments or supplying “jobs” for some students will sometimes correct a trying situation.

4. Do not leave the group. If a situation does arise, notify the closest teacher so that the students in your room are not left unattended. Use the telephone in the room or, if provided, the handheld radio, to request assistance.

5. Profanity or derogatory comments are <u>never</u> to be used to motivate or control students.

6. If discipline problems arise which you are not able to manage, a Principal should be contacted **<u>immediately</u>** for assistance.

E. Helpful Hints

1. Be Prepared Your ability to carry out the day’s lesson plans as outlined will affect the class control and the students’ education for the day.

2. Be Ready Be sure to read any and all notes the teacher has provided before the children arrive. There may be information about behavior and learning concerns that are important to know before the day begins. Have materials ready for the children, put instructions on the board if called for, and know the starting assignment. Be sure that you have the complete attention of every student in the class, firmly but gently, before starting. If you have any questions regarding the lesson plans of the teacher, check with the building administrator. Substitutes are to follow the lesson plans of the regular teacher, not do their own thing in the classroom.

3. Motivation is the Key Children need and want motivation. Remember, however, that your primary purpose is to teach and not to entertain. Be brief, set the stage, arouse curiosity, and relate to the previous lesson. This can be accomplished by a picture, a key question, a story or a brief shared experience. Be enthusiastic; it’s contagious.

4. Make Your Presentation Clear What children gain from the lesson will depend on how well you present it.

a. Keep the language on the child’s level.

b. Present one point at a time.

c. Go from the known to the unknown, the easy to the difficult.

d. Stop often and review.

e. Do not hesitate to repeat.

f. Give the children the opportunity to ask questions.

g. Ask Good Questions

5. Good teaching is a process of drawing out from within the students rather than stuffing them with knowledge. A good question is one that:

1. Asks something you really want to know.
2. Is concise and expressed well.
3. May often require some intermediate answers. Directs a student in self-motivation.
4. Gives the student an idea of what is to follow.
5. Causes students to formulate new or unexpected ideas.
6. Does not call for mere repetition of book materials.

6. Mechanics of Asking Questions

1. State the question, wait 5 seconds, then call on a student.

2. Discourage students from shouting out an answer. Encourage hand raising. If students do not raise hands, give them a warning. (i.e., “I will be calling on Eric to answer #7, so be ready.”)

3. Respect the student’s answers (i.e. “Good try, but not quite the answer I had in mind.”)

4. Use good probing techniques. (i.e., “Why do you think...”)

5. Use a positive approach.

6. When needed, follow up student responses by asking for:

    • Clarification – When you are not sure what the student is talking about. (i.e. , “Help me understand what you are saying…”)

    • Elaboration – When you would like more details regarding an answer (i.e., “You’re on the right track, tell me more…”)

    • Evidence – When a student needs to substantiate an answer (i.e., “Can you show me where you got that answer?”)

7. Provide for Active Participation

In a really good lesson, students are engaged in organized activities. Directions should be clear, supervision constant, and emphasis should be on the project.

8. Time for Summary

All facts and concepts need to be brought back together before the close of the lesson. Vary your ways of summations. It can be teacher-directed, student-directed, or activity-directed.

9. Give Clear Assignments

Assignments should be clear, concise, purposeful, and should take into account individual differences. If homework is assigned, write the assignment with its due date on the board. Remember to leave the teacher a note with what was completed and what was assigned for homework.

10. Stay on Schedule

Do your best to maintain the schedule set by the teacher.

11. Your Idea Book/Sub Pack

Start your own tip book of ideas for “filling time.” Always keep it with you and add to it as you learn new activities, stories, games, etc. In every room you may find an idea that you can use and adapt to another room. The internet has many sites for finding appropriate activities for various grade levels and subjects.

F. The End of the Day

1. Routine dismissal procedures should be followed.

2. Students are not allowed to remain in the building without parental permission.

3. Leave the room in an orderly fashion. Return teacher manuals to the appropriate location. Leave any assignments collected for the teacher.

4. Leave a summary for the teacher with any challenges to the day and how much of the lesson plan was completed.

5. Return any keys you were issued to the school office.

6. Sign out at the front office.

G. Additional Resources

1. How to Get Students Ready for Learning (5 minute video)
https://app.frontlineeducation.com/absmgmt-resource-library/videos/-O8t__3Vu9I?provider=youtube

2. 60 Second Strategy: 3 Noses (1 minute video)
https://app.frontlineeducation.com/absmgmt-resource-library/videos/_cJDJp6WSnc?provider=youtube

3. 5 Scaffolding Strategies to Bolster Student Learning (3 minute video)
https://app.frontlineeducation.com/absmgmt-resource-library/videos/axelin36pmM?provider=youtube

4. 60 Second Strategy Shout-Outs (1 minute video)
https://app.frontlineeducation.com/absmgmt-resource-library/videos/Cr_s3kzjX-g?provider=youtube

5. Building Strong Foundations with Classroom Routines (1:40 minute video)
https://app.frontlineeducation.com/absmgmt-resource-library/videos/5OdxVchUiXQ?provider=youtube

6. 60 Second Strategy: Equity Sticks (1 minute video)
https://app.frontlineeducation.com/absmgmt-resource-library/videos/OKMUH81EICs?provider=youtube

V. Professional Ethics

A. Professional Ethics of the Substitute

All information regarding students, parents, staff, or other school-related matters is confidential. Negative comments, insulting remarks and/or inappropriate language regarding students or staff members are not permitted.

B. Interacting with Students

Every parent knows that children benefit from gentle touches and hugs. Unfortunately, innocent gestures can be misinterpreted as inappropriate touching, excessive force, or even abuse. Touching children at school increases the risk that people will face these types of accusations.

Use common sense to prevent false claims of abuse and inappropriate touching.

1. Avoid being alone with a student of either sex.
2. Avoid physical contact with students, which could be misunderstood as sexual in nature.
3. Physical force to enforce discipline is not allowed.
4. Avoid communicating with students outside of school hours.

5. Avoid off-the-cuff comments with suggestive overtones.

6. Do not be drawn into discussions of sexually explicit topics such as tasteless jokes or suggestive song lyrics, politics, or religion.

7. If a student confides in you regarding a personal topic of a sexual nature, invite another adult to join the conversation and report the conversation verbally and in writing to the principal immediately.

8. Do not transport students in your personal vehicle.

9. Avoid any romantic contact with current or former students, even if the students are over 18 years old.

C. Confidentiality

As a substitute, you will be in situations that may expose you to information about individual students or groups of students that is confidential in nature and is not to be shared with anyone. Among the types of information that must be protected are: student grades and test scores, student status in terms of special education or bilingual education services, student discipline, attendance, and behavior records or activity, and a variety of other information. Sharing confidential information with others will result in disciplinary action and will likely lead to removal from the approved substitute list.

As a general rule, it is best that you never use student names outside of the classroom setting unless talking with the building principal. If they believe there is someone else you should talk to, they can direct you. It is also recommended that when talking to family and friends about your substitute experiences you avoid providing them with any detail or information that might inadvertently identify any individual student or record as this may be a breach of confidentiality, too.

Should you have ANY questions about confidentiality, please ask a building principal.

D. Removal of a Substitute

Any substitute may be removed from the list of substitutes by the School District and thus become ineligible for assignment as a result of unsatisfactory evaluations, misconduct charges, exclusion reports, refusals to accept assignments, or for other reasons.

Again, a substitute is an at-will employee or independent contractor of the District and relationship with the District may be terminated by the substitute or the District at any time, with or without cause.

The District does not guarantee specific benefits or terms of employment.

E. BP 4119.21/4219.21/4319 Code of Ethics

The School Board expects District employees to maintain the highest ethical standards, to follow district policies and regulations, and to abide by state and national laws. Employee conduct should enhance the integrity of the District and the goals of the educational program. The Board encourages district employees to accept as guiding principles the codes of ethics published by professional associations to which they may belong.

Note: Pursuant to 4 AAC 18.010 all teacher contracts must state that the teacher is obligated to abide by the code of ethics and professional standards adopted by the Professional Teaching Practices Commission. See E 4119.21.

Members of the teaching profession are obligated by law to abide by the code of ethics and professional standards adopted by the Professional Teaching Practices Commission (20 AAC 10.010). Employees who violate provisions of the code of ethics and professional standards may be subject to disciplinary action, up to and including termination. The District may report any violation of the code of ethics to the Professional Teaching Practices Commission.

Note: 20 AAC 10.310 requires that copies of the PTPC Handbook for Alaskan Educators be conspicuous and available at every educational institution.

(cf. 4117.4 - Dismissal)
(cf. 4117.6 - Non-retention)
(cf. 4118 - Suspension/Disciplinary Action)
(cf. 4119.25 - Political Activities of Employees)
Legal References:
ALASKA STATUTES
14.20.170 Dismissal
14.20.370 - 14.20.510 Professional Teaching Practices Act
ALASKA ADMINISTRATIVE CODE
4 AAC 06.765 Testing Security; Consequences of Breach
4 AAC 18.010 Teachers' and administrators' contracts
20 AAC 10.010 - 10.900 Professional Teaching Practices Commission
Revised 9/ 01

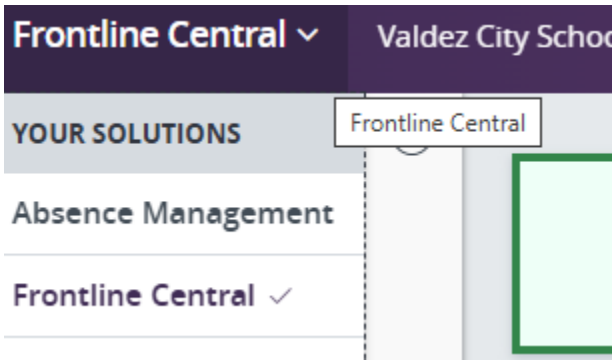
VI. Absence Management/Frontline System

A. What is Aesop?

Aesop is the Absence Management portion of our Frontline System and an automated substitute placement and absence management service used by the district that lets substitutes proactively fill their work calendars by searching for available assignments anytime they wish, either by calling a toll-free number or by logging into Aesop online. Aesop will also call substitutes based on rules managed by the District. Assignments are subject to change without prior notification based on the needs of the District.

B. Internet and Phone Overview

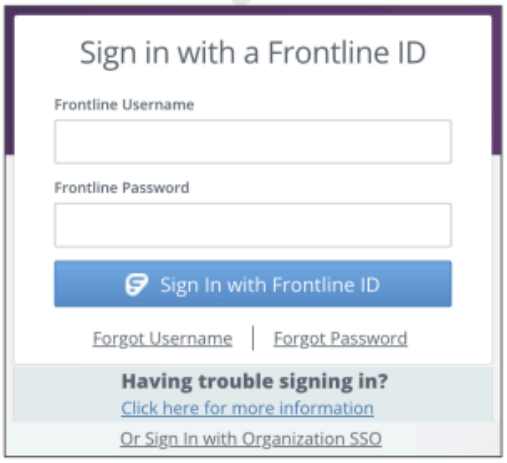
You may call 1-800-942-3767 or log into the system and search for available jobs 24 hours a day, 7 days a week at app.frontlineeducation.com by entering the user ID and password you created when completing your onboarding paperwork. Once logged in you will click on the drop down menu in the upper lefthand corner of your screen and select Absence Management. From here you will be able to view available shifts and accept or reject shifts.



Absence Management

SIGNING IN

Go to app.frontlineeducation.com. Enter your username and password and click **Sign In**. Or, if applicable, use the organization SSO link.



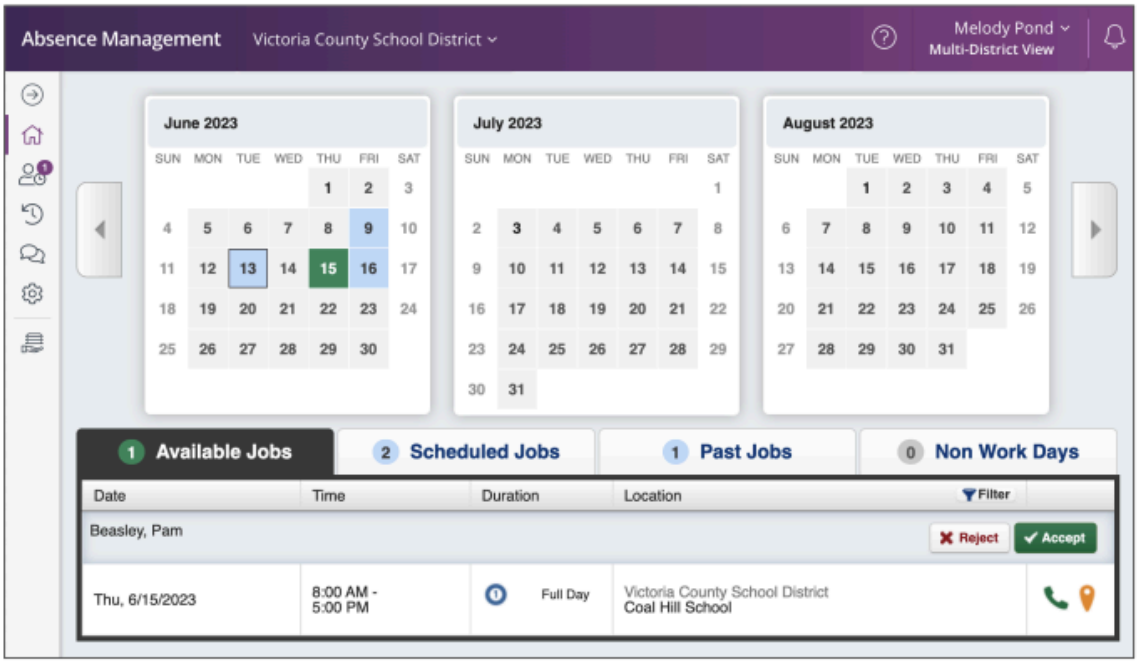
LOGIN SUPPORT

If you cannot recall your credentials, use the recovery options or click the "**Having trouble signing in?**" link for additional troubleshooting details.

SEARCHING FOR AVAILABLE JOBS

Review available jobs directly on the homepage or via the "Available Jobs" option in your side navigation. These potential jobs appear in green on the calendar and in list form under the "Available Jobs" tab.

To accept a job, click the **Accept** button beside the absence (or click **Reject** to remove a job from the list).



Mobile App

You have access to the Frontline Education mobile app. This *free* app provides increased accessibility to job alerts and other job acceptance tools. Search "Frontline Education" via the app store to download it and use your system username and password to sign in.

Call Options for Absence Management

To call, dial **1-800-942-3767**. You will be prompted to enter your ID number (followed by the # sign), then your PIN number (followed by the # sign).

If an available job has not been filled by another substitute two days before the absence is scheduled to start, the system will automatically begin to call substitutes and try to fill the job.

When the system calls you, be sure to say a loud and clear "Hello" after answering. It will call about one job at a time, even if you are eligible for other jobs. You can always call in to hear a list of *all* available jobs.

When You Call into Absence Management • Find available jobs – **Press 1** • Review or cancel upcoming jobs – **Press 2** • Review or cancel a specific job – **Press 3** • Review or change your personal information – **Press 4**
When Absence Management Calls You • Listen to available jobs – **Press 1** • Prevent Absence Management from calling again today – **Press 2** • Prevent Absence Management from ever calling again – **Press 9** • If interested in available jobs – **Press 1** and enter PIN, followed by the # sign

VII. Job Description

You may opt to sub for a variety of positions. Listed below is a generalized substitute job description based upon the most common positions available. Based upon the variety of positions you may cover, be sure to confirm start times and shift details in Aesop/Frontline and/or the principal and administrative team..

A. Generalized Substitute Job Description

Job Title: School Substitute

Reports To: Building Principal

Summary:

The School Substitute provides temporary coverage for a variety of roles within the school environment, including classroom teaching, library assistance, paraprofessional support, food service, and custodial duties. This position is essential for maintaining a smooth and efficient school day when regular staff members are absent. The ideal candidate will demonstrate flexibility, a strong work ethic, and a commitment to creating a positive and safe learning environment for students.

Essential Functions

Classroom Support (Teacher Role):

Deliver lessons and instructional activities across subjects such as reading, language arts, mathematics, science, and more, following lesson plans provided by the absent teacher.

Maintain a positive classroom environment that encourages student engagement and supports the school-wide behavior expectations.

Adapt materials and instructional strategies as needed to meet the diverse learning needs of students.

Evaluate and monitor student progress, maintain attendance, and provide feedback when necessary.

Foster a respectful and supportive classroom culture, working closely with students and staff.

Library Assistance (Library Associate Role):

Assist students and staff with locating library materials and utilizing library resources effectively.

Operate and maintain the library circulation system, including check-in/check-out procedures, inventory, and overdue notices.

Help with library displays, special student activities (e.g., book fairs), and maintaining a welcoming library environment.

Provide training on library software and digital tools to students and staff.

Special Education Support (Paraprofessional Role):

Provide one-on-one or small group support to students with varying needs, reinforcing classroom material and assisting with physical tasks.

Adapt classroom materials to meet the needs of individual students under the direction of the special education teacher.

Foster supportive relationships with students while maintaining professional boundaries.

Food Service Support (Food Service Role):

Assist with the preparation, serving, and clean-up of meals in the school cafeteria, ensuring that food is served promptly and safely.

Maintain cleanliness and organization of the cafeteria area, including dishwashing and equipment sanitation.

Operate the point of sale system as needed and assist with inventory and meal-related tasks.

Custodial Support (Custodial Role):

Perform general cleaning and maintenance duties within the building, including classrooms, hallways, and outdoor areas.

Ensure the school environment is clean, safe, and conducive to learning.

Assist with the set-up and clean-up of special events, and perform minor repairs or report major issues to the facilities director.

Maintain the cleanliness and safety of the school grounds, including shoveling snow, mowing lawns, and disposing of waste properly.

Non-Essential Functions

Competencies:

Ability to adapt quickly and efficiently to various roles within the school environment.

Strong communication and interpersonal skills, with the ability to interact with students, staff, and parents from diverse backgrounds.

Good organizational and time-management skills.

Ability to maintain confidentiality and demonstrate professionalism.

Ability to follow instructions and work independently with minimal supervision.

Basic knowledge of safety procedures, especially in food handling, custodial tasks, and student supervision.

Supervisory Responsibility:

Supervise students during assigned duties, including in the classroom, library, cafeteria, or outdoor areas.

Assist with the supervision of student interns or volunteers as needed.

Work Environment:

The role may require working in various environments, including classrooms, the library, kitchen, and outdoor areas, depending on the assignment.

Must be able to perform physical tasks such as lifting, bending, standing for extended periods, and operating equipment.

Physical Demands:

Ability to lift and carry up to 70 pounds with assistance.

Ability to perform tasks involving repetitive motions, standing, walking, bending, and occasionally climbing or balancing.

Clear speaking and hearing abilities to communicate effectively in a school setting.

This position offers a unique opportunity to work in different capacities within the school system and contribute to the success and safety of students on a daily basis. Flexibility, adaptability, and a strong work ethic are essential for success in this role.

We hope this handbook will be a helpful resource as you work to support our educational goals. Should you have any questions, please don't hesitate to reach out to the District Office at 907-835-4357 or the District Administrative Assistant at 907-834-4701 Mon-Fri 7:30-4:30.

VALDEZ CITY SCHOOLS
PO Box 398 • 1112 West Klutina Street • Valdez, AK 99686
Telephone (907) 834-4701 • Fax (907) 835-4964
www.valdezcityschools.org

Resolution of the Valdez City School District Board of Education
A Resolution Supporting House Bill 78 Regarding Defined Benefits

WHEREAS, the Valdez City School District Board of Education recognizes the critical importance of attracting, recruiting, and retaining high-quality educators and staff to best serve the students of Valdez; and

WHEREAS, Valdez City Schools has found that each year recruiting hiring and retaining high quality teachers has become increasingly difficult: and

WHEREAS, the availability of a stable and secure retirement plan, such as a defined benefit plan, is a crucial factor in the employment decisions of experienced and prospective employees, forcing districts to rely on emergency certifications creative hiring as stop gap measures; and

WHEREAS, Alaska is the only state in the nation that does not offer its public school teachers a defined retirement plan, placing Alaska at a significant competitive disadvantage when recruiting and retaining educators compared to every other state in the country;

WHEREAS, research consistently demonstrates that defined benefit retirement plans are among the most effective tools available for long-term educator retention, particularly in rural, remote, and high need school districts;

WHEREAS, House Bill 78 passed the Alaska State Senate, would restore a defined benefit pension option for teachers and public employees covered by the Teachers' Retirement System (TRS) and the Public Employees' Retirement System (PERS), with retirement eligibility at age 60 or after 30 years of service, and would allow current employees to voluntarily opt into the new plan;

WHEREAS, HB 78 passed the Alaska House of Representatives of May 12, 2025, and is under consideration by the Senate;

WHEREAS, a fiscal note analysis prepared by the State of Alaska actuary (David Kershner, Division of Retirement and Benefits, March 2025) found that the HB 78 pension sub-trusts are structured to begin with zero unfunded liability as to the plans effective date, with assets transferred on an actuarially equivalent basis to fully fund all credited service at inception; and further found that the plan includes automatic financial safeguards – including adjustable member contribution rates and conditional cost-of-living adjustments – designed to protect the funded status of the trust without requiring additional employer contributions beyond existing

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statutory caps; and that TRS employer contribution rates under HB 78 are projected to decrease slightly from current levels as a share of total payroll as the workforce stabilizes under higher retention assumptions, maintaining the existing 12.56% statutory employer contribution cap;

WHEREAS, the Board believes that the provisions of HB 78 are essential to recruiting and retaining high quality teachers now and into the future; and

WHEREAS, the Board has reviewed the fiscal impact and long-term implications of HB 78 and has determined that its benefits to the district and its employees outweigh any potential costs or administrative burdens; and

NOW, THEREFORE, BE IT RESOLVED that the Valdez City School District Board of Education hereby formally endorses and supports House Bill 78 of the 34th Alaska State Legislative Session; and

BE IT FURTHER RESOLVED that the Board of Education directs the Superintendent to transmit a certified copy of this Resolution to the Governor of Alaska, the presiding officers of the Alaska State Senate and House of Representatives, the members of the Alaska Senate Labor and Commerce Committee, and each member of the Alaska State Legislature representing the Valdez City Schools.

ADOPTED AND APPROVED this 9th day of March, 2026, by the Valdez City School District Board of Education.
AYES: _____ NAYS: _____ ABSTENTIONS: _____ ABSENT: _____

Board President Signature:
Kalin King, Valdez City Schools

Superintendent Signature:
Jason Weber, Valdez City Schools

Draft