

## NOTICE

**SCHOOL DISTRICT OF NEW GLARUS  
BOARD OF EDUCATION  
CURRICULUM, SPORTS & CO-CURRICULAR COMMITTEE MEETING  
MONDAY, JUNE 25, 2018  
HIGH SCHOOL CONFERENCE ROOM  
6:45 PM**

## AGENDA

- I. CALL MEETING TO ORDER - KEITH STEFFEN
- II. HEALTH CURRICULUM 2
- III. UPDATED STATE SOCIAL STUDIES AND SCIENCE STANDARDS
- IV. 2018-2019 PROFESSIONAL DEVELOPMENT 14
- V. ADJOURNMENT

### POSTED :

NG HIGH SCHOOL  
NG MIDDLE SCHOOL  
NG ELEMENTARY SCHOOL  
NG POST OFFICE  
BANK OF NEW GLARUS  
UB&T BANK OF NEW GLARUS  
ANCHOR BANK OF NEW GLARUS

PURSUANT TO APPLICABLE LAW, NOTICE IS HEREBY GIVEN THAT A QUORUM OR A MAJORITY OF THE NEW GLARUS SCHOOL DISTRICT BOARD MEMBERS MAY ATTEND THIS MEETING. INFORMATION PRESENTED AT THIS MEETING MAY HELP FORM THE RATIONALE BEHIND FUTURE ACTIONS THAT MAY BE TAKEN BY THE NEW GLARUS SCHOOL DISTRICT BOARD.



# New Glarus School District



DRAFT

## Human Growth and Development

### Grade 3-5

**Instruction: Starting in 3rd, 4th and 5th grade student begin to learn about Human Growth & Development and health-related issues in separated gender groups of girls and boys.**

**Direct Instruction is provided by our school nurse, Kayla Zimmerman and elementary PE teacher, Gary Beutler.**

**\* Students will receive 9 -30 minutes lesson per year on Human Growth & Development.**

**\*Opt out information is available through registration, on NGSD website in Family Access, or contacting building principal.**

Grade 3	Grade 4	Grade 5
<p>Unit: Health and Hygiene</p> <ul style="list-style-type: none"> <li>● Objectives:               <ul style="list-style-type: none"> <li>○ Understand wellness, disease prevention, and recognition of symptoms.                   <ul style="list-style-type: none"> <li>■ Classify behaviors in terms of whether they are related to physical, social, mental, and emotional health.</li> <li>■ Classify behaviors in terms of whether they do or do not contribute to healthy living.</li> </ul> </li> <li>○ Classify behaviors in terms of whether they do or do not contribute to healthy living.</li> </ul> </li> </ul>	<p>Unit: Anatomy and Physiology</p> <ul style="list-style-type: none"> <li>● Objectives:               <ul style="list-style-type: none"> <li>○ Describe male and female reproductive systems including body parts and their functions.</li> <li>○ Identify medically-accurate information about female and male reproductive anatomy</li> </ul> </li> </ul> <p>Unit: Puberty &amp; Adolescent Development</p> <ul style="list-style-type: none"> <li>● Objectives:               <ul style="list-style-type: none"> <li>○ Explain the physical, social and emotional changes that occur during puberty and adolescence</li> <li>○ Describe how friends, family, media, society, and culture can influence ideas about body image</li> </ul> </li> </ul>	<p>Unit: Anatomy and Physiology</p> <ul style="list-style-type: none"> <li>● Objectives:               <ul style="list-style-type: none"> <li>○ Describe male and female reproductive systems including body parts and their functions.</li> <li>○ Identify medically-accurate information about female and male reproductive anatomy</li> </ul> </li> </ul> <p>Unit: Puberty &amp; Adolescent Development</p> <ul style="list-style-type: none"> <li>● Objectives:               <ul style="list-style-type: none"> <li>○ Explain the physical, social and emotional changes that occur during puberty and adolescence</li> <li>○ Describe how friends, family, media, society, and culture can influence ideas about body image</li> </ul> </li> </ul>



Human Growth and Development

Grade 3-5

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<ul style="list-style-type: none"> <li>■ Recognize plaque and lack of dental hygiene result in gum disease and cavities.</li> <li>■ Implement proper flossing to prevent tooth decay and gum disease.</li> <li>● Topics <ul style="list-style-type: none"> <li>○ Handwashing</li> <li>○ Bathing and Showering</li> <li>○ Deodorant and antiperspirant</li> <li>○ Clean clothes</li> <li>○ Brushing and flossing teeth</li> <li>○ Sleep</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Identify medically-accurate information and resources about puberty and personal hygiene.</li> <li>○ Explain ways to manage the physical and emotional changes associated with puberty.</li> <li>○ Explain how the timing of puberty and adolescent development varies considerably and still can be healthy.</li> <li>○ Describe how puberty prepares human bodies for the potential to reproduce.</li> </ul>	<ul style="list-style-type: none"> <li>○ Identify medically-accurate information and resources about puberty and personal hygiene.</li> <li>○ Explain ways to manage the physical and emotional changes associated with puberty.</li> <li>○ Explain how the timing of puberty and adolescent development varies considerably and still can be healthy.</li> <li>○ Describe how puberty prepares human bodies for the potential to reproduce.</li> </ul>
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New Glarus School District



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Human Growth and Development

Grade 3-5



# New Glarus School District



## Health Education Grade 6-8

**Curriculum: “Health Education Today”**

**Health Education will be provided weekly**

**For further review: A copy of the curriculum can be obtained by contacting Brittany Spencer Grant**

**\*Opt out information is available through registration, on NGSD website in Family Access, or contacting building principal.**

**Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.**

**Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.**

**Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.**

**Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**

**Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.**

**Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.**

**Standard 7: Students will demonstrate the ability to use health-enhancing behaviors and avoid or reduce health risks.**

**Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.**

6th Grade Lessons Title/Topics	7th Grade Lesson Title/Topics	8th Grade Lesson Title/Topics
<ul style="list-style-type: none"> <li>● Unit 1 Beginning a Term               <ul style="list-style-type: none"> <li>○ Starting the term off right</li> <li>○ Conversation starters</li> <li>○ Learning style</li> <li>○ Personality</li> </ul> </li> </ul> <p><b>*Standards covered: 1,4</b></p>	<ul style="list-style-type: none"> <li>● Unit 1 Beginning a term               <ul style="list-style-type: none"> <li>○ Who I am makes a difference</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4</b></p>	<ul style="list-style-type: none"> <li>● Unit 1 Begin a term</li> </ul> <p><b>*Standards covered: 1</b></p>



# New Glarus School District



## Health Education

### Grade 6-8

<ul style="list-style-type: none"> <li>● Unit 2 Stress               <ul style="list-style-type: none"> <li>○ What is stress?</li> <li>○ Stressors</li> <li>○ Relieving stress</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4,7</b></p>	<ul style="list-style-type: none"> <li>● Unit 2 Stress               <ul style="list-style-type: none"> <li>○ Creating stress tools</li> <li>○ Sleep</li> <li>○ Depression/suicide</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,4,5,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 2 Stress               <ul style="list-style-type: none"> <li>○ Creating stress tools</li> <li>○ Sleep</li> <li>○ Depression/bipolar</li> <li>○ Antidepressants</li> <li>○ Cutting</li> <li>○ Suicide risk factors/prevention</li> <li>○ Sleep</li> <li>○ Resilience</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,4,5,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 3 Mental Health               <ul style="list-style-type: none"> <li>○ The five dimensions of health: mental, emotional, social, spiritual, and physical health</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 3 Diseases               <ul style="list-style-type: none"> <li>○ Communicable diseases, pathogens</li> <li>○ How they are spread and prevention</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,5,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 3 Mental Health               <ul style="list-style-type: none"> <li>○ Multiple intelligence</li> </ul> </li> </ul> <p><b>*Standards covered: 2,4,5,6,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 4 Diseases               <ul style="list-style-type: none"> <li>○ Disease prevention</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,4,5,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 4 Empathy/Violence               <ul style="list-style-type: none"> <li>○ Our words have power</li> <li>○ One person can make a difference</li> <li>○ Overcoming hardships</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 4 Diseases               <ul style="list-style-type: none"> <li>○ Disease- research</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 5 Empathy/Violence</li> </ul>	<ul style="list-style-type: none"> <li>● Unit 5 Alcohol</li> </ul>	<ul style="list-style-type: none"> <li>● Unit 5 Empathy/Violence</li> </ul>



# New Glarus School District



## Health Education Grade 6-8

<ul style="list-style-type: none"> <li>○ Definition of empathy</li> <li>○ Self-esteem</li> <li>○ Bullying</li> <li>○ Understanding anger</li> </ul> <p><b>*Standards covered: 1,2,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>○ Effects</li> <li>○ Alcoholism</li> <li>○ State laws</li> <li>○ Pros and cons decision-making</li> <li>○</li> </ul> <p><b>*Standards covered:1,2,4, 5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>○ Prejudism</li> <li>○ Assertive versus aggressive</li> <li>○ Conflict/fights</li> </ul> <p><b>*Standards covered: 1,2,4,5,6,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 6 Tobacco <ul style="list-style-type: none"> <li>○ Dangers</li> <li>○ Media</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 6 Drugs <ul style="list-style-type: none"> <li>○ Stimulants</li> <li>○ Depressants</li> <li>○ Hallucinogens</li> <li>○ Marijuana</li> <li>○ Safety tips</li> <li>○ How drugs affect and hurt you</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,6,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 6 Tobacco <ul style="list-style-type: none"> <li>○ Chewing tobacco</li> <li>○ Cigar and pipe dangers</li> <li>○ E-cigarettes</li> <li>○ Brain and habits</li> <li>○ Cleaning bad habits</li> <li>○ Supporting your peers</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,4,5,6,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 7 Alcohol <ul style="list-style-type: none"> <li>○ Adverse Childhood Experiences (ACE)</li> <li>○ Predictive factors</li> </ul> </li> </ul> <p><b>*Standards covered:1,2,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 7 Conflict Resolution <ul style="list-style-type: none"> <li>○ Assertiveness</li> <li>○ Building confidence</li> <li>○ Communication rules</li> <li>○ Relationships</li> <li>○ I statements</li> <li>○ Questioning skills</li> </ul> </li> </ul> <p><b>*Standards covered:1,2,4,5,7</b></p>	<ul style="list-style-type: none"> <li>● Unit 7 Alcohol <ul style="list-style-type: none"> <li>○ Dysfunctional families</li> <li>○ Co-dependent behaviors</li> <li>○ Fetal Alcohol Syndrome</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,6,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 8 Conflict Resolution <ul style="list-style-type: none"> <li>○ Awareness</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Unit 8 Nutrition <ul style="list-style-type: none"> <li>○ Calcium</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Unit 8 Drugs <ul style="list-style-type: none"> <li>○ Narcotics</li> </ul> </li> </ul>



# New Glarus School District



## Health Education

### Grade 6-8

<ul style="list-style-type: none"> <li>○ Practice</li> <li>○ Communication</li> </ul> <p><b>*Standards covered 1,2,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>○ Eating healthy</li> <li>○ Caffeine and sugary drinks</li> <li>○ Cancer and your diet</li> <li>○ Family medical history</li> <li>○ Parent Teen communication</li> <li>○ Benefits of exercise</li> </ul> <p><b>*Standards covered; 1,2,3,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>○ Decision making</li> <li>○ Synthetic drugs/heroin</li> </ul> <p><b>*Standards covered: 1,2,4,5,6,7,8</b></p>
<ul style="list-style-type: none"> <li>● Unit 9 Nutrition <ul style="list-style-type: none"> <li>○ Obesity</li> <li>○ Understanding calories</li> <li>○ Media</li> <li>○ Food labeling</li> <li>○ Your health assessment</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 9 Human Growth and Development <ul style="list-style-type: none"> <li>○ Female anatomy and issues</li> <li>○ Male anatomy and issues</li> <li>○ Breast cancer/testicular cancer</li> <li>○ Sexual pressures</li> <li>○ Sexually transmitted diseases</li> <li>○ HIV/AIDS</li> <li>○ Abstinence</li> <li>○ Emotions and sex</li> <li>○ Traits of unhealthy relationship</li> <li>○ Dating and domestic violence</li> <li>○ Social media safety</li> </ul> </li> </ul> <p><b>*Standards covered:1,2,3,4,5,6,7,8</b></p>	<ul style="list-style-type: none"> <li>● Unit 9 Conflict Resolution <ul style="list-style-type: none"> <li>○ Self-esteem</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4,5,6,8</b></p>



# New Glarus School District



## Health Education

### Grade 6-8

<ul style="list-style-type: none"> <li>● Unit 10 Human Growth and Development <ul style="list-style-type: none"> <li>○ Traits of healthy relationship</li> <li>○ Puberty</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,6,7,8</b></p>		<ul style="list-style-type: none"> <li>● Unit 10 Nutrition <ul style="list-style-type: none"> <li>○ Vitamins</li> <li>○ Mayo Clinic Food Guide pyramid</li> <li>○ USDA MyPlate</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,3,5,6,7,8</b></p>
		<ul style="list-style-type: none"> <li>● Unit 11 Human Growth and Development <ul style="list-style-type: none"> <li>○ Responsibility of sex</li> <li>○ Reproduction</li> <li>○ Birth control choices</li> <li>○ Sexual assault</li> <li>○ Sexual harassment</li> </ul> </li> </ul> <p><b>*Standards covered: 1,2,4,5,7,8</b></p>



# New Glarus School District



## Health Education High School

**Curriculum: Health Education Today**

**High School Graduation requirement: .5 credits completed in a 12 week trimester**

**For further review: A copy of the curriculum can be obtained by contacting Julie Martin or Jonathan Goodness**

**\*Opt out information is available through registration, on NGSD website in Family Access, or contacting building principal.**

**Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.**

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### High School Health Scope and Sequence

- Wellness Unit
  - 8 dimensions of wellness
  - Create a goal
  - Impact of wellness components
  - Lifestyle factors
  - Major risk factors
  - Positive and negative influence

**\*Standards covered: 1,2,4,6,7,8**



# New Glarus School District



## Health Education High School

- Emotional Health Unit
  - Empathy
  - Stereotypes and prejudices
  - Impact of self-esteem
  - Identify resources to build self-esteem and self-worth
  - Overcome hardships in a positive way
  - Stress management techniques

**\*Standards covered: 1,2,4,6,7,8**

- Mental Health Unit
  - Social stigma
  - Warning signs of depression
  - Myths of mental health
  - Problem solving-seeking help
  - Types of mental health illnesses
  - Educate others on mental illness
  - Advocate for myself or others seeking professional help
  - Identify resources for emotional support at New Glarus High School

**\*Standards covered: 1,2,4,5,6,7,8**

- Nutrition Unit
  - Classify six nutrients
  - Evaluate own nutritional habits
  - Unhealthy and healthy choices
  - Nutrition effects on body functions
  - Analyze ingredients and nutritional information on food labels
  - Healthy choices at restaurants
  - Caffeine and sugar effects
  - Goal setting: caffeine (SMART goal model)



# New Glarus School District



## Health Education High School

- Benefits of exercise
- Compare calorie intake versus calorie burn
- Dieting
- Cut calories in healthy way
- Positive body image
- Eating disorders and resources
- CPR- hands only

**\*Standards covered: 1,2,3,5,7,8**

- Drug Awareness Unit
  - Stimulant- nicotine
  - Forms of tobacco
  - Short and long term effects of tobacco
  - Effects of smoking on different body systems
  - Benefits of being tobacco free
  - Depressant- Alcohol
  - Effects of alcohol
  - Binge drinking
  - Warning signs of alcohol poisoning
  - Blood Alcohol Count(BAC) measure
  - Fetal Alcohol Syndrome
  - Environmental and social factors
  - Decision making
  - Psychological and physiological dependencies of drug use
  - Strategies to abstain from drug use
  - Illegal drug's negative effects
  - Specific drug effects on body
  - Healthy hobbies to support non drug use



# New Glarus School District



## Health Education High School

**\*Standards covered: 1,3,5,6,7**

- Human Growth and Development Unit
  - Abstinence
  - Outcomes of sexual behavior
  - Impacts of sexual decisions
  - Female and male anatomy
  - Hormones
  - Reproductive health concerns
  - Understand how pregnancy occurs
  - Stages of childbirth/delivery methods
  - Birth control
  - Self-respectful behaviors
  - Refusal strategies
  - Sexually Transmitted Infections (STI)- identify/prevent/treatment
  - Healthy versus unhealthy relationships
  - Recognize signs of abusive relationships of self or others
  - Healthy relationship communication skills

**\*Standards covered: 1,2,3,4,5,7,8**



# School District of New Glarus

1701 Second Street  
New Glarus, WI 53574

District (608) 527-2410  
Fax (608) 527-5101

To: School Board Curriculum Committee  
From: Jennifer Krantz, Director of Curriculum  
RE: 2018-19 Professional Development Plans  
Date: June 25, 2018

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As an administrative team and teaching staff as well, we frequently refer to Hattie's list of effective strategies to enhance and reinforce high quality teaching and practices. According to Hattie, professional development that is collaborative in nature, specific to learning needs, active school leadership involvement, and provides an opportunity get and give feedback have an effect size of .62 (.4 is equivalent to one year of student growth).

The following is a list of the professional development planned for 2018-19 that is designed to keep us moving toward the district's strategic goals:

- All Staff Equity Workshop- ½ day- opening inservice -***Please join us if you can!***
- Professional Learning Community Institute- Summer 2018
  - 90% of staff will have attended a PLC Institute
- Trauma-Informed Classroom Training - All staff
- K-5 ELA - Core Knowledge Language Arts (CKLA)
  - Full day -Summer 2018
  - ½ October 2018
- K-5 New ELA Curriculum, Grade level team planning time-Summer 2018
- 6-8 New ELA Curriculum, Grade level team planning time- Summer 2018
- 2 Advanced Placement course certifications-Summer 2018
- K-5 Math/Pilot Training
  - Full day- Summer 2018
  - ½ day- November 2018
- Middle School Math - CPM course training - 3 staff members teaching new courses
- I-Ready Diagnostic- ½ day October 2018
- New middle school health curriculum planning time
- Social Emotional Learning Competency training Speech Therapy/EC team
- High School New SEL curriculum integrated into 9th grade College and Career Readiness class
- High School Learning Target Development
- Grade level team time for new teams
- PLTW course- 2 staff member receiving new certifications

- Technology team conferences- SLATE, Midwest Google Summit, CESA 2 digital Learning
- Wisconsin School Music Association (WSMA) State Convention- two music staff members
- Midwest Clinic Chicago- two music staff members
- Building Leadership Team time- Summer 2018
- 2 day administrative retreat
- Individual, team, and topic specific instructional coaching throughout the school year
- All Staff-Educator Effectiveness process- Student Learning Outcomes and Professional Practice Goal