

School Health Advisory Committee (SHAC)

Wednesday, December 4, 2024 12:00 PM

Board Room at the Education Center, 2602 South Belt Line Road, Grand Prairie,
Texas 75052

1. **12:00 P.M. - CALL TO ORDER**
2. **OPEN FORUM FOR AGENDA ITEMS**
 - A. Persons attending the meeting may request an Open Forum Sign-Up Card. The card must be completed in its entirety and submitted to the Board President or designee prior to the meeting being convened. The Open Forum is limited to agenda items other than personnel, public officers, and individual/specific students. Speakers will be limited to three (3) minutes. When more than one individual wishes to address the same agenda item, the President may ask the group to appoint one spokesperson.
3. **WELCOME REMARKS**

Umeka Wright, Director of Student and Employee Wellness
4. **MINUTES**
5. **UPDATES**
 - A. Child Nutrition and Food Services
Dustin Seymour, Director of Food Services
6. **NEW BUSINESS**
 - A. Children's Health
Melanie Bitzer, Director of School Programs
7. **ACTION ITEMS**
 - A. Vote on SHAC positions:
 - Co-Chair
 - Secretary
 - Umeka Wright, Director of Student and Employee Wellness
8. **COMMITTEE ANNOUNCEMENTS**
 - A. Next SHAC meeting: February 5, 2025, at 12:00 p.m.
Umeka Wright, Director of Student and Employee Wellness
9. **ADJOURNMENT**

Grand Prairie ISD School Health Advisory Council

Minutes for: Oct 2, 2024 12:00-1:00 p.m.

Location: GPISD Education Center BoardRoom A

Committee Members Present: Esmeralda Rumbaugh, Yesica Zelaya, Dustin Seymour, Chris Hamilton, Jasmine Gaines, Vanessa Baum, Maria Herrera, Abigahil Hernandez, Rich Laffey, Jason Farris, Gwendolyn Sanders, Dana Jackson, Dulce Ramirez, Ana Alfaro, Patricia Calahan, Zhiloh Israel, Umeka Wright, Patience Baity

1. Call To Order

Meeting of the School Health Advisory Council was called to order on Oct 2, 2024, at 12:00 p.m. by Patience Baity.

2. Open Forum for Agenda Items

A. No agenda items for open forum

3. Welcome Remarks

Patience Baity, Executive Director of Health and Wellness Services, opened the meeting by introducing herself and welcoming all attendees. Introduced Umeka Wright, Director of Student and Employee Wellness and Dr. Dana Jackson, Associate Superintendent of Student Support Services.

A. Minutes Approval

Chris Hamilton motioned to approve the minutes from April 24, 2024. Seconded by Dr. Dana Jackson. A motion was presented, properly seconded and carried

4. New Business

A. SHAC Duties & Bylaws

Patience Baity, BSN, RN Executive Director of Health & Wellness

- a. Outlined the purpose of the SHAC meeting and presented the Texas Education Agency (TEA) SHAC guidelines, which stipulate a minimum of five members, alongside the GPISD bylaws, which require at least 15 members on the School Health Advisory Council Committee. Within these bylaws, it is also mandated that the council appoint a Chair, Co-Chair, and Secretary.
- b. Umeka Wright, Director of Student and Employee Wellness was introduced as the Chair of the SHAC committee. It was noted that we will vote on the positions of Co-Chair and Secretary at the next SHAC meeting.
- c. Emphasized that the SHAC is required to meet a minimum of four times per year and the meeting dates are posted to the district website.

B. Food Services & Nutrition

Dustin Seymour, Director of Operations of SFE

- a. Nutrition Education Initiatives
 - Six nutrition education events are scheduled each month.
 - Engaging four roving chefs at elementary, middle, and high schools.
- b. Farmers Market & "Eat the Alphabet" Program
 - Students are encouraged to eat a food or vegetable corresponding to each letter of the alphabet.
- c. Partnerships for After-School Nutrition Education
 - Collaborating with ACE and Beyond the Bell to provide after-school nutrition education for students.
- d. Thanksgiving Lunch Program
 - Community event allowing parents and families to enjoy a Thanksgiving meal on campuses with students.
 - Last year the program served 3,000 people.
- e. Meal Participation Increase
 - Notable increase in meal participation across the district during lunches.
 - Snack bars added at SGP, GPFAA, and Dubiski.
 - Slushie machines introduced at all middle schools, serving 100% juice.
- f. Charge Policy Changes
 - Updated policy regarding negative balances for student meals. Students can charge meals up to a negative balance of \$20. Upon reaching the \$20 limit, students will still receive a meal of their choice.
 - Negative balance notifications are sent to parents every Monday.
- g. Free and Reduced Lunch Applications
 - 30-day rollover period for applications at the start of the school year. Students maintain their status from last year for the first 30 days of the new school year.
 - Meal pricing: \$2.90 for elementary/middle school and \$3.00 for high school.
 - Continued push and encouragement for parents to complete applications prior to October 26, 2024.
- h. Backpack Giveaway Success
 - The backpack giveaway significantly aided in getting free/reduced lunch applications into households.

Committee member and parent Esmeralda Rumbaugh expressed her appreciation for the positive changes implemented by the Child Nutrition Department, particularly in ensuring that all students receive a meal regardless of their balance.

C. Red Ribbon Week & Fentanyl Awareness

Gwendolyn Sanders, LCSW, Alcohol & Substance Abuse Advisor

a. Fentanyl Awareness Initiatives

- Shared posters to promote awareness.
- Displayed newsletter which is sent to middle and high schools; fentanyl awareness materials are not disseminated to elementary schools.
- Plans to provide interactive activities and lessons for both students and teachers.
- Highlighted that 7 out of 10 pills tested positive for fentanyl.

b. Red Ribbon Week (October)

- Theme: "Life is a Movie, Live Drug Free."
- Activities include an Art and Reel Contest, dress-up days, and tailored announcements for each campus.
- Each campus will receive posters, and every student will be provided with 3D glasses.
- A trivia game is planned to be played in the cafeteria with students.
- Consideration of a Drug-Free Hall of Fame or Walk of Fame.

Question raised: Will these activities be shared with parents?

Response: Yes, the Movie Trivia and Jeopardy activities will be shared with Maria Herrera for Family Engagement.

D. Bullying Prevention

Jasmine Gaines, LMSW, Student Mental Health & Grant Programs Manager

a. Bullying Prevention Month (October)

- Shared Texas Education Agency (TEA) requirements related to bullying prevention.
 - Instruction
 - Guidance lessons will include topics such as signs of bullying, characteristics, and brain science.
 - School Culture
 - Defined metrics for measuring school climate and healthy relationships using Panorama.
 - Committee Composition
 - Involvement of parents and students, focusing on prevention and health and wellness efforts.
 - Counselors are encouraged to participate in the campus improvement plan.
 - Intervention Strategies
 - Commitment to providing research-based interventions.
- **Kindness Initiatives**
 - Kindness Challenges and Bullying Prevention Campaigns will be implemented.
 - Bullying Prevention Lessons and Parent Presentations will take place each October, led by the Family Engagement department (Maria

Herrera).

- **Promotional Activities**
 - Dress days and posters indicating signs of bullying will be featured.
 - A Bully-Free Pledge will be promoted.
- **Kindness Crew**
 - Each campus has a Kindness Crew that conducts a Kindness Challenge monthly.
 - Service Learning Projects will be organized to foster community engagement, including initiatives like Toys for Tots and The Big Event.

Questions

- Inquiry regarding how students can join the Kindness Crew.
 - Connect with the campus counselor or provide name to Ms. Gaines and she will contact the campus counselor.
- Question raised about whether Panorama survey results are shared publicly.
 - Panorama survey results are shared with district staff and are utilized to inform and develop counselor programs.

5. Committee Announcements

- a. Ms. Baity Shared SHAC committee volunteer fliers and encouraged members to spread the word and invite other parents.
- b. Next SHAC meeting: December 4, 2024 at 12:00 p.m.

6. Adjournment

- a. Meeting adjourned at 12:41 p.m.