

New Fairfield High School Start and End Time Ad Hoc Subcommittee

Thursday, December 7, 2023 6:00 PM

New Fairfield Community Room, 33 Route 37, New Fairfield, CT., 33 Route 37,
New Fairfield, Connecticut 06812

I. CALL TO ORDER

II. APPROVAL OF THE MINUTES

II.A. October 5, 2023 – Regular

III. ACTION ITEMS

IV. INFORMATION ITEMS

IV.A. New Fairfield High School Start and End Time
Update

V. OTHER

VI. ADJOURNMENT

BOARD OF EDUCATION, NEW FAIRFIELD, CT
New Fairfield High School Start & End Time Ad Hoc Subcommittee Meeting

Name of Subcommittee: NFHS Start & End Time Ad Hoc Meeting type: Regular
Date of Meeting: 10/5/23 Minutes submitted by: K. Craw
Members present: Kathy Baker, Tim Blair, Kim LaTourette, Ed Sbordone
Member absent:
Other attendees: Ken Craw
Place of meeting: New Fairfield Community Room

The meeting was called to order at 6:02 p.m.

II. Approval of Minutes

A. March 2, 2023 – approved by consensus

IV. ACTION ITEMS - none

IV. INFORMATION ITEMS

A. NFHS Start and End Time Update – The Healthier High School Start Time PowerPoint was presented for review. It included the history of the process and the reasons supporting a later high school start time. NFHS has the earliest current start time at 7:15 a.m. Six key considerations for starting high school later that were reviewed include Transportation & Budget, Traffic Flow, Athletics and Instruction Time, Town Programs, Bargaining Unit Implications and Implementation Timeline. Next steps were also discussed. The Student Transportation Program as prepared by Transportation Advisory Service (TA) was also reviewed. A two-tier transportation system is being considered.

V. OTHER – none

Motion to adjourn: Made by: Kathy Baker
Recording of vote: All in favor

Seconded by: Kim LaTourette
Meeting adjourned at: 6:34 p.m.



HIGH SCHOOL START TIME SURVEY - PARENTS

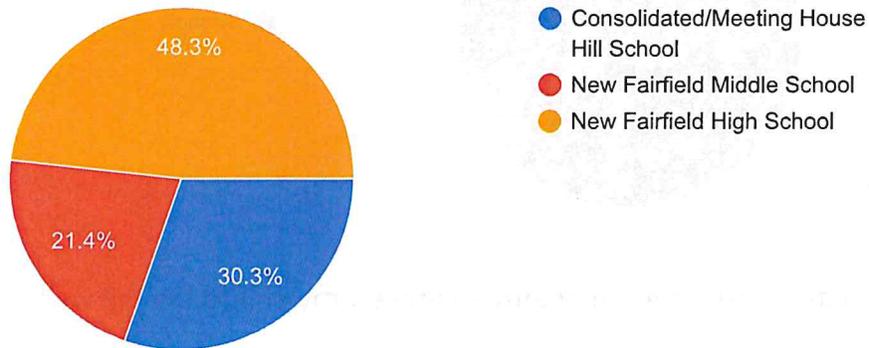
644 responses

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Which school does your child attend? (If you have more than one child in our schools, please complete this survey for your oldest child.)

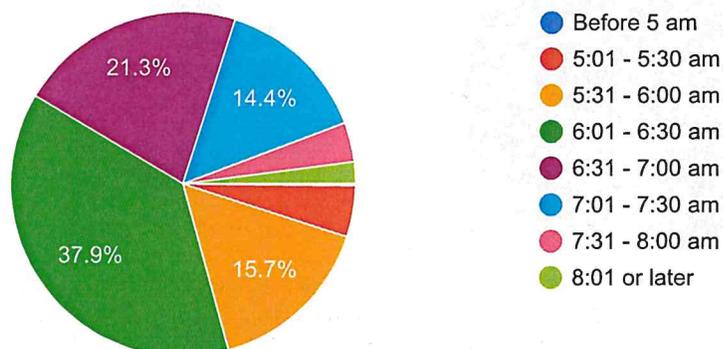
644 responses



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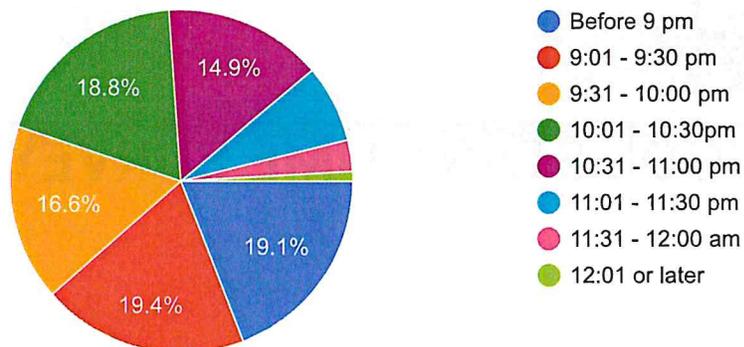
About what time does your child usually get out of bed on a school day?

644 responses



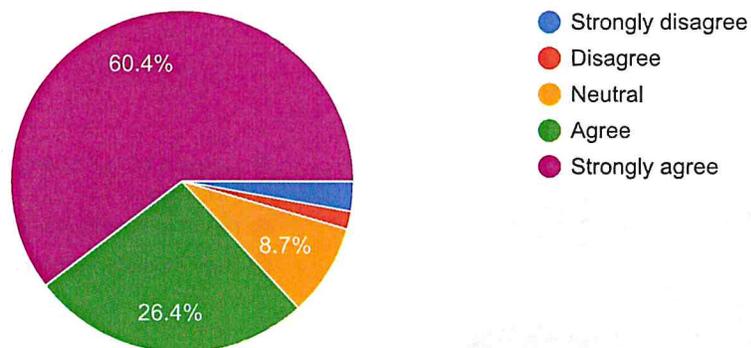
About what time does your child usually fall asleep on a school night?

644 responses



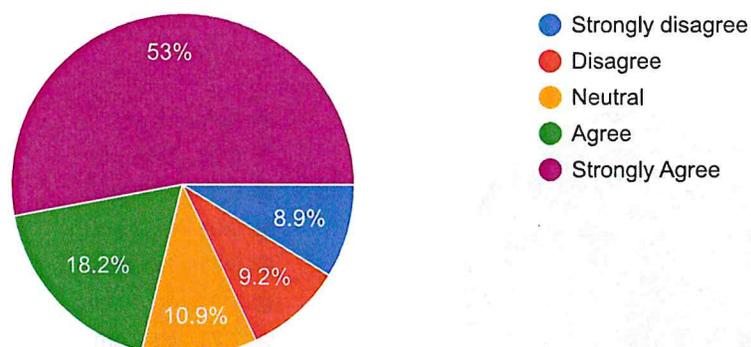
It is important for students to get more sleep.

644 responses



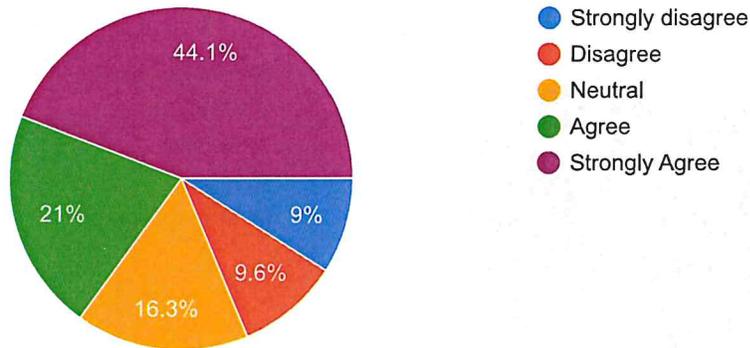
I believe a later start time will positively impact my child's overall well-being.

644 responses



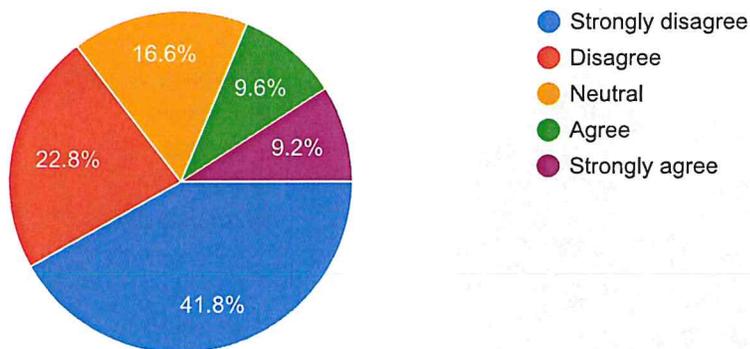
A later start time is likely to improve my child's academic performance.

644 responses



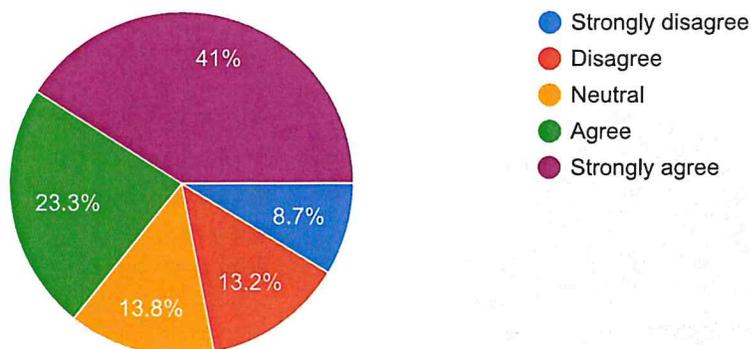
The proposed adjustment may negatively affect my family's daily routines.

644 responses



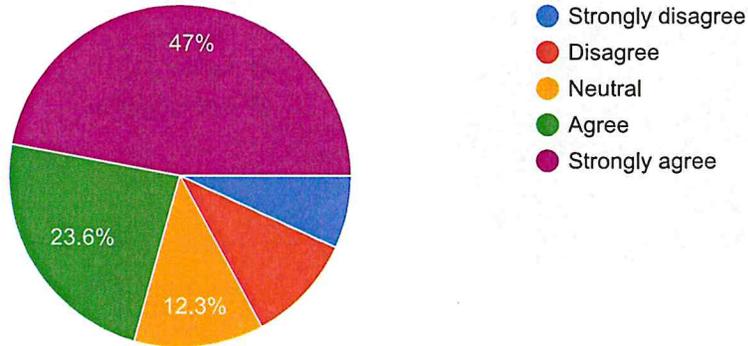
I think a later start time may reduce student tardiness and absenteeism.

644 responses



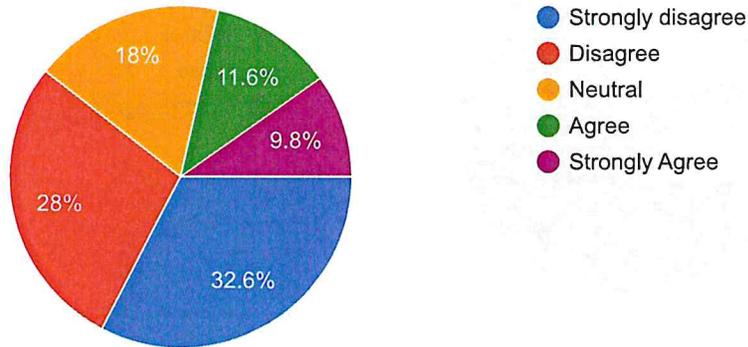
A later start time will likely contribute to better mental and physical health for my child.

644 responses



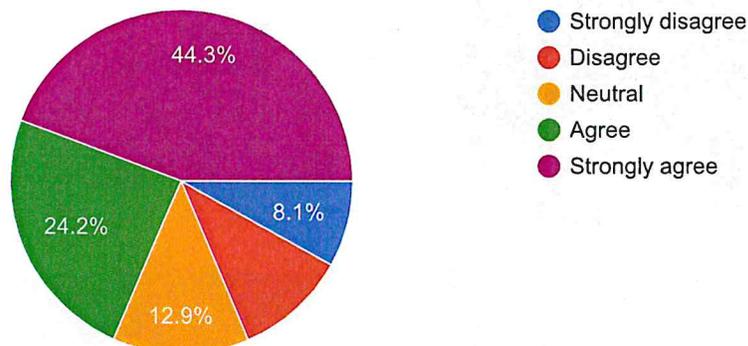
I am concerned that the adjustment could negatively affect my child's extracurricular activities.

644 responses



The adjustment to a later start time may positively impact my child's overall high school experience.

644 responses





HEALTHIER HIGH SCHOOL START TIME SURVEY- STAFF

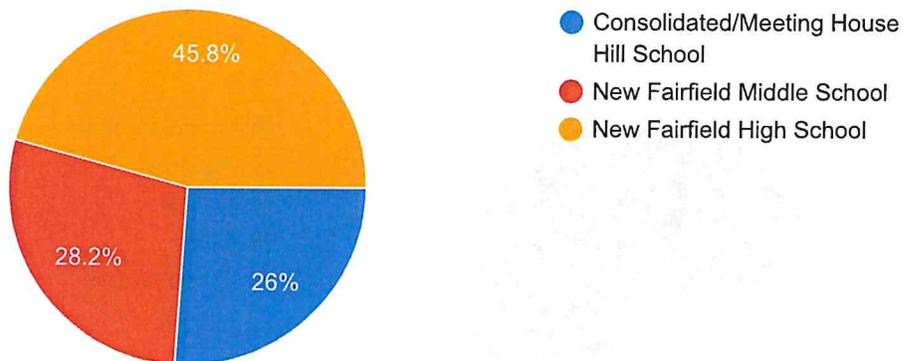
177 responses

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Where are you primarily located?

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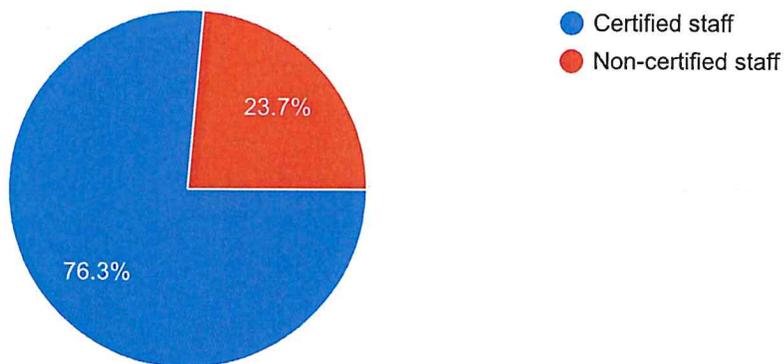
177 responses



Are you a certified staff member or a non-certified staff member?

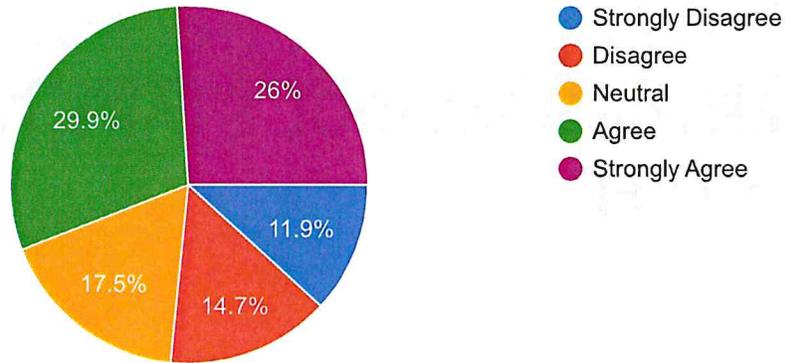
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177 responses



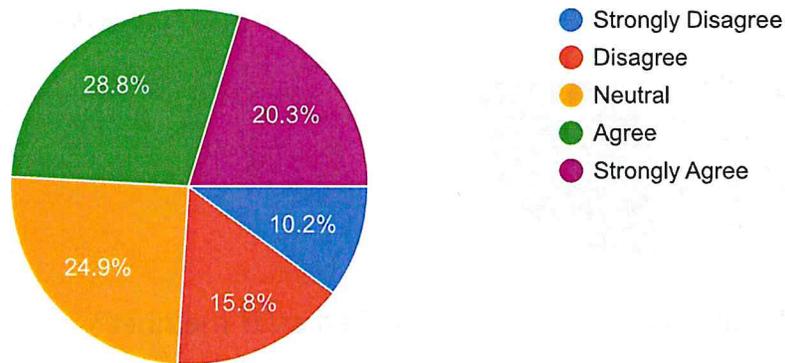
I believe a later start time will have a positive impact on the overall well-being of students and staff.

177 responses



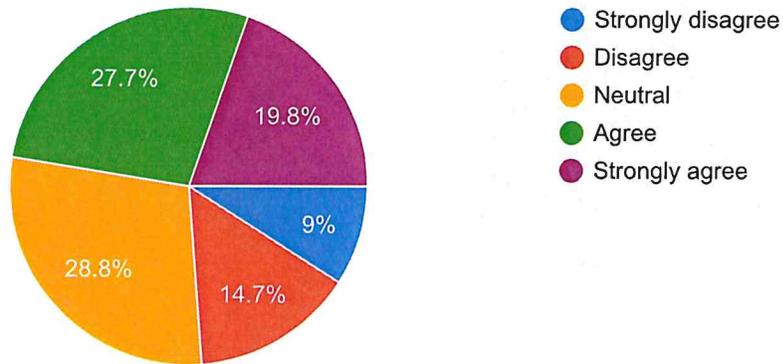
A later start time is likely to improve student engagement in the classroom.

177 responses



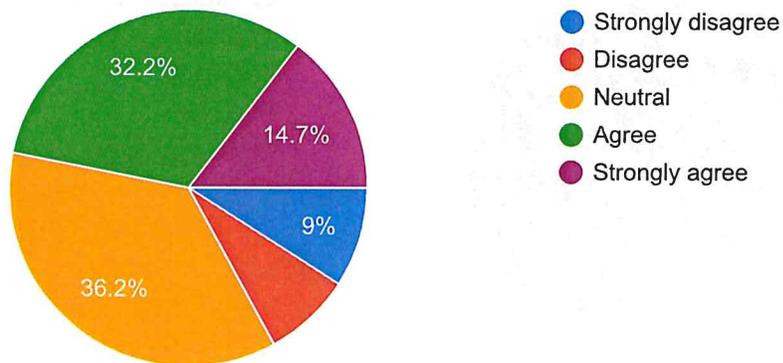
I anticipate that a later start time will lead to better academic performance among students.

177 responses



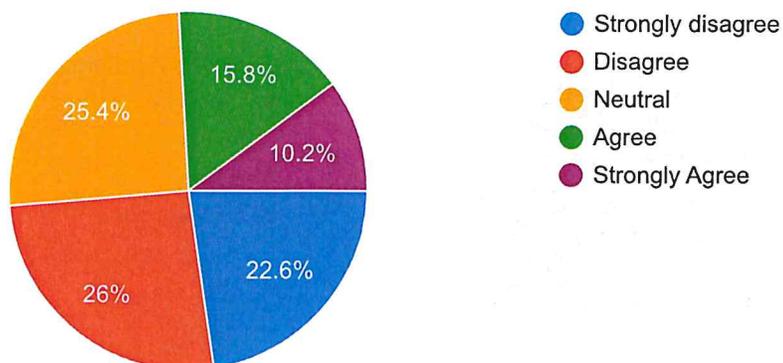
The proposed adjustment may positively affect student-teacher relationships.

177 responses



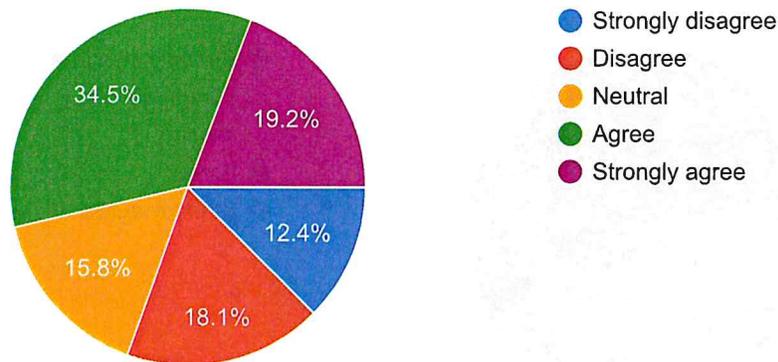
I am concerned that the adjustment could cause disruptions to my personal schedule.

177 responses



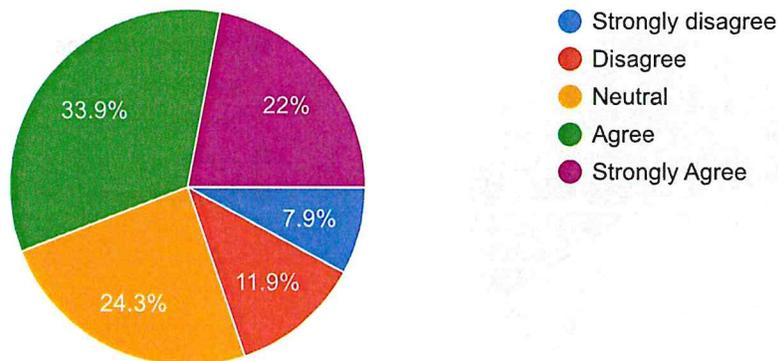
I think a later start time may reduce student tardiness and absenteeism.

177 responses



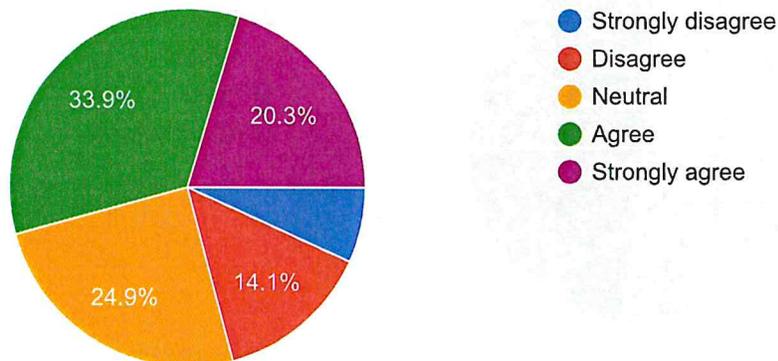
Students are the most tired during their first class:

177 responses



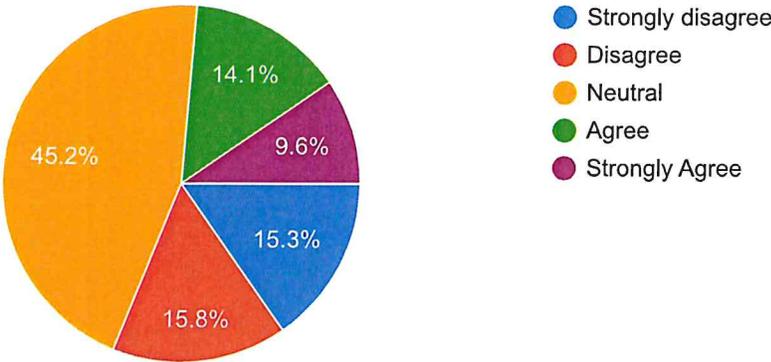
A later start time will likely contribute to better mental and physical health for students.

177 responses



The adjustment to a later start time may positively impact my own job satisfaction.

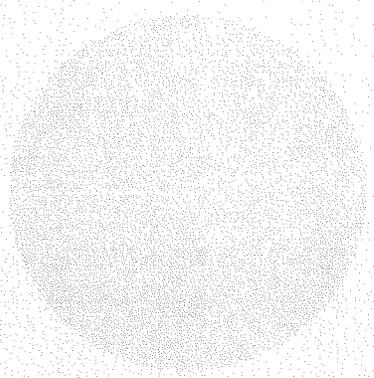
177 responses



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HIGH SCHOOL START TIME SURVEY - STUDENTS

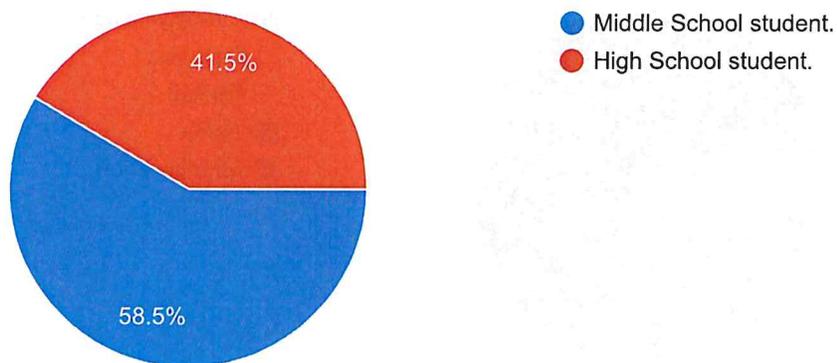
714 responses

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I am a New Fairfield

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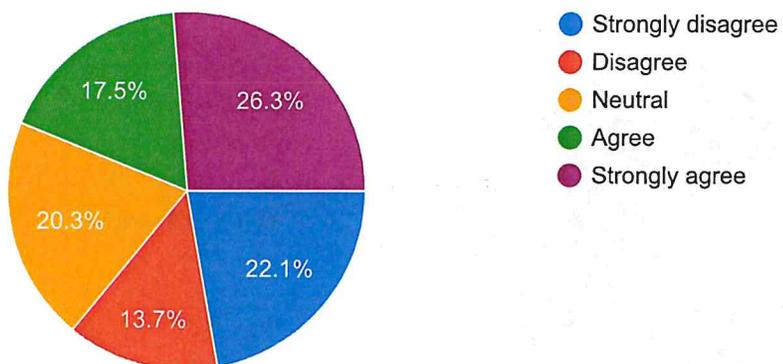
714 responses



I believe a later start time will positively impact my overall well-being.

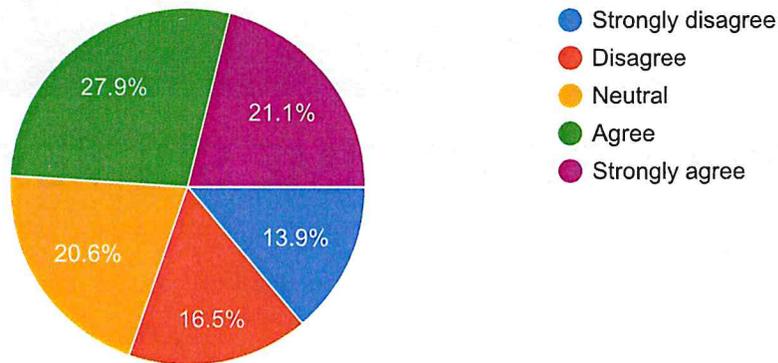
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714 responses



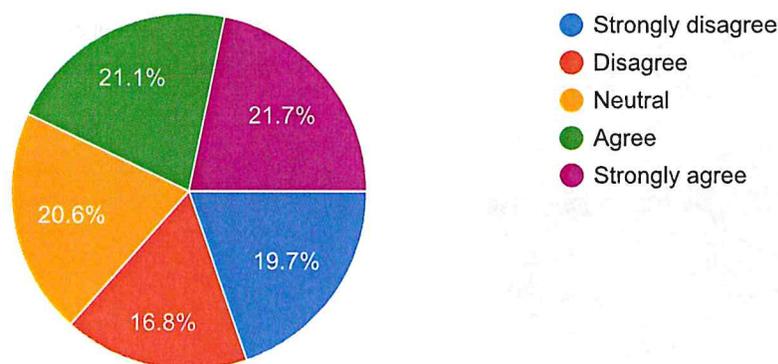
I am the most tired during my first period class.

714 responses



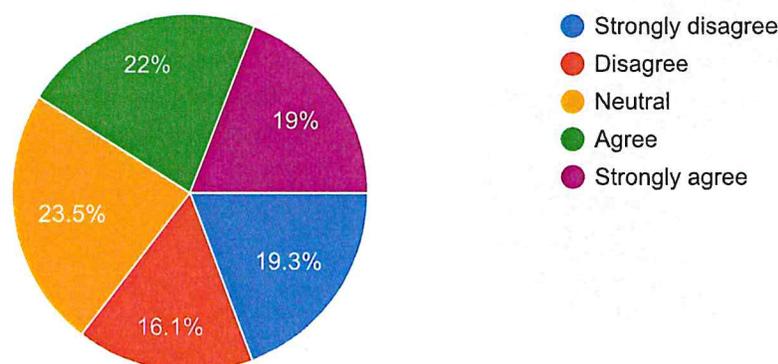
A later start time is likely to improve my ability to concentrate and engage in class.

714 responses



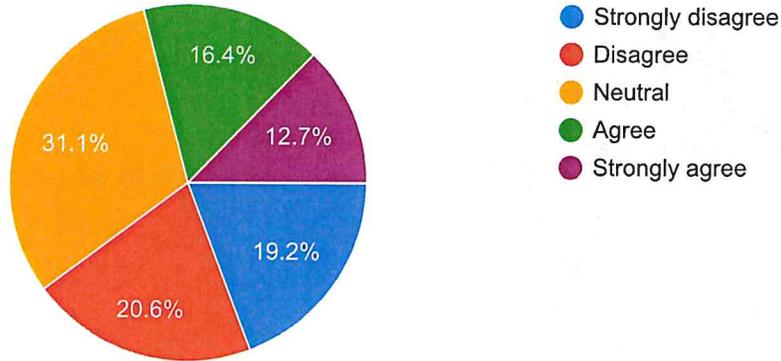
I anticipate that a later start time will lead to better academic performance.

714 responses



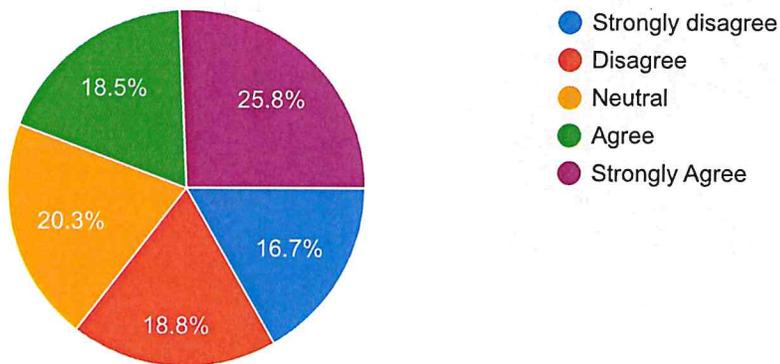
The proposed adjustment may positively affect my relationships with teachers and peers.

714 responses



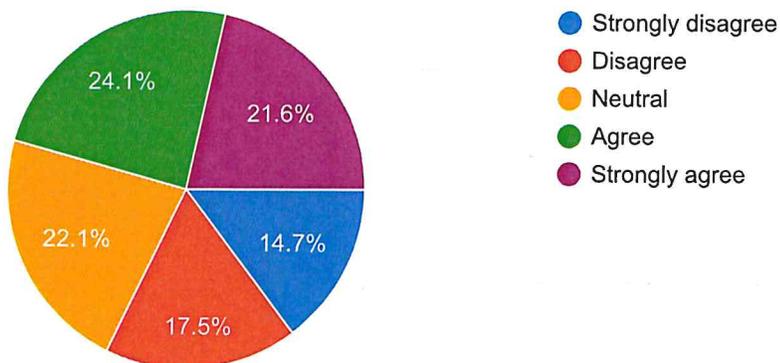
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714 responses



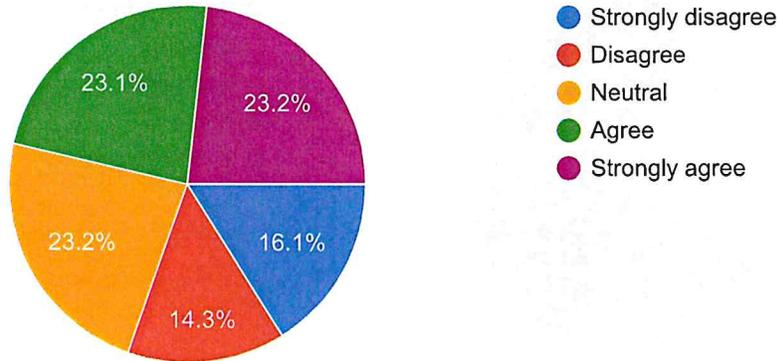
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714 responses



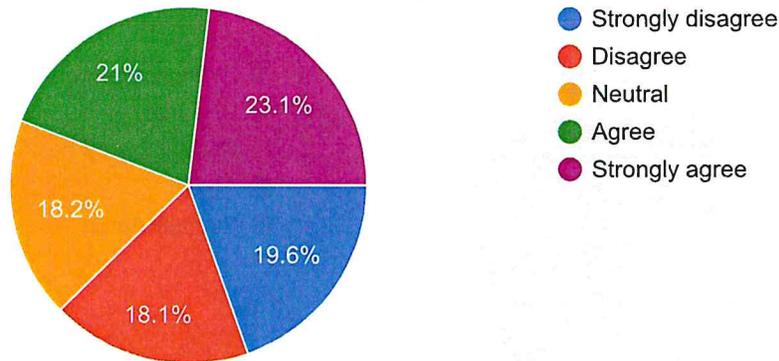
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714 responses



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714 responses



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