Regular School Board Meeting

Monday, November 2, 2026 6:30 PM
LS-H MS/HS Media Center, 901 Ferry St., Le Sueur, MN 56058

1.	**CALL TO ORDER**	
2.	**PLEDGE OF ALLEGIANCE**	
3.	**MISSION AND VISION STATEMENTS**	
4.	**STRATEGIC PLAN REVIEW**	
5.	**APPROVAL OF AGENDA**	
6.	**OPEN FORUM**	
7.	**LE SUEUR-HENDERSON SCHOOL DISTRICT RECOGNIZES**	
7.1.	Donations & Grants Received	
7.2.	Students of the Month	
8.	**REPORTS**	
8.1.	Committee Reports	
8.1.1.	Finance	**Presenter:** Director Matt Hathaway
8.1.2.	Negotiations	**Presenter:** Director Brigid Tuck
8.1.3.	SW Metro	**Presenter:** Director Christa Luna
8.1.4.	Human Resource	**Presenter:** Director Kelsey Schwartz
8.1.5.	Policy	**Presenter:** Director Gretchen Rehm
8.1.6.	Community Ed Council	**Presenter:** Director Jenny Burns
8.2.	Student Report	
8.3.	Superintendent Report	
8.3.1.	Community Ed. Update	
8.3.2.	M/HS Update	
8.3.3.	Elementary Update	
8.3.4.	H.A.V.E. (Humanities Are Vital to Education)	
9.	**CONSENT AGENDA**	
9.1.	Approval of District Office Consent Items	
9.1.1.	Minutes of October Meetings	

9.2. Approval of Business Office Consent Items

9.2.1. General Fund Expenditures & Payments

9.3. Approval of Personnel Consent Items

9.3.1. Personnel Changes

10. **OLD BUSINESS**

10.1. Approve final of three readings to approve Policy 509B

11. **NEW BUSINESS**

11.1. Approve 2 year contract with Superintendent, Darren Kern

11.2. Approve FY27 Student Activities Handbook

11.3. Approve selling the Welding Class, student-built trailer

12. **BOARD MEMBER COMMUNICATIONS / IDEAS EXCHANGE**

13. **NEXT MEETING INFORMATION**

13.1. Schedule of Upcoming Meetings

13.2. Discuss Special Meeting Date

14. **ADJOURN**

Le Sueur-Henderson Public Schools

Strategic Plan | 2024-2028

BELIEF STATEMENTS

The Le Sueur-Henderson Public Schools believe:

- That collaboration between the home, the school, and the community has a positive impact on student success;
- That everyone deserves a safe and respectful school environment;
- That all students deserve the opportunity to learn and succeed;
- That diversity enriches the individual, school, and community;
- That educational excellence requires effective leadership, high expectations, teamwork, up-to-date facilities, and the responsible utilization of resources;
- In educating the whole child — academically, socially, physically, and emotionally;
- In continuous improvement and a growth mindset; and
- In an individualized, rigorous, and relevant academic experience.

MISSION STATEMENT

The mission of the Le Sueur-Henderson Public Schools is to:

- Provide a shared commitment to learning that enables every student to contribute and succeed in life.

VISION STATEMENT

- Le Sueur-Henderson Public Schools — where individual dreams and aspirations are born and fostered through student-centered learning.

BRANDING STATEMENT

- Small Towns ... Giant Opportunities ... District of Choice.

FOCUS AREA	GOALS	OBJECTIVES
STUDENT ACHIEVEMENT	1. Le Sueur-Henderson Public Schools will achieve the goals of the World's Best Workforce for all students in the school district.	**1.1** Annually evaluate the success in: ▪ Kindergarten readiness ▪ Reading at grade level by third grade ▪ Closing the achievement gap ▪ Graduating students who are college and career ready ▪ Ensuring on-time graduation
	2. LeSueur-Henderson Public Schools will deliver high-quality education to all students in the district.	**2.1** By fall 2027, develop and implement a guaranteed and viable preK-12 curriculum. **2.2** Use the PLC process to identify essential student knowledge and skills. **2.3** By Fall 2027, evaluate, and by Fall 2028, recommend a general education intervention model for academic, social, and emotional needs. **2.4** By Fall 2027, outperform regional and comparable districts on state tests and college-readiness measures**.**
	3. Le Sueur-Henderson Public Schools will develop and implement a plan to embed 21st century skills into the district's curriculum.	**3.1** By Fall 2029, implement teaching practices that prepare students for college, career, and life. **3.2** Implement AVID strategies at the middle and high school levels. **3.3** Meet state-mandated graduation requirements.
STUDENT SUPPORT	4. LeSueur-Henderson Public Schools will provide the resources, systematic support, programs, and personnel that give all students equal opportunity for success.	**4.1** Continuously evaluate and implement systems to identify student needs and provide appropriate interventions. **4.2** Monitor and increase extracurricular participation. **4.3** Support students during key transition points, including postsecondary options. **4.4** By Fall 2029, provide varied academic pathways for personalized learning plans. **4.5** Use tools to identify student career strengths. **4.6** Offer electives exploring 21st-century career opportunities and align course registration guides to career pathways.
WORKFORCE	5. LeSueur-Henderson Public Schools will identify, recruit, develop, and retain quality employees for all positions in the school district.	**5.1** Ensure competitive salary schedules and review them by the end of the strategic plan. **5.2** By Fall 2025, establish a mentorship program for first and second-year teachers. **5.3** Annually support staff development aligned with the district's mission. **5.4** By Fall 2024, develop a marketing plan to increase the number of available paraprofessionals and teacher substitutes. **5.5** Between 2024-2028, create and implement a survey to measure employee engagement.
	6. Le Sueur-Henderson Public Schools will, in partnership with stakeholders and local government, advocate for quality-affordable housing, daycare, education, and employment opportunities for significant others.	**6.1** Schedule regular joint meetings with the school board and city councils. **6.2** Increase partnerships with local businesses and industries. **6.3** Develop more childcare facilities to address community needs.

FOCUS AREA	GOALS	OBJECTIVES
COMMUNICATION: COMMUNITY RELATIONS AND MARKETING	7. Using multiple platforms, the Le Sueur-Henderson Public Schools will effectively share the story of our programs and students with all members of our communities. 8. Increase Enrollment through Marketing and Communications.	**7.1** Develop and implement a marketing/branding plan to highlight the district's educational programs, achievements, and financial status. **7.2** Create annual community-building events for alumni, families, and the broader community. **7.3** Maintain a marketing committee to enhance district communication through platforms like TikTok and Instagram, and engage a marketing firm. **7.4** Establish and implement consistent intradistrict communication protocols. **7.5** Develop a marketing and branding plan with an updated brochure and explore hiring a communication specialist.
FACILITIES	9. Le Sueur-Henderson Public Schools will ensure that the district's facilities and grounds are designed and maintained to attract and retain students and staff in a safe, sustainable, and attractive environment. 10. Le Sueur-Henderson Public Schools will develop and implement a long-range facilities and infrastructure master plan in conjunction with Finance Committee to address the current and long-term educational needs of the district.	**9.1** By Fall 2024, establish an interior monitored entry point at the MS/HS. **9.2** Consult with the Director of Technology quarterly to address future technology needs. **9.3** By Fall 2024, update and annually review the district's crisis plan **10.1** Annually discuss curricular goals and potential capital investments. 1**0.2** Develop a maintenance plan using the Long-Term Facilities Maintenance (LTFM) budget. **10.3** Create a plan for newly purchased property. **10.4** Develop a comprehensive facilities plan with short-term and long-term goals.
FINANCE	11.Le Sueur-Henderson Public Schools will grow and preserve the district's financial standing while maintaining programs, services, and facilities efficiently.	**11.1** Generate and monitor 1-year, 3-year, and 5-year plans considering enrollment, funding, and expenditures. **11.2** Over the next five years, explore a potential bond referendum operating levy. **11.3** Provide monthly financial updates to the board. **11.4** Establish a long-term facilities maintenance (LTFM) budget. **11.5** Maintain a $1 million fund balance.

RESOLUTION TO ACCEPT GRANTS AND DONATIONS
TO THE LE SUEUR-HENDERSON SCHOOL DISTRICT

WHEREAS, the Le Sueur-Henderson School District Board encourages the support of the districts educational programs through the funding and support of grant opportunities and donations that meet the goals and objectives of the school district;

WHEREAS, the school district will control and maintain all grants and donations to ensure that the interests of all students are met;

WHEREAS, the grants and donations listed below have been reviewed and approved by the administration of the Le Sueur-Henderson School District;

THEREFORE, BE IT RESOLVED, by the School Board of Independent School District No. 2397, to accept the following grants and donations for the purposes intended:

- Le Sueur Food Shelf - $100.00 for Headphones
- Dollar General Literacy Foundation - $4000.00 for Youth Literacy Grant
- Henderson Lions Gaming
    - $500.00 for Band Equipment
    - $53.00 for Preschool Field Trip Transportation
    - $275.00 for Athletic Dept
- Central United Coop - $2000.00 for FFA
- Land O'Lakes Foundation - $2000.00 for FFA
- River Valley Girl Scouts - $155.00 for Musical
- Le Sueur Knights of Columbus - $1000.00 for Musical
- Edward Jones Charitable Gift Fund - $2000.00 for Blue & Gold Boosters
- PNC Institutional Asset Mgmt - $500.00 for Football Bus
- Treasures in Town - $500.00 for Unified Bowling
- Louise & Elizabeth Manke Foundation - $1000.00 for Theatre Lights
- United Methodist Church of Le Sueur - $1000.00 for Student Needs

Adopted this _____ day of _____, 20____.

Signed:

_____
School Board Chair, Brigid Tuck

Attest:

_____
School Board Clerk, Kelsey Schwartz

Le Sueur-Henderson Public Schools

September/October Students of the Month

Elementary		MS/HS	
Student Name	**Grade**	**Student Name**	**Grade**
Sam Smith Avery Pfarr	K	Dekker Fritz	6
Ester Galicia Nicolas Flores	1	Caleb Klehr	7
Cristian Balderas Dani Rice	2	Emmalee Flores	8
Morgan Workman Keiryn Raymundo Perez	3	Elena Thelemann	9
Erik Flores Vera McIntire	4	Riley Mader	10
Leah Koller Harvey Renstrom	5	Erin Kolter	11
		Ryleigh Sullivan	12

Community Education Update

Date: October 30, 2026

Early Childhood

We are now two months into the school year, and while it is still early to fully evaluate the changes to our preschool program, we feel that adding a second section of all-day, everyday preschool has been a positive step and is meeting the needs of our students and families.

Last year, we had one teacher providing one section of all-day, everyday preschool. With increased demand this year, we expanded to two sections, requiring two full-time preschool teachers.

While this expansion has been beneficial, it also created some staffing challenges. Adding a second full-time teacher meant we either needed to eliminate our half-day, three-year-old preschool program or hire an additional part-time preschool teacher. We felt it was important to continue offering the three-year-old program, so we moved forward with hiring a part-time teacher.

As is often the case, recruiting part-time teaching staff can be challenging. We successfully hired a teacher; however, that individual resigned just three weeks before the start of the school year. Rather than cancel the program, Catherine Goettl, our Early Childhood Coordinator, stepped in to fill the teaching position while continuing her coordinator responsibilities.

Now, two months into the school year, we are beginning to see the challenges of this arrangement. While Catherine has done a great job balancing both roles, her time and availability are stretched, particularly when other preschool teachers are absent and additional classroom support is needed.

Although it is too early to make a complete assessment, we are pleased with the expansion of our all-day every day preschool offerings. At the same time, we recognize that our current staffing arrangement places additional demands on our Early Childhood Coordinator. As we move through the school year, we will continue evaluating how to best support both our preschool classrooms and the overall early childhood program.

Kids Club

Kids Club was available for all-day care over MEA break, October 15 and 16. We had 20 kids that enrolled on these days. We also will be open on October 30th, which is a non-school day.

General Community Education

Last week, we held our annual “Fall Harvest Extravaganza”. The event took place on Thursday, October 22, at the LSH High School Commons and featured carnival games, arts and crafts, prizes, and a hot dog meal—all for just $5. This was one of best attended events and we had over 200 people in attendance.

On October 22 and 23, Nate Warden attended the Minnesota Community Education Association Fall Conference. The event was held in Rochester this year.

On October 29th, Community Education participated in the Le Sueur “Trick or Treat on Main”. The popular event continues to grow and an estimated 550 kids came through for all the treats.

We are working on the Winter/Spring Catalog right now. Some of the offerings include: Open gyms at both Hilltop and LSH Elementary, Wild Rice Soup and Bread bowl, How to use your MacBook laptop, Paint like Bob Ross, Crafting Kids, and our tried-and-true events such as the Senior Dinner, Daddy-Daughter Dance, are being finalized.

Adult Education

With construction occurring next door to the Ziebarth Learning Center, a fiber line was cut, causing the building's internet service to go down. This has temporarily halted our ability to provide GED testing to students. Metronet needs to run new fiber to the building, with has yet to be completed. In the meantime, our IT department has provided a hotspot so our classes can continue.

We posted, interview, and hired a new part-time ABE teacher. Her name is Kim Olson, and she’ll start with us the 2nd week in November.

Le Sueur-Henderson Middle/High School
Independent School District 2397

School Board Report
November 2, 2026

1. Grant Awards & Facility Enhancements

Compeer Giving Grant Awarded: The Next A.C.R.E.

The MS/HS has been awarded up to $7,500 through the Compeer Giving program to fund critical facility updates and hands-on learning infrastructure.

- **Facility Enhancements:** Funds will directly support the setup of a new greenhouse facility, including a durable gravel pad foundation and full climate-control systems (ventilation, heating, and cooling fans).
- The facility will serve as a shared learning space for Agriculture and Family and Consumer Science classes. This new space has the ability to support year round programming and will be used throughout the entire school year. Students in a variety of classes will learn about growth, cultivation, and care for plants as well as processing food products. Hands-on opportunities to cultivate flowers, fruits, and vegetables provide students the chance to learn about careers related to agriculture, food, and nutrition.
- **Recognition:** Special thanks to Compeer Financial and the Compeer Giving Board of Trustees for supporting these valuable learning opportunities for our students.

2. Instructional Highlights & Student Engagement

- **AI Assembly (Grades 6–12):** Presented by Gruvy Education on Thursday, October 22. Students were highly engaged and gained practical, responsible strategies on how to use AI appropriately in their academic careers.
- **Giant Support Attendance:** 30% of the student body was requested for Giant Support, and 64% of those requested students attended. These percentages remain consistent with historical trends from the past four years.
- **AVID Peer Mentoring:** AVID students have begun mentoring younger peers to foster a positive school culture and assist those needing extra support. Students are thoroughly enjoying their dedicated time together.

3. Safety & Safety Planning Updates

- **District Reunification Exercise:** Conducted on Wednesday, October 14. The exercise was very successful, and staff feedback was extremely positive regarding safety procedures and organization.

4. Upcoming Events & Key Dates

Date	Event / Activity	Details & Location
Thursday, Nov 5, 2026	MS/HS Parent-Teacher Conferences	3:30 PM – 7:30 PM at the MS/HS
Wednesday, Nov 11, 2026	Veterans Day Program	8:15 AM in the High School Gym

Thank you for your leadership and ongoing commitment to the students and staff at Le Sueur-Henderson Middle/High School. Please feel free to reach out if you have any questions regarding this report.

Respectfully submitted,

Cindy Schmidt
Le Sueur-Henderson Middle/High School

Le Sueur-Henderson Public Schools
Independent School District 2397
100 Kingsway Drive
Le Sueur, MN 56058
Phone: (507) 665-4700 www.isd2397.org

Le Sueur-Henderson Elementary School Board Update – November 2026

October was another busy and exciting month at LSH Elementary! We continue to make great progress with our instructional goals while building a positive school culture and providing meaningful experiences for our students.

Teaching & Learning

Teachers continue to grow in their implementation of Arts & Letters, Magnetic Reading Foundations, and Functional Morphology. We recently participated in Guided Observations with Great Minds, providing teachers opportunities to reflect on instruction and identify next steps. Our Literacy Team is also gathering teacher feedback to determine where additional support and professional development are needed. Walk to Read is underway, allowing us to provide more targeted literacy instruction based on student needs.

BE GIANT!

Our BE GIANT! expectations continue to be a focus throughout the building. We held our first all-school meeting, which was a fun and heartwarming opportunity to celebrate our students, recognize our GIANTS of the Month, and build school pride.

Building Community

October was filled with opportunities to celebrate kindness and school spirit! Our PTO-sponsored Kind-A-Thon was a huge success, raising over $14, 000 and spreading over 2,700 acts of kindness. Students enjoyed music during lunch, kindness challenges, and a special surprise from Mrs. Maier in inflatable costumes! We also celebrated Unity Day, participated in Pink Out activities, and continued recognizing students through our book vending machine, generously supported by the Le Sueur Rotary.

School Safety & Student Support

Staff participated in a Standard Reunification Exercise during our early-release day to practice our emergency response procedures.

Looking Ahead

We are preparing for parent-teacher conferences on November 5 and 10, with a goal of 100% family participation. Our continued priorities include strong Tier 1 instruction, literacy curriculum implementation, student growth, and maintaining a positive learning environment.

I am proud of the hard work our staff and students continue to put in each day.

Respectfully,
Katie Maier
Interim Elementary Principal

H.A.V.E. Approved Projects for the 2026-27 School Year

(includes transportation costs)

Elementary/ECFE

Writer-In-Residence, Grade 3, LSH Elementary……..$3,000
Children's Theater, Grade 3, LSH & St.Anne's……..…….$1,453
Storyteller, Nancy Busse, K-5, LSH……$2,500
Art Field Trips, Grades 3 & 4, LSH……..……..$1,494
Touch a Truck/Jolly Pops Band/Children ages 0-8& parents…….……$900
The Maroons, Grades K-5, St. Anne's (potential LSH & MS).....$1,410
Stages Theater, Grade 2, LSH……...……....$700
MN Youth Reading Association, Grades 3 & 4, LSH……..….$645
Writer-In-Residence, Grades K-5, St. Anne's…….$1,500
Children's Theater, Unified Class/Club……..$556

MS/HS

Ordway Theater - Musical, Grade 6…….$1,200
Guthrie Theater, Grades 11 & 12…….$1,250
Poet-In-Residence, Grade 7…….....$3,200
Fall Musical at LS/H, Grades 6-12……..……$3,800
Guthrie Theater-A Christmas Carol, Gr 7……..…….$1,500

Total …….$25,108

End of Year

H.A.V.E. Inc.
Financial Statement
2025-2026 School Year

Receipts:

Total Receipts:			**$ 10,800.00**
Disbursements:			
Administration	$	259.60	
Artist Fees/Admissions	$	18,879.62	
Total Disbursements:			**$ 19,139.22**
Beginning Checking Balance:			**$ 50,531.39**
Current Checking Balance:			**$ 42,192.17**

June Curme Fund

Beginning Balance

Current Balance About $12K

Requests with costs 2026-27

#	Project	Sponsor	Group Benefit	Dates	Cost	Misc	Busing	Totals	
1	Writer-In-Residence	Gupton	Grade 3 - LSE, 76	Fall 26 or Jan 27	$2,500	$50-$500	NA	$3,000	PTO Pd 2025-26
2	Children's Theater	Gupton	Gr 3 - Park & St. Anne approx	December 2026	$853		$600	$1,453	
3	Storyteller, Nancy Busse	Ranft	K-5 - approx 400	8 days total	$2,500		NA	$2,500	
4	Art Field trips	Malphurs	Grades Grs 3 & 4	TBD	$245		$1,249	$1,494	
5	Touch a Truck/Jolly Pops	Goettl	Children ages 0-8 & parents	May 2027	$900		NA	$900	
6	The Maroons	Lewis	St. Annes K-5 approx 100+	Jan/Feb 2027	$1,260	$150	NA	$1,410	
7	Stages Theater	Teachout	Grade 2 - LSE	04/28/2027	$576	$90	$400	$1,066	
8	MN Youth Reading Association	Ranft	Grades K-5	Jan-April 2026	$630	$15	NA	$645	
9	~~Storytelling Through Painting~~	Malphurs	Grades 3 & 4	TBD	~~$840~~		NA	**Sold Out**	
10	Writer-In-Residence	Adams	St. Annes K-5 approx 100+	TBD	$1,500		NA	$1,500	
11	Children's Theater	Mans	Unified Class & Club	Fall 2026	$225		$331	$556	
							Elem. Total with Busing	$14,524	
MS/HS							Elem. Total NO Busing	11,944	
						Busing	2580		
12	Ordway Theater - Musical	Baston	Gr 6 - approx 72	Winter or Sprin	$1,200		Theater reimburses the school up to $400/bus. District pays & theater reimburses them.	$1,200	
or 12	Ordway Theater - Play	Baston	Gr 6 - approx 72	Winter or Sprin	~~$400~~		same as above		
13	Guthrie Theater - Macbeth	Wendlandt	11 & 12 Enlish	March 2027	$1,250		$350	$1,600	
14	Poet in Residence	Wendlandt	Grade 7	May 2027	$3,200		NA	$3,200	
15	MS/HS Drama Dept	Weick	Gr 6 - 12	Fall 2026	$3,800		NA	$3,800	
							MS/HS Total with busing	$9,800	
	June Curme funds						MS/HS Total NO busing	$9,450	
						Busing	$350		
16	A Christmas Carol	Wendlandt	Gr 7 - approx 80	$1,280		$1,280	$320	$1,600	
							Grand Total W/Bus	25,105	

BOARD OF EDUCATION
INDEPENDENT SCHOOL DISTRICT 2397
LE SUEUR-HENDERSON PUBLIC SCHOOLS
MINUTES OF SPECIAL SCHOOL BOARD MEETING
M/HS MEDIA CENTER
OCTOBER 26, 2026

Item 1.0 **Call to Order:** The special meeting of the Le Sueur-Henderson Board of Education was called to order at 7:14 PM. Board members in attendance were Jenny Burns, Christa Luna, Kelsey Schwartz, Brigid Tuck, Matt Hathaway, Gretchen Rehm, Brooke Wentzlaff.

Members Absent:

Also in attendance: Superintendent, Darren Kern; Administrative Assistant, Rachel Scheffler.

Item 2.0 **Pledge of Allegiance:** pledge recited

Item 3.0 **Approval of Agenda:** Motion by Rehm, second by Luna, carried 7-0, to approve the meeting agenda.

Item 4.0 **New Business**

Item 4.1 Motion by Luna, second by Rehm, carried 7-0, to approve virtual speech services contract with EASE Therapy.

Item 5.0 **Closed Session:**

Item 5.1 Motion by Schwartz, second by Luna, carried 7-0, to enter into closed session to discuss Superintendent's contract at 7:16 PM.

Item 6.0 **Open Session:** Motion by Burns , second by Luna, carried 7-0, to open meeting at 7:45 PM.

Item 7.0 **Adjourn:** Motion by Wentzlaff, second by Rehm, carried 7-0, to adjourn the meeting at 7:45 PM.

_____
Board Clerk

_____
Board Chair
Approved on: November 2, 2026

BOARD OF EDUCATION
INDEPENDENT SCHOOL DISTRICT 2397
LE SUEUR-HENDERSON PUBLIC SCHOOLS
MINUTES OF SPECIAL SCHOOL BOARD MEETING
DISTRICT OFFICE/VIRTUAL
October 19, 2026

Item 1.0 **Call to Order:** The special meeting of the Le Sueur-Henderson Board of Education was called to order at 12:01 PM. Board members in attendance were Brooke Wentzlaff, Matt Hathaway, Jenny Burns, Christa Luna (virtual).

Members Absent: Brigid Tuck, Kelsey Schwartz, Gretchen Rehm

Also in attendance: Superintendent Darren Kern, Administrative Assistant, Rachel Scheffler; Activities Director, Paul Theorin.

Item 2.0 **Pledge of Allegiance:** Pledge recited

Item 3.0 **New Business**

Item 3.1 Motion by Burns, second by Luna, carried 4-0, to approve adding Cleveland School district to gymnastics coop by roll call vote:

Wentzlaff: yes Burns: yes
Hathaway: yes Luna: yes

Item 4.0 **Adjourn:** Motion by Burns, second by Hathaway, carried 4-0, to adjourn the meeting by roll call vote at 12:10 PM.

Wentzlaff: yes Burns: yes
Hathaway: yes Luna: yes

_____
Board Clerk

_____
Board Chair
Approved on: 11/2/2026

INDEPENDENT SCHOOL DISTRICT 2397
LE SUEUR-HENDERSON PUBLIC SCHOOLS
MINUTES OF REGULAR BOARD MEETING
MS/HS MEDIA CENTER
October 5, 2026

Item 1.0 **Call to Order:** The regular meeting of the Le Sueur-Henderson Board of Education was called to order at 6:30 PM. Board members in attendance, Brigid Tuck, Christa Luna, Jenny Burns, Kelsey Schwartz, Matt Hathaway, Gretchen Rehm, Brooke Wentzlaff.

Members Absent:

Also in attendance: Superintendent, Darren Kern; Admin. Assist., Rachel Scheffler; Henderson Independent, Beth Cornish; Ehlers Reps; Student Representatives, Gracie Fredrickson and Rigo Mendez.

Item 2.0 **Pledge of Allegiance:** pledge recited

Item 3.0 **Mission and Vision Statements:**

Item 4.0 **Strategic Plan Review:**

Item 5.0 **Approval of Agenda:**

Item 5.1 Motion by Burns, second by Wentzlaff, carried, 7-0 to approve the meeting agenda.

Item 6.0 **Open Forum:**

Item 7.0 **Le Sueur – Henderson School District Recognizes:**

Item 7.1 Resolution was presented to accept grants and donations to the Le Sueur-Henderson Public School District. Said Resolution is attached hereto and made a part of these minutes. Motion made by Board Member Schwartz and upon being seconded by Board Member Burns, said resolution was duly adopted by the following roll call vote, carried 7-0.

Hathaway: yes	Tuck: yes
Schwartz: yes	Luna: yes
Rehm: yes	Wentzlaff: yes
Burns: yes	

Item 8.0 **Reports:**

Item 8.1 Committee Reports

Item 8.1.1 Finance

Item 8.1.2 Negotiations

Item 8.1.3 SW Metro
Item 8.1.4 Human Resources
Item 8.1.5 Policy
Item 8.1.7 Community Ed Council
Item 8.2 Student Report
Item 8.3 Superintendent Report
8.3.1 CE Report
8.3.2 M/HS Report
8.3.3 Elementary Report
8.3.4 Ehlers Presentation

Item 9.0 **Consent Agenda:** Motion by Rehm, second by Wentzlaff, carried, 7-0 to approve the following consent items:

Item 9.1 District Office Consent Items:

Item 9.1.1 Minutes of September 2026 School Board Meetings

Item 9.2 Personnel Consent Items:

Item 9.2.1 Hirings, Resignations, Requests, Retirements (document attached)

Item 10.0 **Old Business:**

Item 10.1 Motion by Luna, second by Burns, carried, 7-0 to approve final of three readings to approve Policy 625.

Item 10.2 Motion by Luna, second by Tuck, carried, 7-0 to approve second of three readings to approve Policy 509B.

Item 11.0 **New Business:**

Item 11.1. Motion by Tuck, second by Rehm, carried, 7-0 to accept resolution ratifying the issuance and sale of general obligation capital and refunding notes, series 2026A. Said resolution was duly adopted by the following roll call vote, carried 7-0.

Hathaway: yes	Tuck: yes
Schwartz: yes	Luna: yes
Rehm: yes	Wentzlaff: yes
Burns: yes	

Item 11.2 Motion by Luna, second by Hathaway, carried, 7-0 to approve interagency agreement with MSU Mankato for School Psychologists.

Item 11.3 Motion by Schwartz, second by Rehm, carried, 5-2 to approve entering into negotiations with Mr. Kern for a two year contract as superintendent starting July 2027.

Item 11.4 Motion by Tuck, second by Rehm, carried, 7-0 to approve elementary SpEd staff allocation.

Item 12.0 **Board Member Communication/ Ideas Exchange**

Item 13.0 **Next Meeting Information**

Item 14.0 **Adjourn:** Motion by Hathaway, second by Rehm, carried, 7-0 to adjourn the meeting at 7:43 PM.

_____
Board Clerk

_____
Board Chair
Approved on: November 2, 2026

Personnel Changes Summary - 10.5.26

Staff Hires

Employee Name	Staff Replacing	Position	Location	Start Date	Salary
Quineta White	Antoinette Blythe	Playground Supervisor	Elementary	9/16/26	$16.16/hr
Bridget Campbell	Katie Rosenow	Custodian	Elementary	10/5/26	$18.58/hr
Joshua Gonzalez	Nick Meneguzzo	Night Custodian	M/HS	9/28/26	$17.49/hr
Melanie Vasay	Roberta Morsching	Food Service	M/HS	9/16/26	$16.00/hr
Lydis Kisor-Conlon	Madeline Kelly	Food Service	M/HS	9/21/26	$16.00/hr
Lindsay Reiter	filler	Food Service	M/HS	9/21/26	$16.00/hr

Coach Hires

Employee Name	Position
Brad Tietz	Basketball-8th girls

Staff Retirements/Resignations/Terminations

Employee Name	Position	Location	Last Date of Emp	Reason	Will the position be replaced?
Justin Kyryn	4th Grade Teacher	Elementary	9/18/26	resignation	yes
Mona Wacker	Paraprofessional	Elementary	12/31/26	retirement	yes
Katie Rosenow	Custodian	Elementary	9/15/26	resignation	yes
Nick Meneguzzo	Custodian	M/HS	9/25/26	resignation	yes
Elizabeth Prahl	JV Girls BB Coach	NA	NA	resignation	yes
Jessica Holm	Paraprofessional	Elementary	10/1/26	resignation	yes
Stephen Ibanez	Golf Coach	NA	NA	resignation	yes

Le Sueur-Henderson Public Schools - September 2026 General Fund Expenditures

School Board	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*	FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	540	9,248	8,708	5.84%	1,615	9,186	17.58%	180	1,615	(1,435)	-89%
Purchased Services/Travel/Conferences	60	2,500	2,440	2.41%	51	2,402	2.12%	-	17	(17)	-100%
Supplies & Materials	234	3,700	3,466	6.32%	10	3,654	0.27%	224	10	214	2140%
Capital Expenditures	-	-	-		-	-		-	-	-	
Dues, Membership, Other	8,656	10,500	1,844	82.44%	10,342	7,353	140.65%	-	-	-	
Total School Board	9,490	25,948	16,458	36.57%	12,018	22,595	53.19%	404	1,642	(1,238)	406.31%

Superintendent	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*	FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	60,879	254,489	193,610	23.92%	69,729	227,672	30.63%	20,293	23,243	(2,950)	-13%
Purchased Services/Travel/Conferences	1,097	3,200	2,103	34.28%	1,554	2,523	61.59%	53	1,024	(971)	-95%
Supplies & Materials	20	-	(20)		92	505	18.18%	-	-	-	
Capital Expenditures	-	-	-		-	-		-	-	-	
Dues, Membership, Other	2,951	3,500	549	84.31%	3,119	3,271	95.34%	-	-	-	
Total Superintendent	64,947	261,189	196,242	24.87%	74,494	233,971	31.84%	20,346	24,267	(3,921)	-16%

Principals	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*	FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	91,902	383,510	291,608	23.96%	106,393	361,458	29.43%	45,441	49,360	(3,919)	-8%
Purchased Services/Travel/Conferences	1,900	6,800	4,900	27.94%	715	9,279	7.71%	120	140	(20)	-14%
Supplies & Materials	-	-	-		1,807	-		-	1,267	(1,267)	-100%
Capital Expenditures	-	-	-		-	-		-	-	-	
Dues, Membership, Other	4,008	3,000	(1,008)	133.60%	3,451	3,440	100.32%	195	-	195	
Total Principals	97,810	393,310	295,500	24.87%	112,366	374,177	30.03%	45,756	50,767	(5,011)	-10%

Business Services	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*		FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	52,356	236,165	183,809	22.17%		48,584	176,523	27.52%	16,774	16,195	579	4%
Purchased Services/Travel/Conferences	34,940	76,980	42,040	45.39%		26,752	104,245	25.66%	9,135	8,003	1,132	14%
Supplies & Materials	8,836	3,000	(5,836)	294.53%	{a}	1,763	2,748	64.17%	-	331	(331)	-100%
Capital Expenditures	-	3,500	3,500	0.00%		-	3,739	0.00%	-	-	-	
Dues, Membership, Other	1,919	20,000	18,081	9.60%		4,373	20,771	21.05%	1,800	-	1,800	
Total Business Services	98,051	339,645	241,594	28.87%		81,472	308,026	26.45%	27,709	24,529	3,180	13%

Elementary & Secondary Regular Instruction	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*	FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	357,197	4,404,016	4,046,819	8.11%	369,630	4,271,512	8.65%	344,786	344,909	(124)	0%
Purchased Services/Travel/Conferences	984	120,048	119,064	0.82%	25,888	120,435	21.50%	829	25,813	(24,984)	-97%
Supplies & Materials	13,971	80,409	66,438	17.37%	38,714	112,701	34.35%	4,298	16,126	(11,828)	-73%
Capital Expenditures	-	-	-		1,327	9,500	13.97%	-	1,327	(1,327)	-100%
Dues, Membership, Other	5,560	6,874	1,314	80.88%	63	8,104	0.77%	100	63	37	60%
Total Elementary & Secondary Regular Instruction	377,712	4,611,347	4,233,635	8.19%	435,621	4,522,252	9.63%	350,012	388,237	(38,225)	-10%

Le Sueur-Henderson Public Schools - September 2026 General Fund Expenditures

Extra Curriculuars & Donation Accounts	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*		FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	62,692	397,255	334,563	15.78%		36,413	319,198	11.41%	44,386	18,730	25,657	137%
Purchased Services/Travel/Conferences	11,179	124,180	113,001	9.00%		15,353	96,042	15.99%	7,527	11,568	(4,040)	-35%
Supplies & Materials	39,180	43,500	4,320	90.07%		37,995	110,046	34.53%	6,209	28,356	(22,147)	-78%
Capital Expenditures	-	-	-			11,416	1,869	610.78%	-	-	-	
Dues, Membership, Other	3,650	8,504	4,854	42.92%		4,600	9,582	48.00%	3,650	2,100	1,550	74%
Total Extra Curriculuars & Donation Accounts	116,701	573,439	456,738	20.35%		105,777	536,737	19.71%	61,773	60,753	1,020	2%
Vocational Education Instruction	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	23,859	270,254	246,395	8.83%		22,024	181,363	12.14%	23,650	21,495	2,155	10%
Purchased Services/Travel/Conferences	-	450	450	0.00%		-	200	0.00%	-	-	-	
Supplies & Materials	11,395	32,500	21,105	35.06%		7,167	22,950	31.23%	10,843	7,167	3,677	51%
Capital Expenditures	7,553	9,000	1,447	83.92%		5,351	12,000	44.59%	-	1,265	(1,265)	-100%
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Vocational Education Instruction	42,807	312,204	269,397	13.71%		34,542	216,513	15.95%	34,493	29,927	4,566	15%
Special Education Instruction	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	159,994	1,687,081	1,527,087	9.48%		150,572	1,558,510	9.66%	139,000	132,202	6,799	5%
Purchased Services/Travel/Conferences	15,260	140,000	124,740	10.90%		27,625	504,654	5.47%	2	26,929	(26,927)	-100%
Supplies & Materials	122	24,000	23,878	0.51%		8,619	9,865	87.37%	122	1,875	(1,754)	-94%
Capital Expenditures	-	-	-			-	-		-	-	-	
Dues, Membership, Other	-	15,000	15,000	0.00%		-	13,000	0.00%	-	-	-	
Total Special Education Instruction	175,376	1,866,081	1,690,705	9.40%		186,816	2,086,029	8.96%	139,124	161,006	(21,882)	-14%
Technology	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	50,431	199,166	148,735	25.32%		46,807	209,536	22.34%	16,285	15,602	683	4%
Purchased Services/Travel/Conferences	20,654	27,847	7,193	74.17%		82,116	109,999	74.65%	3,513	4,456	(943)	-21%
Supplies & Materials	167,640	168,000	360	99.79%		19,118	94,336	20.27%	-	10,143	(10,143)	-100%
Capital Expenditures	88,711	149	(88,562)	59537.34%	{e}	137,873	45,798	301.04%	-	137,873	(137,873)	-100%
Dues, Membership, Other	-	-	-			-	677	0.00%	-	-	-	
Total Technology	327,435	395,162	67,727	82.86%		285,913	460,346	62.11%	19,798	168,074	(148,276)	-88%
Curriculum	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***				
Salaries & Benefits	6,035	39,418	33,383	15.31%		15,860	85,073	18.64%	221	2,928	(2,707)	-92%
Purchased Services/Travel/Conferences	-	600	600	0.00%		-	3,035	0.00%	-	-	-	
Supplies & Materials	290,575	140,000	(150,575)	207.55%	{d}	165,925	86,819	191.12%	18,017	86,510	(68,493)	-79%
Capital Expenditures	-	-	-			-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Curriculum	296,610	180,018	(116,592)	164.77%		181,785	174,927	103.92%	18,238	89,438	(71,200)	-80%

Le Sueur-Henderson Public Schools - September 2026 General Fund Expenditures

Library Media Center	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*		FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	12,104	132,787	120,683	9.12%		11,838	65,934	17.95%	12,104	11,594	510	4%
Purchased Services/Travel/Conferences	-	400	400	0.00%		-	400	0.00%	-	-	-	
Supplies & Materials	-	7,319	7,319	0.00%		645	11,212	5.75%	-	513	(513)	-100%
Capital Expenditures	-	-	-			-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Library Media Center	12,104	140,506	128,402	8.61%		12,484	77,546	16.10%	12,104	12,107	(3)	0%
Staff Development	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	3,516	124,495	120,979	2.82%		2,986	103,180	2.89%	1,112	449	663	147%
Purchased Services/Travel/Conferences	8,087	24,000	15,913	33.70%		2,354	21,294	11.05%	-	1,045	(1,045)	-100%
Supplies & Materials	-	-	-			2,683	180	1490.52%	-	-	-	
Capital Expenditures	-	-	-			-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Staff Development	11,603	148,495	136,892	7.81%		8,023	124,654	6.44%	1,112	1,494	(382)	-26%
Counseling, Guidance, & Pyschology Services	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	15,179	321,053	305,874	4.73%		19,434	260,857	7.45%	15,179	18,857	(3,679)	-20%
Purchased Services/Travel/Conferences	-	200	200	0.00%		-	200	0.00%	-	-	-	
Supplies & Materials	-	5,580	5,580	0.00%		78	6,080	1.28%	-	78	(78)	-100%
Capital Expenditures	-	-	-			-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Counseling, Guidance, & Pyschology Services	15,179	326,833	311,654	4.64%		19,512	267,137	7.30%	15,179	18,935	(3,757)	-20%
Health Services	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	19,552	191,553	172,001	10.21%		18,074	240,793	7.51%	19,196	18,074	1,122	6%
Purchased Services/Travel/Conferences	-	855	855	0.00%		-	855	0.00%	-	-	-	
Supplies & Materials	8,762	1,500	(7,262)	584.16%	{g}	1,025	935	109.66%	7,877	481	7,397	1539%
Capital Expenditures	-	-	-			-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Health Services	28,314	193,908	165,594	14.60%		19,099	242,583	7.87%	27,073	18,555	8,519	46%
Transportation	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Purchased Services/Travel/Conferences	6,957	(20,000)	(26,957)	-34.79%	{e}	53,679	994,324	5.40%	71	50,909	(50,837)	-100%
Supplies & Materials	15,771	170,000	154,229	9.28%		-	-		12,372	-	12,372	
Capital Expenditures	74,014	315,000	240,986	23.50%		-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Transportation	158,571	877,484	718,913	18.07%		53,679	994,324	5.40%	49,189	50,909	(1,720)	-3%

Le Sueur-Henderson Public Schools - September 2026 General Fund Expenditures

Buildings & Grounds	FY27 YTD	FY27 Budget	FY27 *Remaining*	*YTD vs Budget*		FY26 YTD	FY26 Budget	*YTD vs Budget*	September 202703	September 202603	September $ Δ	September % Δ
Salaries & Benefits	185,811	861,261	675,450	21.57%		190,082	697,732	27.24%	61,400	58,633	2,767	5%
Purchased Services/Travel/Conferences	126,431	553,800	427,369	22.83%		151,990	400,247	37.97%	47,456	56,539	(9,082)	-16%
Supplies & Materials	27,566	284,500	256,934	9.69%		24,129	257,028	9.39%	9,851	7,872	1,980	25%
Capital Expenditures	4,968	10,000	5,032	49.68%		4,298	36,919	11.64%	-	-	-	
Dues, Membership, Other	-	6,000	6,000	0.00%		150	5,375	2.79%	-	-	-	
Total Buildings & Grounds	344,775	1,715,561	1,370,786	20.10%		370,650	1,397,301	26.53%	118,707	123,043	(4,336)	-4%
Long-Term Facility Maintenance	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	17,321	-	(17,321)			15,829	-		6,044	5,475	569	10%
Purchased Services/Travel/Conferences	39,694	310,654	270,960	12.78%		68,627	237,775	28.86%	26,401	24,130	2,271	9%
Supplies & Materials	5,728	21,364	15,636	26.81%		16,101	23,765	67.75%	1,926	9,053	(7,128)	470.16%
Capital Expenditures	-	20,000	20,000	0.00%		-	-		-	-	-	
Dues, Membership, Other	-	-	-			-	-		-	-	-	
Total Long-Term Facility Maintenance	62,743	352,018	289,275	17.82%		100,556	261,540	38.45%	34,370	38,658	(4,288)	-11%
Property Insurance, Work Comp, & Other Misc.	**FY27 YTD**	**FY27 Budget**	**FY27 *Remaining***	***YTD vs Budget***		**FY26 YTD**	**FY26 Budget**	***YTD vs Budget***	**September 202703**	**September 202603**	**September $ Δ**	**September % Δ**
Salaries & Benefits	44,792	-	(44,792)		{b}	39,870	-		-	-	-	
Purchased Services/Travel/Conferences	128,672	129,100	428	99.67%	{c}	149,718	94,847	157.85%	-	-	-	
Supplies & Materials	-	-	-			-	-		-	-	-	
Capital Expenditures	-	-	-			-	-		-	-	-	
Total Property Insurance, Work Comp, & Other Misc.	173,464	129,100	(44,364)	134.36%		189,588	94,847	199.89%	-	-	-	
Total General Fund (Fd 01)	2,413,691	12,842,248	10,428,557	18.79%		2,284,395	12,395,505	18.43%	975,386	1,262,342	(287,975)	-23%

Notes:

{a} = Copy paper bulk purchase. To allocate during year.
{b} = Work Comp Policy. To be allocated at year end.
{c} = Property, Casualty, Liability Insurance annualy payment. To allocate at year end.
{d} = $205k reading curriculum purchase. This is for multiple years and will be reclassed as a prepaid expense (moved to balance sheet).
{e} = Negative budget reflects eventual allocation to Community Ed for PreK bussing services.
{f} = Aviglon Security Camera system payment #2 of 3. Will be moved to Fund 06 (Building Construction Fund).
{g} = LSH received a grant for the purchase of health & safety equipment/supplies. Budget will be increased with revised budget to reflect the grant.

Le Sueur-Henderson Schools

Check Register by Bank and Check

Check Number: 0-2147483647 Payment Date: 09/01/2026-09/30/2026 Period: 0-99999999

Batch	Bank	Pymt No	Check No	Pay Type	Grp	Code	Rcd	Vendor	Print	Recon	Void	Pmt/Void Date	Amount
P26APG	FFM	92483	793267	Check	1	08860		ISD 508 ST PETER	Yes	No	No	09/04/2026	25,102.30
P2703G	FFM	92471	793268	Check	1	6573	P1	AVIBEN LLC	Yes	No	No	09/04/2026	140.38
		92476	793269	Check	1	8372		BERNDT, ZACH	Yes	No	No	09/04/2026	45.00
		92478	793270	Check	1	9052		CAMFIL USA	Yes	No	No	09/04/2026	4,216.53
		92460	793271	Check	1	20680		CENTRAL UNITED COOPERATIVE	Yes	No	No	09/04/2026	671.80
		92461	793272	Check	1	25963		DAHN, RICHARD	Yes	No	No	09/04/2026	90.00
		92465	793273	Check	1	4488		ENGEL, STEPH	Yes	No	No	09/04/2026	260.00
		92475	793274	Check	1	8026		FRISCHMON, MIKE	Yes	No	No	09/04/2026	90.00
		92469	793275	Check	1	5034		GILLETTE PEPSI COMPANY	Yes	No	No	09/04/2026	1,384.00
		92479	793276	Check	1	9063		GRASSER, KRISTINA	Yes	No	No	09/04/2026	378.50
		92462	793277	Check	1	26788		GROTHE, ROBIN	Yes	No	No	09/04/2026	80.00
		92477	793278	Check	1	8525		HALQUIST, DAVID	Yes	No	No	09/04/2026	190.00
		92455	793279	Check	1	08117		HENDERSON INDEPENDENT	Yes	No	No	09/04/2026	455.63
		92472	793280	Check	1	7410		HOUSE OF PRINT	Yes	No	No	09/04/2026	1,749.46
		92463	793281	Check	1	3277	R2	INNOVATIVE OFFICE SOLUTIONS	Yes	No	No	09/04/2026	41.79
		92466	793282	Check	1	4501		K & R GRAPHICS LLC	Yes	No	No	09/04/2026	1,068.00
		92464	793283	Check	1	4249		KROEHLER, ROBERT	Yes	No	No	09/04/2026	90.00
		92481	793284	Check	1	9229		LE CENTER CHIROPRACTIC & SPOR	Yes	No	No	09/04/2026	500.00
		92482	793285	Check	1	9234		LOMMEL, LIBBY	Yes	No	No	09/04/2026	270.00
		92474	793286	Check	1	7947		MARY'S PIANO SERVICE	Yes	No	No	09/04/2026	130.00
		92480	793287	Check	1	9165	R1	MRI SOFTWARE LLC	Yes	No	No	09/04/2026	224.00
		92458	793288	Check	1	17020	R2	NIPPON SANSO MATHESON INC	Yes	No	No	09/04/2026	178.33
		92456	793289	Check	1	14990		NUESSMEIER ELECTRIC INC	Yes	No	No	09/04/2026	5,605.00
		92468	793290	Check	1	4755	R7	REGENTS OF THE UNIVERSITY OF M	Yes	No	No	09/04/2026	10,867.00
		92470	793291	Check	1	5422	R1	RIVER BEND BUSINESS PRODUCTS	Yes	No	No	09/04/2026	522.59
		92473	793292	Check	1	7789	P1	SUMMIT FIRE PROTECTION	Yes	No	No	09/04/2026	2,217.00
		92459	793293	Check	1	1956		TUREK, TERRY	Yes	No	No	09/04/2026	45.00
		92467	793294	Check	1	4591		WILMES, LYNN	Yes	No	No	09/04/2026	130.00
		92457	793295	Check	1	1561		ZEIHER, ANN	Yes	No	No	09/04/2026	220.00
	FFM	92484	793296	Check	1	9249		Rudy Luther Toyota	Yes	No	No	09/10/2026	39,260.93
P2703G	FFM	92518	793297	Check	1	9159		AMERICAN MAILING MACHINES	Yes	No	No	09/11/2026	403.26
		92523	793298	Check	1	9248		BIEHL, DANIEL	Yes	No	No	09/11/2026	135.00
		92507	793299	Check	1	20680		CENTRAL UNITED COOPERATIVE	Yes	No	No	09/11/2026	3,271.03
		92499	793300	Check	1	08112		CITY OF HENDERSON	Yes	No	No	09/11/2026	193.40
		92500	793301	Check	1	10660	R1	CITY OF LE SUEUR	Yes	No	No	09/11/2026	13,655.49
		92516	793302	Check	1	8570		DEBLOIS, RICK	Yes	No	No	09/11/2026	135.00
		92510	793303	Check	1	4488		ENGEL, STEPH	Yes	No	No	09/11/2026	130.00
		92509	793304	Check	1	4183		EVOLUTION MEDIA & DESIGN	Yes	No	No	09/11/2026	2,490.00
		92513	793305	Check	1	8257		FORCIER, ANDY	Yes	No	No	09/11/2026	45.00

Le Sueur-Henderson Schools

Check Register by Bank and Check

Check Number: 0-2147483647 Payment Date: 09/01/2026-09/30/2026 Period: 0-99999999

Batch	Bank	Pymt No	Check No	Pay Type	Grp	Code	Rcd	Vendor	Print	Recon	Void	Pmt/Void Date	Amount
P2703G	FFM	92512	793306	Check	1	8226		FORCIER, MERCEDES	Yes	No	No	09/11/2026	45.00
		92519	793307	Check	1	9180		FP FINANCE	Yes	No	No	09/11/2026	160.00
		92520	793308	Check	1	9245		GUTIERREZ, JOHN	Yes	No	No	09/11/2026	135.00
		92514	793309	Check	1	8506		IMAGINE LEARNING LLC	Yes	No	No	09/11/2026	7,364.50
		92515	793310	Check	1	8562		MADDIO, MICHAEL	Yes	No	No	09/11/2026	135.00
		92502	793311	Check	1	12039		MENARDS	Yes	No	No	09/11/2026	2,461.97
		92521	793312	Check	1	9246		MILINKOVICH, DICK	Yes	No	No	09/11/2026	130.00
		92508	793313	Check	1	2405		MN IRON & METAL	Yes	No	No	09/11/2026	3,168.55
		92503	793314	Check	1	13826		MUSIC MART	Yes	No	No	09/11/2026	546.04
		92505	793315	Check	1	17020	R2	NIPPON SANSO MATHESON INC	Yes	No	No	09/11/2026	3,921.75
		92522	793316	Check	1	9247		REMELY, STEVE	Yes	No	No	09/11/2026	135.00
		92506	793317	Check	1	18081	CK1	SCHOOL SPECIALTY LLC	Yes	No	No	09/11/2026	69.70
		92511	793318	Check	1	8078		SIWEK LUMBER & MILLWORK	Yes	No	No	09/11/2026	315.48
		92517	793319	Check	1	8643		THOMSON, ZOE	Yes	No	No	09/11/2026	80.00
		92501	793320	Check	1	11020		TRUSTWORTHY HARDWARE OF LE S	Yes	No	No	09/11/2026	23.50
		92504	793321	Check	1	1561		ZEIHER, ANN	Yes	No	No	09/11/2026	60.00
		92537	793322	Check	1	7789	P1	SUMMIT FIRE PROTECTION	Yes	No	No	09/16/2026	1,435.00
		92538	793323	Check	1	8671		SYSCO WESTERN MN	Yes	No	No	09/16/2026	16,786.23
		92571	793324	Check	1	6392		PETTY CASH	Yes	No	No	09/18/2026	200.00
		92572	793325	Check	1	00520		ALPHA WIRELESS COMMUNICATION:	Yes	No	No	09/18/2026	8,751.50
		92613	793326	Check	1	8669		BIX PRODUCE CO	Yes	No	No	09/18/2026	5,540.83
		92614	793327	Check	1	8849		BREDEMUS HARDWARE CO INC	Yes	No	No	09/18/2026	2,260.00
		92616	793328	Check	1	9052		CAMFIL USA	Yes	No	No	09/18/2026	1,925.55
		92595	793329	Check	1	4801	R1	CENTERPOINT ENERGY	Yes	No	No	09/18/2026	1,263.87
		92584	793330	Check	1	20680		CENTRAL UNITED COOPERATIVE	Yes	No	No	09/18/2026	7,937.88
		92585	793331	Check	1	21090		CENTURYLINK	Yes	No	No	09/18/2026	70.00
		92573	793332	Check	1	03582		COLE PAPERS INC	Yes	No	No	09/18/2026	3,042.72
		92589	793333	Check	1	25963		DAHN, RICHARD	Yes	No	No	09/18/2026	150.00
		92617	793334	Check	1	9064	R1	DAIKIN APPLIED	Yes	No	No	09/18/2026	1,725.00
		92620	793335	Check	1	9251		ESC REGION 13	Yes	No	No	09/18/2026	1,800.00
		92600	793336	Check	1	5967		FRISCHMON, ALEXIS	Yes	No	No	09/18/2026	16.40
		92596	793337	Check	1	5034		GILLETTE PEPSI COMPANY	Yes	No	No	09/18/2026	1,239.00
		92602	793338	Check	1	6125		GOETTL, CATHERINE	Yes	No	No	09/18/2026	300.26
		92592	793339	Check	1	4343		GRAFF, RYAN	Yes	No	No	09/18/2026	90.00
		92582	793340	Check	1	1844	FB	ISD 2135-MAPLE RIVER SCHOOLS	Yes	No	No	09/18/2026	200.00
		92593	793341	Check	1	4501		K & R GRAPHICS LLC	Yes	No	No	09/18/2026	2,220.00
		92591	793342	Check	1	4249		KROEHLER, ROBERT	Yes	No	No	09/18/2026	60.00
		92575	793343	Check	1	10085		LANO EQUIPMENT OF NORWOOD	Yes	No	No	09/18/2026	349.03
		92599	793344	Check	1	5950		LE SUEUR BASEBALL ASSOCIATION	Yes	No	No	09/18/2026	469.34

Le Sueur-Henderson Schools

Check Register by Bank and Check

Check Number: 0-2147483647 Payment Date: 09/01/2026-09/30/2026 Period: 0-99999999

Batch	Bank	Pymt No	Check No	Pay Type	Grp	Code	Rcd	Vendor	Print	Recon	Void	Pmt/Void Date	Amount
P2703G	FFM	92590	793345	Check	1	3361	R1	MARSHALL HIGH SCHOOL	Yes	No	No	09/18/2026	325.00
		92587	793346	Check	1	2155		MASL	Yes	No	No	09/18/2026	210.00
		92604	793347	Check	1	7097	R1	MEI	Yes	No	No	09/18/2026	1,368.00
		92576	793348	Check	1	12176	R2	METRO SALES	Yes	No	No	09/18/2026	128.00
		92619	793349	Check	1	9246		MILINKOVICH, DICK	Yes	No	No	09/18/2026	130.00
		92597	793350	Check	1	5089		MILLERS REFRIGERATION	Yes	No	No	09/18/2026	792.53
		92588	793351	Check	1	2405		MN IRON & METAL	Yes	No	No	09/18/2026	640.45
		92578	793352	Check	1	13855		NAPA AUTO PARTS OF LE SUEUR	Yes	No	No	09/18/2026	417.19
		92579	793353	Check	1	14990		NUESSMEIER ELECTRIC INC	Yes	No	No	09/18/2026	152.39
		92607	793354	Check	1	7607		ON SITE SANITATION-MANKATO	Yes	No	No	09/18/2026	1,071.73
		92618	793355	Check	1	9080		OSTENDORF, SAMMY	Yes	No	No	09/18/2026	90.00
		92612	793356	Check	1	8667	R1	PAN-O-GOLD BAKING CO	Yes	No	No	09/18/2026	811.50
		92608	793357	Check	1	7983		PETERSON FLOOR SURFACING	Yes	No	No	09/18/2026	4,000.00
		92581	793358	Check	1	16060		PLUNKETTS INC	Yes	No	No	09/18/2026	585.26
		92611	793359	Check	1	8666		PRAIRIE FARMS	Yes	No	No	09/18/2026	2,298.34
		92605	793360	Check	1	7455		RABENHORST, BRANDON	Yes	No	No	09/18/2026	130.00
		92586	793361	Check	1	21290		RADERMACHER'S	Yes	No	No	09/18/2026	73.35
		92577	793362	Check	1	13000	2A-DS	REGION 2A, MSHSL	Yes	No	No	09/18/2026	1,450.00
		92598	793363	Check	1	5422	R1	RIVER BEND BUSINESS PRODUCTS	Yes	No	No	09/18/2026	2,198.39
		92609	793364	Check	1	8078		SIWEK LUMBER & MILLWORK	Yes	No	No	09/18/2026	988.00
		92615	793365	Check	1	8900		SOUTH CENTRAL CONFERENCE	Yes	No	No	09/18/2026	2,500.00
		92606	793366	Check	1	7536		SOUTHERN MINNESOTA INSPECTIOI	Yes	No	No	09/18/2026	4,204.10
		92574	793367	Check	1	08860	AD	ST PETER HIGH SCHOOL	Yes	No	No	09/18/2026	100.00
		92603	793368	Check	1	7017		TEAM SPORTING GOODS INC	Yes	No	No	09/18/2026	1,054.00
		92610	793369	Check	1	8643		THOMSON, ZOE	Yes	No	No	09/18/2026	80.00
		92583	793370	Check	1	1956		TUREK, TERRY	Yes	No	No	09/18/2026	150.00
		92601	793371	Check	1	5997		VERIZON WIRELESS	Yes	No	No	09/18/2026	784.20
		92594	793372	Check	1	4591		WILMES, LYNN	Yes	No	No	09/18/2026	260.00
		92580	793373	Check	1	1561		ZEIHER, ANN	Yes	No	No	09/18/2026	325.00
P2703S	FFM	92716	793374	Check	1	8755		KERN BROTHERS ENTERTAINMENT	Yes	No	No	09/21/2026	400.00
P2703G	FFM	92723	793375	Check	1	7532	R1	CONSOLIDATED COMMUNICATIONS	Yes	No	No	09/22/2026	3,968.29
		92724	793376	Check	1	8192	R1	LE SUEUR COUNTY NEWS	Yes	No	No	09/23/2026	151.80
		92729	793377	Check	1	1414		BRUNS, RICK	Yes	No	No	09/25/2026	51.08
		92732	793378	Check	1	20680		CENTRAL UNITED COOPERATIVE	Yes	No	No	09/25/2026	1,227.54
		92730	793379	Check	1	15675	R3	CLIFTONLARSONALLEN LLP	Yes	No	No	09/25/2026	7,079.10
		92734	793380	Check	1	25963		DAHN, RICHARD	Yes	No	No	09/25/2026	60.00
		92742	793381	Check	1	7139	R1	DIRECT CARE AND TREATMENT	Yes	No	No	09/25/2026	40.91
		92751	793383	Check	1	9253		FLOR, ALAN	Yes	No	No	09/25/2026	150.00
		92745	793384	Check	1	8226		FORCIER, MERCEDES	Yes	No	No	09/25/2026	45.00

Le Sueur-Henderson Schools

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Check Number: 0-2147483647 Payment Date: 09/01/2026-09/30/2026 Period: 0-99999999

Batch	Bank	Pymt No	Check No	Pay Type	Grp	Code	Rcd	Vendor	Print	Recon	Void	Pmt/Void Date	Amount
P2703G	FFM	92741	793385	Check	1	6977		HEIM, JACLYN	Yes	No	No	09/25/2026	138.43
		92750	793386	Check	1	9252		HOFFMAN, JUSTIN	Yes	No	No	09/25/2026	150.00
		92737	793387	Check	1	3565		INNOVATIVE GRAPHICS	Yes	No	No	09/25/2026	372.00
		92733	793388	Check	1	2221	AD	ISD 721 NEW PRAGUE HS	Yes	No	No	09/25/2026	175.00
		92725	793389	Check	1	08949		ISD 840 ST JAMES	Yes	No	No	09/25/2026	150.00
		92754	793390	Check	1	9256		JAEGER, HAILEE	Yes	No	No	09/25/2026	50.00
		92749	793391	Check	1	9107		JOHNSON, ALEXA	Yes	No	No	09/25/2026	138.43
		92743	793392	Check	1	7571		KENNEDY & GRAVEN, CHARTERED	Yes	No	No	09/25/2026	544.50
		92738	793393	Check	1	4249		KROEHLER, ROBERT	Yes	No	No	09/25/2026	60.00
		92735	793394	Check	1	2768		LE SUEUR-WASECA PUBLIC HEALTH	Yes	No	No	09/25/2026	292.50
		92726	793395	Check	1	1228		MESPA	Yes	No	No	09/25/2026	195.00
		92744	793396	Check	1	7629		MORE, ZACHARY	Yes	No	No	09/25/2026	150.00
		92727	793397	Check	1	13826		MUSIC MART	Yes	No	No	09/25/2026	287.07
		92728	793398	Check	1	13827		MUSIC THEATRE INTERNATIONAL	Yes	No	No	09/25/2026	237.18
		92740	793399	Check	1	5989		REGENTS OF UNIVERSITY OF MN	Yes	No	No	09/25/2026	280.00
		92739	793400	Check	1	5422	R1	RIVER BEND BUSINESS PRODUCTS	Yes	No	No	09/25/2026	571.53
		92747	793401	Check	1	8985		SEIDL, JOSHUA	Yes	No	No	09/25/2026	150.00
		92746	793402	Check	1	8785		STORYBOOK THEATRE	Yes	No	No	09/25/2026	500.00
		92753	793403	Check	1	9255		THELEMAN, SHERI	Yes	No	No	09/25/2026	109.00
		92736	793404	Check	1	2919		THOMSON, TIFFANY	Yes	No	No	09/25/2026	51.82
		92752	793405	Check	1	9254		TIESLER, JOSH	Yes	No	No	09/25/2026	150.00
		92731	793406	Check	1	1956		TUREK, TERRY	Yes	No	No	09/25/2026	60.00
		92748	793407	Check	1	9073		YUNKIN, ESTHER	Yes	No	No	09/25/2026	138.43
		92764	793408	Check	1	10080		LAKESHORE LEARNING MATERIALS	Yes	No	No	09/28/2026	828.94
	FFM	92779	793409	Check	1	4882		Minnesota Deptartment of Health	Yes	No	No	09/30/2026	165.00
												Bank Total: FFM	$239,701.50
												Report Total:	$239,701.50

Personnel Changes Summary - 11/2/26

Coach Hires

Employee Name	Position	Volunteers
Amanda Bemmels	Girls Basketball-JV	Adam Bemmels
Cole Boelter	Boys Basketball-8th	
Justin Wilke	Boys Basketball-7th	
Braylon Hoffman	Baseball - JV	

Staff Retirements/Resignations/Terminations

Employee Name	Position	Location	Last Date of Emp	Reason	Will the position be replaced?
Oriana Harold	Paraprofessional	Elementary	10/2/26	resignation	yes
Tia Lerud	MS Tennis Coach	NA	NA	resignation	yes

509B: International Exchange Students

I. Policy and Purpose

The purpose of this policy is to establish consistent guidelines for the enrollment and participation of international exchange students. The District supports international learning experiences that provide educational and social opportunities for both District students and exchange students from other countries.

II. General Statement of Policy

The District supports recognized international exchange programs that offer foreign students the opportunity to participate in the District's secondary education program tuition-free for one year.

The District shall accept international exchange students in accordance with Minnesota law, Minnesota State High School League rules, and federal visa requirements.

III. Guidelines and Definitions

A. Definitions

i. An "International exchange student" is a student who:
   1. Enters the United States on a J-1 Visa,
   2. Is sponsored by an organization recognized by the Council on Standards for International Educational Travel ("CSIET"), or is otherwise approved by the State of Minnesota, and
   3. Resides with a host/sponsor family arranged by the exchange organization.

ii. An "Exchange Program" is a reputable and established organization that
   1. is recognized and approved by the CSIET, and
   2. is registered with the Minnesota Secretary of State.

B. Enrollment

1. Each District High School may enroll up to three international exchange students per school year on a first-come, first-served basis, subject to approval of the Superintendent.
2. Additional international exchange students may be admitted if space allows and with prior Superintendent approval.
3. International exchange students are considered temporary residents of the District and may be counted as resident pupils for the purpose of state education aid.

C. Host Family Requirements

1. It is the responsibility of the exchange program to secure a host family.

2. The host family must live within the attendance area of the District high school that the international exchange student will attend.
3. Each host family must complete all required District enrollment forms, including any affidavits or documents required for hosting an international exchange student.

D. Academic Standing & Grade Placement

1. International exchange students will be placed according to need or appropriate age, based on transcript review and counselor recommendation.
2. International exchange students who have already graduated in their home country may participate in the exchange program but will not receive a District diploma.
3. Exchange students are not eligible for Minnesota Postsecondary Enrollment Options ("PSEO").

E. Extracurricular Activity Eligibility

1. International exchange students who want to participate in extracurricular activities and/or interscholastic activities must meet District requirements and/or guidelines and eligibility rules of the Minnesota State High School League.

IV. Enrollment Procedures

A. Pre-Enrollment Process

1. The exchange organization representative or host family must contact the District administration office to request enrollment.
2. The following documents must be submitted:
    a. Proof of English Proficiency
        i. International exchange students must demonstrate sufficient English proficiency.
        ii. The District may provide English as a Second Language ("ESL") services for exchange students.
    b. Host family information, including any required documents or affidavits.
    c. Verification of immunizations
        i. All students must provide proof of immunizations as required by Minnesota law.
    d. Exchange program emergency contact information, and documentation of host family's authorization for consent to medical care.
    e. Parental consent for the host family to receive private data regarding the international exchange student.

B. Enrollment Process

1. The Superintendent reviews eligibility and determines whether space is available.
2. Upon approval, the host family or local program representative completes all District registration forms.
3. International exchange students over age 18 must also sign enrollment forms.
4. A meeting with a school counselor will be scheduled to determine grade level and class placement as soon as practicable.

C. Appropriate Timing

International exchange students must be enrolled and begin attending school before the start of the school year, unless an exception is approved by the Superintendent. The start of the school year shall be the first day of classes that students are required to attend.

V. Approval Authority

The District's Superintendent approves all international exchange student enrollments.

VI. Behavior and Expectations

1. All international exchange students are subject to all District policies, rules, regulations and academic requirements.
2. The exchange program and host family are expected to cooperate with District staff in addressing any adjustment, progress, or behavioral concerns.
3. Access to data regarding an international exchange student is governed by the Family Educational Rights and Privacy Act (FERPA), the Minnesota Government Data Practices Act, or other applicable state and federal law.

LE SUEUR-HENDERSON STUDENT ACTIVITIES

HANDBOOK



2026-2027

Connect with Us:
Web: www.isd2397.org
Facebook: Le Sueur-Henderson Public Schools
Twitter: @isd2397

Updated September 2026

Dear Parents and Students,

Thank you for reviewing this 2026-27 LSH Activities Handbook.

At the start of each season, each coach will meet with parents and athletes to discuss the Le Sueur-Henderson Activities Handbook. This Handbook includes participation conditions, try-out procedures, problem/conflict resolution, Board policy, sportsmanship, scholastic eligibility, MSHSL eligibility, fees, behavior expectations, transportation, coaching expectations and much more. You will be notified when these meetings will be held. Please make every effort to attend these meetings as important information will be given by coaches regarding expectations, team rules, etc. If you have any questions, please contact me at 507-665-5804 or ptheorin@isd2397.org

For up-to-the-minute changes, please visit our website at https://hsms.isd2397.org (link: Activities: Activities Calendar). There is also a nice feature to use in Activities Calendar: By clicking on the blue "Notify Me!" icon near the upper right hand corner, you can receive instant emails when changes are made. Other websites you may want to visit are the LSH Activities Facebook page https://www.facebook.com/pg/lsh.giants/posts/ & LSH Instagram page https://www.instagram.com/lshgiantsactivities/ the Minnesota State High School League: www.mshsl.org.

Thank you for supporting your student-athlete and for supporting Giants activities!

Sincerely,

Paul Theorin

Paul Theorin
LSH Activities Director

Le Sueur-Henderson Public Schools

Strategic Plan | 2024-2028

BELIEF STATEMENTS

The Le Sueur-Henderson Public Schools believe:

- That collaboration between the home, the school, and the community has a positive impact on student success;
- That everyone deserves a safe and respectful school environment;
- That all students deserve the opportunity to learn and succeed;
- That diversity enriches the individual, school, and community;
- That educational excellence requires effective leadership, high expectations, teamwork, up-to-date facilities, and the responsible utilization of resources;
- In educating the whole child — academically, socially, physically, and emotionally;
- In continuous improvement and a growth mindset; and
- In an individualized, rigorous, and relevant academic experience.

MISSION STATEMENT

The mission of the Le Sueur-Henderson Public Schools is to:

- Provide a shared commitment to learning that enables every student to contribute and succeed in life.

VISION STATEMENT

- Le Sueur-Henderson Public Schools — where individual dreams and aspirations are born and fostered through student-centered learning.

BRANDING STATEMENT

- Small Towns ... Giant Opportunities ... District of Choice.

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Helpful Websites. Addresses & Phone Numbers

Le Sueur-Henderson Public Schools Website	www.isd2397.org
LSH GIANTS Activities Facebook	www.facebook.com/lsh.giants
Minnesota State High School League Website	www.mshsl.org

Activities Director	Paul Theorin (W) 507-665-5804 ptheorin@isd2397.org
Activities Secretary	Stacy Grapentine (W) 507-665-5805 sgrapentine@isd2397.org
Athletic Trainer	Orthopedic and Fracture Clinic (OFC) 507-386-6600 & Ridgeview Medical Center 507-665-3375
Middle/High School Principal	Cindy Schmidt (W) 507-665-5800 cschmidt@isd2397.org
Superintendent	Mr. Darren Kern (M) 507-665-4600 dkern@isd2397.org

Le Sueur-Henderson Middle/High School	507-665-5800 Fax: 507-665-6012
Minnesota State High School League	763-560-2262

Le Sueur-Henderson MS/HS
901 East Ferry Street
Le Sueur, MN. 56058

Minnesota State High School League
2100 Freeway Boulevard
Brooklyn Center, MN. 55430

2022-2023 CO-CURRICULAR COACHES AND ADVISORS

Football	Head Coach Colin Everson
Boys Basketball	Head Coach Dan Fredrickson
Boys/Girls Cross Country	Head Coach Shannon Froehlich
Girls Basketball	Head Coach Sherri Fritz
Volleyball	Head Coach Stacey Feser
Girls Swimming/Diving (co-op w/TCU)	Head Coach Kristen Munden (TCU)
Dance (co-op w/TCU)	Head Coach Katey Weiss (TCU)
Wrestling	Head Coach Luke Wilson & Ben Wilson
Girls Tennis	Head Coach Cassie Wilke
Boys Hockey(MN River co-op)	Head Coach Chris Miller
Girls Hockey(MN River co-op)	Head Coach Dustin Swenson
Baseball	Head Coach Matt Lewis
Softball	Head Coach Eric Lewis
Boys/Girls Golf (co-op w/ Cleveland)	Head Coach Stephen Ibanez
Boys/Girls Track	Head Coach Tami Burns
Fall Play/Musical	Jen Weick, Jackie Fahey, Elyse Doeden
One Act Play Director	Kyle O'Brien
Speech Director	Tia Lerud
National Honor Society Advisor	Ryan Wendlandt
Visual Arts Director	Shannon Froehlich
Knowledge Bowl Advisors	H.S. Ryan Wendlandt M.S. Eric Lewis
H.S. Student Council Advisor	Cassie Wilke
Jr. Class Prom Advisors	Heidi Hagen
Yearbook Advisor	Emma Zupke
Unified	Erika Mans

GENERAL STATEMENT OF POLICY

It is the policy of the Le Sueur-Henderson School District to actively seek out and encourage each student to participate as fully as practical in the district's co-curricular activities program.

The Le Sueur-Henderson Public School shall abide by the rules and/or regulations of the Minnesota State High School League, Section 2A, and ISD 2397. The co-curricular program objectives are as follows:

1. To provide co-curricular activities sufficient in number, depth and scope on both an athletic and cultural level, to allow an opportunity for each and every student to participate in at least one activity during the current school year.
2. To provide students with the opportunity to develop non-academic skills, promote emotional balance, improve social behavior, and to have fun.
3. To learn the rules and significance of various games and activities and become better spectators, viewers and people.
4. To relate the co-curricular activities to the curricular program in a joint effort to promote character, knowledge, understanding and appreciation of self and one another.

MISSION STATEMENT FOR GIANTS ACTIVITIES:

Le Sueur-Henderson Middle/High School, in partnership with its students, coaches and families will encourage and support participation in all of the co-curricular activities offered at LSH.

We will instill **"GIANT PRIDE"** throughout the school district and the communities in which we live in.

MINNESOTA STATE HIGH SCHOOL LEAGUE MISSION STATEMENT

The MSHSL provides educational opportunities for students through interscholastic athletics and fine arts programs, and provides leadership and support for member schools.

MSHSL League Values:

- Equity, fairness and justice.
- Activities that support the academic mission of member schools.
- Fair play and honorable competition.
- Activities which support "chemical free" and healthy lifestyles.
- Treating all people with dignity and respect.

STATEMENT OF NON-DISCRIMINATION

The Le Sueur-Henderson School District does not discriminate on the basis of race, color, national origin, sex, disability, sexual orientation, creed, religion, receipt of public assistance, marital status or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Section 504 Coordinator:
Cynthia Schmidt
901 E. Ferry Street
Le Sueur, MN 56058
665-5803

Title IX Coordinator:
Paul Theorin
901 E. Ferry Street
Le Sueur, MN 56058
665-5804

Alternate 504 Coordinator:
Cassie Wilke
901 E. Ferry Street
Le Sueur, MN 56058
665-5807

Alternate Title IX Coordinator:
Darren Kern
115 N. 5th Street, Suite 200
Le Sueur, MN 56058
665-4600

For further information on notice of non-discrimination, visit http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm for the address and phone number of the office that serves this area, or call 1-800-421-3481

Athletic Activities Offered at Le Sueur-Henderson Middle/High School;

Fall Season: Football, Tennis, Volleyball, Cross Country, Swimming/Diving(w/TCU)

Winter Season: Basketball, Hockey (MN River), Dance(w/TCU), Wrestling,

Adaptive Floor Hockey (w/ New Prague)

Spring Season: Baseball, Softball, Track & Field, Golf, Adaptive Bowling (w/St.Peter)

OTHER ACTIVITIES OFFERED

Band - Grades 6-12.	
Choir - Grades 6-12.	
Trap Shooting - Grades 7-12.	Must have completed gun safety class.
Fall Play - Grades 9-12.	Every other year will be musical.
One-Act Play- Grades 7-12.	MSHSL competition play.
Visual Arts - Grades 9-12. MSHSL Competition in April.	Involves six different categories of Artwork. Shannon Froehlich.
Spring Play- Grades 6-8.	Performance is in March.
Speech- Grades 7-12. Season is from January - April.	Ryan Wendlandt
Target- Chemical free leadership group for Grades 9-12.	Melissa Hollnagel
Knowledge Bowl (MS & HS.)- Grades 6-9 in the Fall. Grades 9-12 in the Winter.	Eric Lewis Ryan Wendlandt
Yearbook- Grades 6-12.	Emma Zupke
HS Student Council -	Cassie Wilke
National Honor Society - Grades 11-12.	Ryan Wendlandt
Jr. Class Prom Advisors -	Heidi Hagen
Graduation Committee - Grade 12	Heidi Hagen

TEAM PARTICIPATION CONDITIONS

7th and 8th grade athletics: The primary focus of this program is to allow each student athlete optimal participation regardless of his/her skill level. The following guidelines will apply to help assure that the program is for the benefit of the student athletes: ***(There is no guarantee that playing time will be equal.)***

- All student athletes who meet the attendance standard will be given practice time and game time.
- No team shall cut any student athlete desiring to participate (unless the student participant does not meet attendance and conduct requirements).
- All team participants will have a uniform or will be dressed alike for competition.

Each middle school coach shall adhere to the guidelines of assuring participation in both practice and competition. This is not always easy for coaches. The desire to win will not come before the requirement to include every student athlete in the practice/competition. Certain games or contest alternatives may be needed and may be implemented by the coaches to assure optimal participation.

Each coach must plan and organize his/her practices to make sure that all students will participate. Practices must be planned and organized to accommodate a wide spectrum of skill levels.

Facilities will be used to their greatest advantage. Cooperation will occur between boys' and girls' coaches as well as between other groups and organizations to make the most effective use of available facilities.

Coaches will remember that these guidelines and procedures are the result of coaches focusing on the "total development" of each participant. Each student who participates has many needs: physical, emotional, and social. The coach must coach the student athlete as well as the sport. Each coach will consider the following student/athlete characteristics in working with these students: (ISD 2397 believes that.)

A. Students have a need to belong to a group.
B. Students have a need to be accepted by their peers.
C. Students have the need to explore a variety of experiences.
D. Students need a chance to channel their energies in physical activity.
E. Students need opportunities to express their feelings.
F. Students need a place and/or situations to be with friends in social settings.
G. Students require a means of achieving self-satisfaction. (Feeling successful)
H. Students need a time in every day for fun and enjoyment.
I. Students need a means of receiving approval from their parents, teachers, and adults they come in contact with.

The School Board expects every coach to work with all athletes who are interested and have a need to belong and not to work only with gifted, highly skilled student athletes. Each student participant is an important individual whose experiences shape attitudes and actions for the future. Therefore, every coach will adhere to these guidelines as established by the local School Board.

"C" teams: "C" teams are considered teams in transition. Participation in practice and in competition will continue to be a strong emphasis and no squad members will be cut on the basis of ability. Coaches will make every effort to give significant playing time to all players throughout the overall season. Teams, however, will strive to be competitive.

Varsity and "B" teams: Participation will be based upon the most skilled athletes who will maximize the possibilities for individual and team success. (In some instances, it may be necessary to limit the size of the varsity and "B" squads to a manageable number).

Selection Guidelines for Varsity and "B" Team Participation:

Responsibility for Selection:

- Choosing the members of varsity and "B" teams shall be the sole responsibility of the coaching staff.
- Prior to try-outs, the coach shall provide the following information to all eligible candidates for the team(s):
    - Length of try-out period;
    - Written criteria used to select the team members;
    - Number of team members to be selected;
    - Practice commitment for team members who make the team; and
    - Game commitments.

Procedures Used for Team Selections:

- When a squad selection number is limited, the process will include three important elements: (each candidate will)
    - have an opportunity to participate in a minimum of five (5) practices;
    - have performed in at least one intrasquad/scrimmage game/session; and
    - be personally informed of the reason(s) why the candidate was not chosen.
- **No posting of candidates.** The coach will meet one-on-one with all candidates who have tried out for the team. Everyone will be notified individually by the coach as to his or her selection status.
- Coaches will discuss alternative possibilities for participation in the sport or other areas the student athlete might participate in the activities program.
- If a coach foresees difficulties as a result of squad selections, s/he will discuss the situation with the activities director.

PROBLEM / CONFLICT RESOLUTION

As coaches/directors/advisors, we are professionals and are expected to conduct ourselves in a professional manner. We cannot promise that all concerns can be resolved to individual or family preferences, but we can promise that we will listen to your concerns and respond to the best of our ability.

In order for our programs to be successful, we must all work together (parent, coach and participant). We strive to do what is best for each individual student-athlete. As teachers and coaches we care a great deal about your son/daughter and want to contribute to his/her individual development in a positive way.

To allow for an appropriate exchange of opinions when the need arises, a procedure has been developed to create an open line of communication between the school, parent/guardian, student athlete and coach. The following procedure will allow for an exchange of opinion in a professional manner.

Most conflicts are better resolved with an appropriate cooling down period. No conflict between a parent, student, official or coach/advisor should be addressed during or immediately after an activity. The activity site, practice field, lobby or locker room are not appropriate places to handle conflict. If you have a concern, please call or arrange a meeting the following workday after the incident/practice/game. Many of our coaches teach in the district. Most coaches have voicemail in the building where they teach. Leave a message and the coach will return your call. If you wish, a phone call or email to the coach/director may be the most appropriate way to initiate a dialogue. If your concern has not been addressed to your satisfaction, then refer to the flow
chart below.

Chain of Communication

Every organization has and needs an orderly process to use when problems/issues arise. The Chain of Communication at Le Sueur-Henderson High School is as follows:

Step One: Player makes a direct contact with the Coach/Director
Step Two: Parent makes a direct contact with the Coach/Director
Step Three: Parents make a direct contact with the Activities Director
Step Four: Parents make a direct contact with the High School Principal
Step Five: Parents make a direct contact with the Superintendent
Step Six: Superintendent contacts the School Board

Parents/athletes are strongly encouraged to follow this chain of communication whenever an issue arises concerning a coach or director. If a concern is not resolved to your satisfaction at one level, you are encouraged to go to the next level in the chain of communication. However, all concerns should begin with the student and coach/director, and then advance up the chain of communication.

PARENTS RESPONSIBILITIES

Parents are expected to encourage their sons/daughters to perform to the best of their abilities both athletically and academically. They should be a source of support for the student athlete and the program in which they are participating.

We would like all of our parents to be role models for our student athletes and set a good example for all of our students at Le Sueur-Henderson Middle/High School. As such, they will exemplify good attitudes by treating all players, coaches, fans, officials and other parents with respect and dignity. Parents must insist that athletes abide by the rules established by the coach, the school district, Section 2A, and the Minnesota State High School League.

Parents should be positive in support of their own team and recognize the achievements of the opposing team. Vulgar, racial, derogatory or disparaging remarks are never appropriate. Parents should allow their athletes to enjoy the benefits of competition, remembering that not everyone can be a star, be on the first team, or have equal playing time.

Any acts of misconduct may result in disciplinary action whether or not this misconduct is directly involved with a school event or activity. The Minnesota State High School League's Code of Responsibility allows school authorities to discipline spectators for violation of MSHSL, Region 2A, and/or local school rules. Disciplinary action may include removal from a contest and/or permanent removal from MSHSL and/or Le Sueur-Henderson sponsored events.

TEN TIPS FOR PARENTS OF STUDENT/ATHLETES

1) TEACH RESPECT FOR AUTHORITY. There will be times when you disagree with a coach or an official, but always remember they are trying to do their best.
2) BE SUPPORTIVE OF THE COACH. When talking with your child about any coach, be supportive and positive about the decisions the coach is making. If there is a problem, speak directly to the coach about it.
3) GET TO KNOW THE COACH. Coaches can have a powerful influence on your child, take the time to attend all pre-season meetings and get to know the coach's expectations, philosophy, and guidelines for the season.
4) LET THE COACH DO THE COACHING. It is confusing for an athlete when they are hearing a

different message from their parents.

5) SHOW UNCONDITIONAL LOVE. Let your child know that you love him/her whether you win or lose, whether they played in the game or not, and whether they played well or not.
6) LISTEN TO YOUR CHILD. Always take the time to listen and support your child, but remember to stay rational until you have investigated the situation for yourself. Keep winning and losing in proper perspective!
7) BE A POSITIVE ROLE MODEL. Take a good honest look at your actions and reactions in an athletic setting.
8) INSIST ON GOOD GRADES. Check on your child's grades frequently.
9) INSIST ON FOLLOWING THE RULES. Help lead your child to follow all MSHSL, Section, LSH, and team rules. It is your duty to hold them accountable and report any violations to the head coach.
10) NO EXCUSES. Do not offer excuses if your child is not participating as much as you would like or if they are not at the level you would like.

SPORTSMANSHIP

School District 2397 students will demonstrate good sportsmanship at all activities. Student participants in co-curricular activities represent the school in a very public manner, and thus student conduct is under close scrutiny. Because of their visibility and status as a role model for other students, it is extremely important that all of our students demonstrate proper conduct and abide by school rules, Minnesota State High School League rules, local and state laws.

Student athletes, coaches, and fans representing Le Sueur-Henderson High School are expected to conduct themselves in a manner that would not cause the school, parents, or community any embarrassment. This applies whenever the student or coach is part of any activity, either athletic or non-athletic; before or after a contest/performance or practice, in transit to and from activities, or at any function associated with the activity.

Any acts of misconduct may result in disciplinary action whether or not this misconduct is directly involved with a school event or activity. The Minnesota State High School League's Code of Responsibility allows school authorities to discipline students for violation of League, State, Federal, and/or school rules.

In addition. coaches/advisors mav establish their own additional specific rules. These rules should be presented to players and parents at the beginning of the season and are subject to the approval of the Activities Director.

SPECTATOR EXPECTATIONS at CO-CURRICULAR EVENTS

- It is recommended that elementary age students be accompanied by an adult at all activities and performances for their safety and the safety of others.
- We welcome enthusiastic fans that come to watch the game/performance and encourage our team/performers. *Good sportsmanship is our goal.*
- Please arrive at an appropriate time prior to the beginning of an auditorium event. If this is not possible, please enter quietly at an appropriate time, such as a scene change or after the first musical selection.
- Running, throwing objects, or horseplay, such as grabbing hats or playing catch in crowded areas are both annoying and dangerous. Spectators that endanger themselves or others by their behavior will be removed from the event.
- Alcohol, tobacco and tobacco products are not allowed on any of the school grounds. (This includes outdoor venues like football, baseball, softball, and track)
- We expect spectators to address volunteers, supervisors and each other respectfully.

Offensive language has no place at Le Sueur-Henderson activities.

- Signs are to be designed to promote local and positive enthusiastic support.
- **Use of noisemakers, horns, whistles, or other artificial attention-getters is not permitted at any MSHSL sponsored event.**

FORMS NECESSARY FOR ATHLETIC PARTICIPATION

1. A physical form, not more than three years old, must be on file for all sports.
2. The Minnesota State High School League Eligibility Brochure must be read & the MSHSL Eligibility Statement must be signed by the student and the parent/guardian annually. **(Concussion management information added in the fall of 2011.)**
3. On the reverse side of #2 above, the Minnesota State High School League Sports Health Questionnaire must be signed annually. The signature of the parent or guardian approving participation is required.
4. A Weight Certification form for those athletes participating in wrestling must be on file in the Activities Office before the first contest.
5. Before a student starts an activity they must have the proper forms and/or fees turned into the Activities Office. The student athlete must get the **Emergency Medical Information form** filled in and signed by the Activities Office before he/she can begin participation in any school activity.

FORMS NECESSARY FOR FINE ARTS PARTICIPATION

The Minnesota State High School League Eligibility Brochure & Statement must be signed by the student AND the parent/guardian annually.

SPORTS PHYSICALS

Le Sueur-Henderson Middle/High School, as a member of the Minnesota State High School League, requires students who participate in Middle/High School interscholastic athletic activities to complete a physical examination every three years. Only sports physicals as approved by the Minnesota State High School League are acceptable. This physical must be on file in the Activities Office before an athlete will be allowed to begin practice.

PARTICIPATION AFTER INJURY REPORT

Any time a participant goes to a doctor/chiropractor regarding an injury and the doctor/chiropractor has removed the student athlete from practice/competition, they may NOT participate in either practices or games until they have a signed release from the appropriate medical personnel. This is to be turned in to the Activities Office where it will be kept on file and shared with the coach.

If the injured participant is treated by the trainer and is not seen by a doctor/chiropractor, a signed release is not needed. However, it is the coach's responsibility to be in touch with the parents and the trainer to know if and when the participant would be returning to competition and what care and treatment should be continued for the athlete.

DUAL PARTICIPATION

A student/athlete may be allowed to participate in two co-curricular activities during the same season if the following conditions are met. An agreement about practice and game commitments are agreed upon by all of the following parties.

1) The Student/Athlete's Parents
2) The Student/Athlete

3) Both Head Coaches
4) LSH Activities Director
5) LSH H.S. Principal

The student/athlete would also be required to pay the participation fee for both activities.

ACADEMIC STANDARDS FOR PARTICIPATION

Academic Achievement and co-curricular activity participation go hand in hand to promote the educational growth of each student. For this reason and to encourage achievement in both curricular and co-curricular areas, the following academic standards and eligibility guidelines have been established. In order to be eligible for all co-curricular events, students must have all school work current and up to a passing level.

Every two to three weeks the Activities Director will obtain a "deficiency list" that includes each student that is currently failing a class. Any student whose name appears on the list will forfeit his/her privilege to participate in co-curricular events until their grade is up to a passing level. The "deficiency list" will be reviewed every two to three weeks starting with the third week of each quarter/semester. *In* ***order to regain eligibility for co-curricular participation, verification by the teacher to the Activities Director or Activities Secretary stating that their schoolwork is at a passing level. This should be done as soon as possible.*** **(Do not bring it to the coach.)**

Middle School Students (7th & 8th Grade)

Students who receive a "1 or 2" on the middle school grading scale will be required to complete a Grade Improvement Plan. The plan is designed to help students identify areas for improvement and establish specific steps to improve their academic performance.

The main areas of focus will be assignment completion and timeliness. If a student receives a 1 or 2 in either category, they will be required to complete a Grade Improvement Form in collaboration with their coach, teacher, and parent to establish a plan for improvement and ensure accountability.

The student will work with their coach, teacher, and parent/guardian to develop and follow the plan. Students will not be prohibited from participating in competitions solely because they are on the D-List. However, they are expected to actively participate in and follow their Grade Improvement Plan until their academic performance improves.

Report cards will show a proficiency score of 4, 3, 2, or 1 for each standard:

- 4 means the student is exceeding grade-level expectations
- 3 means the student has met grade-level expectations
- 2 means the student is approaching grade-level expectations
- 1 means the student is beginning to work toward grade-level expectations.

APPEALS PROCESS

The Activities Director will notify students and parents when a student becomes ineligible. A student and/or parent may appeal an ineligibility decision by calling the Activities Director and requesting that a meeting be held with the Eligibility Committee. (Principal, Activities Director, teacher, School Board representative, and in some cases the School Psychologists.)

Ineligible students (if not suspended from school) may enjoy all opportunities of school and team membership, except wearing of the team uniform at games/contests and participation in any game, meet, contest, concert or festival. Whichever is greater. No exception is permitted.

MOOD-ALTERING CHEMICALS (Category I Policy)

Definition of Category I Activities: Those MSHSL sponsored activities in which a member school has a schedule of interscholastic contests, exclusive of MSHSL sponsored tournaments. (Athletics, Speech, One Act Play, Large Group and Solo/Ensemble Band & Choir.)

A. Philosophy and Purpose: The Minnesota State High School League recognizes the use of mood-altering chemicals as a significant health problem for adolescents, resulting in negative effects on behavior, learning and the total development of each individual. The misuse and abuse of mood-altering chemicals by adolescents affect co-curricular participation and development of related skills.

B. Bylaw: During the calendar year, regardless of the quantity, a student shall not: (1)posess or consume a beverage containing alcohol; (2) use tobacco; or, (3) use or consume, have in possession, buy, sell, or give away any other controlled substance.

1. The bylaw applies to the 12-month calendar year.

2. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for the student's own use by his/her doctor.

C. Penalty:

1. First Violation: After confirmation of the first violation, the student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks of a season in which the student is a participant, whichever is greater. No exceptions will be permitted.

2. Second Violation: After confirmation of the second violation, the student shall lose eligibility for the next six (6) consecutive interscholastic contests in which the student is a participant or three (3) weeks, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program.

3. Third and Subsequent Violations: After confirmation of the third or subsequent violation, the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests in which the student is a participant or four (4) weeks, whichever is greater. If after the third or subsequent violation, the student has been assessed to be chemically dependent and the student on his/her own volition becomes a participant in a chemical dependency program or treatment program, then the student may be certified for reinstatement in MSHSL activities after a minimum period of six (6) weeks. The director or a counselor of a chemical dependency treatment center must issue such certification.

4. Accumulative Penalties: Penalties shall be cumulative beginning with the student's first participation in a League activity and continuing through the student's high school career.

5. Denial Disqualification: A student shall be disqualified from all inter-scholastic athletics for nine (9) additional weeks beyond the student's original period of ineligibility when the student denies violation of the rule, is allowed to participate and then is subsequently found guilty of the violation.
Ineligible students (if not suspended from school) may enjoy all opportunities of school and team membership, except the wearing of the team uniform and participation in any game, meet, contest, concert festival.

The Right to Investigate: School District 2397 has the right to investigate any situation that deals with any and all potential MSHSL rules violations.

It is the parent's responsibility to inform the Athletic Director and/or coach if there has been a MSHSL violation.

Category II Activity Policy:
Definition of Category II Activities: Activities that do not have a schedule of interscholastic contests. (Fall Musical, Spring Play, Knowledge Bowl, LifeSmarts, Band, and Choir Concerts)

First Violation: The student will lose eligibility for the next activity performance.

Second Violation: The student will lose eligibility for the next two (2) activity performances.

Third Violation: The student will lose eligibility for the next four (4) activity performances.

If a student is involved in an activity in both Category I and Category II, they are required to serve penalties in each category. All penalties in either category are cumulative.

FEES
School District 2397 requires that a fee be paid prior to the first day of practice in all co-curricular activities. Fees are used to help offset the cost of equipment, supplies, officials, transportation and other related costs.

FALL SEASON:		
Football	MS = $100.00	HS = $150.00
Cross Country	MS = $80.00	HS = $120.00
Volleyball	MS = $80.00	HS = $120.00
Girls Tennis	MS = $80.00	HS = $120.00
Swimming/Diving	MS = $120.00	HS = $120.00
WINTER SEASON		
Boys Hockey	—----------	HS = $275.00
Girls Hockey	—----------	HS = $275.00
Wrestling	MS = $130.00	HS = $130.00
Boys/Girls Basketball	MS = $90.00	HS = $130.00
Girls Dance	MS = $120.00	HS = $120.00
Gymnastics	MS = $155.00	HS = $155.00
SPRING SEASON:		
Baseball	MS = $80.00	HS = $120.00
Softball	MS = $80.00	HS = $120.00
Boys/Girls Track	MS = $80.00	HS = $120.00
Boys/Girls Golf	MS = $80.00	HS = $120.00
Adaptive Bowling	MS = $60.00	HS = $60.00
Non-Athletic Fees		
Middle School Play	MS = $60.00	----------

One-Act Play	----------	HS = $80.00
Fall Play	----------	HS = $80.00
Knowledge Bowl	MS = $60.00	HS = $80.00
Speech	MS = $60.00	HS = $80.00
Musical	MS = $100.00	HS = $120.00

There is also a Family Maximum of $500 per family.

FEE WAIVER

District policy allows activity fees to be waived on the basis of undue hardship or family income/family need. The Activities Director will determine eligibility.

Students who qualify for "free lunch" will have their fee waived.

Students who qualify for "reduced lunch" will pay 1/2 the required fee.

Please notify the Activities Director if you qualify for free/reduced lunches.

REFUNDS

Refunds of fees for activities will be prorated until halfway through the season for those students who cease to participate in the activity. There will be no refund of the activity fee in the event a student becomes ineligible as a result of violation of Minnesota State High School League rules or Le Sueur-Henderson High School rules.

ATTENDANCE AND BEHAVIOR STANDARDS

Students involved in all co-curricular activities are expected to abide by all school attendance and behavior guidelines. Participation is a privilege offered to students in good standing.

a. Students absent due to illness must be in school by the start of 2nd period and remain in school for the rest of the day in order to be eligible to practice or participate/play in activities that day. Coming home late from an activity, school event, or field trip is not an excuse to "sleep in" and come to school late
b. Students who participate in co-curricular activities or attend a school sponsored field trip or event must be in school by the start of first period of the next day.
c. (Exceptions may be made due to illness, death in the family or pre-approval.)
d. Students with a pre-excused absence are allowed to practice and/or compete/perform.
e. Students with in-school or out-of-school suspensions may NOT practice or compete/perform in activities/contests on days of suspension.
f. Students with an unexcused absence for ANY hour of the day may not practice or compete/perform on that day. This includes lunch and study hall. Only Seniors are allowed to leave the campus during lunch.
g. Students with detentions may practice or compete/perform in contests if their detention time is served after school first. Individual coaches may have more specific penalties.

If a student should practice or compete/perform on a day when he/she is ineligible. He/she will be held out of the next equivalent practice or contest/performance.

TRANSPORTATION

All participants attending activities are normally required to ride to and from these events on the transportation provided by the school.

A parent/guardian may transport a son/daughter home from an activity. Parent/guardian must sign-out with the coach/director and both a verbal and visual recognition are necessary before the student may

leave an event with his/her parent/guardian. If a student plans to ride home with another student's parent/guardian, the Activities Office must receive **at least 24 hours' notice** from both students' parents/guardians. The notification must identify the parent/guardian who will be responsible for transporting the student home.
Students are not allowed to drive or ride with other students to or from a contest in which the school provides transportation unless previous arrangements are made with the Activities Director. Failure to abide by this policy will result in suspension from the team.

AWARDS-LETTERING REQUIREMENTS
Every head coach/advisor must submit "specific requirements" for lettering in his/her sport/activity. These requirements are kept on file in the Activities Office.

AWARDS SYSTEM
A chenille "LSH" will be awarded the first time that a student meets the criteria for lettering in a sport/activity. For each year following they will receive a certificate.

SCRIMMAGES
All scrimmages must be pre-approved by the activities director. A team cannot scrimmage more than three times.(MSHSL Policy regarding the number of scrimmages.)

EQUIPMENT
Use of school equipment is a privilege. All equipment must be returned to the coach at the end of a season. Students will not be issued equipment for any other sport or activity until they have returned or paid for all equipment from the previous sport or activity. An athlete will be billed for the replacement cost for any lost, damaged, or non-returned equipment.

UNIFORMS
All athletic teams representing Le Sueur-Henderson High School shall wear uniforms and equipment issued by the school. All such issued equipment and uniforms are the responsibility of the student/athlete. These uniforms are **NOT** to be worn for personal use or during P.E. classes. They are only to be worn for official practices, games, or other specific school activities.
Individual team members are responsible for laundering school-issued uniforms during the season. DO NOT dry any school-issued uniforms on high heat. It is best not to put them in the dryer at all. All uniforms must be laundered before they are returned at the end of the season.
An athlete will be billed for the replacement cost for any lost, damaged, or non-returned uniform.

INITIATIONS/HAZING
Team gatherings and activities to build team unity are important and are encouraged; however, for safety and liability reasons and to prevent hazing and/or harassment, **initiation** events are **NOT allowed.** Students who violate this rule are subject to the same High School League consequences as those who violate High School League rules concerning chemical use and harassment. Participants in hazing or initiation may also be subject to criminal and/or civil action.

FUNDRAISING
Coaches may determine that fundraising is necessary to purchase equipment or "extras" that are not

provided by the school. Such items could include team and individual awards, transportation costs to additional scrimmages, banquet expenses, equipment etc. All fundraising activities are voluntary. Coaches are encouraged to give parents the option to donate money instead of selling a fundraising item. We would like to encourage all parents, coaches, and GIANTS fans to get involved with the annual BLUE & GOLD golf tournament as well as the Fall Giant Night Out!

DATA PRIVACY

By law, certain personal information cannot be released by a coach unless both the student and parent give permission. Coaches will hand out forms at the beginning of the season if they intend on publishing data that is covered under the Data Privacy Laws.

PUBLIC RELATIONS/PUBLICITY

Our activity programs are in the eye of the public more than any of our academic programs. We receive more praise and are subject to more criticism than any other program. How we conduct ourselves as coaches, athletes, parents and fans will be a reflection of the entire school system.

All Head coaches are responsible for notifying all appropriate news media sources immediately at the conclusion of their contest

SOCIAL NETWORKING SITES

As a student at LSH High School, you are expected to follow the student handbook guidelines, even though an event may happen off school property or after school hours.

Social network sites, other digital platforms (including cell phones) and distribution mechanisms that facilitate students communicating with other students are considered "Social Networking" platforms. Participation in such networks has both positive appeal and potentially negative consequences. It is important for the LSH students to be aware of these consequences and exercise appropriate caution if they choose to participate.

Students are not restricted from using any online social network sites and/or digital platforms. However, users must understand that any content they make public via online social networks or digital platforms is expected to follow acceptable social behaviors and also to comply with federal, state and local laws, as well as, your Student Handbook. As an LSH student, you must be aware of your Student Handbook regulations and expectations of our said co-curricular programs. Ignorance of these regulations does not excuse students from adhering to them.

Guidelines for Students:

These guidelines are intended to provide a framework for students to conduct themselves safely and responsibly in an online environment. As a student at Le Sueur-Henderson you should:

1. Be careful with how much and what kind of identifying information you post on social networking sites. Virtually anyone with an email address can access your personal page. It is unwise to make available information such as full date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Social Media sites provide numerous privacy settings for information contained in its pages. Use these settings to protect private information However, once posted, remember the information becomes property of the website and public record.
2. Be aware that community members, family, and potential current and future employers and college admissions offices often access information you place on online social networking sites. You should think about any information you post on sites or similar directories that potentially portrays

an image of you to a prospective employer or school. The information is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.

3. Be careful in responding to unsolicited emails asking for passwords or PIN numbers. Reputable businesses do not ask for this information in emails.
4. Don't have a false sense of security about your rights to freedom of speech when using Social Media. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions or personal accountability.
5. Remember photos once put on the social network site's server become their property and public record. You may delete the photo from your profile but it still stays on their server. Internet search engines like Google or Yahoo may still find that image long after you have deleted it from your profile. Think long and hard about what type of photo you want to represent you.
6. Whoever is the adult (over 18) responsible for the contracts, computers, phone lines, etc.is liable (civil and criminal) for your actions as a minor as well.

Things Students Should Avoid:

1. Derogatory language or remarks about our students, teammates, school personnel and our community at-large; as well as, teachers, or coaches; student-athletes, administrators or representatives of other schools.
2. Demeaning statements about or threats to any third party (including support of demeaning statements and threats - don't respond to these).
3. Distribution and possession of unauthorized videos and photos or statements depicting violence; hazing; sexual harassment and content; vandalism; stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
4. Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
5. Indicating knowledge of unreported felonies, crimes, thefts or damage to property or unethical behavior.
6. Indicating knowledge of an unreported school or team violation - regardless if the violation was unintentional or intentional.

One of the biggest lessons social network users can learn is that anything you post online enters the public record. You never know who may be looking and when.

Students, parents and guardians, let it be known that any student in violation of said conduct is subject to consequences to be determined by the Administration, Principal and/or Activities Director.

The Minnesota State High School League Student Code of Responsibilities, Bylaw 206.00, is applicable and relevant in all student related issues and concerns in such matters.

WEDNESDAYS/SUNDAYS

No practice or competition is allowed on Sundays as per MSHSL guidelines. Wednesday practices will end at 5:45pm so as not to conflict with family night. Rarely will an athletic activity take place on a Wednesday evening. Exceptions may result from Section tournaments/games in which we, as a school district, have no control.

HOLIDAYS/VACATIONS

Practices will not be held on Thanksgiving Day, Christmas Day and New Year's Day. Coaches will avoid practices on other holidays whenever possible. Practice or games may be held during holiday and vacation periods but separate practice schedules for these periods shall be made and distributed to the athletes involved well in advance of the holiday/vacation period

ACTIVITY PASSES

Activity passes may be purchased at the Activities Office at the High School or at the gate before games. **The passes may be used for regular season home events, excluding tournaments and/or playoffs.** *Passes cannot be used for post season tournament play.*

Student Season Pass:	$45
Adult Season Pass:	$90
Non-Resident Senior Citizen	$30
Sr. Citizen LSH Resident (60 yrs. +)	Free

EMERGENCY CLOSING OF SCHOOL

In most instances, if there is an emergency school closing or if school is closed due to inclement weather, all co-curricular practices, games, or events will be canceled or postponed. Exceptions to this policy may occur if conditions improve throughout the day and travel is deemed safe for games and/or practices. A final decision on participation in Activities during emergency closing situations will be made by the Superintendent, Activities Director, Building Principal, and Director of Transportation.

COACHES CODE OF CONDUCT

Coaches at Le Sueur-Henderson Middle/High School are expected to follow the following code of conduct in their relationships with student athletes.

As a coach, I recognize:

- My position as a role model for all students in terms of my language, behavior and attitudes.
- My responsibility is to treat all athletes fairly and with dignity and respect.
- My need to exhibit the highest ethical and moral behavior at all times.
- The importance of honesty, integrity and respect for the rules and my responsibility to teach these values to my athletes.
- The need to keep winning and losing in its proper perspective.
- That athletes are students first and athletes second and I will do everything possible to help students be successful in school.
- The importance of each activity that students participate in and will do whatever I can to support all activities.
- My need to be receptive to parent concerns.

ACTIVITY EVALUATIONS

Included at the back of this packet is a copy of the Le Sueur-Henderson Middle/High School Activities Evaluation Form. Please use this form to evaluate your son/daughter's participation in school activities. The purpose of this evaluation is to gain feedback from parents and students so that we can constantly improve the activity programs offered at Le Sueur-Henderson Middle/High School. The evaluations also give coaches/directors feedback, which help them in their professional growth. You are asked to be constructive in your comments, providing positive and supportive feedback, as well as suggestions for improvement and/or criticism of a coach/director. Everyone appreciates hearing that they are doing a good job. Coaches have been asked to include a copy of this evaluation in their team handout or to make

evaluations available at their end of season banquet. Thank you for your continued support of GIANTS activities!

LE SUEUR-HENDERSON SCHOOL SONG

FIGHT, FIGHT, LSH LET'S FIGHT

GO, GO, *YOU GIANTS*

WIN, WIN, YOU BLUE AND GOLD WE'RE

WITH YOU TONIGHT RAH, RAH, RAH

FIGHT, FIGHT, TO VICTORY TEAM,

TEAM, IT'S YOUR GAME SCORE,

SCORE, SCORE

AND THEN SCORE SOME MORE, YOU GIANTS TEAM!!

Pause LSH, LSH

LSH, LSH

GIANTS, GIANTS

What Are Sports Injuries?

The term sports injury, in the broadest sense, refers to the kinds of injuries that most commonly occur during sports or exercise. Some sports injuries result from accidents; others are due to poor training practices, improper equipment, lack of conditioning, or insufficient warm-up and stretching.

Although virtually any part of your body can be injured during sports or exercise, the term is usually reserved for injuries that involve the musculoskeletal system, which includes the muscles, bones, and associated tissues like cartilage.

Concussion Protocol

LSH will follow the concussion protocol outlined by our Athletic Training provider (Orthopedic and Fracture Clinic/Ridgeview). All coaches will have concussion training as part of their yearly coaches continuing education training and athletes in grades 7-9-11 will have baseline testing (if available) as part of our protocol. Should an athlete be diagnosed with a concussion the "Return to Play" protocol will be followed before an athlete can safely return to activity.

Other Common Types of Sports Injuries

A ***bruise or contusion*** results when muscle fiber and connective tissue are crushed; torn blood vessels may cause a bluish appearance. Most bruises are minor, but some can cause more extensive damage and complications.

A **strain** *is a twist, pull, or tear of a muscle or tendon, a cord of tissue connecting muscle to bone. It is an acute, non contact injury that results from overstretching or over-contraction. Symptoms of a strain include pain, muscle spasms, and loss of strength.*

A **sprain** *is a stretch or tear of a ligament, the band of connective tissue that joins the end of one bone with another. Sprains can range from first degree (minimally stretched ligament) to third degree (a complete tear). Signs of a sprain include varying degrees of tenderness or pain; bruising; inflammation; swelling; inability to move a limb or joint; or joint looseness, laxity, or instability.*

Acute fractures: a break with little damage to the surrounding tissue or compound break in which the bone pierces the skin with little damage to the surrounding tissue. Most acute fractures are emergencies. One that breaks the skin is especially dangerous because there is a high risk of infection.

Stress fractures: Stress fractures occur largely in the feet and legs and are common in sports that

require repetitive impact, primarily running/jumping sports such as gymnastics or track and field. Running creates forces two to three times a person's body weight on the lower limbs. The most common symptom of a stress fracture is pain at the site that worsens with weight-bearing activity. Tenderness and swelling often accompany the pain.

What's the Difference Between Acute and Chronic Injuries?

Acute injuries, such as a sprained ankle, strained back, or fractured hand, occur suddenly during activity. Signs of an acute injury include the following:

- Sudden, severe pain, swelling
- Inability to move a joint through its full range of motion
- Inability to place weight on a lower limb
- Extreme tenderness in an upper limb
- Extreme limb weakness
- Visible dislocation or break of a bone

Chronic injuries usually result from overusing one area of the body while playing a sport or exercising over a long period. The following are signs of a chronic injury:

- pain when performing an activity
- Swelling
- A dull ache when at rest

What Should I Do if I Suffer an Injury?

First point of contact is the coaches and staff, then the athletic trainer. Most injuries can be treated with the help and direction from the athletic trainer but that doesn't eliminate a visit to the primary physician if desired. Whether an injury is acute or chronic, there is never a good reason to try to "work through" the pain. Just STOP! Continuing the activity only causes further harm and possible tissue damage.

When to Seek Medical Treatment

- The injury causes severe pain, swelling, or numbness.
- You can't tolerate any weight on the area.
- The pain or dull ache of an old injury is accompanied by increased swelling or joint abnormality or instability.

How to Treat at Home

If you don't have any of the above symptoms, it's probably safe to treat the injury at home-at least at first. If pain or other symptoms worsen, it's best to check with your healthcare provider. Use the RICE method to relieve pain and inflammation and speed healing. Follow these four steps immediately after injury and continue for at least 72 hours.

- *Rest.* Reduce regular exercise or activities of daily living as needed. If you cannot put weight on an ankle or knee, crutches may help.
- *Ice.* Apply an ice pack to the injured area for 15-30 minutes at a time, four to eight times a day. An ice bag or plastic bag filled with crushed ice can be placed directly on the skin but if a GEL pack is used, a barrier NEEDS to separate the pack and the skin.
- *Compression.* Compression of the injured area may help reduce swelling. Compression should also be used during the icing process; (1) to hold cold therapy in place, and (2) compression of tissue will promote an improved environment for healing. Elastic wraps or ACE bandage work well.
- *Elevation.* If possible, keep the injured ankle, knee, elbow, or wrist elevated on a pillow, above the level of the heart, to help decrease swelling. Whenever not in use- elevate the injury.

The Body's Healing Process

From the moment a bone breaks or ligament tears, your body goes to work to repair the damage. Here's what happens at each stage of the healing process:

At the moment of injury: Chemicals are released from damaged cells, triggering a process called inflammation. This process causes tissues to become swollen, tender, and painful; although inflammation is needed for healing, it can actually slow the healing process if left unchecked. Blood vessels at the injury site become dilated; blood flow increases to carry nutrients to the site of tissue damage.

Within hours of injury: White blood cells (leukocytes) travel down the bloodstream to the injury site where they begin to tear down and remove damaged tissue, allowing other specialized cells to start developing scar tissue.

Within days of injury: Scar tissue is formed on the skin or inside the body. The amount of scarring may be proportional to the amount of swelling, inflammation, or bleeding within. In the next few weeks, the damaged area will regain a great deal of strength as scar tissue continues to form.

Within a *month of injury:* Scar tissue may start to shrink; bringing damaged, torn, or separated tissues back together. However, it may be several months or more before the injury is completely healed.

Who Should I See for My Injury?

Depending on your preference and the severity of your injury or the likelihood that your injury may cause ongoing, long-term problems, you may want to see, or have your primary health care professional refer you to, one of the following:

- *Athletic Trainer:* A health care professional who can make an assessment, provide treatment, and develop a rehabilitation program for the injury right through the high school. Should advanced care and modalities be needed, free consults through the Orthopaedic and Fracture Clinic are available. Time specific, only at 8 am Monday thru Friday at the Wickersham Health Campus.
- *Physical Therapy:* A health care professional who can diagnosis, provide treatment, and develop a rehabilitation program immediately following an injury or upon referral from your primary care
- *Orthopaedic surgeon:* A doctor specializing in the diagnosis and treatment of the musculoskeletal system, which includes bones, joints, ligaments, tendons, muscles, and nerves.

Rest

Although it is important to get moving as soon as possible, you must also take time to rest following an injury. All injuries need time to heal; proper rest will help the process. Your health care professional can guide you regarding the proper balance between rest and rehabilitation.

Rehabilitation (Exercise)

A key part of rehabilitation from sports injuries is a graduated exercise program designed to return the injured body part to a normal level of function.

With most injuries, early mobilization - getting the part moving as soon as possible-will speed healing. Generally, early mobilization starts with gentle range-of-motion exercises and then moves on to stretching and strengthening exercise when you can without increasing pain.

As damaged tissue heals, scar tissue forms, which shrinks and brings torn or separated tissues back together. As a result, the injury site becomes tight or stiff, and damaged tissues are at risk of re-injury. That's why stretching and strengthening exercises are so important. You should continue to stretch the muscles daily and as the first part of your warm-up at the beginning of exercise.

The athletic trainer has prepared sheets of rehabilitation exercises for various injuries that can be performed at school and at home. Remember that progression is the key principle for the injured body

part and return to play. Start with just a few exercises, do them often, and then gradually increase how much you do. A complete rehabilitation program should include exercises for flexibility, endurance, and strength; instruction in balance and proper body mechanics related to the sport; and a planned return to full participation.

Throughout the rehabilitation process, avoid painful activities and concentrate on those exercises that will improve function in the injured part. Don't resume your sport until you are sure you can stretch the injured tissues without any pain, swelling, or restricted movement, and monitor any other symptoms. When you do return to your sport, start slowly and gradually build up to full participation. For more advice on how to prevent injuries as you return to active exercise.

Other Therapies

• ***Cold/cryotherapy:*** Ice packs reduce inflammation by constricting blood vessels and limiting blood flow to the injured tissues. Cryotherapy eases pain by numbing the injured area. It is generally used for only the first 72 hours after injury. Cold therapy needs to be a timed event; 15-30 minutes on and 30-45 minutes *off*. The timing of the event permits sufficient vasoconstriction and slowed metabolism, only to allow the body a chance to return to homeostasis (98.6° F). At this time only warm, nutrient rich, and oxygen rich red blood enters and the repair
process works optimally.

• ***Heat/thermotherapy:*** Heat, in the form of hot compresses or heating pads, causes the blood vessels to dilate and increase blood flow to the injury site. Increased blood flow aids the healing process by removing cell debris from damaged tissues and carrying healing nutrients to the injury site. Heat also helps to reduce pain. It should not be applied within the first 72 hours after an injury. Heating pads are dry heat and can damage tissue through the removal of body moisture and sweating; these should be used on a timed basis, error on the side of caution (5-10 minutes on low settings).

• ***Massage:*** Manual pressing, rubbing, and manipulation soothe tense muscles and increase blood flow to the injury site. Warming tissue prior to massage will assist this process, followed with a gentle stretch for 30 seconds.

For More Information

The National Institute of Arthritis and Musculoskeletal and Skin Diseases Website http://www.niams.nih.gov
National Athletic Trainers Association: http://www.nata.org
American Academy of Orthopaedic Surgeons (AAOS) http://www.aaos.org
American Academy of Pediatrics http://www.aap.org
American Medical Society for Sports Medicine http://www.amssm.org American Orthopedic Society for Sports Medicine http://www.sportsmed.org American Physical Therapy Association http://www.apta.org
American College of Sports Medicine http://www.acsm.org

LE SUEUR-HENDERSON PUBLIC SCHOOL GRIEVANCE PROCEDURE FOR COMPLAINTS OF DISCRIMINATION

The following grievance procedure applies to claims of sex and disability discrimination:

A. Any person who believes he or she has been the victim of unlawful discrimination or any person with knowledge or belief of conduct that may constitute unlawful discrimination shall report the alleged acts immediately to an appropriate school district official designated by this policy. The complaint must be filed within 30 calendar days of the alleged violation.

B. The Human Rights Officer is responsible for receiving oral or written complaints of unlawful discrimination toward an employee or student. However, nothing in this policy shall prevent any person from reporting unlawful discrimination toward an employee or student directly with the Human Rights Officer, the school board or other school district official.

C. While the school board has designated the Human Rights Officer to receive complaints of unlawful discrimination, if the complaint involves the Human Rights Officer, the complaint shall be made to the superintendent.

D. Upon receipt of a complaint, the Human Rights Officer shall immediately notify the superintendent. If the superintendent is the subject of the complaint, the Human Rights Officer shall immediately notify the school board.

E. The Human Rights Officer may request but not insist upon a written complaint. Alternative means of filing a complaint, such as through a personal interview or by tape recording, shall be made available upon request for qualified persons with a disability. If the complaint is oral, it shall be reduced to writing within 24 hours and forwarded to the superintendent. Failure to do so may result in disciplinary action. The school district encourages the reporting party to complete the complaint form for written complaints. It is available from the principal of each building or the school district office.

F. The school district shall respect the privacy of the complainant, the individual(s) against whom the complaint is filed, and the witnesses, consistent with the school district's legal obligations to investigate, take appropriate action, and comply with any discovery or disclosure obligations.

INVESTIGATION

A. The Human Rights Officer, upon receipt of a complaint alleging unlawful discrimination shall promptly undertake an investigation if deemed appropriate. The investigation may be conducted by the Title IX coordinator for complaints of sex discrimination or the Section 504 Coordinator for complaints of disability discrimination, or a school district official or neutral third party designated by the Title IX Coordinator, Section 504 coordinator or Human Rights Officer. The investigation shall be completed within 30 days of the complaint, unless impracticable.

B. The investigation may consist of personal interviews with the complainant, the individual(s) against whom the complaint is filed, and others who may have knowledge of the alleged incident(s) or circumstances giving rise to the complaint.
The investigation may also consist of other methods deemed pertinent by the investigator.

C. In determining whether the alleged conduct constitutes a violation of this policy, the
school district shall consider the facts and the surrounding circumstances such as the nature of the

behavior, past incidents or continuing patterns of behavior, the relationships between the parties involved and the context in which the alleged incident occurred.

D. The school district may take immediate steps to protect the parties involved in the complaint process, pending completion of an investigation of alleged unlawful discrimination.

E. Upon completion of the investigation, the school district investigator shall make a written report to the Human Rights Officer. If the complaint involves the Human Rights Officer, the report may be filed directly with the superintendent or school board. The report shall include the facts, a determination of whether the allegations have been substantiated, whether a violation of this policy has occurred as well as a description of any proposed resolution which may include alternative dispute resolution.

F. The district shall comply with federal and state law pertaining to retention of records.

APPEAL

If the grievance has not been resolved to the satisfaction of the complainant, s/he may appeal to the Human Rights Officer within ten (10) school days of receipt of the findings of the school district investigation. The school district investigator shall conduct a review of the appeal and within ten (10) school days of receipt of the appeal, shall affirm, reverse, or modify the findings of the report. The decision of the school district investigator is final but does not preclude pursuit of alternative complaint procedures noted in the section entitled "Right to Alternative Complaint Procedures."

SCHOOL DISTRICT ACTION

A. Upon conclusion of the investigation and receipt of the findings, the school district shall take appropriate action. If it is determined that a violation has occurred, such actions may include, but is not limited to, warning, suspension, expulsion, transfer, remediation or termination.

School district action taken for violation of this policy shall be consistent with the requirements of applicable collective bargaining agreements, Minnesota and federal law and school district policies.

B. The result of the school district's investigation of each complaint filed under these procedures shall be reported in writing to the complainant by the school district in accordance with state and federal law regarding data or records privacy.

RETALIATION

The school district shall take appropriate action against any student, teacher, administrator or other school personnel who retaliates against any person who reports alleged unlawful discrimination toward an employee or student or any person who testifies, assists or participates in an investigation or hearing relating to such unlawful discrimination. Retaliation includes, but is not limited to, any form of intimidation or harassment.

CONFLICT OF INTEREST

If there is a conflict of interest with respect to any party affected by this policy, appropriate action shall be taken such as, but not limited to, appointing or contracting with a neutral third party investigator to conduct the investigation or recusal from the process by the person for whom a conflict or potential conflict of interest exists.

DISSEMINATION OF POLICY

The school district shall adopt and publish these procedures.

RIGHT TO ALTERNATIVE COMPLAINT PROCEDURES
These procedures do not deny the right of any individual to pursue other avenues of recourse, which may include filing charges with the agencies listed below or initiating action in state or federal court.

Claims of discrimination may also be pursued through the following agencies where appropriate:
U.S. Department of Education
Office for Civil Rights, Region V
500 W. Madison Street- Suite 1475
Chicago, IL 60661
Tel: 312-730-1560
TDD: 312-730-1609

MN Department of Human Rights
190 E 5th Street
St. Paul, MN 55101
800.657.3704
651.296.5663
TDD 651.296.1283

For complaints of employment discrimination:
Equal Employment Opportunity Commission
330 S. 2nd Avenue
Suite 430
Minneapolis, MN 55401
800.669.4000
612.335.4040
TDD 612.335.4045

This document provides general information and is not to be a substitute for legal advice. Changes in the law, including timelines for filing a complaint, may affect your rights.

Employment Background Checks: MSBA Policy 404
https://www.isd2397.org/district/school_board/policies

Student Sex Non-Discrimination: MSBA Policy 522
https://www.isd2397.org/district/school_board/policies

END-OF-THE SEASON EVALUATION
LE SUEUR-HENDERSON MIDDLE/HIGH SCHOOL SPORTS/ACTIVITIES

Sport/Activity: _____ **Name:** _____
Person Completing this form: _____

Participation Level (please circle one): Var "B" "C" 8th 7th **Gender:**
Girls Boys

Dear Le Sueur/Henderson Parents/Guardians,
I would like you to fill out this brief evaluation so that we can continue to improve our activity programs. Please be honest, constructive and sincere in your comments. I will compile the results of the evaluations

and share them with the coach/advisor. The purpose of this evaluation is to help our coaches.advisors continue to grow and improve as individuals and as coaches/advisors.

Mission Statement for GIANTS Activities:
Le Sueur-Henderson Middle/High School, in partnership with its students, coaches and families will encourage and support participation in all of the co-curricular activities offered at LSH.

Our goal is to instill "GIANT PRIDE" throughout the school district and the communities in which we live in.
GIANT PRIDE is based on the six pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Citizenship, & Caring.

1. How well was the mission statement followed?
   Excellent Good Fair Poor Very Poor Don't Know

   Comments:

2. Were the team and individuals dealt with in a fair manner?
   Excellent Good Fair Poor Very Poor Don't Know

   Comments:

3. How would you rate the coaching? Please explain your reasoning for this rating.
   Excellent Good Fair Poor Very Poor Don't Know

   Comments:

4. What is your overall rating of the experience you or your son/daughter had with the activity just completed?
   Excellent Good Fair Poor Very Poor Don't Know

   Comments:

5. The coach was fair, trustworthy, caring, respectful, & responsible with team members throughout the season?
   Excellent Good Fair Poor Very Poor Don't Know

   Comments:

6. The coach promotes and demonstrates good sportsmanship and citizenship whether we win or lose?
   Excellent Good Fair Poor Very Poor Don't Know

   Comments:

7. What one thing would you tell your coach that would help him/her to become a better coach?
   Excellent Good Fair Poor Very Poor Don't Know

Comments:

Thank you for taking the time to complete this survey.

Please return to:
Paul Theorin, Activities Director
Le Sueur-Henderson High School
901 East Ferry Street
Le Sueur, MN 56058

Le Sueur-Henderson Public Schools

Independent School District 2397

Le Sueur-Henderson Middle/High School
901 East Ferry Street
Le Sueur, MN 56058
Phone: (507) 665-4600 ● www.isd2397.org ● Fax: (507) 665-6858

LS-H Athletic Department
Acceleration Policy

Occasionally a need to accelerate an athlete to a higher level of play is required or requested. This is usually based upon team need or a particular athlete's skill level. The process of acceleration has several steps.

1. The coach will meet and discuss the situation with the Activities Director
2. The coach will discuss the situation with the parents (done prior to the athlete's knowledge)
3. If the parent(s) are in agreement with the acceleration, the athlete is informed and if the athlete is in favor of the move, the acceleration takes place.
4. If the parent(s) disapprove, the process stops and the athlete will stay at the current level without knowledge of the discussions.

Accelerating an athlete can be a touchy situation. There are pluses and minuses for such a move. I do not recommend accelerating an athlete unless it is to the varsity level and then only if it is seen that the athlete will make a significant impact on the success of the team.

This form pertains to students in grades 7 & 8 who may be asked by their coach to be move to a higher level of competition:

DATE: _____ SPORT: _____ GRADE: _____

NAME OF STUDENT: _____

CURRENT LEVEL OF COMPETITION: _____ LEVEL OF MOVE REQUESTED: _____

A move to a high level of competition may result in:

- Higher level of competition
- Greater number of competitive events
- More travel
- Later home arrivals after events
- Higher risk of injury
- Situations with other students

_____ I approve of proposed level move
_____ I disapprove of proposed move

Parent Signature_____ Athlete Signature_____

A.D. Signature_____ Coaches Signatures_____
_____
_____

Dear Parent(s)/Guardian(s),

Le Sueur-Henderson High School assumes that certain directory information will be released **unless a parent requests that no information** be given. The information included in this assumption is team directories, rosters, newspaper releases, awards, etc.

Due to Data Privacy Laws, the Le Sueur-Henderson School District must have a signed "Request for Denial of Release of Information" so that if and when requested, information is not released to schools making athletic inquiries about your child, etc.

Please read and sign the **Denial to Release** form at the bottom of the page IF this is your wish and have your son/daughter return the form to his/her coach.

Thank you for your cooperation,

Paul Theorin
Activities Director

Requesting DENIAL of RELEASE OF INFORMATION

I/We **DO NOT** give permission to the Le Sueur-Henderson High School Activities Department and school district coaches to release information concerning my/our son/daughter, for the current school year, to appropriate personnel

from a college/university who may request information for recruiting purposes.

____ I/We also **DO NOT** give permission for coaches to publish my/our name(s) in directory information that is given to other members of my/our son's/daughter's team.

____ I/We **DO NOT** give permission to LSH to publish our student's name on rosters, newspaper releases, awards, etc. regarding his/her athletic activities.

Student's name:_____

Parent's/Guardian's signature:_____

Date:_____

Return form to your coach to be placed in the Athletic Office file









LE SUEUR-HENDERSON PUBLIC SCHOOLS

SCHEDULED MEETINGS/ACTIVITIES

DATE	*DESCRIPTION*	*TIME*	*LOCATION*
November 2, 2026	Regular School Board Meeting	6:30 PM	MS/HS Media Center
November 16, 2026	School Board Work Session	6:30 PM	MS/HS Media Center
December 7, 2026	TnT/Levy Adopt	6:00 PM	MS/HS Media Center
December 7, 2026	Regular School Board Meeting	Following	MS/HS Media Center
December 21, 2026	School Board Work Session (optional)	6:30 PM	MS/HS Media Center
January 4, 2027	Organizational Meeting	6:30 PM	
January 4, 2027	Regular Meeting	following	MS/HS Media Center
January 14, 2027	*Minnesota School Boards Assoc.*		
January 15, 2027	*Leadership Conference*	*All Day*	*Minneapolis Convention Center*

https://docs.google.com/spreadsheets/d/1veOz-5YPT7Eu8-Fp