



East Lansing Board of Education

509 Burcham Drive, East Lansing, MI 48823

Items of Information
January 23, 2023 - 7:00 PM
Board Room
509 Burcham Drive
East Lansing, Michigan 48823



Agenda

I. Future Action

A. 5707 School Wellness Policy

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II. Committees

A. Sex Ed Advisory Committee

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- Agenda - January 19, 2023
- Minutes - November 17, 2022

Respectfully Submitted,

*Dori Leyko
Superintendent*



East Lansing
Public Schools

MEMORANDUM

TO: ELPS Board of Education, Dori Leyko, Superintendent

FROM: Richard Pugh, Director of Finance & Operations

SUBJECT: Informational Item – 5707 School Wellness Policy

DATE: January 19, 2023

Background:

It was recently discovered that none of the District's new Board policies contain a food service bad debt meal policy. I reached out to Thrun Law Firm to request such a policy and they were aware of the omission and were planning to release an updated policy this summer. However, I am in the process of submitting a food service management company RFP to MDE, for their review, and the District's bad debt policy is part of the submission. Thrun has provided the attached revision to policy 5707 (School Wellness Policy) to include bad debt language. This policy may be revised further by Thrun for a summer release.

I will request the Board take action on the attached revised policy 5707 at the February 13, 2023 Board meeting.

Series 5000: Students, Curriculum, and Academic Matters

5700 Student Health and Safety

5707 School Wellness Policy

The District is committed to providing a school environment that enhances opportunities for learning and lifelong wellness.

A. Nutrition Promotion and Education Goals

All students will receive nutrition education annually that is aligned with the Michigan Health Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Health Education. Teaching healthy eating behaviors will be part of the curriculum.

The District promotes healthy food and beverage choices for students. The District will implement evidence-based healthy food promotion techniques through:

1. offering school meal programs; and
2. publicizing foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards. The District will collaborate with public and private entities to promote student wellness.

The District will make water available to students throughout the school day.

B. Physical Activity Goals

The District will offer physical education programs that are designed to equip students with the knowledge, skills, and values necessary for lifelong physical activity. Physical education instruction will be aligned with the Michigan Physical Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Physical Education.

Students will have the opportunity to participate regularly in supervised physical activities, either organized or unstructured, intended to maintain physical fitness and an understanding of the benefits of a physically active and healthy lifestyle.

The District strives to provide physical activity breaks for all students, including recess for elementary students and before and after school activities, and encourages students to use active transport (e.g., walking, biking).

The District encourages parents/guardians to support their students' participation in physical activity, to be physically active role models, and to include physical activities in family events.

C. Goals for Other School-Based Activities Designed to Promote Student Wellness

The District may partner with community members or groups to implement this Policy. The District will also:

1. participate in state and federal child nutrition programs as appropriate;
2. allow other health-related entities to use school facilities for activities such as health clinics, screenings, and wellness events consistent with Policy 3304;
3. use evidence-based strategies to develop, structure, and support student wellness; and
4. create environments conducive to healthy eating, physical activity, and conveying consistent health messages.

D. Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students on the School Campus and During the School Day

The District will ensure that students have access to foods and beverages that comply with applicable laws and guidelines including, but not limited to, the USDA Nutrition Standards for School Meals and the USDA Smart Snacks in School nutrition standards.

The District will offer students a variety of age-appropriate, healthy food and beverage selections including fruits, vegetables, and whole grains aimed at meeting the nutrition needs of students within their calorie requirements to promote student health and reduce childhood obesity.

E. Standards for All Foods and Beverages Provided, But Not Sold, to Students During the School Day

The District may provide a list of healthy food and beverage alternatives to parents/guardians, teachers, and students for classroom parties, rewards and incentives, or classroom snacks. The District discourages the use of unhealthy food and beverages as a reward or incentive for performance or behavior.

F. Food and Beverage Marketing

Marketing and advertising is allowed on school grounds or at school activities only for foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards. Food and beverage fundraising and marketing that occurs at events outside of school hours need not comply with the USDA Smart Snacks in School nutrition standards.

In-school fundraising events must comply with Policy 5501 and MDE's Non-Compliant Food Fundraiser Guidance, which permits 2 fundraisers per week, per school building that do not comply with USDA Smart Snacks in School nutrition standards. In-school fundraising events may last up to 1 day and may not be held in the food service area during meal times.

Equipment that currently displays noncompliant marketing materials (e.g., scoreboard with soft drink logo) will not be removed or replaced. As the District reviews and considers new contracts and as durable equipment, like scoreboards, is replaced or updated, any food or beverages marketed and advertised will meet or exceed the USDA Smart Snacks in School nutrition standards.

G. Wellness Committee

The District will form a Wellness Committee to establish goals for, oversee, and periodically review and update school health policies and programs. The Wellness Committee will also oversee this Policy's implementation.

The Wellness Committee will represent all school buildings and include, to the extent possible, parents/guardians, students, food service representatives, physical and health education teachers, school and community health care professionals, and community members. The Board encourages community participation in the Wellness Committee. When possible, membership will also include Supplemental Nutrition Assistance Program education coordinators.

H. Implementation and Oversight

The Superintendent or designee is responsible for ensuring that each school building complies with this Policy.

The Board will review this Policy at least every 3 years to determine compliance, progress, and the extent to which this Policy compares to model school wellness policies. Parents/guardians, students, school employees, school health professionals, Board members, and community members may provide input to the District during the Wellness Policy review process.

A copy of this Policy will be maintained in the District's administrative offices and posted on the District's website. The Superintendent or designee will maintain all legally required documentation for implementation of this Policy.

The Superintendent or designee will annually provide notice about this Policy and any updates to the community.

School Meal Program – Delinquent Meal Charge Debt and Bad Debt

The District is required to make reasonable efforts to collect unpaid meal charges of current students. The building principal or designee will contact households about unpaid meal charges and may establish payment plans and due dates by telephone, e-mail, or other written or oral communication. If these collection efforts are unsuccessful, the District may pursue any other methods to collect delinquent debt of current students as allowed by law. Collection efforts may continue into a new school year.

Unpaid meal charges of inactive students, such as graduated students and students no longer enrolled at the District, that are not collected by the end of the school year will be classified as bad debt. No later than December 31 of the following school year, non-federal funds will be used to reimburse the school meal program for the amount of bad debt.

Date adopted:

Date revised:

**Sex Education Advisory Board Meeting
Board Meeting Room – East Lansing High School
January 19, 2023**

- 1) Call to Order: Melissa Fore
- 2) Membership Roll Call
- 3) Approval of Previous Meeting's Minutes
- 4) Approval/Additions to the Agenda
- 5) Public Comment
- 6) Willow Health Center – Ingham County Health Department Guest
- 7) Presentations/Committee Reports
 - a. Sex Ed Director Report
- 8) Unfinished Business
 - a. MiPHY Data
 - b. 4th Grade Videos
- 9) New Business
 - a. High School Videos (if time)
- 11) Announcements
 - a. Next Meeting February 16, 2023
- 12) Adjournment

Sex Education Advisory Board Meeting

Board Meeting Room – East Lansing High School

November 17, 2022

- 1) **Call to Order:** The meeting was called to order by Melissa Fore at 6:37 p.m.
- 2) **Membership Roll Call.** Members present: Melissa Fore, Diane Tuinstra, Sara Smith, Rev. Liz Miller, Aiyana Rosinski, Megan Mass, Bridget Burns-King, Heather Marlow, Karessa Wheeler, Evan Newcombe, Jonathan Gold.
- 3) **Approval of Previous Meeting's Minutes.** A motion to approve the October 2022 meeting minutes without any changes was made by Rev. Liz Miller and seconded by Bridget Burns-King. Motion passed unanimously.
- 4) **Approval/Additions to the Agenda.** A motion to approve the agenda without any changes was made by Heather Marlow and seconded by Karessa Wheeler. Motion passed unanimously.
- 5) **Public Comment.** There was no public comment.
- 6) **Students for Gender Equality Guests.** Co-presidents of Students for Gender Equality (SGE), Beatrice Carr and Alex Arnold met with the SEAB and discussed SGE's goals and accomplishments. This year their goals include placing free period products in restrooms, inviting a speaker from MSU's Prevention, Outreach & Education to discuss consent and healthy relationships, and looking into the possibility of a Planned Parenthood speaker. Accomplishments this year include a self-defense class and edits to the transgender inclusive Board of Education policy
- 7) **Presentations/Committee Reports**
 - a. **Sex Ed Director Report.** Verbal Aggressiveness – Sara reported that she was unsuccessful in finding a path to address the issue of verbal aggressiveness; the administration returned the issue to the SEAB. Melissa Fore indicated she was contact Donna Kapowitz to discuss her Dialogs. She also suggested the Equimundo website.
- 8) **Unfinished Business**
 - a. **MiPHY Data.** Trisha Kosloski and Heather Marlow will review the MiPhy data and bring it back to the group in January.
 - b. **Birth Control.** Bridget Burns-King brought handouts that they give to teachers. Currently they have methods of birth control and effectiveness again pregnancy and sexually transmitted infections. The ELHS curriculum is from 2007. The movie the SEAB approved most recently for high school on teens who had children should be updated. January task – find new video(s) for high school use. Aiyana Rosinski reported that samples of birth control methods for demonstration were not used in class, only photographs. SEAB will investigate what demonstration kits are available and follow up with teacher as they are supposed to be demonstrating correct condom use. The SEAB also discussed getting Willow back in as guest speakers.
- 9) **New Business**
 - a. 4th Grade videos will be reviewed for the January meeting. Student members reported that the

current 4th grade video very much needs to be replaced. Sara indicated she will send out links to us to review, including the current video.

11) Announcements

a. Next Meeting January 19, 2023

12) **Adjournment.** Diane Tuinstra made the motion to adjourn the meeting. Meeting was adjourned at 7:39.