



East Lansing Board of Education

509 Burcham Drive, East Lansing, MI 48823

Items of Information
December 13, 2021 - 7:00 PM
Board Room
509 Burcham Drive
East Lansing, Michigan 48823



Agenda

I. Future Action

- Board of Education meeting schedule for 2022 - 2023
- CM and Architect professional service fees for extension of bond services and synthetic turf field and tennis courts projects
- Food Service Truck Bid

II. **Elementary Bond Change Order**

III. Committees

- Mental Health Advisory Committee
 - Minutes - October 21, 2021

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Respectfully Submitted,

*Dori Leyko
Superintendent*

MENTAL HEALTH ADVISORY COMMITTEE
AGENDA
VIRTUALLY VIA ZOOM
MHAC ZOOM INFORMATION
Meeting ID: 823 6620 8699
OCTOBER 21, 2021
6:00 PM

1. Call to Order
 - a. Meeting called to order at 6:05pm

2. Approval of Meeting Agenda
 - a. Jenn Brier moved to approve, Gina Zerka seconded, all in favor

3. Welcome New Members and Introductions
 - a. Each member introduced self
 - b. Committee discussed who was absent and noted many school administrators and staff were not able to be present at this month's meeting.

4. Public Comment
 - a. No public comment

5. General Discussion
 - a. Committee discussed as a full group how mental health and mental health services seemed to be going at each building
 - i. Student noted that at high school some students felt that help was not as accessible and noted that recent changes in staff may be part of the issue.
 - ii. Question raised regarding whether TRAILS (Tier 2 programming) will run this year and Lindsay was able to report that both ELHS and MMS will run TRAILS groups.
 - iii. TRAILS Tier 1 programming is not available in ELPS yet and Lindsay reported that there is a selection process for this, waiting to see if ELPS is selected.
 - iv. Reviewed how tiered programming works for all members and reviewed TRAILS programming for new members.
 - v. Member brought up the idea of investigating the Peer-to-Peer curriculum as a Tier 1 intervention, if TRAILS is not available.
 - vi. Another member brought up Navigate 360 as a possible Tier 1 program.

- vii. Discussed how Second Step is delivered in a variable fashion across teachers, likely due to how difficult it can be for teachers to fit it in with other curriculum demands.
 - b. Discussed bathroom closures at MMS and ELHS due to Tik Tok challenge issue
 - i. Student reported that locking bathrooms is an equity issue (intersects with DEI) as students with special needs are required to only use certain bathrooms and that can be burdensome
 - ii. Co-chairs agreed to write letter on behalf of full committee, recommending the re-opening of the bathrooms.
 - c. Discussed the issue of teacher burn-out
 - i. Teachers are asking for more things to be taken off their plates as opposed to more self-care
 - ii. Recognized the systematic issue of teacher burn-out
 - iii. Recognized that teachers are managing behavioral manifestations of trauma in their classrooms
 - 1. Committee member reminded group that “all behavior is communication.”
 - iv. Can we contract with CMH to lift burden off teachers?
 - d. Discussed behavior problems within MMS
 - i. Parents reported numerous accounts of “hazing” of 6th graders
 - ii. Parents reported multiple flights, namely in PE and at lunchtime
 - e. Parents reported a large concern about students on their phone all day at the high school
 - i. It is difficult for students to disconnect and shift back to in-person
 - ii. Committee agreed that it might be useful to think about how to help students “detox” from the addiction of screen.

6. Announcements

- a. Lindsay announced that she plans to touch base with Kate Birdsall re: website
- b. Lindsay announced that SEL screeners are going out to students next week and results can be shared at next. MHAC meeting
- c. Next meeting to be held on **November 18, 2021**

7. Adjournment

- a. Adjourned at 7:32 pm