

Douglas County School District Family Life Sex Education Committee

Minden Elementary School
1170 Baler Street
Minden, NV 89423

Wednesday, January 31, 2024
4:00 PM

Agenda

1. Call to Order

A. Pledge of Allegiance

B. Approval of a Flexible Agenda (*For Possible Action*)

Committee members reserve the right to take items in a different order to accomplish business in the most efficient manner.

2. Public Comment #1

Public comment will be taken during this agenda item regarding any item appearing on the agenda. A sign-up sheet is provided and individuals may address the committee by indicating their desire to speak and the topic about which they will speak. The committee reserves the right to limit the amount of time that will be allowed for each individual to speak. (The time allotted is nontransferable for each speaker.) The committee is precluded from acting on items raised during Public Comment that are not already on the agenda. No action may be taken on a matter discussed under this item until the matter is included on an agenda as an item on which action may be taken. Public Comment #2 will provide an opportunity for public comment on any matter within the Committee's jurisdiction, control, or advisory authority.

3. Review and Approval of September 26, 2023 Meeting Minutes(*For Possible Action*) 3

Attached are the minutes of the September 26, 2023 Family Life Sex Education/AIDS (FLSEA) Meeting for review and approval.

4. Work Session (Information, Discussion, and for Possible Action) 5

A. Welcome and Introductions

Committee members will introduce themselves and official role will be taken

B. Review update slide deck and proposed lessons around health and personal safety (Discussion)

The committee will review the curriculum from the Nevada Department of Education.

5. Public Comment #2

Public comment will be taken during this agenda item on any matter within the committee's jurisdiction, control, or advisory authority. No action may be taken on a matter discussed under this item until the matter is included on an agenda as an item on which action may be taken. A sign-up sheet is provided and individuals may address the committee by indicating their desire to speak and the topic about which they will speak. The committee reserves the right to limit the amount of time that will be allowed for each individual to speak. (The time allotted is nontransferable for each speaker.) The committee is precluded from acting on items raised during Public Comment that are not already on the agenda. No action may be taken on a matter discussed under this item until the matter is included on an agenda as an item on which action may be taken.

6. Adjournment

(*) Times are estimated. Items on the Agenda may be taken out of order. The Board of Trustees may combine two or more agenda items for consideration, and may remove an item from the agenda or delay discussion relating to an item on the agenda at any time. Generally speaking, the item will be heard no earlier than the time indicated.

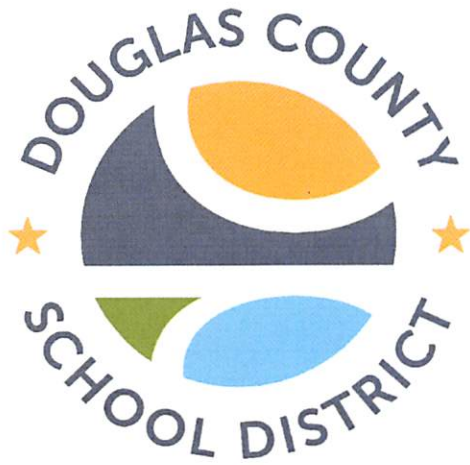
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Douglas County School District, Minden, NV

District website: www.dcsd.k12.nv.us

State of Nevada website: <https://notice.nv.gov>



Douglas County School District
Family Life Sex Education Committee

Minden Elementary School

1170 Baler St
Minden, NV 89423

DRAFT

Tuesday, September 26, 2023
3:45 PM

MINUTES

Present:

Committee Members

Jason Carter, PDC
Kristin Miller, Parent
Michelle Brown, Parent
Pam Gilmartin, Principal
Rachel Hamer, Parent
Shannon Brown, Executive Director

1. Call to Order (For Possible Action)

Mr. Brown called the meeting to order at 4:00 PM

A. Pledge of Allegiance

Mr. Brown led the Committee for the Pledge of Allegiance.

B. Adoption of Agenda (For Possible Action)

Committee members approved the adoption of this agenda.

2. Public Comment #1

There was no public comment.

3. Review and Approval of April 26, 2023 Meeting Minutes (For Possible Action)

Motion to approve the minutes was made by Ms. Gilmartin and seconded by Ms. Miller. The motion was unanimously approved.

4. Work Session (Information, Discussion, and for Possible Action)

A. Welcome and Introductions

Mr. Brown led the introductions of the Committee members and briefly reviewed the purpose of the Committee.

B. Review Model Curriculum from Nevada Department of Education (Discussion)

Mr. Brown led the discussion with a slideshow for reviewing the middle school model curriculum and adopted health standards in the strands pertaining to Family Life Sex Education from the NDE. Mr. Brown reminded the Committee of their role which is to review updated materials and resources for consideration.

Model Curriculum items that were discussed include:

- The Personal Safety Strand - Need to summarize the reporting process for students. Trusted adults and SafeVoice are two ways for students to report as well as the SROs have an outline of who they can talk to.
- Reviewed videos in the slideshow and discussed which slides were appropriate for middle school students:
 - **Before You Hit Send** - Good lesson on cyberbullying and texting. Possibly for 6th grade.

- **Healthy Relationship Quiz** - Under reporting and also fits under behaviors and healthy relationship standards.
- **10 Signs you May be Experiencing Relationship Abuse** - What you can do afterwards. Explores Do's and Don'ts with good contact information. Goes well with Relationship Quiz. Possibly include a link to resources for teachers?
- **Human Trafficking and Ways to Get Help** - Possibly wait until 8th grade or start it earlier? Unanimously voted to start it in 6th grade. The Committee felt this was a powerful video and should be taught at all levels.
- **What is Human Trafficking? Blue Video** - Defines the difference between smuggling v trafficking. The Committee agrees that all three of these should be seen every year.
- **Stand up to Cyberbullying** - Short one minute video. Committee thinks this is relatable to 6th grade.
- **Sexual Health** - There is a page of links to see the slideshows. All agree that this seems fine for the female reproductive system.
- **Making Proud Choices from ETR** - Need to explore this.
- **Pregnancy and Reproduction Explored** - Goes beyond the standards. Unanimously not a good choice for a video.
- **Communicable Diseases** - Discussion around what to show regarding this topic. Possibly re-organize lessons so they can attend personal safety information and then they can opt out of reproductive lessons if they don't want to do that. The Committee thought that was a good idea.
- **SymptomFind for Health** - This is a program that you can plug in symptoms and find the possible results. Committee wants to explore this.
- Need to determine which videos or links to plug into what grade level lesson that are appropriate.
 - Laws relating to sexual conduct of minors - lower the grade to 7th grade.
 - Insert the Before You Hit Send video here and generate the discussion of the laws. Possibly get slides from Mr. Hamer.
 - STDS - Introduce in 7th grade, reinforce in 8th grade and again in 9th but might be an 8th grade + topic.
- Sliddeck on ECigs - With the absence of the DARE program, incorporate alcohol and tobacco here. Discussion of reaching out to The Partnership for resources. Unanimously agree that even if it adds a day to the curriculum it would be good to cover this material in middle school.
- **8 Other Signs You Might be Pregnant Video** - Appropriate for 8th grade. It is science based.
- **Posting Pictures Online Video** - Mr. Carter shared this video. Unanimously thought it was a good video.
- Ms. Brown talked about a video link that shows how someone can find something based on just the background. In minutes someone can find out anything. This might be a good video to find and show.
- Not all Amaze content is appropriate - need to look further into it.

The Committee agreed that the next steps would be to have a meeting in January to give Mr. Brown and Mr. Carter time to build some links and put it together for review in January. Mr. Carter will look at how you can break down the days of teaching and how that will look. Possibly have an opt in for part of the program and an opt out for part.

5. Public Comment #2

There was no public comment.

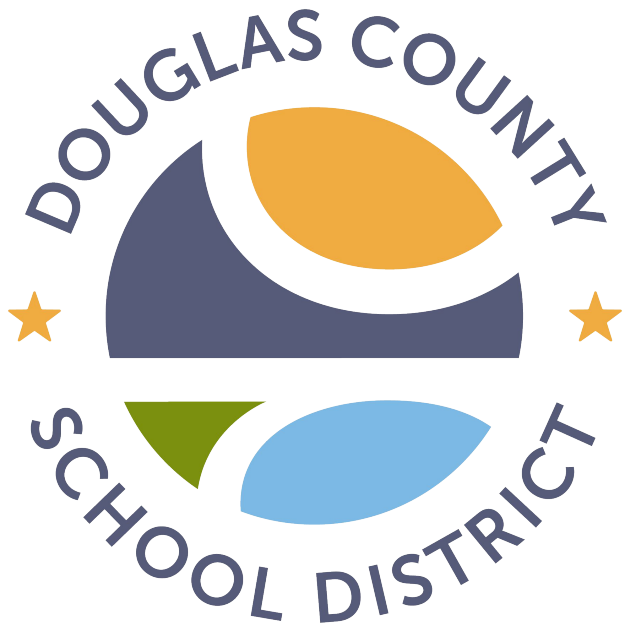
6. Adjournment

The meeting was adjourned at 4:46 PM.

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Personal Safety for Students

Middle School

Personal Safety and School Resource Officers

The school resource officers that you see on campus help to promote a safe learning environment for you to feel secure and free to maximize your learning without threat or intimidation. They are an important part of the school staff, just like your teachers and other support personnel, that you should feel comfortable reporting to when you feel danger may be happening on or off campus to you or someone you know.

Personal Safety and Searches

Sometimes we hear concerns from students, parents, staff, and administrators that there are inappropriate, sometimes illegal, products that are brought onto campus. These can be any of the following:

- **Drugs**
- **Alcohol**
- **Vaping devices**
- **CBD candies (gummies)**

When a search happens, you may see one of the canine officers go through your class.

Personal Safety and Your Responsibility

Responsible decision making is ultimately on you! When faced with a situation where peers are trying to influence you into doing something you're not comfortable with, it's up to you to surround yourself with people you know you can trust. People that can help you make good decisions. When someone brings or offers you something that you aren't sure of, even over the counter medicine, it's imperative that you are able to say "NO" and walk away!

Personal Safety...when you're in doubt

If you see something happening that might be hurtful or harmful to others, say something! Even if you aren't sure, let an adult know. Your school should always be a safe place for you to learn and enjoy with friends and staff alike. Let's do our part and help keep it that way!

Personal Safety and who to contact

- **Trusted adults**
- **SafeVoice**
- **SRO's**

Posting Pictures Online



Think before you hit send

- **Before you hit send**

Standing up to cyberbullying

- Stand up to cyberbullying

Dangers of e-cigarettes and vaping

- Vaping: the hit your brain takes
- Dangers of e-cigarettes, vaping and JUULs
- Simah's fight for her life
- Vaping: responding to peer pressure
- What vaping does to the body (8th grade?)

Are You in a Healthy Relationship?

- **Healthy Relationship Quiz**

Ten signs of relationship abuse

- **Signs of relationship abuse**

Can you identify the signs of abuse?

- **Know the signs**

Human smuggling vs Human trafficking

- **Blue Campaign**

Ways to get help with human trafficking

- **Brianna and Lacey's Story**