



Douglas County School District
Family Life Sex Education/AIDS Committee
Google Meet
Virtual Meeting
Minden, NV 89423
Tuesday, February 23, 2021
3:30 PM

Agenda

To access the meeting via Google Meet please use the following link: meet.google.com/jqt-hiat-wby or Join by Telephone: Dial 1-617-675-4444 PIN: 559-729-497-7644#

1. Call to Order

Time: 3:30 PM

A. Welcome and Introductions

Committee members will introduce themselves and official role will be taken.

B. Adoption of Agenda (*For Possible Action*)

Committee members reserve the right to take items in a different order to accomplish business in the most efficient manner.

2. Public Comment #1

Public comment will be taken during this agenda item regarding any item appearing on the agenda. A sign-up sheet is provided and individuals may address the committee by indicating their desire to speak and the topic about which they will speak. The committee reserves the right to limit the amount of time that will be allowed for each individual to speak. (The time allotted is nontransferable for each speaker.) The committee is precluded from acting on items raised during Public Comment that are not already on the agenda. No action may be taken on a matter discussed under this item until the matter is included on an agenda as an item on which action may be taken. Public Comment #2 will provide an opportunity for public comment on any matter within the Committee's jurisdiction, control, or advisory authority.

3. Approval of Minutes of the January 26, 2021 Meeting (*For Possible Action*)

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Attached are the minutes of the January 26, 2021 Family Life Sex Education/AIDS (FLSEA) Meeting for review and approval.

RECOMMENDATION: Approve the Minutes of the Family Life Sex Education/AIDS Advisory Meeting of January 26, 2021.

4. Presentation by Carson City Health and Human Services (*Information Only*)

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Carson City Health and Human Services will do a virtual presentation on their evidence-based curriculum called, "Making Proud Choices" and "Promoting Health Among Teens".

5. Public Comment #2

Public comment will be taken during this agenda item on any matter within the committee's jurisdiction, control, or advisory authority. No action may be taken on a matter discussed under this item until the matter is included on an agenda as an item on which action may be taken. A sign-up sheet is provided and individuals may address the committee by indicating their desire to speak and the topic about which they will speak. The committee

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6. Adjournment

(*) Times are estimated. Items on the Agenda may be taken out of order. The Board of Trustees may combine two or more agenda items for consideration, and may remove an item from the agenda or delay discussion relating to an item on the agenda at any time. Generally speaking, the item will be heard no earlier than the time indicated.

If copies of the complete agenda (and supporting materials) are desired in advance, they may be obtained at the District Office on the Friday or Monday preceding a regular Tuesday meeting of the Board. Please contact Caryn Harper at 775-782-5134 or Charper@dcsd.k12.nv.us.

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District website: www.dcsd.k12.nv.us

State of Nevada website: <https://notice.nv.gov>

Douglas County School District
Family Life Sex Education/AIDS Committee
Virtual Meeting
Tuesday, January 26, 2021
3:30 PM

DRAFT

Minutes

1. Call to Order

The meeting was called to order by Melissa Rains, Executive Director of Education Services, Area 4 at 3:38 p.m.

a. Welcome and Introductions

The following Committee Members were present:

Pam Gilmartin, Principal of JVES

Mary Getty, 7th Grade Science Teacher at CVMS

Mary Wolery, Parent/Counselor

Carrie McGill, Health/PE Teacher at DHS

Jennifer Tyndall, Chief Health Nurse for DCSD

Nichole Flesher, Parent

Larry Schneider, Reverend

Jentri Hames, Parent/Social Worker

Katie Hill, Parent/Teacher

Ms. Rains informed the Committee that an email confirmation is provided to us to confirm who is in attendance at the meeting.

b. Adoption of Agenda (For possible Action)

Ms. Rains requested to adopt a flexible agenda.

Motion to adopt a flexible agenda was made by Mrs. Flesher

Motion was seconded by Mrs. Tyndall.

2. Public Comment #1

Ms. Rains called for public comment. There was none.

3. Approval of Minutes of the December 14, 2020 Meeting

The Committee was asked to review and approve the Meeting minutes from December 14, 2020.

Motion to approve the Minutes was made by Mrs. Flesher.

Motion was seconded by Mrs. Hames.

4. Presentation by Dr. Phil Gorrindo (Information Only)

Ms. Rains introduced Dr. Phil Gorrindo who will be doing a presentation for the Committee regarding his app and a possible pilot of the app with the Douglas County School District. The slides from this presentation will be available on the DCSD website.

Dr. Gorrindo thanked the group for allowing him to present his app called Sexcellent. Dr. Gorrindo disclosed that Jennifer Tyndall, who is on the Committee, is his step-sister-in-law and his mother, Lyn Gorrindo, is a retired Assistant Superintendent from DCSD.

Dr. Gorrindo informed the Committee that in most cases, children are learning about sex education from parents and through sex education classes at school, but there are many other resources that are easily accessible like Google, searching the web, pornography sites, etc., which do not always provide accurate information and could be misinforming. Dr. Gorrindo explained that this is why he created the Sexcellent mobile app. The app creates a safe, welcoming, inclusive, accurate, and trusted space for young people to go with their questions. All of the content is co-authored by a medical doctor and then peer-reviewed by a second, independent doctor. The goal is to create a library with comprehensive sexual education material. The team that is building this app are Dr. Gorrindo, OBGYN in San Francisco who is the founder of the app, Rachel Robison who serves as an Education Consultant and Josef Doornink who serves as a Technical Consultant. All three professionals are from the Carson Valley and graduates of DCSD. The team also consists of a professional developer and a designer as well as a team of doctors who live in all parts of the country. The team works with high school students/interns who help with the understanding of the teen culture.

Dr. Gorrindo is proposing to propose pilot a tailored product of the app for DCSD students. This would include formative and summative assessments, a teacher dashboard, additional content covering the FLSEA Scope and Sequence and working with the current sex education teachers to ensure their needs are met. There would be no charge or fees to DCSD. The only limitation is that the app is only available for iPhone users, but paper backup would be available. The school app would only be for DCSD students with a student activation code provided. The team would need access to teachers and students to inquire about their needs, wants, and use of the product.

Dr. Gorrindo answered questions from the Committee regarding parent consent, cultural competency, LGBTQ content, mandatory reporting, safeguards for students sharing information, piloting the app, expanding grade levels, and whether the Committee would be able to review the app prior to rolling it out.

Ms. Wolery stated if the Committee decided to move forward with the pilot, that it might be best to finalize the Scope and Sequence first to ensure that the app contains updated content.

Ms. Rains stated that updating the curriculum will be a slow process. She has recommended that Dr. Gorrindo pilot the app with The Partnership to work with the at-risk youth in Douglas County and then DCSD could use that feedback.

Ms. Rains reminded the Committee that this was an information session only.

5. Virtual and Web-based Platform to share information (Discussion and For Possible Action)

Ms. Rains shared with the Committee that amidst Covid, the district had to find a new way of communicating with families. Rather than having a Family Life Sex Ed/AIDS Parent Preview Night in person, this had to be done virtually. Mr. Cramer created a virtual version of the FLSEA Parent Preview Night and a clip from this video was shared with the Committee. In the video, Mr. Cramer reviewed the FLSEA PowerPoint presentation and answered questions at the end of the presentation. Many parents were not able to attend the virtual night, so they requested access to the video. Ms. Rains provided the video to the principals so that they could share it with the parents that were not able to attend. Ms. Rains is proposing to the Committee that two videos be created by Mr. Cramer, one for 5th grade and one for 6th grade parent preview. The videos can be posted on the district website for parents to access at any time. The counselors and social workers can share the information with parents. Parents can contact the school directly with questions that they have. Ms. Rains stated that the videos can also be posted on school websites. Teachers can send out information to families with the link to the video prior to teaching the content.

A Motion was made by Ms. Flesher to provide a website for parents to go to for information.

Ms. Hames seconded the Motion for a Family Life Sex Ed online video to be posted on websites for primary and secondary schools.

6. Public Comment #2

Ms. Rains called for public comment. There was none.

7. Adjournment

The meeting was adjourned at 4:29

Submitted by:

Margaret Guzman
Administrative Assistant
Educational Services, Area 4

Adolescent Health Education Programs (AHEP) Virtual Monthly Classes via ZOOM

Sexual Health Classes offered monthly to Carson, Lyon, and Douglas Counties



Sarah Johnson
Public Health Educator/Coordinator

⁶ Vicky Chandler
Program Facilitator/ MPC Trainer of Educators

Curriculums:

- Promoting Health Among Teens – “Abstinence Only!” (PHAT)
- Making Proud Choices (MPC)
Comprehensive Safer Sex Curriculum

Promoting Health Among Teens – Abstinence Only (PHAT)

Ages 9-15



Background of CCHHS Abstinence Program:

- Nevada Department of Public and Behavioral Health (DPBH) is a federal grantee of Title V funding for SRAE abstinence-based teen pregnancy prevention programming that CCHHS has been providing for 8 yrs
- Recommended age 9-15yrs
- Abstinence Classes have been taught regularly to Carson High School, Hugh Gallagher Elementary School, and Bishop Manogue Catholic High School

What does “Abstinence- Only” Cover?

- Everything except contraceptives, including:
 - Reproductive anatomy
 - Changes to the body during puberty
 - Simple definitions of oral, vaginal, and anal sex in the context of pregnancy and STD transmission
 - Pregnancy
 - STD types, symptoms, and transmission
 - HIV definition and transmission
 - Peer pressure, healthy relationships, and consent

Questions about contraceptives...

- If questions about contraceptives arise, they will be answered with medically accurate information without negative connotations

Virtual Abstinence Program Basics

- Offered second week of each month, one hour a day 3:30p-4:30p
- Includes
 - “lecture”
 - Group discussion and brainstorming
 - Group activities and games
 - Short videos (4 total)

Making Proud Choices! (MPC) Comprehensive

Ages 13-19



Background:

- Nevada Department of Public and Behavioral Health (DPBH) is a federal grantee for PREP funding for comprehensive teen pregnancy prevention programming that CCHHS has been providing for 6 years
- Recommended age 13-19yrs
- CCHHS Comprehensive Program has been taught to all the juvenile programs in the Quad County region, Carson Detention, Carson Wilderness Program,¹⁴ Virginia City Middle and VC High School

What does Virtual MPC Cover?

- Reproductive anatomy
- Changes to the body during puberty
- Simple definitions of oral, vaginal, and anal sex in the context of pregnancy and STD transmission
- Pregnancy
- STD types, symptoms, and transmission
- HIV definition and transmission
- Contraceptive types and their use
- Emphasis on condom use to avoid risk of unplanned pregnancy, as well as STD or HIV infection

Virtual MPC Program Basics

- Third week of every month 3:30p-4:30p
- Includes
 - “lecture”
 - Group discussion and brainstorming
 - Group activities and games
 - Short videos (4-6 total)

Families Talking Together

Adults



Virtual Parent Class

Families Talking Together (FTT)

- Tips on how and when to discuss Sexual Health with your child
- Research and medically accurate up to date information about STD's and Teen Pregnancy
- **Second Monday of Every Month**
- **Time: 6:00p-8:00p**

Contact for registration:

Parents need to email or call

Sarah Johnson or Vicky Chandler at

sbjohnson@carson.org 775-283-7900

vchandler@carson.org 775-283-7529

Zoom password and link will be sent for the classes

Questions?

