

Special Meeting
BOARD OF EDUCATION
Jacksonville School District #117
AGENDA
Thursday, June 11, 2020
Jacksonville Middle School Auditorium
664 Lincoln Avenue
Jacksonville, illinois 62650
5:00 PM

I. RingCentral Details for Special Meeting

Noel Beard is inviting you to a scheduled RingCentral meeting.

Topic: JSD117 Board of Education - Special Meeting
Time: Jun 11, 2020 5:00 PM Central Time (US and Canada)

Join from PC, Mac, Linux, iOS or Android: <https://meetings.ringcentral.com/j/1491866785>

Or iPhone one-tap :

US: +1(720)9027700,,1491866785# (US Central)
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Or Telephone:

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Meeting ID: 149 186 6785

International numbers available: <https://meetings.ringcentral.com/teleconference>

II. CALL TO ORDER

III. ROLL CALL

IV. APPROVAL OF AGENDA

V. ACTION ITEMS

A. Consideration of Procedures for Sports Training and Summer
Camps as directed by IHSA and IDPH.

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Jacksonville High School

1211 North Diamond Street
Jacksonville, Illinois 62650
Telephone: (217) 243-4384
Fax: (217) 245-0445

Andrea Lee, *Principal*
Joey Dion, *Associate Principal*
Dan Scott, *Assistant Principal*
Ryan Van Aken, *Assistant Principal*
Mark Grounds, *Dean of Students*

Jacksonville High School Plan for a Return of Summer Activities

We anticipate the return of activities for our students' emotional as well as physical well-being. We understand the need for caution in these difficult times. Jacksonville High School will adhere to the following recommendation guidelines introduced by the IHSA sports medicine advisory committee that have been approved by the Illinois Department of Public Health.

The guidelines we are sharing with you were developed by the IHSA Sports Medicine Advisory Committee, reviewed and approved by the IHSA Board of Directors and approved by the Illinois Department of Public Health. I do want to emphasize these key points:

- All activities of students with coaches during this *Stage 1 Return to Play* need to be approved by local school districts and local health departments.
- When schools adhere to the guidelines of *Stage 1 Return to Play*, there is no use of summer contact days. Summer contact days are used when coaches and students are engaged in in-person skill of the sport instruction. Presently use of summer contact days remain suspended by action of the IHSA Board of Directors at their April board meeting.

IHSA Stage 1 of Return to Play

As a result of the Governor's Restore Illinois Plan, beginning June 6, 2020 IHSA member schools are permitted to open for voluntary strength and conditioning sessions. School districts should work with their local health departments on current restrictions in their area prior to beginning contact. Local school administration determines the permitted activities at their school. Prioritizing the health and safety of all students and staff must remain the focus of each IHSA member school.

Outdoor workouts are highly encouraged over indoor workouts, to reduce transmission.

Students are limited to 3 hours of participation per day.

These requirements must be followed when conducting voluntary strength and conditioning sessions:

- Maintain social distance by being 6 feet apart.
- Masks shall be worn when social distance cannot be maintained.
- Follow gathering guidelines of groups of 10 or less including the coach and medical personnel.
- Groups of 10 or less must be pre-determined.
- Once groups are determined, students may not switch from one group to another based upon sport. Students that participate in multiple sports for the year are encouraged to be grouped, for summer participation, in their fall sport.
- Interaction between groups shall be avoided.



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- Sessions can only include weightlifting, running, and exercises designed to promote physical fitness.
- Sport-specific drills are not permitted, and sport-specific equipment may not be used.
- Implement diligent and effective cleaning and disinfecting of frequently touched objects and surfaces following the guidance of the CDC and IDPH.
- Coaches must maintain a daily record of what athletes are participating, when, symptoms they may present (see attachment).
 - Athletes should be monitored at start of practice for temperature >100.4F/37C or symptoms of COVID-19 (fevers, chills, cough, muscle aches, headache, sore throat, runny nose, nausea, vomiting, diarrhea, or loss of taste or smell).
- If symptoms are present they should not participate in practice and should be referred to a physician for evaluation and testing.
- Free weight exercises that require a spotter cannot be conducted while honoring social distancing norms. Safety measures in all forms must be strictly enforced in the weight room.
- Players shall bring their own water bottle, shoes, towels, and other personal equipment. The use of locker rooms, shared water coolers with cups, and water fountains will be prohibited during this stage.

It is the responsibility of each IHSA member school to comply with the above requirements. Additionally, IHSA member school sponsored camps, clinics, and open gyms are prohibited in any sport at this time.

If available, it is encouraged that an Athletic Trainer or medical personnel be available for workouts. They should be masked for any interactions with athletes and maintain 6-foot distance when feasible.

Resources:

<https://dceocovid19resources.com/assets/Restore-Illinois/businessguidelines3/youthsports.pdf>

<https://www.ihsa.org/improve-your-club/safety-considerations-for-your-health-club-reopening-plan/#>

https://aiha-assets.sfo2.digitaloceanspaces.com/AIHA/resources/Guidance-Documents/Reopening-Guidance-for-Gyms-and-Workout-Facilities_GuidanceDocument.pdf

<https://nsaahome.org/summer-activities-update/>

https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15_2020-final.pdf



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- Under Stage 1 of the IHSA Stage 1 Return to play, Jacksonville High School will be holding outdoor conditioning groups only to help reduce transmission. Our indoor gyms, locker rooms, and weight rooms will not be available.

Daily Regimen

- 1) Coach sanitizes all equipment before use
- 2) Students screened and attendance documented on sheet provided
- 3) Students wash hands
- 4) Students participate
- 5) Students wash hands
- 6) Students screen out and documented
- 7) Coach sanitizes all shared equipment

Coaches

- All coaches must be School District 117 approved
- No non-staff individuals will be allowed
- Follow the CDC and IDPH guidelines
- Perform temperature checks, as needed
- Wear face covering at all times
- Follow hand hygiene instructions and/or wear gloves
- Wipe down personal spaces
- Follow high touch cleaning protocols to wipe down areas after use

Students

- Wear a face mask (as directed by IHSA guideline)
- Maintain a distance of 6 feet from another person at all times
- Wash hands before and after participation
- Bring their own water bottles, hydration stations will not be allowed
- Students should be encouraged to bring their own equipment for personal use to the greatest extent possible. (examples: jump ropes, bottles, towels, etc.)



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Facilities

- Outdoor facilities only will be used during Stage 1 Return to Play
- Coaches will plan all sessions through the Athletic Office
- Students should come and go with only essentials needed for participation (locker rooms and bathrooms will not be used)

Miscellaneous

- All groups must have complete the COVID-19 Athlete/Coach Monitoring Form prior to beginning their workout on a daily basis.
- If more than one group is working out at the same time, they need to be more than 30 feet apart.
- Group areas are stationary. There will be no mingling of groups or station to station work.
- Coaches will follow the protocols outlined by the IHSA and approved by the IDPH, our local health board, and our District 117 School Board.

Waiver and Release of Liability Relating to Coronavirus/COVID-19 for [Insert Activity]

SARS-CoV-2, the virus causing the COVID-19 illness, is extremely contagious and is believed to spread mainly from person-to-person contact and through respiratory droplets. COVID-19 may also be spread from asymptomatic or pre-symptomatic individuals. Spread is more likely when people are in close contact with one another (within about 6 feet). Evidence has shown that COVID-19 can cause serious and potentially life threatening illness and even death, including, but not limited to, complications such as respiratory failure, acute respiratory distress syndrome, cardiac injury, liver injury, infections, among other known and unknown illness and injury.

Participating in activities with other individuals, in any capacity during this time of pandemic, holds an inherent risk of a student becoming infected and potentially then infecting other individuals, such as their household members. [Insert District Name] (“the District) cannot prevent your student from becoming exposed to, contracting, or spreading COVID-19 while participating in [Insert Activity] in the District. Therefore, if you choose to allow your student to participate in [Insert Activity], your student may be exposed and/or may contract COVID-19. Please consult your student’s primary care physician about this risk and any increased risk that may be caused by any pre-existing health conditions your student may have, prior to participating in [Insert Activity].

ASSUMPTION OF RISK: I have read and understood the above warning concerning COVID-19. I hereby knowingly and voluntarily accept and assume the risk that I may be exposed to, infected by, and/or contract COVID-19 for myself and/or student by participating in [Insert Activity] and that such exposure or infection may result in quarantine, personal injury, illness, permanent disability, and/or death. My student’s ability to participate in [Insert Activity] is of such value to my student and me that I accept and assume all risks, hazards and losses related to being exposed to, contracting, and/or spreading COVID-19.

I understand and acknowledge that the District cannot guarantee any student’s safety from COVID-19 while participating in [Insert Activity]. I understand that the District has made no representations regarding the safety of participating in [Insert Activity] and that I have had the opportunity to discuss the [Insert Activity] program’s conditions prior to participation.

I agree that my student and I are personally responsible for our safety and actions while participating in [Insert Activity] in the District. My student and I agree to comply with all District policies and rules, including, but not limited to, all District policies, guidelines, signage, and instructions.

WAIVER OF LAWSUIT/LIABILITY: In consideration for my student’s participation in [Insert Activity], I hereby, for myself, my student, and on behalf of my and my student’s heirs, executors, administrators, successors, agents, assigns, and representatives, knowingly and voluntarily forever release, covenant not to sue, and fully waive our right to bring suit against [Insert District Name] and its board members, officers, agents, representatives, employees, insurers and all other persons in their individual and official capacities (referred to collectively as the “Released Parties”) in connection with exposure, infection, and/or spread of COVID-19 related to my student’s participation in [Insert Activity]. I understand that this waiver means I give up my right to bring any claims or lawsuits for injury including, but not limited to, personal injury, death, disease or property losses, damages and/or any other losses,

including, but not limited to, claims of negligence and give up any claim I may have to seek damages, whether known or unknown, foreseen or unforeseen.

INDEMNIFICATION: In consideration for my student’s participation in **[Insert Activity]**, I hereby knowingly and voluntarily agree to indemnify, hold harmless, and defend the Released Parties from and against any and all liability or present or future claims or lawsuits for injury, including, but not limited to, personal injury, death, disease or property losses, damages, and/or any other losses, whether known or unknown, **WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASED PARTIES OR OTHERS**, including claims for attorney’s fees, arising out of or in any way connected with exposure, infection, and/or spread of COVID-19 related to my student’s participation in **[Insert Activity]**.

CHOICE OF LAW: I understand and agree that the law of the State of Illinois will apply to this contract. The terms of this agreement do not limit the immunities available to the District under Illinois and federal law. I understand that this Waiver and Release is intended to be as broad and inclusive as permitted by the laws of the State of Illinois, and I agree that if any portion is held invalid, the remainder of the Waiver and Release will continue in legal force and effect.

I ACKNOWLEDGE THAT I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS WAIVER AND RELEASE AND HAVE HAD THE OPPORTUNITY TO ASK ANY QUESTIONS RELATED TO IT. I FULLY UNDERSTAND THAT BY SIGNING THIS FORM I AM GIVING UP LEGAL RIGHTS AND/OR REMEDIES THAT MAY OTHERWISE BE AVAILABLE AND I FREELY AND KNOWINGLY ASSUME THE RISK AND VOLUNARILY WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE.

Student Name (printed)

Parent Name (printed)

Student Signature Date

Parent Signature Date

**Waiver and Release of Liability Relating to Coronavirus/COVID-19 for District Athletics
and Voluntary Strength Training and Conditioning Sessions**

SARS-CoV-2, the virus causing the COVID-19 illness, is extremely contagious and is believed to spread mainly from person-to-person contact and through respiratory droplets. COVID-19 may also be spread from asymptomatic or pre-symptomatic individuals. Spread is more likely when people are in close contact with one another (within about 6 feet). Evidence has shown that COVID-19 can cause serious and potentially life threatening illness and even death, including, but not limited to, complications such as respiratory failure, acute respiratory distress syndrome, cardiac injury, liver injury, infections, among other known and unknown illness and injury.

Playing sports and/or participating in voluntary strength training and conditioning sessions with other individuals, in any capacity during this time of pandemic, holds an inherent risk of a student-athlete becoming infected and potentially then infecting other individuals, such as their household members. [Insert District Name] (“the District”) cannot prevent your student-athlete from becoming exposed to, contracting, or spreading COVID-19 while participating in athletics and voluntary strength training and conditioning sessions in the District. Therefore, if you choose to allow your student-athlete to participate in District athletics and voluntary strength training and conditioning sessions, your student-athlete may be exposed and/or may contract COVID-19. Please consult your student-athlete’s primary care physician about this risk and any increased risk that may be caused by any pre-existing health conditions your student-athlete may have, prior to returning to athletics and participating in voluntary strength training and conditioning sessions.

ASSUMPTION OF RISK: I have read and understood the above warning concerning COVID-19. I hereby knowingly and voluntarily accept and assume the risk that I may be exposed to, infected by, and/or contract COVID-19 for myself and/or student-athlete by participating in District athletics and voluntary strength training and conditioning sessions and that such exposure or infection may result in quarantine, personal injury, illness, permanent disability, and/or death. My student-athlete’s ability to participate in District athletics and voluntary strength training and conditioning sessions is of such value to my student-athlete and me that I accept and assume all risks, hazards and losses related to being exposed to, contracting, and/or spreading COVID-19.

I understand and acknowledge that the District cannot guarantee any student-athlete’s safety from COVID-19 while participating in District athletics and voluntary strength training and conditioning sessions. I understand that the District has made no representations regarding the safety of participating in District athletics and voluntary strength training and conditioning sessions and that I have had the opportunity to discuss the District athletic program’s conditions prior to participation.

I agree that my student-athlete and I are personally responsible for our safety and actions while participating in athletics and voluntary strength training and conditioning sessions in the District. My student-athlete and I agree to comply with all District policies and rules, including, but not limited to, all District policies, guidelines, signage, and instructions.

WAIVER OF LAWSUIT/LIABILITY: In consideration for my student-athlete’s participation in District athletics and voluntary strength training and conditioning sessions, I hereby, for myself, my student-athlete, and on behalf of my and my student-athlete’s heirs,

executors, administrators, successors, agents, assigns, and representatives, knowingly and voluntarily forever release, covenant not to sue, and fully waive our right to bring suit against **[Insert District Name]** and its board members, officers, agents, representatives, employees, insurers and all other persons in their individual and official capacities (referred to collectively as the “Released Parties”) in connection with exposure, infection, and/or spread of COVID-19 related to my student-athlete’s participation in District athletics and voluntary strength training and conditioning sessions. I understand that this waiver means I give up my right to bring any claims or lawsuits for injury including, but not limited to, personal injury, death, disease or property losses, damages and/or any other losses, including, but not limited to, claims of negligence and give up any claim I may have to seek damages, whether known or unknown, foreseen or unforeseen.

INDEMNIFICATION: In consideration for my student-athlete’s participation in District athletics and voluntary strength training and conditioning sessions, I hereby knowingly and voluntarily agree to indemnify, hold harmless, and defend the Released Parties from and against any and all liability or present or future claims or lawsuits for injury, including, but not limited to, personal injury, death, disease or property losses, damages, and/or any other losses, whether known or unknown, **WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASED PARTIES OR OTHERS**, including claims for attorney’s fees, arising out of or in any way connected with exposure, infection, and/or spread of COVID-19 related to my student-athlete’s participation in District athletics and voluntary strength training and conditioning sessions.

CHOICE OF LAW: I understand and agree that the law of the State of Illinois will apply to this contract. The terms of this agreement do not limit the immunities available to the District under Illinois and federal law. I understand that this Waiver and Release is intended to be as broad and inclusive as permitted by the laws of the State of Illinois, and I agree that if any portion is held invalid, the remainder of the Waiver and Release will continue in legal force and effect.

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Student-Athlete Name (printed)

Parent Name (printed)

Student-Athlete Signature

Date

Parent Signature

Date

**Waiver and Release of Liability Relating to Coronavirus/COVID-19 for District Athletics
and Voluntary Strength Training and Conditioning Sessions**

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Participating as a volunteer coach and participating in voluntary strength training and conditioning sessions in any capacity during this time of pandemic, holds an inherent risk of a volunteer coach becoming infected and potentially then infecting other individuals, such as their household members. [Insert District Name] (“the District”) cannot prevent volunteer coaches from becoming exposed to, contracting, or spreading COVID-19 while volunteer coaching athletics and voluntary strength training and conditioning sessions in the District. Therefore, if you choose to participate in volunteer coaching District athletics and voluntary strength training and conditioning sessions, you may be exposed and/or may contract COVID-19. Please consult your primary care physician about this risk and any increased risk that may be caused by any pre-existing health conditions you may have, prior to returning to volunteer coaching athletics and voluntary strength training and conditioning sessions.

ASSUMPTION OF RISK: I have read and understood the above warning concerning COVID-19. I hereby knowingly and voluntarily accept and assume the risk that I may be exposed to, infected by, and/or contract COVID-19 by participating in and/or volunteer coaching District athletics and voluntary strength training and conditioning sessions and that such exposure or infection may result in quarantine, personal injury, illness, permanent disability, and/or death. My ability to participate in volunteer coaching District athletics and voluntary strength training and conditioning sessions is of such value to me that I accept and assume all risks, hazards and losses related to being exposed to, contracting, and/or spreading COVID-19.

I understand and acknowledge that the District cannot guarantee any volunteer coach’s safety from COVID-19 while participating in volunteer coaching District athletics and voluntary strength training and conditioning sessions. I understand that the District has made no representations regarding the safety of participating in volunteer coaching District athletics and voluntary strength training and conditioning sessions and that I have had the opportunity to discuss the District athletic program’s conditions prior to participation.

I agree that I am personally responsible for my safety and actions while volunteer coaching athletics and voluntary strength training and conditioning sessions for the District. I agree to comply with all District policies and rules, including, but not limited to, all District policies, guidelines, signage, and instructions.

WAIVER OF LAWSUIT/LIABILITY: In consideration for my participation in volunteer coaching District athletics and voluntary strength training and conditioning sessions, I hereby, for myself and on behalf of my heirs, executors, administrators, successors, agents,

assigns, representatives, knowingly and voluntarily forever release, covenant not to sue, and fully waive my right to bring suit against [Insert District Name] and its board members, officers, agents, representatives, employees, insurers and all other persons in their individual and official capacities (referred to collectively as the “Released Parties”) in connection with exposure, infection, and/or spread of COVID-19 related to volunteer coaching District athletics and voluntary strength training and conditioning sessions. I understand that this waiver means I give up my right to bring any claims or lawsuits for injury including, but not limited to, personal injury, death, disease or property losses, damages and/or any other losses, including, but not limited to, claims of negligence and give up any claim I may have to seek damages, whether known or unknown, foreseen or unforeseen.

INDEMNIFICATION: In consideration for my participation in volunteer coaching District athletics and voluntary strength training and conditioning sessions, I hereby knowingly and voluntarily agree to indemnify, hold harmless, and defend the Released Parties from and against any and all liability or present or future claims or lawsuits for injury, including, but not limited to, personal injury, death, disease or property losses, damages, and/or any other losses, whether known or unknown, **WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASED PARTIES OR OTHERS**, including claims for attorney’s fees, arising out of or in any way connected with exposure, infection, and/or spread of COVID-19 related to volunteer coaching District athletics and voluntary strength training and conditioning sessions.

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Volunteer Coach Name (printed)

Volunteer Coach Signature

Date

VI. RECEPTION OF VISITORS, PETITIONS AND COMMUNICATIONS
VII. ADJOURNMENT

This meeting will be for the consideration and approval of Procedures for Sports Training and Summer Camps as directed by IHSA and IDPH.