

Stephenville ISD Human Sexuality Curriculum

Scope and Sequence

Stephenville ISD believes that sexuality education begins at home. Parents or legal guardians are the primary educators of their children and can be the most important influence on your child's health decisions. The lessons your child will receive in school are designed to reinforce what a parent or legal guardian is teaching at home, not to replace it.

Each public school district in Texas is required to deliver academic instruction within the guidelines of the Texas Essential Knowledge and Skills (TEKS). Starting as early as Kindergarten, the Health TEKS address healthy relationships, refusal skills, setting boundaries and decision making; all of these skills are the precursors to more developmentally appropriate TEKS regarding human sexuality, such as human anatomy, HIV and blood borne pathogens, as well as sexually transmitted diseases.

The TEKS include a section specifically related to Health Education at the high school level. The Health Education TEKS are available at: <http://ritter.tea.state.tx.us/rules/tac/chapter115>.

Stephenville ISD currently embeds the sequence of learning below through health lessons in P.E., the counselors' guidance lessons, nurse-lead instruction and guest speakers from Brazos Pregnancy Care Clinic:

GRADE LEVEL	CONTENT/TEKS	WHEN/HOW TAUGHT	INSTRUCTORS	PARENTAL CONSENT SENT HOME	ADDITIONAL INFORMATION
K-3	Health TEKS Ch. 115 that includes naming body parts and functions, having manners and using healthy communication, how to get help from a trusted adult if they don't feel safe with another child/adult,	Guidance Lessons Physical Education: Health Lessons	Campus Counselor P.E. Teachers Campus Nurse	No	Health TEKS are progressively taught in a developmentally appropriate sequence. For TEKS by grade level, visit

	expressing needs, wants and emotions in appropriate ways, using self-control, refusal skills, the difference between positive and negative peer pressure, how germs are transmitted, how friends can influence health				www.tea.state.tx.us (and see link above referring to Chapter 115.)
4th	Building on K-3 TEKS with additional information for GIRLS and BOYS, taught separately, on maturation and hygiene	Spring Lesson You're Not A Little Kid Anymore-video March Media Productions	During PE	YES	25 minute video/lesson Chapter 115.6 (2)(A),
5th	Building on K-4 TEKS with additional information for GIRLS and BOYS, taught separately on Puberty and Reproduction	Spring Lesson Straight Talk Puberty Boys and Girls video March Media Productions	During PE	YES	25 minute video/lesson Chapter 115.6 (2)(A)(B)
6th	Building on K-5 TEKS with additional age appropriate, information on puberty for GIRLS and BOYS taught separately such as anatomy and physiology, the role of hormones, the benefits of abstinence, the difference between positive and negative relationships,	Spring Semester through PE	Brazos Pregnancy Care Center	YES	One Class Period

	resisting peer pressure, and conflict management, healthy ways to express love, avoidance of STI's				
8th	Health TEKS that cover information such as the difference in growth patterns and how the onset of puberty may affect personal health, physical and emotional changes of puberty, risk factors associated with communicable and noncommunicable diseases, abstinence ONLY approach to relationships in preventing pregnancy, STI's, and HIV, the influence of media on our decision, refusal skills	PALS Class	Brazos Pregnancy Care Center AND SISD Instructor	YES	One Presentation from Brazos Pregnancy Care Center and Unit
High School Health	Health TEKS that include appraising the significance of body changes during adolescence, the analysis of refusal skills and the avoidance of unsafe situations such as sexual relationships, analysis of the importance and benefits of abstinence as it related to	MAPS	Brazos Pregnancy Care Center	YES	One Presentation from Brazos Pregnancy Care Center

	emotional health and the prevention of pregnancy , discussion of abstinence as the only method that is 100% effective in pregnancy and STI prevention				
--	---	--	--	--	--

DRAFT