

Unified Phy Ed



Rossman Elementary



What is Unified PE?

- PE program supported by Special Olympics
- Fosters inclusive environment that promotes fitness, leadership, and social interaction.
- Improves physical fitness
- Builds meaningful relationships with peers they may not typically interact with throughout the school day.
- Cultivates lifelong skills in communication, teamwork, and social connection



Purpose

- A fun, safe and inclusive class where students of all abilities come together to learn and grow.
- Improving fitness, building leadership skills, making new connections with classmates
- Opportunity for all students involved to learn, lead, and have fun together!

Our first Unified class started in the spring of 2021 with the support of our Administration, Special Education staff, Fifth grade teaching team, Specialists (PE. Music) and the awesome Paraeducators at Rossman.



What it Looks Like at Rossman

- Unified presented to all 5th graders
- Application process
- The program has averaged about 30 Fifth graders along with the students from the Adapted program
- Typical day in Unified
- This program would not be possible without the support of the 5th-grade teachers, Specialists, SPED teachers, and Paraeducators. A HUGE thank you to each of them for their part in making Unified a success.



Unified Field Trip

Final day of our Unified program - one to remember!

Organized activities and talent show performance

This year: Field trip to the high school!



Student Impact

Reflections from our 5th-grade students after participating in the Unified program:

The kids face had lit up when we came in. They say hi to you in the hallways. And we had fun.

They are always excited! After when I see them in the hallway the wave! You can easily start a conversation!

Watching them have fun,talking to other people and working with people I didn't know and having fun with them

It was fun seeing them smiling,also playing with them and just being with them

Seeing smiles all over the room playing game and seeing everyone so happy

The kids were happy to see us. You got a new kid every day. They all had different personalities.

