



**Mental Health Care  
Policy Series: 3000**

**Policy No. 3419**

**10 Purpose:**

11  
12 Provo City School District acknowledges and supports that parents are the primary individuals  
13 responsible for raising their child, for making educational decisions for their children, and in  
14 determining the supports their children may need to optimize their educational experience. The  
15 purpose of this policy is to ensure that students have access to the mental health supports they  
16 may need, particularly in times of emergencies or safety concerns, while ensuring the parents'  
17 rights in determining what these supports should look like, the topics that can be discussed with  
18 their children, and that parents should be notified when these interactions occur.

**21 Definitions:**

22  
23 1. "Authorized personnel" means an individual:  
24 a. Who holds a license:  
25 i. As a school psychologist, as defined in Utah Code § 53F-5-218;  
26 ii. As a school social worker, as defined in Utah Code § 53F-5-218;  
27 iii. Under Utah Code Title 58, Chapter 61, Psychologist Licensing Act;  
28 iv. Under Utah Code Title 58, Chapter 60, Part 2, Social Worker Licensing  
29 Act;  
30 v. Under Utah Code Title 58, Chapter 60, Part 3, Marriage and Family  
31 Therapist Licensing Act; or  
32 vi. Under Utah Code Title 58, Chapter 60, Part 4, Clinical Mental Health  
33 Counselor Licensing Act; or  
34 vii. Who is supervised by someone with one of the above licenses, to the  
35 extent the person's actions fall within the scope of that supervision; and  
36 b. Whom the District, or a District school, employs or engages by contract or  
37 agreement to support student mental health through a restricted service  
38 consistent with the scope of the individual's license or certification.

40       2. "Restricted service" means a mental health service that takes place in a school setting. It  
41       does **not** include:  
42           a. Describing basic stress-management strategies;  
43           b. Informing students and parents of the availability of a restricted service; or  
44           c. Engaging in generalized crisis response, which does not include one-on-one  
45           therapy, in accordance with District or Utah State Board of Education crisis  
46           response protocols.

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49 **Providing Restricted Services**

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51 Except as provided in a student's IEP or Section 504 accommodation plan, only authorized  
52 personnel may provide restricted services to students. Authorized personnel may only provide  
53 restricted services within the scope of the provider's license and without other students present.  
54 Informed written parental consent must also be obtained as provided below.

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56 Written parental informed consent for restricted services must be obtained before the first  
57 session of a restricted service in a given school year. A student's IEP or Section 504  
58 accommodation plan that includes a restricted service satisfies the requirement for written  
59 parental informed consent. Otherwise, the consent shall be obtained using a standard form that  
60 includes:

61       1. Fields for at least the following information:  
62           a. Student name;  
63           b. Name of individual giving consent;  
64           c. Name of each authorized personnel who has authority under the consent to  
65           provide a restricted service;

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67       2. A statement that, unless the parent opts out of receiving notices (which the parent may  
68           do at any time), the authorized personnel will provide within one business day after each  
69           session notice to the parent that the restricted service took place and a description of the  
70           topic of the service; and

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72       3. A statement that authorized personnel will adhere to the topics or issues that the parent  
73           identifies, in collaboration with authorized personnel, for discussion with or exclusion  
74           from the student, except that the topics may be addressed if:  
75           a. The omission would compromise the student's immediate safety;  
76           b. The omission would violate mandatory reporting requirements; or  
77           c. Based on behaviors or statements that the authorized personnel observes, the  
78           authorized personnel determines a need to assess the student's safety.

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80 When obtaining the consent, the District, school, or authorized personnel shall, through  
81 consultation with the parent, provide the parent with an opportunity to identify topics or issues  
82 the parent intends the authorized personnel to address or to not address with the student. The

83 authorized personnel may not address a topic or issue that the parent has expressly stated  
84 should not be addressed unless:  
85 1. not doing so within the restricted service would compromise the student's immediate  
86 safety or  
87 2. the student discloses information that creates a duty for the authorized personnel to  
88 make a mandatory report (including for suspected cases of child abuse or neglect under  
89 Utah Code § 80-2-602, abuse of a student under Utah Code § 53E-6-701, or any other  
90 legally mandated duty to report). If one of these exceptions applies, the authorized  
91 personnel may only discuss the information with the student to the extent necessary to  
92 make the report.

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94 The requirement to obtain parental consent does not apply if delaying contact with a parent  
95 would create an immediate and serious risk of suicide or serious bodily injury, as defined in  
96 Utah Code § 76-1-101.5, to the student or to another individual. If this circumstance occurs, the  
97 District, school, or authorized personnel shall notify the parent in accordance with the  
98 requirements of Policy 3320 (Report of Bullying), Policy 3421 (Report of Child Abuse/Neglect),  
99 and Policy 5090 (Code of Conduct: Mandatory Reporting Requirements of Employees).

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102 **Legal References**

103 Utah Code § 53G-9-604 (2024)  
104 Utah Code § 53G-9-901 (2025)  
105 Utah Code § 53G-9-902(1) (2025)  
106 Utah Code § 53G-9-902(2), (3)(c) (2025)  
107 Utah Code § 53G-9-902(3) (2025)

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110 **Board Approved:**