

School Health Advisory Council Annual Report.

1. Background:

A School Health Advisory Council (SHAC) is a group of individuals—primarily parents, along with school staff, students, health professionals, and community members appointed by a school district to provide guidance on health-related matters. In Texas public schools, the SHAC plays a vital role in ensuring that students' health and wellness needs are supported through policies and programs. Texas law (Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004) requires the School Health Advisory Council (SHAC) to submit a written report to the Board at least once annually.

The report must include:

1. Any SHAC recommendations not previously submitted to the Board regarding health education curriculum and instruction or related recommendations.
2. Any suggested changes to previous SHAC recommendations
3. A detailed explanation of the SHAC's activities since the last annual report.

Any recommendations made by the physical activity and fitness planning subcommittee.

2. Process:

The SHAC makes recommendations to the school board on topics such as health education curriculum, physical activity, nutrition, mental health services, and overall school wellness policies. Their goal is to promote a healthy school environment that supports student learning and long-term well-being. Then the chair or designee presents the SWISD SHAC Annual Report to the Board of Trustees for review.

3. Fiscal Impact:

None.

4. Recommendation:

Item of information.

5. Required:

NA.