Beeville ISD

School Health Advisory Council Meeting

Thursday, April 5, 2012

Minutes

The SHAC meet on Thursday April 5, 2012 from 12:00 pm – 1:00 pm. Those in attendance were: Becky Williams, Chief Joe R. Trevino, Jan Danmier, Debra Velasco, Lucas Guerrero, Dr. Sue Thomas, and Cindy Clendennen.

Items on the agenda included a presentation by Dr. Sue Thomas, Superintendent, about Board Policy Update 93 dealing with Student Welfare. Policy FFB (LEGAL) addresses crisis intervention including new provisions from HB 1386 on early mental health intervention and suicide prevention. HB 1386 requires that the Texas Department of State Health Services (TDSHS) and TEA provide a list of recommended early mental health intervention and suicide prevention programs for implementation in public schools within the general education setting. Each school district may select a program or programs from the list to implement. The board may adopt a POLICY concerning early mental health intervention and suicide prevention that:

- Establishes procedures for providing notice to the student's parent or guardian within a reasonable amount of time after identification of the early warning signs;
- Includes a reporting mechanism;
- Permits the district to designate at least one person to act as a liaison officer for purposes of identifying students in need of early mental health intervention or suicide prevention;
- Sets out available counseling alternatives; and
- Prohibits the use of medical screening to identify a student without prior consent of the student's parent or guardian.

The policy and procedures must be included in the student handbook and district improvement plan.

The SHAC supports the adoption of the policy and the development of procedures under the direction of Dr. Thomas and school administrators.

Jan Danmier gave a short presentation about *Independent City*, a program that helps teens prepare for the reality of moving from their homes as they grow older. The SHAC will research this program next school year.

Cindy Clendennen gave a report on physical activities campuses participated in during the school year. The SHAC, at the beginning of the year, developed a list of possible activities campuses may implement to promote physical exercise during the school day other than athletics or PE. Activities reported included: Drop 10 exercises (reaching, toe touching, stretching, walking around the room, jumping jacks, and deep breathing) during the school day, Zumba dancing, art activities promoting healthy foods,

HEB Healthy tour, and extra physical activities on days other than PE days. The SHAC appreciates the effort teachers and students put forth to make this activity a success.

Without further discussion the meeting adjourned approximately 1:00 pm

Submitted by:

Cindy Clendennen, Executive Director of Special Education