

## Beeville ISD School Health Advisory Council

### Meeting Minutes 10/6/11

The Beeville ISD School Health Advisory Council (SHAC) held its first 2011-12 meeting on Thursday, October 6, 2011 in the BISD administration building. Those in attendance were Dixie Millican, CeCe Salazar, Julie Maupin, Velma Reason, Karen Harvey, Chastity Perez, Debra Velasco, Becky Williams, Jan Danmier, Sheila Webb, Bonnie Schendel, Lucas Gurrero, Donna Downing, Terri Arthur, Karole Beasley, Beatrice Perez Co-chair and Cindy Clendennen Co-chair. Items on the agenda included:

#### Purpose of a SHAC

The council reviewed articles pertaining to the purpose of a SHAC and goals of modern school health programs. Goals supported at the national and state level through coordinated school health include:

1. Increase health knowledge, attitudes, and skills
2. Increase positive health behaviors and health outcomes
3. Improve education outcomes
4. Improve social outcomes

After review of the articles, the council viewed a video produced by the Center for Disease Control (CDC) entitled Obesity Epidemic which supported the idea that America is a nation at risk due to the rising obesity rate at alarming proportions among Americans of all ages. After much discussion, the SHAC agreed to support activities which would promote good health among BISD students and staff. A sub-committee was created to research ideas that could be implemented on campuses to promote health awareness. A presentation will be made at the November 3<sup>rd</sup> SHAC meeting to determine activities to support for district-wide implementation during the 2011-12 school year.

#### *Worth the Wait* Information

Chastity Perez, MMS R.N., shared information about activities 6<sup>th</sup> grade students participate in through the district's sex education program *Worth the Wait*. Lessons are based upon age and grade level appropriateness but explore real world sexuality issues that affect many school-age children. The SHAC agreed lessons should be presented as written with parents having the option to review materials prior to implementation if requested. It is BISD procedure to send letters to parents prior to teaching sex education lessons at any grade level so parents have the option to review materials and/or withdraw their students from these lessons.

#### Other

Future meeting dates for the SHAC are November 3<sup>rd</sup>, February 2<sup>nd</sup>, and April 5<sup>th</sup>.

With no further business, the meeting adjourned at approximately 1:00 pm.

Submitted by Cindy Clendennen