

DCSD Student Systemic Assessment

This is NOT a test! There are no right or wrong answers. Please answer ALL 14 questions so that we can learn how your School Counselor can help you best. Thanks!

1. 1) What grade are you in?

Mark only one oval.

12th

11th

10th

9th

8th

7th

2. 2) What type of grades do you normally earn?

Mark only one oval.

Mostly A's (3.5-4.0 GPA)

Mostly B's (2.5-3.4 GPA)

Mostly C's (1.7-2.4 GPA)

Mostly D's (1.0-1.6 GPA)

Mostly F's (0.0-0.9 GPA)

Not sure

3. 3) Please mark the services that you have received from your School Counselor. Check all that apply.

Check all that apply.

- Classroom lessons
- Small group counseling
- Meeting with the Counselor individually for Social/Emotional support
- Meeting with the Counselor individually for Academic planning
- Connecting with services in the community (like Why Try, Northeastern Counseling, Indian Health Services, USU Extension, other colleges and universities)
- Other: _____

4. 4) Which of these School Counseling services have been, or would be the most helpful to you? Check all that apply.

Check all that apply.

- Classroom lessons
- Small group counseling
- Meeting with the Counselor individually for Social/Emotional Support
- Meeting with the Counselor individually for Academic Planning
- Connecting with services in the community (like Why Try, Northeastern Counseling, Indian Health Services, USU Extension, other colleges and universities)
- Other: _____

5. 5) Do you think college and career activities are helpful?

Mark only one oval.

- Yes
- No
- Not sure what they are
- Haven't done any

6. 6) Do you feel safe meeting with the School Counselor?

Mark only one oval.

- Yes
- No
- Not sure

7. 7) When you need to meet with the School Counselor, are they able to meet with you...

Mark only one oval.

- that day
- that week
- that month
- not at all
- Haven't needed to meet yet

8. 8) What areas do you need help from the School Counselor? Check all that apply.

Check all that apply.

- Academic/grades
- Getting schoolwork completed
- College/Career/High School Planning
- Friends and/or family relationships
- Social emotional/mental health
- Things happening outside of school
- Learning skills to build healthier habits and routines
- Scheduling courses/class schedule
- Other: _____

9. 9) Do you often have any of the feelings listed below that makes it hard for you to concentrate or get school work done? Check all that apply.

Check all that apply.

- Anger
- Fear
- Loneliness
- Sadness
- Grief/Loss
- Stress/Anxiety
- Depression
- Other: _____

10. 10) When the School Counselor teaches a lesson, which topics are the most important? Check all that apply.

Check all that apply.

- College and Career information
- Stress management/healthy coping skills
- Study skills and help with school work
- Relationships with friends, parents, and/or other adults
- Confidence
- Suicide and self-harm prevention
- Internet/Social Media safety and appropriate use
- Other: _____

11. 11) What is your plan for college or career after high school?

Mark only one oval.

- Find a job
- Military
- 1-2 years of training at a Tech school (like UBTech)
- 2-4 years of College (Associate's or Bachelor's degree)
- 5+ years of College (Master's or PhD)
- Other: _____

12. 12) I am aware of the Career and Technical Education (CTE) Pathways program available when I get to high school.

Mark only one oval.

Yes

No

13. 13) I would like more information about CTE Pathways.

Mark only one oval.

Yes

No

14. 14) Which of the following skills do you need help with? Check all that apply.

Check all that apply.

Time management and organization

Coping skills (strategies and behaviors that individuals use to manage stress, navigate challenging emotions and deal with difficult situations)

Making and completing goals

Making good choices

Making and keeping good friends

Getting along with adults

Communication skills

Other: _____

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