



**School Nutrition Office – 903 Fillmore Drive, Tupelo, MS 38801**

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July 20, 2009

To: Dr. Noflin

Fr: Lynne Rogers

Re: Agenda Item - Renewal of Menu Choice Procedure for 2009/2010  
“Offer vs. Serve” Option

I am requesting to place on the agenda of the Board for the July 28th meeting, the renewal of the menu choice procedure, “Offer vs. Serve”, for all sites for this upcoming school year for the breakfast and lunch programs. This procedure allows the students to choose three to five menu item components for a complete lunch meal and three of the four components for a complete breakfast meal. Choices are provided with this meal procedure in all food groups to ensure each student will have a balanced meal at breakfast and lunch. The alternative meal procedure requires all meal components to be placed onto each student’s tray, and choices are not provided because of the time required to ask each student the choice preferred from each food group and then place it onto the tray. With the alternative meal procedure, each student must have all five components on their tray before they are allowed to leave the serving line. Our students enjoy having all the choices in the food groups which include: 2 to 5 meat entrée choices, 3 vegetable choices, 3 fruit choices and 3 milk choices. Offering choices also makes it possible to meet the regulation that requires a maximum of thirty percent of the calories from total fat and a maximum of ten percent of the calories from saturated fat for all items offered when averaged for the five day week.

It is my recommendation that we continue the menu choice option procedure of “Offer vs. Serve” for all of the school sites for the 2009/2010 year.

With your support, your placing this item on the agenda of the Board for July 28th will be greatly appreciated.