

Diving Into Lessons at the Pool

The Forest Lake Area Schools Community Education has been teaching community members to swim for over 40 years. The classes focus on stoke development as well as personal growth, personal water safety, rescue skills, water sports and games. Our progressive program offers classes from age 6 months and up and will help you feel comfortable and confident in the water. Parent/Child classes promote water safety and water adjustment in a fun, safe and secure learning environment; one parent must accompany each child during these lessons. Preschool lessons are designed for children ages 4-6 to participate without a parent. Levels 1-7 are for children age 6 and older; these lessons are based on skill progression. Detailed information can be found online at *www.flaschools.org/ce*.



Summer 2018: Pool Is Open!

Despite construction taking place at Southwest Junior High this summer, the pool will remain open for regular hours and a full menu of aquatic opportunities for all ages will be available! Stay tuned for the Spring/Summer 2018 catalog.

Contact Information

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