

**West Minico Middle School**

155 S. 600 W

Paul, ID 83347

November 10, 2025

**To:** Mr Spencer Larsen and Members of the School Board

**From:** Karlene Ashcraft, West Minico Middle School

**Subject:** Approval Request for the *Warrior Wellness Crew*

Dear Mr Spencer Larsen and Members of the Board,

I am writing to request approval for an after-school club at West Minico Middle School titled the Warrior Wellness Crew. This club will focus on supporting the overall health, fitness, and well-being of our students in a positive, inclusive environment.

The Warrior Wellness Crew will be led by a West Minico staff member and will meet two days per week after school, beginning November 18, 2025. The club will provide opportunities for students to participate in strength and conditioning activities, learn healthy habits, and develop confidence and teamwork skills.

**Slogan:** *Be strong. Be balanced. Be a Warrior.*

**Mission Statement:**

The Warrior Wellness Crew is open to all students who want to feel better, move more, and support each other. We focus on strength, conditioning, and everyday wellness in a fun, encouraging atmosphere that celebrates every kind of Warrior.

We believe this club will positively contribute to the physical and mental health of our students while promoting the values of being responsible, respectful, ready, and safe — the foundation of our Warrior Way.

Thank you for your time and consideration of this request. We look forward to your approval and to providing our students with another meaningful opportunity for growth and wellness at West Minico.

Sincerely,

**Karlene Ashcraft**

Community Schools Coordinator

West Minico Middle School

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