THRIVE Grant and Counseling

Amy McDonald December 2021

Counseling

Graduation evaluation planning, scheduling for semester and beyond, and meeting the needs of staff and students have been the story of the last couple of months. We are ready to jump into semester 2 with great scheduling plans and new ideas for electives. We have had some tough times for some of our staff and students recently. I am so thankful for the team we have here in SISD to meet the needs of our kids. We are very fortunate.

The administrative team worked together to create a **university course for our teachers** to register for in order to earn recertification credits for attending our inservice PD and work days throughout the rest of the school year. In addition to creating the course, some funds were identified that can reimburse staff for this course. Way to go to support teachers!

Our counselor through SERRC, Leslie Scranton, offered two **parent nights** for our families. They were attended by a couple parents in SISD. She will offer two more before the school year ends: February 17 and April 21. If you are interested in attending, please contact the Lead Teacher/Principal at your school. This partnership with SERRC continues to be a great opportunity for SISD students, staff, and families.

THRIVE Grant

The THRIVE and SELECT grants hosted a joint PD opportunity in Coffman Cove for Klawock and SISD educators when we invited Beth Buchanan to POW to facilitate **Neuroscience and Trauma Responsive Insights** on October 15. The inservice was fun, engaging, and relevant to us and our students. Ask our teachers about limbic resonance and how we learned about it! :-)

On October 24 and 25, the THRIVE, ASTRIDE and SELECT grants hosted two trainings in Anchorage. The first, **Resilient Youth, Connection Matters!** was facilitated by Derek Peterson, Stephanie Damery, and Lisa Kerscher. The second, **Fortifying Student Resilience with Full-Color Web Coaching!** was facilitated by Jennifer O'brien-Rojo, Amy McDonald, and David Pavish. Staff from SISD and Klawock attended these sessions. Both sessions were offered both in-person and virtually, so in a hybrid format. It was very successful and there are not many organizations jumping up to try this more complicated way of delivering content!

The other VERY exciting piece about these trainings is that Sam White and Tari Cook took on the extra responsibility and joy of traveling with 3 youth from Thorne Bay School for these events. Adults in the trainings were so complimentary of our students and mentioned how much more meaningful the content was with the voice of students included in the facilitation!! Way to go SISD!

SISD and Klawock, through the THRIVE and SELECT grants, hosted Nick Hanson, the **AK Eskimo Warrior** (check him out on the American Ninja Warrior television show), for a 2 day visit to POW on November 11 and 12. Nick visited us from Unalakeet, Alaska. He interacted with staff and students in Hydaburg, Klawock and SISD. Hollis, Kasaan, Coffman Cove, and Naukati traveled to TNB for a day with Nick. His message about being all that you can be, perseverance, and reaching out to those close to you for support and celebration was heard loud and clear by POW youth!

We continue to have events for elementary students on POW through the THRIVE and SELECT grants. These have been very successful and students are learning about thickening their webs! We welcomed Stephanie Damery as a master facilitator for a week of **PHlight Camps**. All SISD schools were invited to participate in these events. I am so thankful for Thorne Bay and Naukati who took us up on the offer and brought students to participate. We shared these events with Klawock also. We held the following events:

- November 29: PHlight Camp for grades 4 6 in TNB
- November 30: PHlight Camp for grades K-3 in TNB
- November 30: PHlight Camp for grades 2-3 in TNB
- December 1: PHlight Camp for grade K in Klawock

• December 2: PHlight Camp for grades 4 -5 in Klawock

The grant funded through Tlingit and Haida Central Council is called the **REWARD grant**. I spent two days in Juneau for a grant planning meeting with stellar people from Tlingit and Haida. This is a 3 year grant and provides for staff time, student, staff, and community events, and supplies that SISD benefits from. We continue to be successful in these grant applications with Brightways Learning and other school districts/organizations. This is exciting and supports our students and staff. Below is a list of tentative events that we scheduled while at the grant planning meeting:

- December 20 Virtual Christmas Party Juneau and POW youth
- January Scholarship Workshop
- February start of a 9 week Adulting Workshop (I'd like to think about offering this for credit) Topics include:
 - Employment
 - Education
 - Housing options
 - Life skills budgeting, etc
 - Mental Health
- March 31 April 2 Tentative PHlight Club on POW
- April 24 30 Post-Secondary Exploration
- June 10 11 Educator Resilience PD in ANC
- June 14 15 Educator's Confluence PD in Missoula
- July 8 10 Tentative camping workshop on POW
- August SeaAlaska Heritage Foundation Culturally Responsive Training for Educators in Juneau
- September 15 17 Tentative PHlight Club in Juneau
- October Elders and Youth Conference in ANC (or virtually)
- October Web of Support Training for community and tribal members and educators in ANC



PHlight Camp - November 29 - TNB Gym



Nick Hanson Visit - November 12 - TNB Gym





Neuroscience and Trauma Responsive Insights - October 15 - Coffman Cove Gym