

# Morrow County School District

Code: **IGDJ-AR(1)**  
 Adopted: 12/13/04  
 Readopted: 9-14-15

## Interscholastic Activities Program Structure and Emphasis

### Approved Programs

The following sports maybe offered, when approved by the Board, provided there is sufficient money and participants.

Season	Sport	Level	Teams	# of Contests	Max # of Coaches
Fall	Football	HS - 3 A	Var, JV	OSAA Limit	1 Head, 3 Assts
		HS - 2 A	Var, JV	OSAA Limit	1 Head, 2 Assts
		Middle School	8 <sup>th</sup> Grade	6 Games	1 Head, 1 Asst
		Middle School	7 <sup>th</sup> Grade	6 Games	1 Head, 1 Asst
	Volleyball	HS	Var, JV, C	OSAA	1 Head, 3 Assts
		Middle School	8 <sup>th</sup> , 7 <sup>th</sup> , C	8 Matches	1 Head, 2 Assts
	Soccer	HS Boys	Var, JV	OSAA Limit	1 Head, 1 Asst
		HS Boys	Var, JV	OSAA Limit	1 Head, 1 Asst
	Cheerleader	HS Girls	Var, JV	OSAA Limit	1 Head, <u>1 Asst</u>
	Cross Ctry	HS - 3 A	Var, JV	OSAA Limit	1 Head
		<u>HS - 2 A</u>			
Winter					
	Basketball	HS Boys	Var, JV, C	OSAA Limit	1 Head, 2 Assts
		HS Girls	Var, JV, C	OSAA Limit	1 Head, 2 Assts
		MS Boys	8 <sup>th</sup> , 7 <sup>th</sup> , C	10 games/2 tournament	1 Head, 3 Assts
		MS Girls	8 <sup>th</sup> , 7 <sup>th</sup> , C	10 games/2 tournament	1 Head, 3 Assts
	Wrestling	HS	Var, JV	OSAA Limit	1 Head, 1 Asst
		MS	8 <sup>th</sup> , 7 <sup>th</sup>	10 dates	1 Head, 1 Asst
Spring					
	Track	HS Boys & Girls	Var, JV	OSAA Limit	1 Head, 1 Asst
		MS Boys & Girls	8 <sup>th</sup> , 7 <sup>th</sup>	6 meets	1 Head, 3 Assts
	Baseball	HS Boys	Var, JV	OSAA Limit	1 Head, 1 Asst
	Softball	HS Girls	Var, JV	OSAA Limit	1 Head, 1 Asst

	Tennis	HS Boys & Girls	Var, JV	OSAA Limit	1 Head, 1 Asst
	Golf	HS Boys & Girls	Var, JV	OSAA Limit	1 Head, 1 Asst

### **Program Emphasis**

It is the intent of the Board that approved interscholastic activities be structured in accordance with the following:

1. At every level of the program, the Board's emphasis is on students' mastering the fundamentals of the activity; the values associated with participating and being a part of the program; and enjoying participating and competing;
2. Every athlete below the high school level in team sports must be allowed to participate in every contest, if he/she has met all other requirements for participation;
3. Sports seasons shall consist of a preseason practice and regular season practices and scheduled games. The number of high school sports seasons games may be extended in post season through sub district, district and state tournament play;
4. Instructional class time shall not be used for athletic team practices. Practices shall be conducted outside of school hours. Middle school/Junior high practices shall not exceed one and one-half hours daily and high school practices shall not exceed two hours daily exclusive of showering and dressing;
5. All athletes shall receive OSAA required training and physical conditioning to ensure reasonable safety and protection from injury prior to engaging in a sports contest;
6. Students in grades seven and eight shall not be scheduled for more than two interscholastic contests per week, unless make-up contests are needed. In grades 9 through 12, the regulations of the OSAA governing weekly participation shall apply.