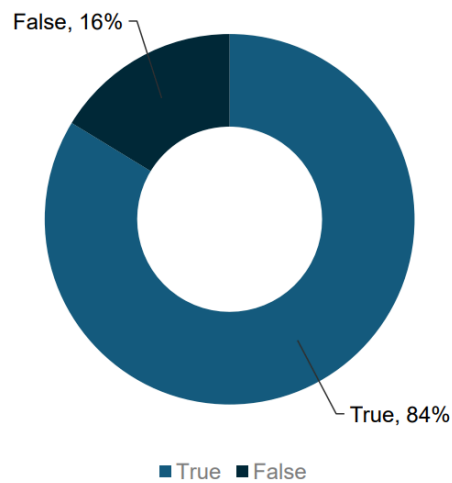


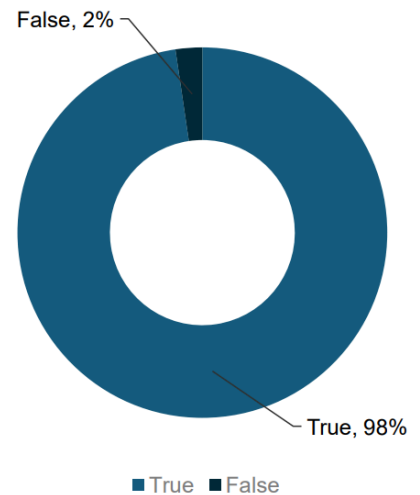
## Activities/Community Education Report for October 2024

On September 19th, we had the privilege of welcoming a panel from Change the Outcome, a nonprofit organization from the Twin Cities whose mission is to inform youth about the dangers of the ongoing opioid epidemic. This program included a documentary video followed by a panel discussion featuring several individuals who had experienced substance use disorder or had a family member who did so. Students were informed about the forms that opioid drugs can take, including counterfeit pills, signs to recognize when someone has overdosed, how to use naloxone to treat an overdose, and state laws that protect individuals who offer aid to someone in an overdose state. Prior to the program, students answered questions around their knowledge of the above circumstances and then answered similar questions following the presentation. Below are some highlights of what our students knew previously and what they learned through this session. It is our goal, combined with the work of organizations such as Cass County Public Health to continue to educate our community about this growing health concern throughout our district as well as the nation.

I know what factors could increase my personal risk of developing a substance use disorder.



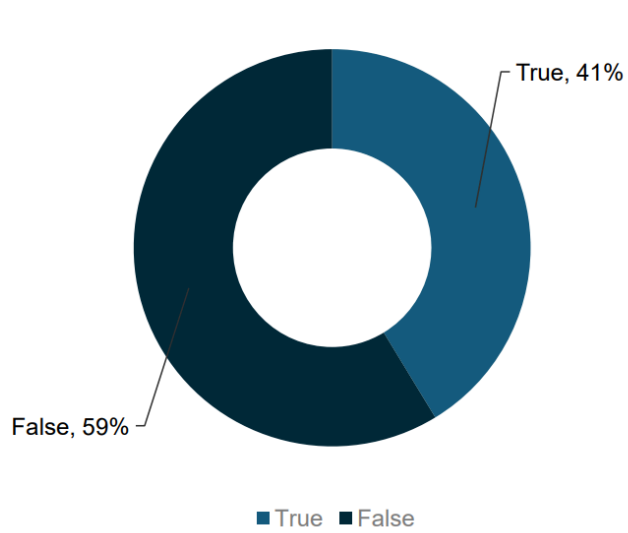
PRE - SURVEY



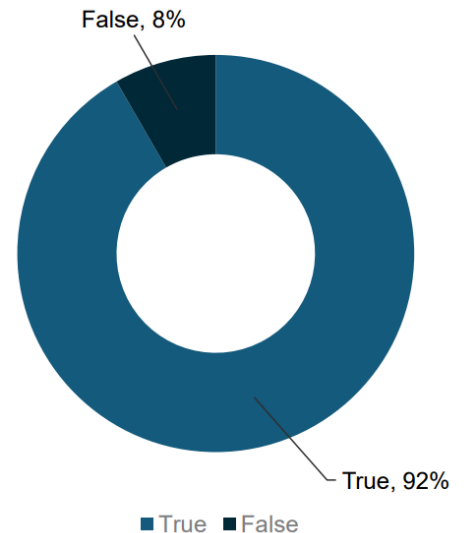
POST - SURVEY

I am familiar with what “pressed” pills are.

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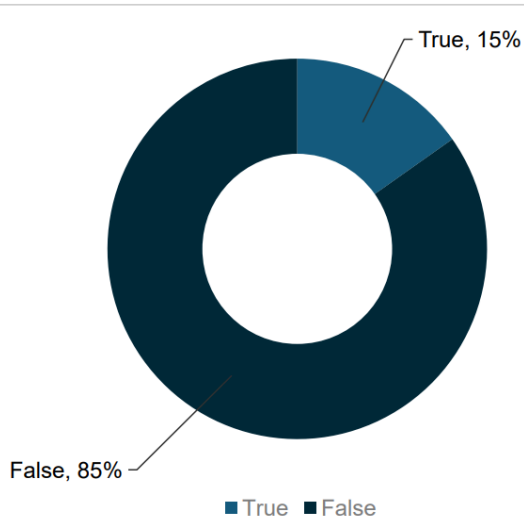
PRE - SURVEY



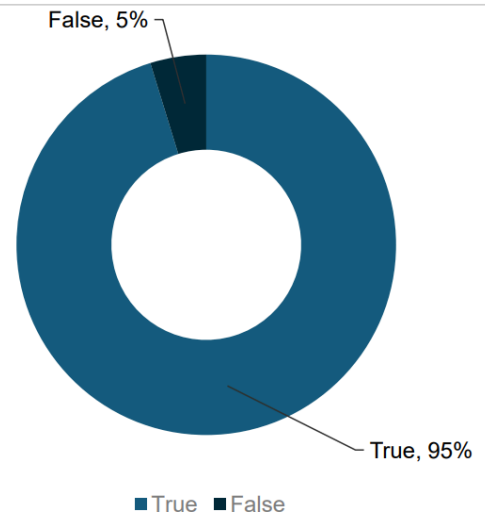
POST - SURVEY

I am familiar with Steve's Law. (TRUE)

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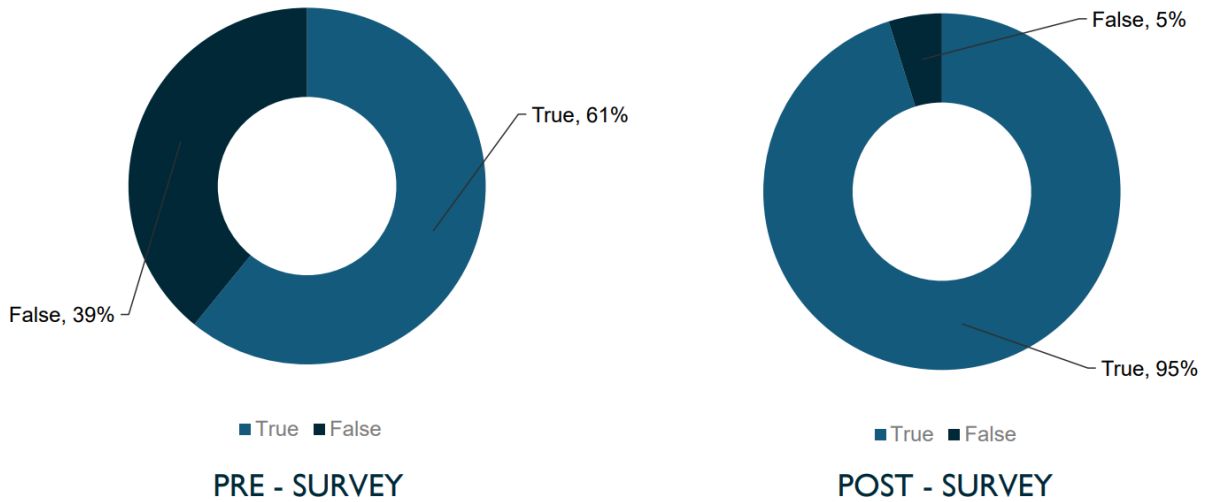


PRE - SURVEY



POST - SURVEY

I am familiar with what Narcan (naloxone) is used for. (TRUE)



In extracurricular activities, we are wrapping up the fall season for our subvarsity levels this week. Soccer concluded their season with a playoff win at home against Melrose last Tuesday followed by a loss at St. Cloud Cathedral on Thursday. Volleyball will host their final home match tomorrow (Tuesday) evening against Cass Lake-Bena while football will host Breckenridge on Wednesday night to close out their regular season. Both programs will begin their section play next week with opponents, times, and locations to be determined over MEA break. Winter activities will also start preparing for their seasons with required parent-player-coach meetings in the next few weeks. Boys and girls basketball will hold their meetings on Monday, November 4th at 6:00 PM while wrestling will have theirs on \_\_\_\_\_.

### Wolves of the Week from Fall 2024



Lily Cairns  
Soccer



Lexi Gardner  
Soccer



Gavin Oelschlager  
Football



Joe Bieloh  
Football