




GMS
SEL
411
Q & A

WHAT IS NEW ON THE MIDDLE SCHOOL CAMPUS THIS YEAR?

WEEKLY TIME ASSIGNED FOR SOCIAL
EMOTIONAL LEARNING.



EVERY MONDAY (OR FIRST DAY OF THE WEEK) THERE IS A SPECIAL SCHEDULE.

- 29 MINUTES ARE SET ASIDE FOR SOCIAL EMOTIONAL LEARNING.
- ALL CERTIFIED STAFF ARE ASSIGNED TO SMALLER GROUPS OF 13-15 STUDENTS.
- UTILIZING SECOND STEP PROGRAM (UPDATED VERSION)

Why the change?

- IN THE PAST WE UTILIZED OLDER VERSION OF SECOND STEP. THE NEW UPDATE HAS MORE LESSONS AND BETTER CONTENT/PRESENTATIONS.
- PREVIOUSLY EACH MAIN CONTENT AREA WOULD GIVE UP TWO DAYS A YEAR TO DELIVER THEIR ASSIGNED SECOND STEP LESSON.
- MORE LESSONS WAS GOING TO MEAN MORE DAYS OF LOST INSTRUCTION IF WE DID NOT CHANGE OUR DELIVERY APPROACH.
- MOVING TO MONDAY PLAN ALLOWS FOR ALL CLASSES TO STILL MEET.

WHERE DOES THE TIME COME FROM?

- NEW PLAN CAUSES EACH CLASS TO BE 4 MINUTES SHORTER ON THE FIRST DAY OF THE WEEK.
- THIS ALLOWS ALL CONTENT AREAS TO SHARE THE TIME LOSS INSTEAD OF CORE CONTENT AREAS ONLY WHICH IS WHAT HAPPENED IN THE PREVIOUS PLAN.

Does this happen all year?

- It happens for most of the year. We are going to conclude lessons on April 27th.
- All of May will be standard periods on Mondays.



What does the curriculum look like for Second Step?

Units include:

- Mindset and Goals
- Developing a Positive Sense of Self
- Thoughts, Emotions and Decisions
- Managing Relations & Social Conflict

What else?

- There are six bullying lessons that we are using to separate the units.
- Bullying is a topic we want students to see all year long rather than front loaded or back loaded.
 - Our first bullying lessons were October 14 & 20th.
 - December 15 & January 5
 - February 23 & March 2

How are units different from grade to grade?

- ▶ Examples in Unit 1:

- ▶ 6th grade has lesson on Breaking Down Your Goals.
- ▶ 7th grade has a lesson on Overcoming Obstacles.
- ▶ 8th grade has a lesson on Strategies for Motivation.

- ▶ Examples in Unit 3:

- ▶ 6th grade has Managing Your Emotions.
- ▶ 7th grade has Reframe the Situation.
- ▶ 8th grade has Strategies for Managing Stress.

What is the plan for next year?

- ▶ Collect staff feedback regarding how this year went.
- ▶ Modify and adapt the plans to match the feedback.
- ▶ Continue with Second Step.