

ADMISSION PRICES

Admission prices for regular season games

Roseau Student	FREE
Visiting Student	\$2.00
Adult	\$5.00
Senior Citizens	\$4.00

**Admission prices for playoff games are determined by the MSHSL

SEASON PASSES

Season athletic passes (season passes can only be used for regular season games. They cannot be used during playoffs.)

Adult	\$60.00
Senior Citizens	\$40.00

CHECKLIST FOR STUDENT-ATHLETE PARTICIPATION

- MSHSL Eligibility Brochure (filled out 1 time per year) (blue paper):
 - This is general information regarding eligibility issues, rules, and responsibilities of the parents and student-athletes. This is a contract between parents, student-athletes and the MSHSL.
 - Both sides of the form must be completed, signed, and returned to the office before the student-athlete is eligible to participate.
- ImPACT Testing (Concussion):
 - Must be completed every two years (typically, grades 7, 9, 11).
 - Must occur before the athlete can practice.
 - Student athletes need a concussion test if participating in volleyball, football, diving, basketball, hockey, wrestling, baseball, pole vault and softball.
 - Student athletes do not need a concussion test if participating in swimming, cross country, golf, track and tennis.
- Consent for Cognitive Testing and Release of Information
 - Must be completed each year before the student is eligible to participate.
- Physicals
 - Must be completed every three years (typically 7th grade and 10th grade).
 - All 7th - 12th grade athletes must have a physical completed and the form on file in the office before participation.

*** Parents - Be sure to let your coaches know of any medical conditions before the season starts.
- Fees
 - Must be paid accordingly before participation. Fees can be paid in the HS office or via SchoolPay.

ROSEAU HIGH SCHOOL ACTIVITIES

Cross Country, Tennis, and Track & Field (7-9)	\$ 60.00
Cross Country, Tennis, and Track & Field (10-12)	\$ 85.00
Basketball, Golf, and Volleyball (7-9)	\$ 70.00
Basketball, Golf, and Volleyball (10-12)	\$105.00
Baseball, Softball, Football, Wrestling & Swimming (7-9)	\$ 80.00
Baseball, Softball, Football, Wrestling & Swimming (10-12)	\$105.00
Boys & Girls Hockey (10-12)	\$225.00
One Act Play.....	\$ 60.00
Speech	\$ 60.00
Knowledge Bowl.....	\$ 60.00
Band (instrument rental)	\$ 75.00
Maximum per household	\$400.00

Scan for updated activity schedule:



LITTLE RAMS

Little Rams is a
Community Education program available through the
Roseau School District.

Age Eligibility

The Little Rams program follows the regulations as established by Minnesota Statutes and the MN Department of Education.

Roseau School District residents who are enrolled in K-6th grade are eligible for the Little Rams program.

The Roseau Little Rams program is located across from the elementary gym. Parents are encouraged to pick up or drop off on the north side of the Roseau Elementary School or pool parking lot.

– Hours –

Before School: 6:00 – 8:15 am

After School: 3:15 – 5:00 pm

– Rates – \$1.75 per hour for one child
\$1.50 per hour for each additional child in the same family



LEARNING READINESS



School Readiness is available for students who are 4 years old by September 1st of the current school year. Our School Readiness program prepares students for all day, every day kindergarten by developing their academic skills, social and emotional readiness and independence through engaging activities and giving your child a strong foundation for success! The cost is \$14.00/day.





ECFE PROGRAM

The Roseau School District's ECFE program is designed for parents and students ages birth up to Kindergarten enrollment. We support parents in their important role as their child's first and most influential teacher. Parents and children are involved together in fun family activities and

classes. The classes are informal and give parents a chance to relax, enjoy their child, and meet other parents with whom they can share the joys and concerns of parenting. ECFE is offered from September to April. There is no charge for the classes.

Amazing Infants - Newborn to 15 months
Terrific Tots - 18 months to 36 months
Moving and Grooving - 2 years to 5 years
Little Learners - 3 years to 5 years
Getting Ready - 3 years to 5 years

Roseau School provides nutritious breakfast and lunch meals for students in K – 12. Menus are posted on the website each month and are followed as closely as possible. Due to weather and outages menus are subject to change on short notice.

Students in grades 4 – 12 have a second option of build your own salad bar. Students in grades 7 – 12 have a third option of soup and sandwich. All offerings follow the nutritional guidelines set by the USDA.

SCHOOL LUNCH PROGRAM

- All Students, First BreakfastFREE
- All Students, First LunchFREE
- All Students, Second Lunch.....\$2.40
- All Students, Extra Milk.....\$.40

LUNCH SCHEDULE:

11:10 - 11:35 (7th & 8th grade)
 12:05 - 12:30 (9th -12th grade)

LUNCHROOM INFORMATION

Parents are encouraged to give feedback on new items the students may like or items they feel should be removed from our offerings.

Free and reduced-price applications are available in the elementary and high school offices. Families are encouraged to utilize this program and students are not knowledgeable of who receives free and reduced meals. The forms need to be completed on a yearly basis and can be filled out in the middle of the year or when the need arises for your family. Students are encouraged to keep a positive balance at all times. Questions regarding the food service program can be directed to 218-463-6396.