



Medford School Board Meeting
September 2022
Activities Administrator – Mr. Carlson

Celebrations/Shout-Outs/Information:

-Jerome Johannes and 3-4 students will be representing Medford Public School by registering for a regional meeting on Sept. 20th titled “Together We Make a Difference”. Students from around the region will participate in a regional meeting that will utilize the World Café process and is designed to engage students and elevate their voice with the goal of creating safe, supportive school environments in which to learn and participate in activities.

What to Expect: Students will be placed in a table group with 6-7 of their peers and will be expected to listen, share their thoughts, and engage in discussion with respect and an open mind.

-Missy Underdahl will be taking the varsity volleyball team to a Female Athlete Empowerment Symposium on Oct. 3rd at WEM High School. The team will be able to participate in various breakout sessions focusing on ways to help empower our female youth athletes.

- 1) “Girls Are _____! Changing the story about female peer relationships.”:
- 2) “Legal Awareness for 2020”:
- 3) “How to help a friend who is the victim of dating or sexual violence”:
- 4) “The Impact of Mental Health on Sports Performance”:
- 5) “Preventative/Recommended Measures for Females”:
- 6) “Are Females More at Risk for Sports Injuries?”:
- 7) “Suicide/Depression”:
- 8) “Anxiety”:

Social Media: I have been working with the fall coaches to set up a user friendly system for teams to share photos/information with me so we are able to tell the story of each extra-curricular activity throughout the course of the school year on our social media platforms. This will help increase the awareness of all the great things that are happening with our sports/music/theater departments with our staff and our community.

Cross-Country:

- 3 - Seniors
- 2 – Juniors
- 1 – Sophomore
- 2- Freshman



5 – 8th graders
4 – 7th graders
(17 total)

The team has competed in 5 meets so far this season and each runner continues to improve on their times as the season winds on.

Football:

25 – 9th – 12th graders
35 – 7th – 8th graders

2 games into the season. Their most recent game against USC was a battle to the end losing 22-20 with a chance to win it at the end of regulation

Volleyball:

12 – Seniors
5- Juniors
13 – Sophomores
13 – Freshman
9 – 8th graders
10 – 7th graders

5 games into the season with a 3-2 record. The girls are playing well together and continue to battle even against some of the stronger teams in our area.

Cheerleading:

This year on the cheer team we have three returning cheerleaders that have stepped up to be great leaders and role models for our five new girls. They have learned a lot and worked hard over the last month, which, as a first-time coach is fun to watch and be a part of. We appreciate the student section and families for cheering along with us! We are beginning to work on a routine for homecoming and can't wait to share that with the community.

Trap Shooting:

Starts this Sunday with a Varsity team and a practice JV team. They will shoot at the Owatonna Gun club. 14 students

