

### **Paras Thrive Webinar Set**

This 6-hour workshop is divided into 7 habits to be taught via webinar learning, that if implemented can help paras thrive. The content is research-based, divided into digestible pieces, and delivered in a way that helps paras implement immediately.

How can we expect paraprofessionals to work with the students who have the most complex problem behavior when they are our least trained staff? Our webinars begin by digging deep and asking participants to be open and willing to try new things, both in thought and action. We train behavior ninjas. We empower paras through an engaging training on the science of behavior, focusing on the ABCs and functions, as well as the amazing power of choice. Student behavior is better if they have a positive relationship with paras. Participants discover how to authentically pair with students, and take away strategies for facilitating student social interactions.

Paraprofessional support is essential in facilitating student independence. Our participants learn a beneficial prompting method for teaching new skills, and they leave with a practical approach to behavioral data collection. Navigating your role in a team can be an ongoing, sometimes challenging, process. These webinars will support paras with learning effective communication and team collaboration skills, as well as how to establish routines for the betterment of all. Lastly, we impart the importance of self-care and self-advocacy. Participants learn how these skills can have a positive, lasting impact on their job performance, satisfaction and longevity. Our seven essential habits that, when learned and practiced, can help paraprofessionals be the best they can be in their integral roles serving students.

#### **Paras Thrive - List of Critical Habits**

- Habit 1 = Master Your Mindset
- Habit 2 = Behavior Ninja
- Habit 3 = Use Back Pocket Strategies
- Habit 4 = Help Kids Help Themselves
- Habit 5 = Get it Together
- Habit 6 = Be the MVP
- Habit 7 = Take Care of You