

Bexar County Head Start Program 2019-2020 Program Goals

The goals listed below outline what the program plans to accomplish during the five-year grant period and are derived from on-going data collected, Self-Assessment data, Community Assessment data, School Readiness data, CLASS data, and data from previous Federal Reviews.

Long Range Goal #1

Increase the number of students with disabilities served each year over the course of the grant cycle.

Objectives:

- A. Attend ECI Transition Meetings to recruit students with disabilities to participate in the Head Start program, if they qualify.
- B. Maintain close contact with district personnel about children referred for special education and support timely processing, if needed.
- C. Work with school district personnel to make modifications for eligible children with IEPs that may allow for placement in Head Start instead of another program, like PPCD.
- D. Build teacher skill set for best meeting the needs of special education students through coaching and professional development.

Long Range Goal #2

Expand the scope and quality of mental health services offered.

Objectives:

- A. Contract with an external mental health consultant to support in schools where the counselor may not be available or able to provide the mental health consultation needed.
- B. Provide training and materials to teachers for implementation of the Conscious Discipline model in the Head Start classrooms.
- C. Secure contracts with providers for outside mental health services for children and families.

Long Range Goal #3

Exceed CLASS scores from our last federal review (ES 5.82, CO 5.91, IS 2.5) each year during this grant cycle.

Objectives:

- A. Create a system for offering detailed feedback to staff about their CLASS scores and determine improvement strategies with teachers as part of their professional development plans.
- B. Provide on-going formal training for teachers, assistants, and administrators for CLASS.
- C. To ensure reliability, perform team calibrations twice annually and dual code all observations.
- D. Refine the practice based coaching system by formalizing steps and strategies we will use to help teachers in their development of CLASS behaviors.

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Long Range Goal #4

Improve completion of health and dental services.

Objectives:

- A. Increase the completion of needed dental treatments.
- B. Work with families to complete new physical and dental exams annually prior to expiration.
- C. Work with insurance agencies and doctors to understand the limits of implementation for the EPSDT schedule.
- D. Improve the success of health insurance referrals through continuous follow-up with families.
- E. Increase the number of medical and dental contracts over time.

Long Range Goal #5

Improve nutrition services provided to students and their families.

Objectives:

- A. Implement nutrition-focused activities that are classroom-based and involve parents.
- B. Develop program partnerships with agencies that offer nutrition education and resources.
- C. Monitor ISD menus to ensure compliance with nutrition guidelines in coordination with a contracted nutrition expert.
- D. Encourage parent use of our online nutrition modules and fliers that provide education.
- E. Provide a follow-up call in the spring to families of children with nutrition concerns.
- F. Improve safety practices to prevent food allergies.

Long Range Goal #6

Family Service staff will individualize contacts with families based on their unique needs and will focus on building strong partnerships.

Objectives:

- A. Family service and management staff will plan for purposeful and comprehensive monthly family contacts.
- B. Family service staff will be intentional about separating their personal preferences and experiences with various resources from the actual need of the family.
- C. Family service staff will focus on true individualization in meeting the needs of each family.