


# Colorado UpLift: At A Glance

IN SCHOOL	ELEMENTARY: 2 Years			MIDDLE SCHOOL: 3 Years			HIGH SCHOOL: 4 Years			POST-SECONDARY: 1-3 Years
	Ashley	6 Classes	Weekly	DSST	1 Class	Weekly	DSST	2 Classes	Daily	
	Castro	7 Classes	Weekly	Greenlee	4 Classes	Weekly	East	1 Class	Daily	
	Colfax	4 Classes	Weekly	Hill	3 Classes	Weekly	Lincoln	2 Classes	Daily	
	Columbine	3 Classes	Weekly	Kepner	6 Classes	Weekly	North	6 Classes	Daily	
	Greenlee	5 Classes	Weekly	Lake	2 Classes	Weekly	West	2 Classes	Daily	
	Trevista	6 Classes	Weekly	Skinner	6 Classes	Weekly	GW	2 Classes	Daily	
	Valdez	3 Classes	Weekly	Smiley	3 Classes	Weekly				
			Trevista	3 Classes	2x/Week					
			Valdez	2 Classes	Weekly					
	<ul style="list-style-type: none"> <li>✓ Little Lift – High School Students Teach Elementary Kids</li> <li>✓ Holiday Celebrations</li> <li>✓ Supplementary CSAP Prep/Literacy</li> <li>✓ Mid- and End-of-Year Field Trips</li> <li>✓ Career Fairs: 12 Career Exposures</li> </ul>	<ul style="list-style-type: none"> <li>✓ Weekly Instruction in Core Curriculum</li> <li>✓ Supplementary CSAP Prep</li> <li>✓ End-of-Year Recreation Field Trip</li> <li>✓ 2/Year Career Field Trips</li> <li>✓ Career Fairs: 20-25 Career Exposures</li> <li>✓ Career and Education Goal-Setting</li> </ul>	<ul style="list-style-type: none"> <li>✓ Student Advocacy</li> <li>✓ Daily Instruction in Core Curriculum, Presentation Skills, Career Planning and More</li> <li>✓ Leadership Training</li> <li>✓ Weekly Teaching of Elementary Students</li> <li>✓ 5-6/Year Mentoring Lunches with Staff</li> <li>✓ Substance Abuse Education</li> <li>✓ 7 Habits of Highly Effective Teens Instruction (Covey)</li> <li>✓ Grade Incentive Programs</li> <li>✓ Community Speakers</li> <li>✓ Community Service</li> <li>✓ Celebrate Graduation!</li> </ul>	<ul style="list-style-type: none"> <li>✓ Giving Back: Participating in Career Fairs, Guest Speaking, Site Visits and More</li> </ul>						
	<ul style="list-style-type: none"> <li>✓ Summer Activities</li> <li>✓ 2x/Year Group Activities</li> </ul>	<ul style="list-style-type: none"> <li>✓ Weekly Crafts and Sports</li> <li>✓ Weekly Tutoring</li> <li>✓ 2/Year Group Recreation Field Trip e.g. Bowling</li> <li>✓ Group Mentoring and Problem Solving Discussions</li> <li>✓ One-on-One Mentoring</li> <li>✓ 1-5/Year – Attend Professional Sports Events (e.g. Denver Nuggets)</li> </ul>	<ul style="list-style-type: none"> <li>✓ Weekly Global Programming, e.g., Writing, Cooking, Poetry, Health, Sports, Multimedia and More</li> <li>✓ Weekly Tutoring</li> <li>✓ Small Group Activities</li> <li>✓ One-on-One Mentoring</li> <li>✓ 160 Transportation Hours Over 4 Years</li> <li>✓ Advanced Leadership Training with Community Service Projects, Guest Speakers, Mexico Home-Building Trip</li> <li>✓ 1-3/Year – Professional Sports Game Attendance</li> <li>✓ 1-2/Year Overnights with Staff</li> <li>✓ Home Visits from Staff</li> <li>✓ Community Resource Referrals</li> </ul>	<ul style="list-style-type: none"> <li>✓ One-on-One Mentoring (Less Frequent Than High School) at Student's Request</li> </ul>						
	<ul style="list-style-type: none"> <li>✓ Fall Team-Building with Entire Class</li> <li>✓ Summer Day Camp</li> <li>✓ Overnight Camping</li> <li>✓ Sports Camps</li> </ul>	<ul style="list-style-type: none"> <li>✓ Summer Day Camp</li> <li>✓ 3-Day/2-Night Overnight Camping</li> <li>✓ Miscellaneous: Horseback Riding, Fishing, Snowboarding, Hiking, Backpacking, Swimming and More</li> <li>✓ Summer Movie Days</li> <li>✓ Sports Camps</li> </ul>	<ul style="list-style-type: none"> <li>✓ Ski and Snowboard Instruction</li> <li>✓ Whitewater Rafting</li> <li>✓ Backpacking/Rafting Trips, e.g., 5 Days/4 Nights, 7 Days/6 Nights, 4 Days/3 Nights</li> <li>✓ Outdoor Winter Survival Training</li> <li>✓ Extreme Sledding</li> <li>✓ Golf Instruction</li> <li>✓ Rock Climbing</li> <li>✓ Leadership Development through Camp Leadership</li> </ul>	<ul style="list-style-type: none"> <li>✓ Day Camp Leadership Team</li> <li>✓ Backpacking Trips</li> <li>✓ Internship Opportunities for Day Camps</li> </ul>						
	<ul style="list-style-type: none"> <li>✓ Exposure through Career Fairs and Curriculum</li> </ul>	<ul style="list-style-type: none"> <li>✓ Exposure through Career Fairs and Curriculum</li> <li>✓ Planned Education of 8th Graders and Parents</li> </ul>	<ul style="list-style-type: none"> <li>✓ Next Step College/Career Fairs: 5-7 College Information Exposures</li> <li>✓ Metropolitan Mayors &amp; Commissioner's Youth Award &amp; Scholarship: 3-10 Campus Visits</li> <li>✓ Monthly Seminars for Admissions, Essay-Writing, Financial Aid and Scholarships</li> <li>✓ Letters of Recommendation</li> <li>✓ Scholarship Notification</li> <li>✓ Support for Daniels Prep Program and Scholarships</li> </ul>	<ul style="list-style-type: none"> <li>✓ Informal Support for Students Who Express Need for Help with Academics, Financial Aid, Etc.</li> <li>✓ Personal Assistance with Applications, Resumes, Job Search</li> </ul>						