

## **Education Service Center, Region 20 Bexar County Head Start Program**

### **Program Philosophy**

As ESC-20 Head Start program, we strive to:

- Build positive relationships with clients and partners;
- Be compassionate and respectful;
- Connect families to resources enhancing self-sufficiency;
- Demonstrate flexibility, acceptance of change, and accountability.

### **2018 Five Year Grant Application Goals & Objectives**

#### **Long Range Goal #1**

Increase the number of students with disabilities served each year over the course of the grant cycle.

*Objectives:*

- a. Attend ECI Transition Meetings to actively recruit students with disabilities to participate in the Head Start program, if they qualify.
- b. Maintain close contact with district personnel when children have been formally referred for special education and support timely processing, if needed.
- c. Work with school district personnel to make modifications for eligible children with IEPs that may allow for placement in Head Start instead of another program, like PPCD.
- d. Build teacher skill set for best meeting the needs of special education students.

#### **Long Range Goal #2**

Expand the scope and quality of mental health services offered.

*Objectives:*

- a. Contract with an external mental health consultant to support schools where the counselor may not be available or able to provide the mental health consultation needed.
- b. Provide training and materials to teachers for implementation of the Conscious Discipline model in the Head Start classrooms.
- c. Secure contracts with providers for outside mental health services for children and families.

#### **Long Range Goal #3**

Exceed CLASS scores from our last federal review each year during this grant cycle.

*Objectives:*

- a. Create a system for offering detailed feedback to staff about their CLASS scores and determine improvement strategies with teachers as part of their professional development plans.

- b. Provide on-going formal training for teachers, assistants, and administrators for CLASS.
- c. To ensure reliability, perform team calibrations twice annually and dual code all observations.
- d. Refine the practice based coaching system by formalizing steps and strategies we will use to help teachers in their development of CLASS behaviors.

#### **Long Range Goal #4**

Improve completion of health and dental services.

*Objectives:*

- a. Increase the completion of needed dental treatments.
- b. Work with families to complete new physical and dental exams annually prior to expiration.
- c. Work with insurance agencies and doctors to understand the limits of implementation for the EPSDT schedule.
- d. Improve the success of health insurance referrals through continuous follow-up with families.
- e. Increase the number of medical and dental contracts over time.

#### **Long Range Goal #5**

Improve nutrition services provided to students and their families.

*Objectives:*

- a. Implement nutrition focused activities that are classroom-based and involve parents.
- b. Develop program partnerships with agencies that offer nutrition education / resources.
- c. Monitor ISD menus to ensure compliance with nutrition guidelines in coordination with a contracted nutrition expert.
- d. Encourage parent use of nutrition modules and fliers that provide education.
- e. Provide a follow up call in the spring to families of children with nutrition concerns.
- f. Improve safety practices to prevent food allergies.

#### **Long Range Goal #6**

Family Service staff will individualize contacts with families based on their unique needs and will focus on building strong partnerships.

- a. Family service and management staff will plan for purposeful and comprehensive monthly family contacts.
- b. Family service staff will be intentional about separating their personal preferences and experiences with various resources from the actual need of the family.
- c. Family service staff will focus on true individualization in meeting the needs of each family.