

EXTRA-CURRICULAR
STUDENT TRAVEL APPROVAL FORM

Student travel must be approved based on the direct benefits for the students. The trip must have approval of Superintendent or designee before any travel arrangements and reservations are made or students and parents become involved with any facet of the trip. Out-of-state travel must have Board approval.

Name of Group: Culinary Arts Campus: CTECENTO

Date of trip: June 5-14th 2019 Grade levels involved: 10-12th Number of students: 6

Number of instructional days: 0 Location: Greece
(Please attach an itinerary)

Funding source: ___ District Budget ___ Campus Budget ___ Department Budget ___ Activity fund Personal

Instructional days out of the classroom: The sponsors/coaches/directors have checked the accrued number of days for each participant? Yes ___ No

Trip function: ___ Cocurricular Extracurricular ___ Competition (Non-athletic)

Trip profile: ___ In-state ___ Out-of-state Overseas ___ Tour ___ Field trip ___ Invitational
___ Annual ___ Biennial ___ Post-district ___ Competition associated with a tour or attraction

Transportation mode: ___ School bus ___ School suburban Charter bus plane

How does the trip relate to and benefit the Campus Improvement Plan, District Improvement Plan and/or the TEKS?

Does the trip require fund-raisers? ___ Yes No

Are deadlines established to guide the sponsors/directors if the trip has to be canceled due to lack of funding?
 Yes ___ No

How many sponsors will accompany the students? 3
What is the ratio of sponsors to students? Sponsors 3 /Students 6 (gender appropriate)

Student orientation - Date: 4/30/2019 Time: 6:00pm Location: NTO Lecture Hall
Parent orientation - Date: 4/30/2019 Time: 6:00pm Location: NTO Lecture Hall
Sponsor orientation - Date: 4/30/2019 Time: 6:00pm Location: NTO Lecture Hall
Sponsor criminal background check - Date: _____

Will any kind of insurance be required? ___ Yes No
Will room and baggage searches be required? ___ Yes No

Medical and travel releases will be required.

Coach/Sponsor: Christina Rasti (Signature) 3/27 2019 (Date)

Principal approval: Carla Payne (Signature) 3.28.19 (Date)
Field Trips/Excursions
UIL Competition

Superintendent or designee Approval: Ju. [Signature] (Signature) 3/29/19 (Date)
(District Sanctioned Competition)
(K-8 Field Trips/Excursions)
(Out-of-state)

Board approval: _____ (Signature) _____ (Date)

130.255. Advanced Culinary Arts (Two Credits), Adopted 2015.

(2) The student researches, analyzes, and designs a path to achieve career goals. The student examines jobs available in the food service industry and accesses career opportunities. The student is expected to:

(A) demonstrate major duties and qualifications for all staff and managerial positions to facilitate selection of career choices in the food service industry;

(4) The student evaluates global cuisines, including the culture, history, and indigenous ingredients to create international recipes. The student is expected to:

(A) replicate advanced moist and dry cooking techniques from global cuisines such as American regional, Latin American, European, Mediterranean, Middle Eastern, and Asian;

(B) synthesize indigenous ingredients from global cuisine to create innovative dishes; and

(C) justify the connection of flavor, texture, visual appeal, taste, and customer satisfaction on product development.

(8) The student demonstrates comprehensive knowledge of fruits, vegetables, grains, herbs, spices, and other dry goods as related to presentation, flavor, texture, visual appeal, taste, and customer satisfaction and establishes quality standards. The student is expected to:

(A) compare types of commonly available produce;

(B) identify factors contributing to cost and quality such as seasonality, market volatility, and transportation;

(C) compare and contrast forms and use of produce such as fresh, frozen, canned, dried, and other classifications;

(D) model appropriate cooking methods for produce; and

(E) evaluate the effects of cooking methods on produce.

(9) The student understands advanced baking and pastry principles.
The student is expected to:

- (A) use professional food preparation equipment such as commercial-grade mixers, food processors, and measuring tools;
- (B) apply proper measuring and scaling techniques; and
- (C) compose various plated desserts appropriate for various food service operations.

(13) The student demonstrates and practices the basic procedures for the production of custards, creams, and mousse. The student is expected to:

- (A) compose desserts such as ice creams, custards, mousse, and other desserts; and
- (B) identify the roles of desserts such as ice creams, custards, mousse, and other desserts.

(14) The student demonstrates and practices the basic procedures for the production of chocolate, sugars, confections, and sauces. The student is expected to:

- (A) differentiate between the types of advanced confections;
- (B) model methods of preparation in each type of confection;
- (C) use chocolate as a major ingredient in dessert or food production;
- (G) prepare dessert sauces such as custard, chocolate, caramel, fruit fillings, and coulis; and
- (H) serve attractively plated desserts with appropriate sauces and garnishes.



Educational Tours

Watch videos, read
reviews, and enroll on your
teacher's Tour Website

eftours.com/

This is also your tour number

ATHENS & THE ISLANDS

10 or 13 days Greece

When you reach the top of the Acropolis and look out across Athens, history stands still. In the shadows of the Parthenon's mighty 2,400-year-old columns, the only sound you hear is the ancient gravel beneath your feet. Your connection to antiquity hits home as you cruise the Aegean Sea, where each port brings new discoveries and timeless lessons.

YOUR EXPERIENCE INCLUDES:

-  **Full-time Tour Director**
-  **Sightseeing:** 3 sightseeing tours led by expert, licensed local guides (7 with extension); 1 walking tour
-  **Entrances:** Acropolis; Acropolis Museum; Delphi site; Delphi Museum; olive farm (seasonal); Sounion; Temple of Poseidon; with extension: Epidaurus site; Mycenae site; Palamidi Fortress; Museum of Archimedes; pottery workshop; Olympia site; Olympia Museum
-  **weShare:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-   **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; 4-day Greek island cruise (3 cruise excursions included); 4 overnight stays in hotels with private bathrooms (7 with extension); 4 nights cabin accommodations; European breakfast and dinner daily; 3 meals daily during cruise



Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

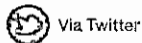
And the experience begins long before you get your passport stamped and meet your **Tour Director** in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, **weShare**, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. **Expert local guides** will lead your group on sightseeing tours, providing detailed views of history, art, architecture or anything you may have a question about.

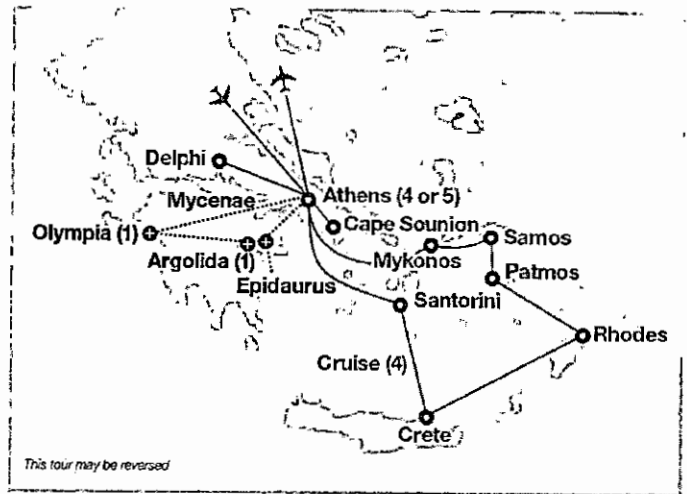
When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

— MELISSA, TRAVELER



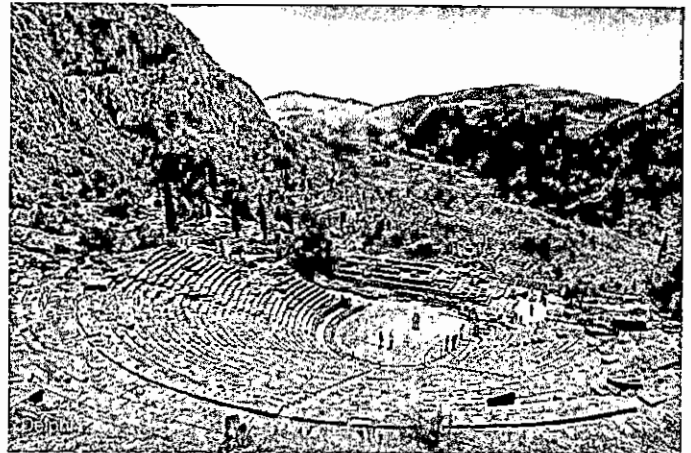
Via Twitter



This tour may be reversed



Learn from your Tour Director and expert local guides



Via Instagram



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website

What you'll experience on your tour

Day 1: Fly overnight to Greece

Day 2: Athens

- Meet your Tour Director at the airport in Athens and discover the ancient city named for Athena, goddess of war and wisdom.

Day 3: Athens

- Take an expert-led tour of Athens, where you'll see the Olympic Stadium that hosted the first modern Olympics in 1896.
- Visit the Acropolis to view the Parthenon, perhaps the world's greatest architectural feat. See the Temple of Athena Nike, which once housed a gold statue of the goddess, her wings clipped to prevent her from deserting the city.
- Visit the Acropolis Museum.
- Time to see more of Athens or
 - attend a Greek cooking class.

Day 4: Athens

- Take a guided excursion to Delphi and visit the archaeological site and museum centered around the Oracle of Delphi, one of the most important landmarks of antiquity. The philosopher Socrates claimed to consult with the Oracle here and ancient military leaders left offerings in the hopes of earning luck in battle. Ponder the mysteries that lie in your future as you climb the ruins of the Temple of Apollo. According to legend, this is where the gods chose to communicate with mortals. See a variety of artifacts dating back to 550 B.C. at the Delphi Museum, and learn more about the mythical past of Greece.
- Visit an olive farm (seasonal).

Day 5: Athens | Mykonos

- Board your cruise ship for a four-day cruise that will take you to the islands and coastal towns of Greece. Enjoy on-board activities as you sail to Mykonos, Samos, Patmos, Rhodes, Crete, and Santorini. Beautiful crystalline waters and white-sand beaches helped make these destinations prized—and disputed—territories. Turkish, Roman, and Greek influences helped shape the unique blend of cultures you'll encounter.
- Enjoy free time to explore Mykonos' Old Town.

Day 6: Samos | Patmos islands

- Included excursion to Samos island features beaches and archaeological sites.
- Enjoy free time to explore Patmos.

Day 7: Rhodes island

- Enjoy free time to explore Rhodes' medieval city.

Day 8: Crete | Santorini islands

- Included excursion to the Palace of Knossos.
- Included excursion to Oia Village in Santorini.

Day 9: Athens

- Tour Cape Sounion, which houses an ancient temple dedicated to Poseidon, with an expert local guide.
- Enjoy free time in Athens or
 - attend a Greek evening.

Day 10: Depart for home

• 3-DAY TOUR EXTENSION

Day 10: Epidaurus | Mycenae | Argolida

- Take an expert-led tour of Epidaurus.
- Continue on to Mycenae.
- Take an expertly guided tour of Mycenae.
- Participate in a pottery workshop.
- Continue on to Argolida.

Day 11: Olympia

- Travel to Nauplio.
- Visit the Palamidi Fortress.
- Enjoy free time in Nauplio (winter).
- Take a guided tour of Kyparissia (summer).
- Explore the Museum of Archimedes.
- Travel to Olympia.

Day 12: Olympia | Athens

- Take an expert-led tour of the Olympia site.
- Visit the Olympia Museum.
- Travel to Athens.

Day 13: Depart for home



Yesterday we were in Santorini! #santorini #efsummer#eftours#greece

- MICHAEL, TRAVELER



Via Instagram

Just returned from a tour in Greece. Could not have chosen better tour guides if I had hand picked them myself. Iris was GREAT! All the guides were extremely knowledgeable and informative. Not to mention the care that they took to ensure our safety and satisfaction! Great Job EF! Thank you again Iris, for an unforgettable trip of a lifetime!

- SUE, GROUP LEADER



Via Facebook

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____

2. _____

3. _____

— The easiest ways to
ENROLL TODAY



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800-665-5364



Enroll by mail
EF Educational Tours
Two Education Street
Cambridge, MA 02141

Our child came home a citizen of a global community with a greater understanding of their part in the world. Now, they understand that there is so much more out there than our everyday

—CHARLOTTE, PARENT.



Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 50 years EF has been working toward one global mission: Opening the World Through Education. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices, guaranteed** so more students can travel.
- **We're fully accredited, just like your school,** so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 500 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.

