

RISD School Health Advisory Council

ROBSTOWN ISD



Annual Progress Report To the Board of Trustees June 2025

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Director of Health Services



Mission, Vision, & Goals

The Texas School Health Advisory Committee (TSHAC) assists the Department of State Health Services (department) to support and coordinate school health programs and school health services. It also provides leadership to identify and disseminate school health best practices and resources for school policymakers.

Vision: We, the TSHAC, envision healthier Texans through coordinated school health.

Mission: To assist in establishing a leadership role for DSHS in the support for and delivery of coordinated school health programs and school health services.

Goals: Active leadership – Best practices identification and dissemination – Coordinated school health promotion



School Health Advisory Council

Every independent school district is required to have a school health advisory council (SHAC). Members are made up of staff from various departments and parents who are not employed by the school district.

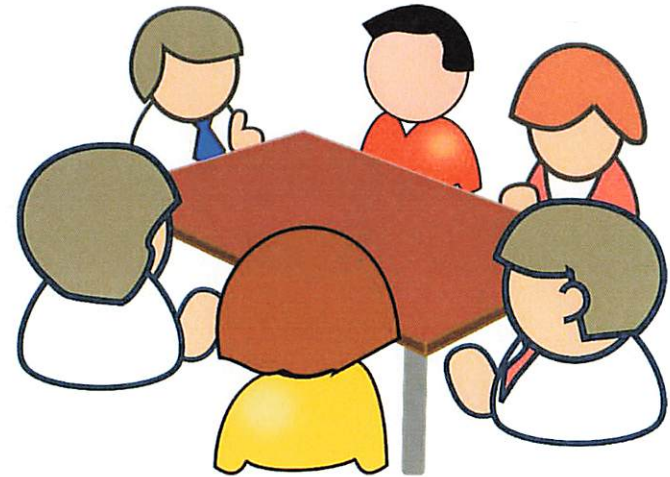
By involving parents, students, and community members, SHACs bridge the gap between schools and the broader community. This collaboration enhances the effectiveness of health initiatives and ensures they are supported outside the school environment.



SHAC Members

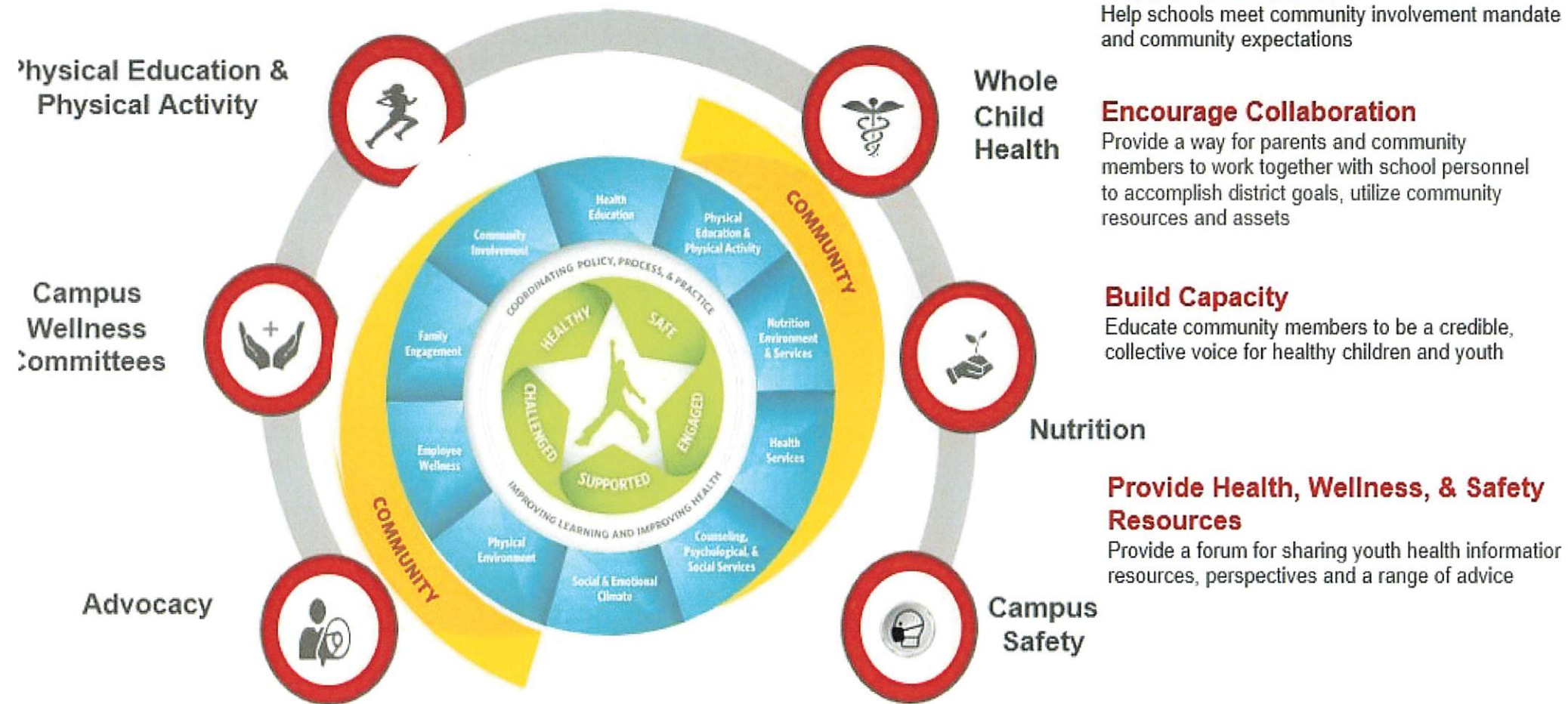
Parents/Community Members

Ricardo Bosquez, President
Anisa Chavera, Principal SJH
Rosalinda Lira, Coach SP
Erika Ramon, RN Seale JH
Gloria Hernandez
Kristy Elizondo
Melissa Guerrero
Melissa Ramon
Roberta Aguilar
Michelle Rios
Lorraine Ordonez
Lori Aguilar
Paula Rocha
Graciela Trevino
Tammy Silva



This group of individuals represent segments of the community and school district which provide advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.

SHAC as a Resource



Coordinated School Health

Eight Components of the Whole School, Whole Community, Whole Child Model

- Health Education
- Healthy and Safe School Environment
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

2024-2025 Meetings

- 10-16-2024
- 12-04-2024
- 02-12-2025
- 04-25-2025



(Minimum of four meetings required annually)

Speakers/Guests &

Events:

Dr. Eric Baggerman-Amistad CEO, RISD Physician Liaison

RISD Social Workers

RISD Food and Nutrition

RISD Coaching Staff

RISD Safety and Security

American Heart Association

Amistad Clinic

Driscoll Children's Health Plan

Keach Library

Majesty Outdoors

MHP Salud

Nueces County Public Health District

Radiology & Associates

South Coastal AHEC

RECHS CTE Program Director, AP Benito Portillo

Robstown PD

TAMUCC

Texas Health & Human Services

Texas A&M Agri-life Extension Service

Event

- ~~S~~ 2 Flu Clinics
- Breast Cancer Awareness Walk
- Mental Health First Aid
- Burnout Prevention
- Thanksgiving Meals
- Special Olympics
- Summer Food Programs
- Summer Athletic Camps

Important Information for District and Campuses

TEC, §28.004(d-1), addresses SHAC meeting requirements. For each meeting, the SHAC is required to:

- ✓ Post notice of the date, hour, place, and subject of the meeting on a bulletin board in the central administrative office of each campus in the school district at least 72 hours before the meeting
- ✓ Ensure that the notice of the date, hour, place, and subject of the meeting is posted on the district's website at least 72 hours before the meeting Prepare and maintain minutes of the meeting that state the subject and content of each deliberation and each vote, order, decision, or other action taken by the SHAC during the meeting
- ✓ Make an audio or video recording of the meeting and submit the minutes and audio or video recording of the meeting to the district not later than the 10th day after the meeting
- ✓ Incorporate Coordinated School Health as a part of Campus Improvement Plans.
- ✓ Strengthen and utilize SHACs to support the implementation of all school health policies and practices.

SHAC Goals for 2025-2026

- Maintain or increase participation of parents, staff, and community members in meetings.
- Ensure school administrators attend all scheduled meetings.
- Host an annual “Back to School” Health & Resource fair each August.
- Continue quarterly wellness activities and on-site vaccine/flu clinics for staff.
- Provide security updates at least twice per semester with input from law enforcement.
- Maintain coordination of care through monthly check-ins with healthcare partners.
- Upgrade 75% of outdated Child Nutrition Services equipment by June 2026.
- Complete the Triennial Assessment of the Local Wellness Policy by May 2026.

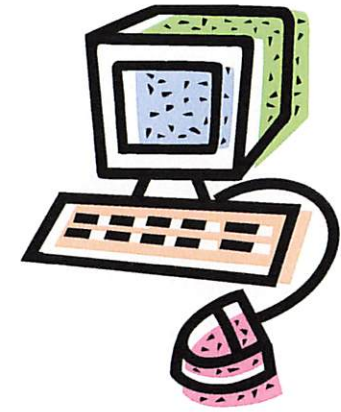
Referenc es

- ✓ Texas School Health Advisory Committee:
www.dshs.state.tx.us/schoolhealth/shadvise.shtm
- ✓ TXPTA Healthy Lifestyle web page:
www.txpta.org/programs/healthy-lifestyles
- ✓ TEA Fitness Data: www.tea.state.tx.us/index4.aspx?id=397
- ✓ <https://www.dshs.texas.gov/texas-school-health>
- ✓ CDC Coordinated School Health: www.cdc.gov/HealthyYouth/CSHP
- ✓ Texas Department of Agriculture Square Meals:
www.squaremeals.org/fn/home/page/0,1248,2348_2349_0_0,00.html
- ✓ Regional Education Service Centers: <http://ritter.tea.state.tx.us/ESC>
- ✓ Texas online help for childhood obesity: www.reshapingtexas.org
- ✓ Texas Legislature Online: www.capitol.state.tx.us



RISD SHAC Information

- ✓ The Robstown ISD SHAC website:
www.robstownisd.org
- ✓ Minutes and agendas of all meetings can
be found at : www.robstownisd.org
Under “Health Services” Tab



QUESTIONS?

This presentation was developed by the RISD SHAC committee with the Texas Department of State Health Services, Texas School Health Advisory Committee on June 1, 2023. For additional information about this presentation, contact www.dshs.state.tx.us/schoolhealth/shadvise.shtm.

Links to external sites appearing in this presentation are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services. The sites also may not be accessible to people with disabilities. For information regarding this presentation, contact the School Health Program at 512-776-7279 or email schoolhealth@dshs.state.tx.us.

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