



PLANNED COURSE STATEMENT

Course Title: <i>EXTRA-CURRICULAR</i>	Grade Level(s): 9-12
Length of Course: 1.0 SEASON	Credit Area: ELECTIVE
Prerequisite: PARTICIPATION FOR COMPLETE SEASON	Amount of Credit: ONE COMPLETE SEASON = .5 ELECTIVE CREDIT (MAXIMUM OF ONE (1.0) CREDIT DURING HIGH SCHOOL CAREER FOR PARTICIPATION IN OSAA GOVERNED ATHLETICS AND ACTIVITIES)
Adopted/Supplemental Materials:	
Dual Credit Articulation:	

COURSE DESCRIPTION:

STUDENTS ARE ALLOWED TO EARN A MAXIMUM OF 1.0 CREDIT DURING THEIR HIGH SCHOOL CAREER FOR PARTICIPATION IN OSAA GOVERNED ATHLETICS AND ACTIVITIES. THE CREDIT IS ISSUED AS A PASS AND WILL NOT BE FIGURED INTO OVERALL GPA. COACHES/ADVISORS MUST SUBMIT ROSTERS FOR CREDIT TO BE AWARDED AT THE END OF THE SEASON. ONE COMPLETE SEASON (MINIMUM OF 65 HOURS) EQUAL 0.5 CREDIT. A MAXIMUM OF .5 CREDITS CAN BE EARNED BY ONE

COURSE GOALS:

Students will:
 DEMONSTRATE PROFICIENCY IN THEIR EXTRA CURRICULAR ACTIVITY, FULFILL 65 HOURS OF TRAINING IN THEIR ACTIVITY REQUIRED FOR CREDIT, AND RECOMMENDATION FROM PE TEACHER AND ATHLETIC DIRECTOR. STUDENTS CAN EARN A MAXIMUM OF 1.0 CREDITS AND .5 CREDITS IN ANY INDIVIDUAL OSAA REGULATED ACTIVITY.

ASSESSMENT STRATEGIES:

OSAA REGULATED CONTESTS

ACCOMMODATIONS AND MODIFICATIONS:

STANDARDS

DEMONSTRATE KNOWLEDGE OF A VARIETY OF MOTOR SKILLS.
 UNDERSTAND AND PARTICIPATE IN A VARIETY OF PHYSICAL AND RECREATIONAL ACTIVITIES AVAILABLE IN THE SCHOOL AND COMMUNITY.
 UNDERSTAND AND APPLY MOVEMENT CONCEPTS.
 UNDERSTAND AND APPLY PHYSICAL EDUCATION VOCABULARY AS IT RELATES TO MOVEMENT CONCEPTS.

UNDERSTAND RULES AND STRATEGIES FOR A VARIETY OF PHYSICAL ACTIVITIES.

CAREER RELATED LEARNING STANDARDS:

COMMUNICATIONS
PROBLEM SOLVING

PERSONAL MANAGEMENT
CAREER DEVELOPMENT

TEAMWORK