

Amended for the 2015-2016 school year.

Sunray ISD Athletic Department /Student/ Parent Handbook

This handbook has been developed in order to establish a foundation for all athletes, coaches, teachers, administrators and community members to build upon. It is imperative all involved are of one philosophy and objective to avoid confusion and personal agendas. The expectations for athletes and their coaches within the Sunray Independent School District Athletic Department are high due to the fact that athletic competition is highly visible within the community. It is with full consideration and recognition of that fact that this handbook has been developed.

Athletic Philosophy

Athletics is an extension of the family, classroom, church, and community. We will develop relationships with the individuals on our teams that will last a lifetime. We must ensure that we are leading the kids by example, because they are watching us closely.

We will work to help strengthen the player's family, and we may have to fill a void that the family can't fill. We as coaches will monitor their classroom performance, and take care of any problems, as well as, acknowledge good things the kids are doing academically. We MUST make certain that we are strengthening the morals and values of our players. The kids are looking to us for guidance on these issues.

Our community will be recognized by our athletic program. Everywhere we go, we are judged by how we act (players and coaches), how we play (relentless effort), and how we conduct ourselves. We are very concerned with our "image". We want other schools to say "oh no we play Sunray this week." However, we also want restaurants and other businesses to say "oh yes we would love to have your team here." We will act right, we will play right, and these things will pay great dividends in the future.

Relentless Effort "The way the game should be played."

Our approach to each sport is governed by a simple philosophy: Athletics is a part of the total education process.

OUR OBJECTIVE: To provide the opportunity of athletic participation to every student who has the ability and desire to do so, while creating and implementing a positive environment that encourages both athletic and academic excellence.

COMMUNICATION COACHES EXPECT FROM THE PARENTS

Concerns expressed directly to the coach
Notification of any schedule conflicts in advance
Notification of injury or illness in a timely manner

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

Coaches interaction with your child
Ways to help your child improve athletic skills
Concern about your child's interaction with others

TOPICS LEFT TO THE COACHES DISCRETION

Playing time
Team strategy
Play calling

Other student/athletes

PARENT-COACH MEETING PROCEDURE

Call the school and ask for the coach's extension.

Request a meeting.

If the coach is unavailable, call the Athletic Director and request a meeting to be arranged.

***Please do not confront a coach before or after a practice or game. Meetings of this nature usually do not promote positive resolutions.

NEXT STEP IF NOT SATISFIED

First, call the Athletic Director and set up a meeting.

Then if not satisfied, call the Campus Principal and set up a meeting. Lastly, if still not satisfied, call the Superintendent and set up a meeting.

THE SUNRAY ISD ATHLETE

There are many advantages of being a member of an athletic team in the Sunray Independent School District. In fact, there are so many that it would be difficult to list them all. But there are some realities each athlete needs to be aware of before accepting the challenge of becoming a student athlete for his or her school.

You may practice, work hard, and never get to start.

Training rules may cramp your social life. Sacrifices will be necessary.

You will have to practice every day after school, Saturday's and possibly on holidays.

Less study time will be available, yet you must pass to be eligible to play. Do not expect favors because you are an athlete, expect a challenge. Expected to be well behaved on and off the field. What you do off the field may get you dismissed.

You are expected to be a great teammate.

Expected to follow S.I.S.D. Student Code of Conduct.

If you like to party, then you'd better decide what is more important, a good party or a uniform. We will not allow you to have both.

Most things listed in Athletic Conduct should be self-imposed rules. Although if you lack the maturity of self discipline, then it will be necessary for the Athletic Department to instigate disciplinary action, possibly even permanent dismissal. To be admired as a champion and as an athlete – ACT RIGHT!

SISD ATHLETIC CONDUCT

No profanity or trash talk. Remember, people don't see you, they see the school's name across your chest.

Truancy is a violation of the Athletic Code. Go to class!

Male hair policy; No facial hair. Hair should be out of the eyes and above the collar, and not below the ear lobe. Pony tails, mohawks, multiple colors, etc. are not permitted.

No jewelry during practice or games.

Go to practice. There are very few acceptable excuses to miss a practice.

Coaches may impose their own make-up conditioning policy for missing practice. Any athlete that quits a sport after games start will not be allowed in another sport until the sport he or she quit has finished or has received the consent from all coaches involved, and must run twenty-five miles to get into the next sport. Also note that any athlete who quits or is dismissed from a sport forfeits that sports

athletic award.

If a student becomes academically ineligible for two six weeks in a row, they may be dismissed from athletics. The student can be reinstated when academic stability is demonstrated.

NO HAZING! (hazing) Any activity intentionally taken for the purpose of initiation in which any student(s) humiliates, degrades, or physically or mentally abuses any other student.

Being in the environment of alcohol, tobacco or any illegal substance is prohibited.

If you are at a party, in a car, etc. where drugs and alcohol are present, **LEAVE!** Do not be found guilty by association.

Engaging in inappropriate or indecent exposure of private body parts or sexual conduct in locker rooms, or playing fields/courts or while on athletic trips is strictly prohibited.

****Obviously all situations can not be noted. Therefore the athletic staff can determine inappropriate behavior.**

You are responsible for your electronic devices, DO NOT take pictures in locker rooms that will get you in trouble. The coaching staff will not be held responsible for any inappropriate content on your device. Also, you agree to be held responsible for any pictures that include you with illegal activity, including but not limited to, all social media.

Your comments on social media can be used against you.

The following is the drug/ alcohol policy:

General

Students violating the terms of a given offense may be subject to the provisions of the next level offense or other disciplinary actions as determined appropriate by the administrator in charge.

Students providing false information or withholding information during the course of an investigation shall be subject to disciplinary actions as determined appropriate by the administrator in charge.

Any action that is detrimental to the Athletic Program or the School will not be tolerated. **Including the use of social media to advertise you in a picture containing illegal activity.** This policy pertains to all behavior concerning participants in activities at Sunray High School and/or Sunray Middle School. Violations are cumulative for grades 7-8 and 9-12. The following pertains to alcohol or drug abuse.

FIRST OFFENSE

The student athlete will be required to run 25 miles within a 14-day period beginning from the date and time of administration verification, as well as a 10 percent of season games suspension. Football-CC-Track-Tennis-Golf= 1 game or meet, basketball= 2 games.

The student is suspended from participating in activities during this time period. The student will be allowed to practice.

The student will sign a statement acknowledging the consequences of a second offense and the student's parents will be notified by the school administration.

SECOND OFFENSE

The student athlete will be required to run 50 miles within a 28-day period beginning from the date and time of administration verification, and a 20 percent season games suspension. Football-CC-Track-Tennis-Golf= 2 games or meets, basketball= 4 games.

The student is suspended from participating in activities during this time period.

The student will be allowed to practice.

The student will sign a statement acknowledging the consequences of a third offense and the student's parents will be notified by the school administration.

THIRD OFFENSE

The student will be dismissed from the Athletic Program for one calendar year beginning the date and time of administration verification of involvement.

The student's parent will be contacted by the school administration.

Missed Practice Policy

Excused absence- make up of team conditioning. Unexcused absence- double the team conditioning.

***it is the coaches' discretion along with the athletic director if the unexcused absences become numerous as to whether the student needs to be dismissed from athletics

Please be courteous if you are going to be gone from a workout or meeting, so that coaches can make arrangements to plan practice without you!

Lettering Policy

Football

Participant of the Varsity team during three games, or two district games.

BOYS BASKETBALL

Participant of the Varsity team during three district games.

GIRLS BASKETBALL

Participant of the Varsity team during three district games.

BOYS TRACK

In the Varsity division, score fifteen points throughout the season or one point at the district meet or beyond.

GIRLS TRACK

In the Varsity division, score fifteen points throughout the season or one point at the district meet or beyond.

ATHLETIC TRAINER / MANAGER

Participant for 1 full year and work with one team for one entire season.

GOLF

Participant of the Varsity team and their score used in the district tournament or played beyond the district level.

CROSS COUNTRY

Participant of the Varsity team in three meets or run on Varsity at district or beyond.

TENNIS

Be a member of the Varsity team in four meets.

NOTE:

1. All Athletes must finish the season and be in good standing and in compliance with UIL regulations.
2. Due to injury and the nature of, coaches may make exemptions to the above lettering policy.