

Spookinaapi (Good Health) Project

Key Staff:

Cinnamon Crawford
Kimberly Tatsey-Mckay
Jennifer Tatsey-Ehlers
Daniella Rineheart
Tessa Wells
Curtis Noonan, PhD- Epidemiologist

Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
 - Under-Age Drinking
 - Marijuana use
 - Prescription pain Killers (Opioids)
 - Suicide
- Target population
 - Grades 2-12

Update on Goals

Goal 1. Provide Prevention education, activities and awareness for the schools and community. Spookinaapi team made the initial introduction into the class rooms, met with the administrators to schedule time in the classrooms to introduce prevention strategies

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services. Spookinaapi team will continue serving their case load and provide Mental Health Services.

Goal 3. Establish a mentoring program for each building and target at-risk students. The Spookinaapi team will develop a mentoring program in each building to target at-risk students

Current Projects

Purchased a prevention program name “All Stars Prevention Program” Which is a researched evidence-based program that will be implemented into the class room. The program focuses on the (4) target areas. Each strategy will incorporate a cultural activity.

Each Spookinaapi Specialist made their introductions to the class rooms and started implementing coping strategies, (what are good and bad Coping mechanisms). Insight classes started at the High school. Identifying stakeholders to start implementing prevention activities.