

Nurse Regulation Update

SBISD Board Update

August 12, 2024

PURPOSE

The District has received notification from the Texas School Nurse Organization (TSNO) of proposed changes to the distribution of over-the-counter medication by school nurses.

Recent input from the Board of Nursing (BON) about school nurses administering medication based on parents' written request can be summarized succinctly:

“A parent's request is not sufficient by itself for nurses to administer medication. This is true for all nurses in every setting.”

Texas School Nurse Organization (TSNO) Toolkit

CURRENT POLICY – FFAC (LOCAL)

The **Superintendent shall designate the employees who are authorized to administer medication** that has been provided by a student's parent. An authorized employee is permitted to administer the following medication in accordance with administrative regulations:

1. Prescription medication in accordance with legal requirements.
2. **Nonprescription medication, upon a parent's written request, when properly labeled and in the original container.**
3. Herbal substances or dietary supplements provided by the parent and only if required by the individualized education program or Section 504 plan for a student with disabilities.



TEXAS
Health and Human
Services

Texas Department of State
Health Services

Guide to Medication Administration in the School Setting

To Implement Texas Education Code Chapter 22 Section 22.052

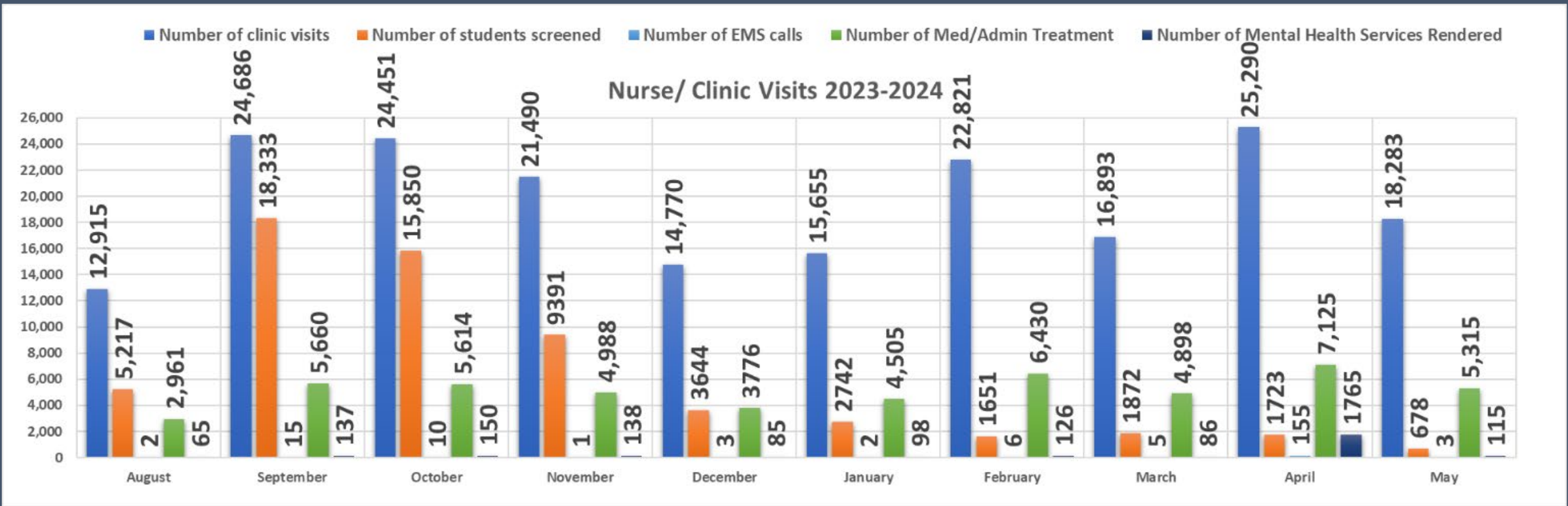


IMPLEMENTATION OF TEXAS EDUCATION CODE

“School nurses must have a standing delegation order from a physician, or a parent must provide written permission and supply the over-the-counter (OTC) medication, in order for a school nurse to administer the medication at school.

Although the administration of OTCs by school nurses without a physician’s order is not specifically mentioned in the NPA or Rules and Regulations, it is addressed in other laws. TEC Section 22.052 allows school nurses to administer OTCs if: the medication appears to be in the original container, is properly labeled, ***and the school nurse has received written authorization from parents or guardians to administer the medication.*** It’s recommended that parents provide OTC medications that are to be administered.”

NURSES IMPACT 2023-24



Proposed change would have impacted: **34,532** clinic visits

Nurses	2023-24
Number of clinic visits	197254
Number of students screened	61101
Number of campuses in compliance	
% of students in compliance	
Number of EMS calls	202
Number of Med/Admin Treatment	51272
Number of Mental Health Services Rendered	2765
Number of Nurses Training Held	17

PROPOSED CHANGE

“Regardless of what is stated in your district’s Board Policy FFAC or the student handbook, **a school nurse should have a signed order** (from MD, DO, APRN, PA, dentist, or podiatrist) before administering any medication (prescription or OTC) to meet the standards of the Nursing Practice Act. This includes **oral and topical medication** (such as cortisone or other ‘itch’ creams, antibiotic ointment, orajel, cream or gel with lidocaine, sting relief pads, etc).” ...

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PROPOSED NEW RULE - IMPACT ON SCHOOL NURSES

***...“Failure to do so may result in disciplinary
action from the Board of Nursing.”***

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IMPACT ON BOARD and DISTRICT

UPDATE BOARD POLICY - DISTRICT WILL PURCHASE STOCK OTCs

- **Update of Board Policy FFAC(LOCAL) will require School Board action (vote).**
- **Consider the expense to district for providing OTCs.**
- **Standing Orders must be explicit for each OTC med and reviewed/renewed annually.**
- **Consider opt-out vs opt-in process and how that will be documented.**

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IMPACT ON BOARD and DISTRICT

UPDATE BOARD POLICY - DISTRICT WILL NOT PURCHASE STOCK OTCs

- Policy update will require School Board action (if it changes current practice).
- Parent to provide medication and written authorization with physician signature.

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IMPACT ON BOARD and DISTRICT

NO POLICY UPDATES - ADD REGULATION FOR MEDICATION ADMINISTRATION (LOCAL POLICY ALREADY SAYS THE DISTRICT WILL NOT PURCHASE STOCK OTC)

- Regulation says nurse will not administer OTC without physician signature.
- District decides what to do if no physician signature.

NO CHANGES TO POLICY OR PROCEDURES

- May be necessary depending upon district support.
- Nurse is advised to require MD signature for OTC medication.

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POSSIBLE IMPACT FOR STUDENTS & PARENTS

- Parent has to receive physician standing order for over-the-counter and topicals (Vaseline, antiseptic cream, anti-itch cream, Neosporin, alcohol wipes, etc.). **See handout**
- Medicine storage issues
- Emergency issues - Anaphylactic, diabetes management (glucose tabs), chronic issues

POSSIBLE IMPACT FOR STUDENTS & PARENTS

- Allergic reactions - eyes, nose, coughing, skin, bug bites/stings.
- A nurse will not be able train unlicensed staff and students will be treated by untrained staff;

OR

- Parent will have to come to school to administer medication or treatment.

DISCUSSION



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