

The Pirate Press

Neah-Kah-Nie High School's Weekly Newsletter

September 23, 2024

Upcoming Dates: 📅

September:

- September 24: Sport Pictures
- September 25: Volleyball @ Rainier @ 4:30 (Away)
- September 26: Hold in Place Drill
- September 27: Homecoming Game vs Vernonia @ 7 (Home), XC Champs Invite @ 4 @ Cheadle Lake Park
- September 28: Homecoming Dance @ 7:30 @ NKNHS Cafeteria
- September 30: Picture Day, JV Football @ Gaston (Away)

October:

- Oct 1: Volleyball vs Corbett @ 4:30 (Home)
-

 [CLICK HERE FOR THE SCHOOL MENU](#) 

Homecoming Week is This Week!

Homecoming Week 2024 Dress Up Days

Tues- Tinfoil hat day

**Wed- Star day (Dress up as a
singer/actor/famous person)**

**Thurs- Space Jam (Favorite
sports team/Jersey day)**

**Fri- Blackout (Dress all black for
homecoming football game)**

Our Busy Classrooms 📖





SAT Information



Seniors - If you are interested in taking the SAT here at NKN - The exam will be offered on Wednesday, October 16th and the cost is \$68.

Check to see if your college of choice requires SAT scores for admission or financial aid purposes. Deadline to register (with Esther) is 9/23/24

Paint your parking spot!

Seniors! Get ready to paint your parking spot! Design forms are available in the main office. You must have your design turned in for approval by 9/27. If you turn your slip in next week, you can paint on 10/24 and 10/25. If you want to do it sooner, students must get administrative approval.



Summer EBT Application Information

Update for Oregon School Partners

September 2024

2024 Summer EBT Application Closure Date Extended to Sept. 30, 2024

Since June 28, 2024, Oregon's Summer EBT program has issued benefits to over 343,000 children, which totals more than \$41 million dollars in grocery benefits for families this summer! Summer EBT provides supplemental grocery benefits for families with eligible children in the household, issued onto an Oregon EBT card to help support families with the additional cost of food when school is out for the summer.

The 2024 Summer EBT application period was originally scheduled to end on Monday, Sept. 2, 2024, however, the USDA's Food and Nutrition Service programs invited states to request a deadline extension until Sept. 30, 2024. Oregon applied for this extension, and it was approved last week! Learn more about the extension through our [news release](#).

This extension gives more time to reach families who may have been missed earlier this summer given that Summer EBT wasn't fully operational until Oregon schools were already released for summer break. We believe these efforts will significantly increase awareness and participation in the Summer EBT program, ensuring that as many eligible families as possible may benefit from this critical assistance.

Families who did not automatically receive benefits this summer, especially those with children who were enrolled in a school during the 2023-2024 school year that was participating in the National School Lunch or Breakfast Programs, should still apply to determine eligibility. Applications can be found online and for download in 10 languages at sebt.oregon.gov.



sebt-poc-news-sept-2024-en (1).pdf

Summer EBT Application Information (English)

Download

1.0 MB



sebt-poc-news-sept-2024-es (1).pdf

Summer EBT Application Information (Español)

Download

1.1 MB

Parent Advisory Council

The Parent Advisory Council is an opportunity of parents/guardians to get more involved in Neah-Kah-Nie High School. This group will begin meeting on a monthly basis in October from 5:00-6:00pm in the library. This will be a time and space to give feedback on current practices and generate ideas that could better support students and staff. Dates for the meetings are below:

- October 17
- November 14
- January 16
- February 20

- March 20
- April 10

[Click Here if you are interested in serving on the Parent Advisory Council](#)

Information that is helpful to know:



Picture Day is Coming: September 30!

Get your smiles ready, picture day is on September 30th. Packets went home with students this week.

Student Wellness Center is Open!



NKN

STUDENT HEALTH & WELLNESS CENTER

AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

| | |
|------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Tuesdays | 8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i> |
| Wednesdays <small>Counseling appointments only</small> | 8:30 am – 12:30 pm / 1:30 – 4:30 pm <i>(Closed for lunch 12:30 – 1:30 pm)</i> |
| Thursdays | 8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i> |

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

| | |
|-------------------------------------|---------------------------------------------------------------------------|
| Regular check-ups | Dental screenings |
| Sports physicals | Blood-pressure screenings |
| Care for illness and injury | Health education |
| Immunizations | Counseling |
| Routine lab tests | Wellness opportunities |
| Prescription medications | Referrals for other medical services (Dental, X-rays, MRIs, Specialty) |
| Age-appropriate reproductive health | |
| Vision screenings | |

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901

Student Illness and Absence

Call or Email the Main Office to Let Us Know

Our phone number is 503-355-2772.

The email is amy@nknsd.org

It is important to let us know that your child will not be attending so we do not worry about them. If your child is not at school, and we haven't heard from you, then you will receive an automated phone call notifying you of your child's absence.'

How long does my child need to wait to return to school after an illness?

The answer to this question depends on their symptoms. Our school has to follow the directives from the Oregon Health Authority (OHA) regarding when students may be readmitted to school after an illness. Please review the provided info from OHA. **Please also note that the period of exclusion often requires 24 hours away from school** (this is not a rule that the school developed, but one we have to follow).

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

| SYMPTOMS OF ILLNESS | THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses. |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  Fever: temperature of 100.4°F (38°C) or greater | *Fever-free for 24 hours without taking fever-reducing medicine. |
|  New cough illness | * Symptoms improving for 24 hours (no cough or cough is well-controlled). |
|  New difficulty breathing | * Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed. |
|  Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements | *Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) OR with orders from doctor to school nurse. |
|  Vomiting: one or more episode that is unexplained | *Symptom-free for 24 hours OR with orders from doctor to school nurse. |
|  Headache with stiff neck and fever | *Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed. |
| Skin rash or open sores | *Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse. |
| Red eyes with colored drainage | *Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse. |
| Jaundice: new yellow color in eyes or skin | *After the school has orders from doctor or local public health authority to school nurse. |
| Acting differently without a reason: unusually sleepy, grumpy, or confused. | *Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse. |
| Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide. | *After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely. |



Medication

All prescription and over-the-counter (OTC) medication must be administered at the office by trained personnel.

Medication that you want your child to take during the school day has to be brought to the office in the original container (or we cannot take possession of the medication). Parents must complete the medicine administration form before trained personnel can dispense medication to a child. ALL OTC medications must be handled through the office (this includes cough drops). If you have any questions about medication administration and school, please contact our main office.

Community Events:



Save the Date

MUDD NICK FOUNDATION

Changing Children's Lives Today & Tomorrow

Annual Charity Event

It's Our Time ... to change children's lives!



SATURDAY

SEPT 21 2024

DINNER • ONLINE SILENT AUCTION • LIVE AUCTION

GOLF TOURNAMENT STARTS EARLY MORNING SATURDAY AT MANZANITA LINKS
EVENT DOORS OPEN AT 6PM AT NORTH COUNTY RECREATION DISTRICT

ONLINE BIDDING STARTS SEPTEMBER 14TH @ 7AM

TO REGISTER VISIT MUDDNICKFOUNDATION.COM



PUT YOUR TEAM(S) TOGETHER AND REGISTER TODAY !!

TO REGISTER VISIT MUDDNICKFOUNDATION.COM

| | | | |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---------------------------------------------------------------------------------------------------------------------------------|
| FRIDAY | SEPTEMBER 20TH 5pm • Cocktail Hour with Grazing Table for Golfers <small>@ North County Recreation District</small> | SATURDAY | SEPTEMBER 21ST 6PM • Dinner, Awards & Live Auction <small>@ North County Recreation District</small> |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---------------------------------------------------------------------------------------------------------------------------------|

Please note the SILENT Auction will start week prior to the event, please see our website for more details.



Northwest Regional
Education Service District



NATIVE YOUTH WELLNESS WARRIORS

RESOURCE FAIR

VENDORS FROM THE METRO AREA,
FAMILY ACTIVITIES, MINI WORKSHOPS,
AND RAFFLE PRIZES.



SAT.
SEPTEMBER
21
9 AM - 3PM

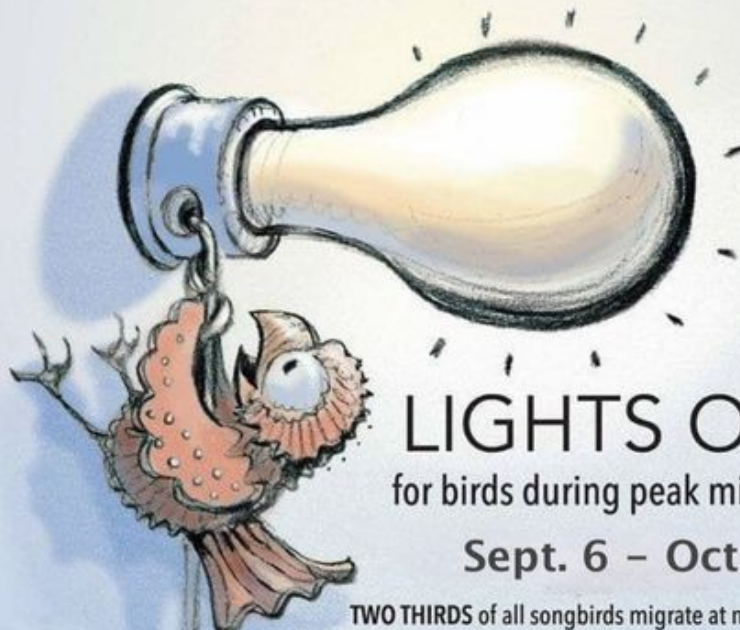
NORTHWEST REGIONAL ED.
SERVICE DISTRICT OFFICE
5825 NE RAY CIR,
HILLSBORO, OR 97124

CONTACT FOR EVENT

Daria Bigham
dbigham04@gmail.com

OR

Jenny Sanchez
jennymae2131@gmail.com



LIGHTS OUT

for birds during peak migration

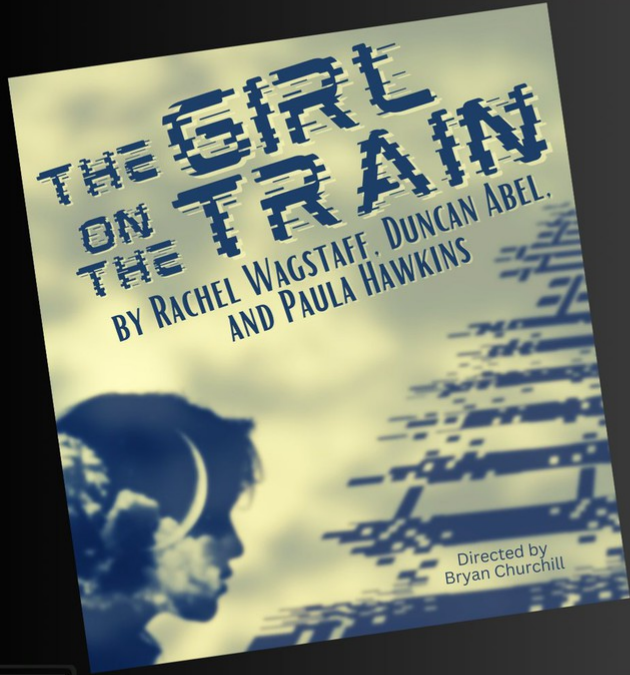
Sept. 6 – Oct. 6

TWO THIRDS of all songbirds migrate at night. Light pollution can cause them to become confused. TRACY AVIARY encourages everyone to turn off all unnecessary lights. If this is not an option, use warm white or yellow colored light bulbs, shield your light bulbs to direct light down, and install motion sensors. If working indoors at night, close the drapes.



MEET THE RIVERBEND PLAYERS CAST

Buy tickets now at RiverbendPlayers.org



SCAN ME

NCRD Performing Arts Center Sept. 27th - October 13th

By arrangement with Concord Theatricals on behalf of Samuel French, Inc.
www.concordtheatricals.com





Neah-Kah Nie High School

<https://nknsd.org/neh-kah-nie-high-school/>

