PRESENTATION TO SCHOOL BOARD

What is an Athletic Trainer?

Allied Health Professional

Licensed by the State of Texas

National Board of Certification

Both requiring CEU's

Liaison between the athlete, parent, coach, and doctor / health provider

Function of an Athletic Trainer:

Help prevent injuries (taping, education)

Evaluate injuries

Rehab injuries

Record keeping

My Daily Schedule:

Treatment from 7:00am till 8:00am

4 athletic periods

During football, I stay till practice is over. After football, I stay till 6 - 6:30. If we have any games, I stay till the games are over.

Priorities in the training room:

In season sports

Off-season

(Emergencies will bypass the above)

Priorities in the coverage:

Contact, non-contact

Varsity, JV, Fresh, JH

Highest risk of injury comes first.

I try to split my time between the games that are on the same night.

All sports, except varsity football, the home athletic trainer covers both teams.

Injury protocol:

At first, cause no harm.

When do I call the parents?

When do I call EMS?

AED's:

New UIL requirement, all high schools must have at least 1 by Aug. 1, 2007. My proposal will be that we get 10 for the athletic dept. plus what we need for the

campuses and other areas.

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