

# HRSA Goals

## Highlights of the HRSA Goals and Objectives April 19, 2017

**Our Mission:** The mission of the Prince of Wales Health Network is to collaborate to improve healthcare on Prince of Wales Island.

**Our Vision:** Our vision is for a sustainable and continuing partnership between the healthcare providers and communities of POW, resulting in improved access to care and optimal health outcomes for Island residents.

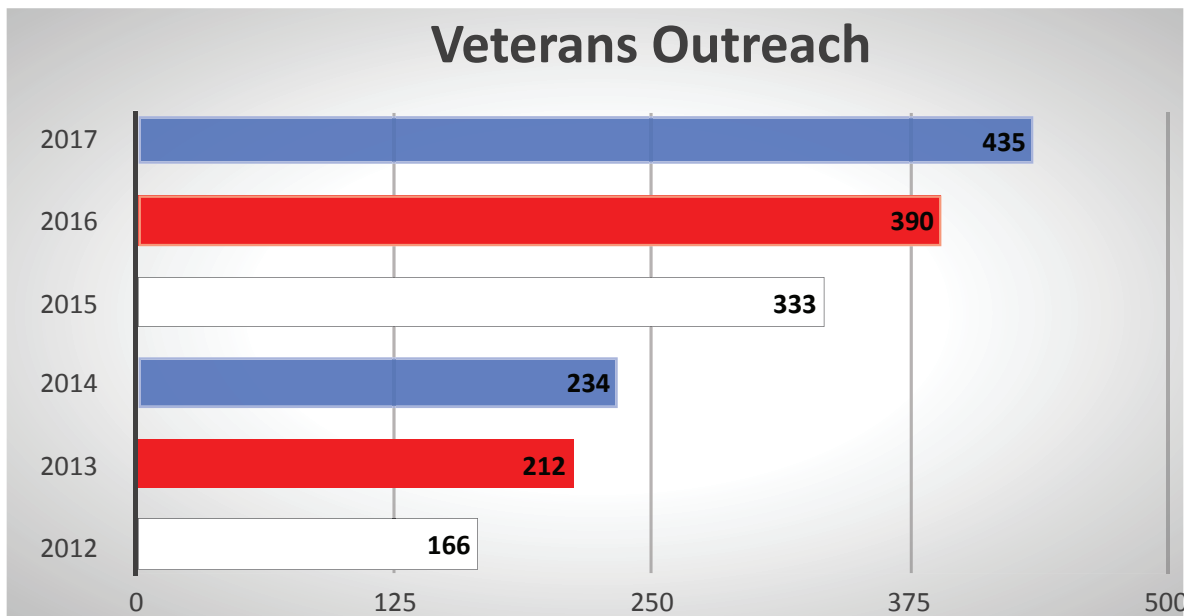
Decisions for the Prince of Wales Health Network are made by a Steering Committee, which is comprised of representatives from each member organization.

# Prince of Wales Health Network



[www.powhealthnetwork.org](http://www.powhealthnetwork.org)

# Veterans Outreach Highlights



The Prince of Wales Health Network, has worked hard this year to increase the number of Veterans who have access to Veterans services. Due to Jan Trojan's diligence and superb skills the network has been able to support the growth in veterans being served by 162% growth since 2012. The Veterans are a great group to work with and are always supportive of activities organized by the POWHN.



# Goal 1 - Objective A: “Listening Sessions”

## Prince of Wales Island Wellness Coalition: Needs Assessment

### Sample Size and Response Rate

Community	Number in the Community	Number Sampled	Number of Responses	Response Rate
Craig	941	100	54	NA
Hydaburg	237	50	33	66
Kasaan	43	22	14	64
Klawock	444	50	22	44
Naukati	73	37	29	78
Thorne Bay	334	50	30	60
Total	3203	309	151	NA

Note on “NA” Response Rate: Of the 54 people interviewed in Craig, 31 were from a convenience sample.

Following completion of the community-specific needs assessments, Wellness Coalition members in each target community met to select their top priority based on these needs, and conducted a community readiness assessment to determine the community’s level of readiness to address the top priority. The top priorities for each community were:

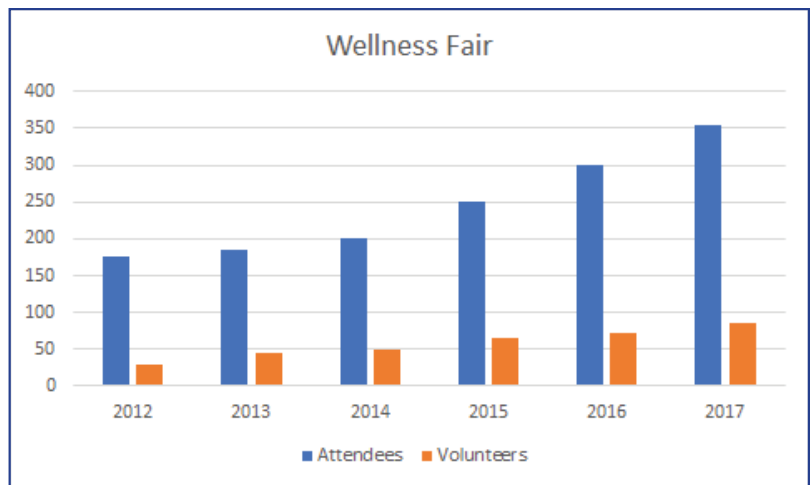
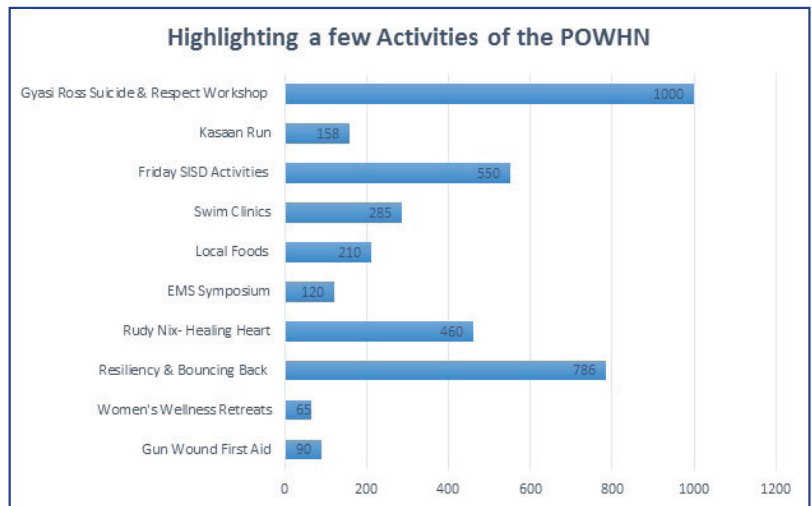
- Craig: Alcohol and other drug use, with a specific focus on addressing “teen drinking” in the community;
- Hydaburg: Prevention of domestic violence;
- Kasaan : Depression;
- Klawock: Alcohol and other drug use, with a focus on methamphetamine use;
- Naukati: Alcohol and other drug use, with a specific focus on addressing alcoholism in the community; and
- Thorne Bay: Alcohol and other drug use, with a specific focus on methamphetamine use.

The results of the needs and readiness assessments will form the basis for planning and implementation of wellness activities for the network.

One activity in the HRSA grant work plan was to conduct community listening sessions and other community outreach.



## “Wellness Activities & Outreach”



## Goal 1 - Objective B: “Tele-Health & Tele-Education”

### Pilot Community for “EMS Tele-Health Education”

- Hydaburg • Kasaan/ Naukati • Hollis
- 352 hours of training
- 5,743.75 CME obtained

### EMS installation of technology for Zoom Platform & Software

- Hydaburg • Thorne Bay • Hollis
- Naukati • Klawock • Craig
- 120 participants at POW EMS Symposiums
- Currently 60 EMS volunteers on POW
- POW youth responders

### Pilot Communities for

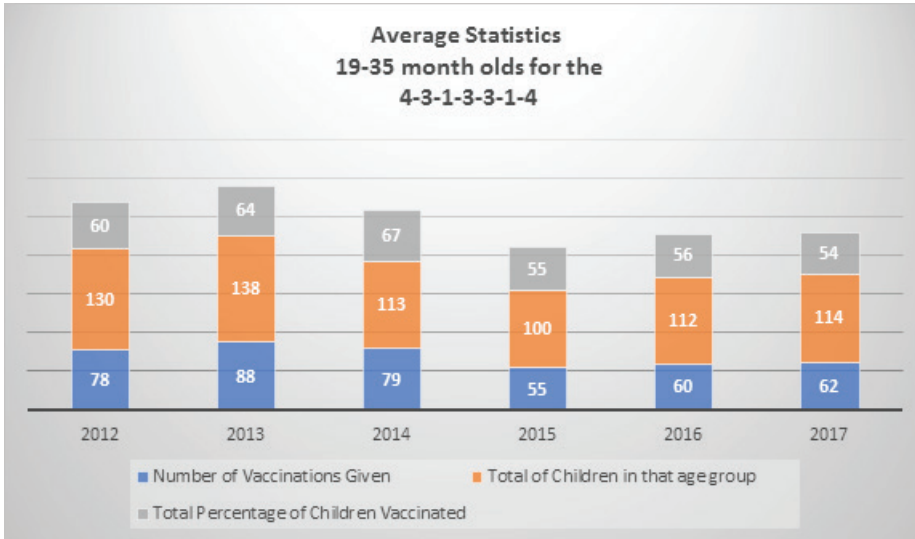
### “Community Connections - Tele-Video Equipment”

- Craig • Klawock - 2016
- Number of Sessions: 413

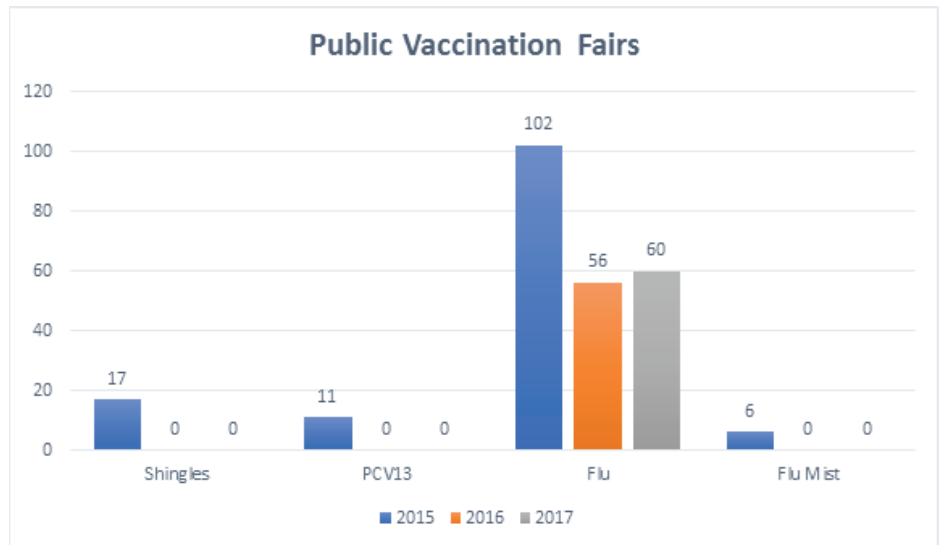


The goal of this taskforce was to examine and evaluate where gaps in telehealth were on the island and collaborate with management from all medical sectors serving the island to address those gaps. The group also received permission from HRSA to also focus on utilizing the equipment to help train EMS and first responders, since many towns did not have active volunteers. The telehealth equipment really was a game changer for the islands EMS services. It allowed the islands volunteer responders to train with their squads via telehealth and telemedicine, to attend trainings they otherwise would not have been able to participate in. The telehealth and telemedicine equipment also helped local service agencies provide Occupational, Physical and Mental Health Therapy to four communities on the island.

## Goal 1 - Objective D: "Vaccination Initiative"

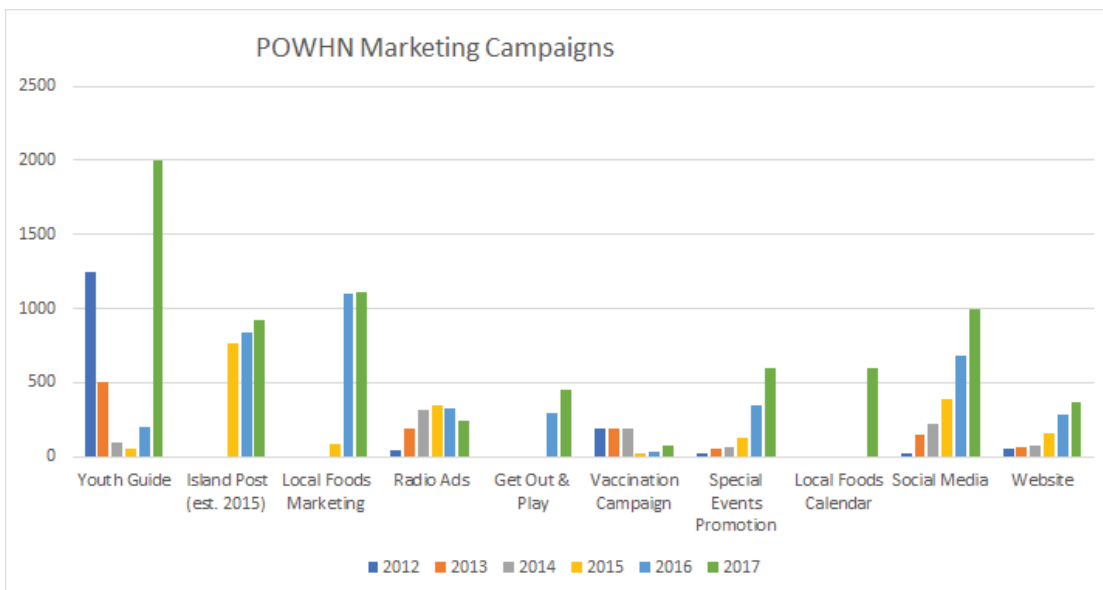


## Goal 1 - Objective E: "Public Vaccination Fairs"



Many public health vaccination clinics were offered to the people at various sporting activities to encourage the community to participate in vaccinations and make it convenient for people to attend.

## Goal 2 - Objective A: "Local Foods & Marketing Promotion"



A marketing plan was designed and implemented island wide encouraging individuals to "Grow, Harvest, Eat" their own healthy foods. The taskforce also helped to support the student designed harvest calendar, which features local youth art and a month-to-month guide of what to harvest on the island and the prime month to do so.

## Goal 2 - Objective B: "Health School Lunches"



### Pilot School Districts

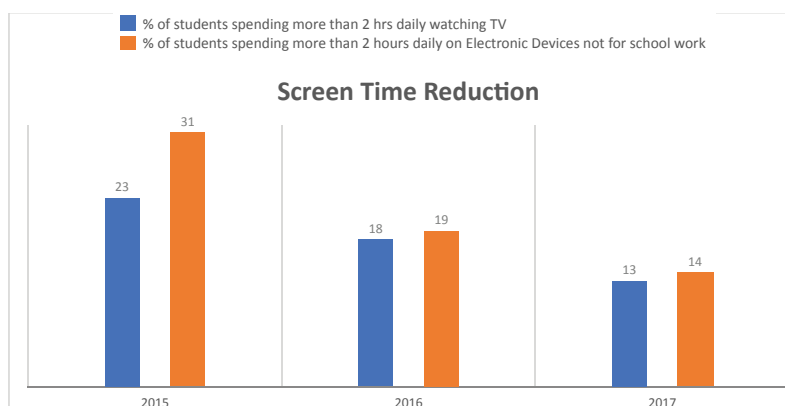
- Klawock City School District
- Southeast Island School District

### Goals:

- Offer a broader variety of fresh fruits and vegetables (i.e. kiwi, melons, brussel sprouts, beets, kale, spinach)
- Purchase a salad bar
- Start a greenhouse or improve your current greenhouse program

This task force was tasked with the goal of getting two of the islands four school districts to offer healthier school lunches. We asked them to also consider adding to their school's wellness policy, at its next review, the following statement: "Food and beverages will not be offered as a reward for students' performance or behavior." This wording is taken from the State of Alaska Obesity and Prevention Program's Gold Standard School Wellness Policy.

## Goal 2 - Objective D: "Reduction of Screen Time"

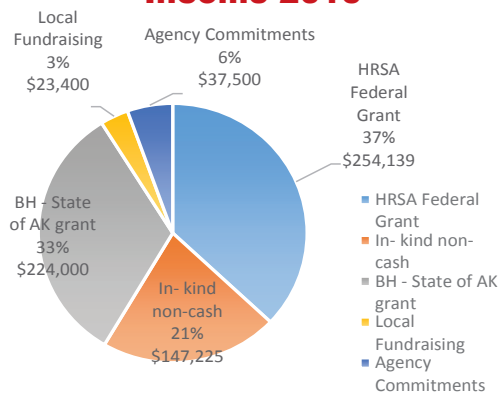


The task force objective was to reduce the amount of time that kids are sitting in front of a computer or television on a daily basis. The taskforce designed a survey that was administered to test students over a three year period. The taskforce also supported and designed activities for the students to have an alternative to screen time usage and the activities were picked by the students. The data shows a clear decrease in year-over-year screen time usage when youth are given healthy alternatives.

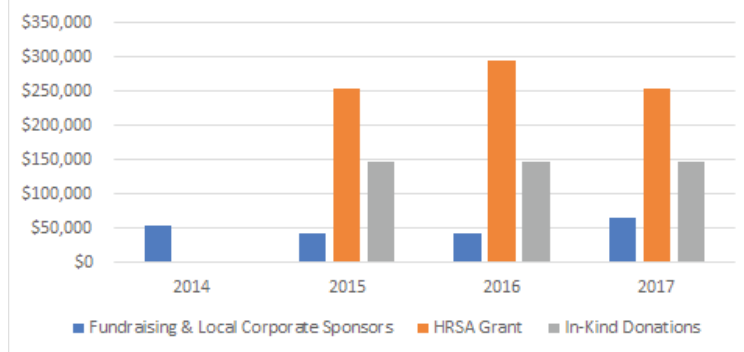
## Goal 3 and Objective E:

### "Sustainability and Fund Development Highlights 2014-2017"

#### POW Health Network Income 2016



#### Network Fund Development & Grants Summary Fiscal Years 2014-2017



HRSA required a business, marketing, sustainability, 5 year strategic, and 3 year evaluation plan. All these have been accomplished.