

Spookinaapi (Good Health) Project

Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
 - Under-Age Drinking
 - Marijuana use
 - Prescription pain Killers (Opioids)
 - Suicide
 - Family engagement
- Target population
 - Grades 2-12

Goals & Objectives for the program

Goal 1. Provide Prevention education, activities and awareness for the schools and community.

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

Current Projects

The Spookinaapi program is coming to the of the grant. The program will collaborate with 21st century and Blackfeet Tribal Health and provide prevention education and activities. The Spookinaapi program administered the YRBS and the Prevention assessment to the High and Middle School students, All the staff was certified in tobacco and vaping prevention from the Heart and Lung association. Vaping education is being provided to the students and the spookinaapi staff is working with the bus garage and implementing a plan to address students who are caught vaping on the bus. Narcan education and training is being put into place before the students are released for the summer. NARCAN training will take place June 3rd for administrators.

Kiana McClure; Browning High School- Insight class is ongoing and with collaboration with the principals, we are getting more students in the classroom. Weekly substance abuse trivia has resumed and will continue through the year. Lastly, we will continue to collaborate with Tribal Health on ways to utilize their peer support specialist to support students in creative ways before the school year ends. Safe Ride Home ran through graduation and got 5 students back home safely. This event has been conducted for the year. The Spookinaapi team has come together to do the annual survey with the Middle School and will finish with the High School this week. Our last big event at the HS will be the "Mental Health Matters" tie dye projects where students will be able to make their shirts. Resources will be on hand during that event so students have them through the summer.

Kayla Burns, Browning Middle School- Oki, Here is a breakdown of all I have done with Browning Middle School students for the Spookinapi project for the months of partial April and May. This month, students were given different activities to continue to teach them about drug and alcohol prevention education. I utilized games like jeopardy, an 'escape room", and obstacle course using drunk goggles to teach students about the dangers and facts about drugs and alcohol. In a classroom setting, I covered tobacco, alcohol, marijuana, opioids, street drugs, OTC and prescription medication and finally inhalants to prepare them for their major "PSA Poster" assignment. Students learned alot about peer pressure and ways to refuse peer pressure. In addition to all of the prevention education, I also did a prosocial side activity with 8th grade students where we are the "keepers" of the BMS playground. We planted the planter and carefully everyday water and check on the progress. We are planning to partner with Terraine Edmo to also plant trees. Students learn about the importance of mother earth and how caring for our environments helps us care for ourselves. They have checked on and picked trash daily in this area. Students are a part of an incentive project where they earn points and get prizes for their participation and effort. Multiple students have earned an incentive and many more will earn theirs before the end of the year. Finally, I conducted my INSIGHT class with students needing specialized drug and alcohol education. This time, bringing in guest speakers such as Dougie Hall, Ethan Running Crane, and Tribal Behavioral health to leave students with valuable motivational content.

Kailey Hall ; At Browning Elementary, Spookinapii Program has Social Skills for Specials. We have been reviewing good behavior and bad behavior, good choice vs. bad choices. We have been doing alot of hands on activities, including boom cards to sort the behaviors and choices, as well as justifying why. We have been practicing the Spring Concert songs at the end of Specials, as we were gearing up for the concert that happened last Thursday. We still provide Lunch Bunch with students who have trouble making friends still, that feel isolated and disconnected, or need friendly social skill reminders. The purpose of Lunch Bunch, is to decrease isolation and create a connection, with staff and students. Some days consist of visiting, making crafts, or working on team building activities or just a simple relax and eat. For the last few weeks of school, I have planned to work on Kindness activities with the students and classrooms for Specials, which involves hands on activities together. Since it is the end of the year, I would like to end the school year with the kids spreading kindness going into the summer vacation. Doing random acts of kindness, or kindness art inside of the school or sidewalks.

Tessa Wells; Napi Elementary-It has been a fun filled month for students and staff preparing for end of the year field trips, incentives, and enjoying the warmer weather. Spokinaapi continued to teach during specials class and help with other school-based events as much as possible. The specialist team has tried to make the last month fun for the students and especially for the 5th grade students as they will be transferring to the middle school. They are a great group of students and will be missed. The Spokinaapi Program appreciates having the opportunity to work with the Napi Elementary staff and provide supportive services to the students. It has been a

positive year being able to teach the Too Good for Drugs Curriculum during the Specials classes. The Curriculum is a school-based drug prevention program designed to reduce students' intention to use alcohol, tobacco, and illegal drugs. The program is designed to educate age-appropriate material for elementary students and promotes prosocial attitudes, skills, and behaviors. The students and I have had great discussions and lessons that support healthy decision making, prevention knowledge, resistance skills to negative peer pressure, character values, and just overall positive intentions. Throughout the year Spokinaapi was able to help with the small group lessons once per week for specific students referred by the school Principals. The focus of each lesson was derived from the Aperture Education System and universal expectations in the school. It has been my pleasure to help with this group of students and witness their individual growth and goals they wanted to achieve. They would seek me in the hallways and still ask me when I was picking them up for the Dessa group. That has made me feel impactful and happy to have been included in the helping process. It has been great being able to help provide student support aside from the Drug Prevention Education Curriculum during specials. Creating a safe space for students to sort out any issues, overwhelming emotions, and helping students develop self-regulation strategies. My office was also open for students during lunch recess where they could play with games, art material, and kinetic sand.