

2016 Girls Swim/Dive Training Trip School Board Proposal

Dates: Tuesday, Aug. 23 to Thursday, Aug. 25, 2016

Location: Clear Lake, IA (Girl Scout Camp Tanglefoot for lodging) and Mason City, IA (Mason City Family Aquatic Center for training). We are going to Iowa because Coach Busch is from Mason City. Clear Lake is a neighboring town.

Purpose of the trip: Team building and training. We will discuss the many facets of being a successful team and an individual student-athlete. Team expectations will also be set. Team and individual goals will be set and *how* to achieve them will also be determined. This trip meets one of the district goals in regards to this type of activity: a unique out-of-state opportunity.

Girls Included: All high school girls and the middle-school girls that make JV/Varsity, as decided on the first day of practice.

Cost: The Booster club is covering the busing. The remaining cost is \$75 per girl. Scholarships will be available through Boosters.

Fund raising: Two fundraising activities: (1) selling ads for our meet program, and (2) participating in the River Inn Pancake Breakfast by selling tickets and working at the event.

Adult Chaperones: (4 needed to fulfill the 12:1 ratio requirement, with 48 students attending.)

- 1) Rachel Busch (641-420-0493)
- 2) Shannon Barclay (507-202-0960)
- 3) Angelee Hale (763-807-9239)
- 4) ?

Emergency Telephone Numbers:

- 1) Rachel Busch (641-420-0493)
- 2) Shannon Barclay (507-202-0960)

Medical Insurance Needs: Students do not need to purchase additional medical insurance. We will request medical insurance information from each student in case a student needs to be taken to the hospital (local hospital available in Mason City, IA).

Procedure for sending a student home in case of an emergency (medical, disciplinary, etc.): The student's parent/guardian will come to Iowa to pick up their child at their own expense.

Itinerary: See attached sheet.