

**Amphitheater School District
COURSE REQUEST FORM**

- I. RATIONALE – justification of need, citing data**
Name of Course: Adaptive Music
Canyon del Oro's "Adaptive Music" class is a course serving the special education and resource student population. It is designed to teach general music education with an emphasis in choral singing, appropriate to the ability levels of these students.
- II. DESCRIPTION – course goals and objectives, pre-requisites, format**
Students will learn to listen to music for relaxation, hearing musical differences, hearing patterns, and reflecting on the emotions they feel. Students will learn to recognize musical instruments by sight and by sound. Students will experience music through instrument play, drawing shapes or images as they listen, movement, and singing. Students will learn proper vocal techniques for singing in a choir. Students will perform music by singing and playing instruments in front of an audience a minimum of two times per year.
- III. ARTICULATION – reference to state standards, specific skills sets, and articulation with other courses**
The curriculum for this class is based on the Park Hill School District High School Adaptive Music Curriculum that is already in place. The music standards and skills are listed according to each unit in the scope and sequence of the course and have been followed this year during the CDO pilot.
- IV. AUDIENCE – student group (school, grade, discipline) to be served**
This course is offered to students who receive special education services in grades 9 - 12 and have an interest in learning more about music.
- V. RESOURCES – specific texts, materials, equipment needed**
Materials for this course will include new music to perform at choir concerts at the discretion of the teacher, orff instruments such as xylophones, metallophones, glockenspiels, boomwhackers, a variety of unpitched percussion instruments, bean bags, scarves, and other general music manipulatives at the discretion of the teacher, as well as books, magazines, and additional text at the discretion of the teacher.
- VI. OUTCOME – evaluation of course effectiveness**

A survey will be sent to parents, students, aides, and special education teachers at the end of each semester requesting feedback on the course. Students will be evaluated during each choir concert as they demonstrate the musicianship they have been taught in a live performance atmosphere. Additionally, students will be given a final exam at the end of each semester to measure the level of learning and retention of course material. Students' individual social/emotional, workplace and behavior goals will be supported during this class.

VII. IMPLEMENTATION – timeline to include pilot phase and annual evaluation of proposed course

The pilot class began in August 2019 with a group of sixteen students. The parents, teachers, and students have responded very positively to the class. A significant number of parents, students, and teachers contacted the CDO Principal to praise the class and its positive impact on the students. One student commented, "This is my favorite class. It makes me want to come to school each day." A survey will be given biannually to provide feedback on the course. The first survey went out after their first Choir performance on December 11th at 7:00pm.

VIII. PROCESS – how teachers, parents, and students (when appropriate) were included in the decision making process

In January of 2019, the CDO Choir Director approached the CDO High School principal with a concern and a need to better serve the special education population. A suggested music curriculum adapted to the needs of these students was discussed. Special education students were struggling in the general population choirs. The curriculum proved to be difficult and frustrating for these students. The choir teacher at CDO is certified in Orff-Schulwerk levels I, II, and III. The director has a deep passion for, and clear understanding of, the positive impact music education can make on each and every student. The idea she shared for an Adaptive Music class at CDO was based on research done by the music therapy faculty at ASU and her review of the Park Hill High School Adaptive Curriculum that was published in public domain. CDO special education teachers communicated with families and spoke to the director of special education at Amphi over the summer. Based on these discussions, CDO was granted the ability to teach a pilot class in the fall of 2019. To date, the class has been enormously successful, greatly enhancing the student experience while filling a need for music education for special education students.

APPROVAL: Tana Bellingh 1-23-20
Principal date Superintendent Designee date

(NOTE: Must be submitted for Governing Board approval prior to the end of the current school year for implementation during the following school year.)