



Mountain Lion News

October - 2025

310 San Francisco Street, Grants Pass, OR 97526

Office 541.479.6433 - Fax 541.476.7733

Renee Hults, Principal ~ Ronda Vanlandingham, Office Manager

Fall In Love with Reading Open House

October 16th 5:00-6:30pm

Class information, various activities
and crafts! See you then!



DID YOU KNOW...

..if your child arrives after 7:20,
they need to check in at the office
to pick up a Tardy Slip? Or they'll
be handed one at curbside. These
adjustments to their attendance
will be updated at the end of the
school day.

..if your child is NOT at their desk
at 7:20, they will be marked
tardy/absent for the day.

PLEASE CLEAR ALL
ABSENCES WITH THE OFFICE
via PARENT SQUARE OR BY
CALLING 541.479.6433



UPCOMING EVENTS

October 2nd- Annual Jog-a-
thon/Fundraiser was a huge success!

October 7th - Fall Picture Day

October 8th - PTA Meeting 2:45pm in the
Library

October 16th - Site Council 2:45pm

October 16th 5-6:30 - FALL IN LOVE
WITH READING/OPEN HOUSE

October 30th - Vision Screening (KG,1,3,5)

October 30th - Costume Parade

October 30th PTA Trunk or Treat
4-6:00pm



Principal's Corner...

Dear Mountain Lion Families,

Fall in Love with Reading!

October is a wonderful time of year to *fall in love with reading*! At school, we are working hard to build strong reading foundations for every child. Our teachers are focused on helping students master letter names, sounds, and early decoding skills in the primary grades, while older students are developing fluency, comprehension, and vocabulary. Reading every day at home makes a big difference! Families can help by setting aside a few minutes each evening to read together, talking about stories, or having children read aloud to you. Even listening to your child tell you about what they're reading helps build confidence and comprehension.

As we nurture a love for reading, we are also continuing to teach and reinforce positive behavior expectations. Just like reading, positive habits start with consistent practice—both at school and at home. Talking with your child about being respectful, responsible, and kind helps reinforce the lessons we teach each day in the classroom. Together, we can help every student grow as a reader, a learner, and a caring community member.

We look forward to seeing you at our Back to School Night to Fall in Love with reading on October 16th.

With pride,

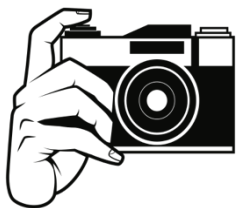
Renee Hults, Principal





Our School Office Hours

7:00am - 3:15pm



Fall Picture Day was
Tuesday, October 7th
Place your order online

PTA Corner

Order your yearbook by October
31st to receive the 10% discount!

Parents, if you attend a
classroom event and have any
pictures to submit for possible
use in the yearbook, please
email them to:

manzanita.yearbook.pta@gmail.com

It's easy to join the PTA!
Pick up a form in the office
or attend the next meeting.

Watch here for information
on meeting
dates/times/location.

Kindergarten through 5th grade School Days are:

Monday - Thursday 7:15am-2:25pm

Students may be dropped off as early as 7:00am

If you have a change to your child's after school
plan, please contact the office prior to 1:30.

541.479.6433. Please be prepared to
provide all necessary details.



At Manzanita
Breakfast and Lunch
are FREE for ALL
Students!

Mental Health Support

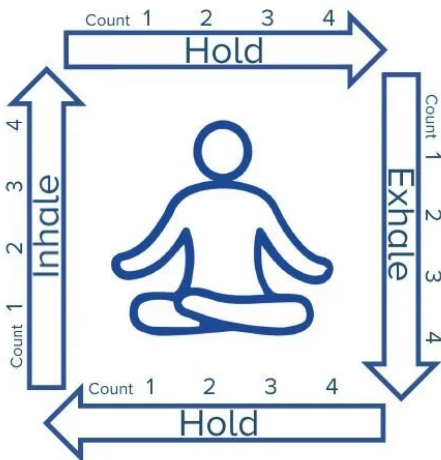
Healthy Habits to Set your Student up for Success!

- Get enough sleep/9-12 hours of sleep per night are needed for focus, mood, and memory
- Keep a Schedule/routines help reduce stress in our homes and keep us on track
- Positive Words/praising the good we see keeps us looking for the good
- Time Together/even 10 minutes per day of reading with your child can nurture brain development

Skill of the Month:

This short activity helps reduce stress and keep us focused at the same time. We teach this in many settings, and practicing this often helps make the habit stronger.

Square Breathing



WHAT TO DO WHEN GOSSIP, RUMORS, OR DRAMA COME YOUR WAY

WholeHearted School Counseling

WHEN YOU HEAR GOSSIP

- PAUSE:** Before you react, take a moment to think. Ask yourself, "Is this true? Do I really need to know this?"
- CHANGE THE SUBJECT:** Steer the conversation away from gossip by talking about something positive or neutral.
- SET A BOUNDARY:** If the gossip makes you uncomfortable, say something like, "I'm not really into talking about people behind their backs."

WHEN A RUMOR IS ABOUT YOU

- STAY CALM:** Take a deep breath and try not to react emotionally.
- CLARIFY THE TRUTH:** If it's safe, calmly tell the person spreading the rumor, "That's not true. I'd appreciate it if you stopped sharing that."
- GET SUPPORT:** If the rumor is really hurtful, talk to a trusted adult who can help you figure out the best way to handle it.

WHEN YOU'RE TEMPTED TO JOIN IN

- THINK ABOUT THE CONSEQUENCES:** Remember that what you say now could stick with you for a long time.
- FOCUS ON THE POSITIVE:** Find something kind or uplifting to say instead. You'll feel better about yourself and avoid getting dragged into drama.
- WALK AWAY:** If you can't change the conversation, it's okay to walk away. No one will blame you for not wanting to participate in gossip.