

**New Fairfield Public Schools
Textbook Selection Information**

Textbook for Adoption: *Comprehensive Health*, 2nd Edition
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Copyright: 2018
Subject: Health: High School
Grade Level: 9-12

The following criteria were adopted and/or adapted from the American Library Association Workbook for Selection Policy Writing.

- 1. Learning resources shall support and be consistent with the general educational goals of the state and the district and the aims and objectives of individual schools and specific courses.**

State statutes mandate that the following be taught in health education:

‘In the public schools the program of instruction offered shall include at least the following subject matter, as taught by legally qualified teachers, the arts; career education; consumer education; health and safety, including, but not limited to, human growth and development, nutrition, first aid, including cardiopulmonary resuscitation training in accordance with the provisions of section 10-16qq (Cardiopulmonary resuscitation instruction. (a) For the school year commencing July 1, 2016, and each school year thereafter, each local and regional board of education shall include cardiopulmonary resuscitation instruction as part of the health and safety curriculum for the school district. Such instruction shall be based on guidelines for emergency cardiovascular care issued by the American Heart Association, and include, but need not be limited to, hands-on training in cardiopulmonary resuscitation), training in the use of AED’s, disease prevention and cancer awareness, including, but not limited to, age and developmentally appropriate instruction in performing self-examinations for the purposes of screening for breast cancer and testicular cancer, community and consumer health, physical, mental and emotional health, including youth suicide prevention, substance abuse prevention, including instruction relating to opioid use and related disorders, safety, which shall include the safe use of social media, as defined in section 9-601, and may include the dangers of gang membership, and accident prevention.’

‘(2) For students, age-appropriate educational materials designed for children in grades kindergarten to twelve, inclusive, regarding child sexual abuse and assault awareness and prevention that may include, but not be limited to, (A) the skills to recognize (i) child sexual abuse Substitute Senate Bill No. 203 Public Act No. 14-196 2 of 3 and assault, (ii) boundary violations and unwanted forms of touching and contact, and (iii) ways offenders groom or desensitize victims, and (B) strategies to (i) promote disclosure, (ii) reduce self-blame, and (iii) mobilize bystanders; and (3) A uniform child sexual abuse and assault response policy and reporting procedure.’

- 2. Learning resources shall be chosen to enrich and support the curriculum and the personal needs of users.**

TABLE OF CONTENTS

Unit I - Introduction to Health and Wellness
Unit II - Nutrition and Food Choices
Unit III - Fitness and Personal Health
Unit IV - Understanding and Avoiding Hazardous Substances
Unit V - Diseases and Disorders
Unit VI - Mental and Emotional Health and Wellness
Unit VII - Social Health and Wellness
Unit VIII - The Human Life Cycle

- 3. Learning resources shall meet high standards of quality in format, visual quality and presentation.**

The textbook is well organized, colorful and appealing. The online materials incorporate the textbook, the workbook and presentations.

- 4. Learning resources shall be appropriate for the subject area and for the age, emotional development, ability level, learning styles, and social development of the students for whom the materials are selected.**

Examples of up-to-date coverage not found in other texts include discussions of e-cigarettes, substance abuse in the context of changing laws, cyber-bullying, and other online safety issues. Award-winning health teachers created an abundance of classroom-tested activities to engage students as they study key concepts. An English/Spanish glossary (available in the Text and Companion Website) and English/Spanish e-flash cards (available on the Companion Website) improve comprehension for English Language Learners.

- 5. Learning resources shall promote an appreciation of cultural diversity.**

The textbook is filled with images of students who represent a wide range of diverse races and ethnic groups.

- 6. The publisher provides appropriate support materials.**

Extensive instructor's resources, including videos, lesson plans, worksheets, and assessments, save time and help to create the most appropriate lessons for the classroom.

7. Price per book and the number needed

Item	Price	Quantity	Cost
Online Text 6 year Subscription (includes online workbook and resources and teacher kits)	\$91.98	90	\$8,278.20
Bundle (online + hard copy text)	\$119.87	10	\$1,198.70
Total		100	\$9,476.90