



May 2024

Important Dates & Reminders

- May 2nd - District ELL Family Night @ the Highschool - 6 p.m. - 8: p.m.
- May 6th - No School - Professional Development
- May 10th - Kindergarten Round up - 12:30 p.m.-2:10 p.m. (see flyer below)
- May 13th - School Board Meeting @ 6:30 p.m. @ the District Office or by Zoom
- May 17th - 4/5 Track Meet @ the High School - 8:30 a.m. - 11:00 a.m.
- May 21st - Ice Cream Social - 5:30/Spring Concert 6:00 p.m.-7:00 p.m. (see more info below)
- May 22nd - 5th Grade Transition Parent Meeting @ Middle School 5:00p.m. -6:00 p.m.
- May 27th - NO SCHOOL - Memorial Day Holiday





CONCERT

21ST OF MAY

6-7PM

Join us for an outdoor ice cream social starting at 5:30pm.

ALL STUDENTS MUST REPORT TO THE NES FIELD BY 5:45PM. BRING BLANKETS AND CHAIRS TO WATCH OUR NES CHILDREN PERFORM. AFTER STUDENTS PERFORM, THEY WILL RETURN TO THEIR FAMILIES TO WATCH THE REST OF THE PROGRAM.

OUR BACKUP PLAN IF RAINING: THE CONCERT WILL BE IN THE GYM WITH STUDENTS REPORTING TO CLASSROOMS AT 5:45PM AND ICE CREAM OUTSIDE UNDER THE COVERED PLAY STRUCTURE AT 5:30PM.

Parent Council will be selling
raffle tickets for a gift basket.





CONCIERTO

DE PRIMAVERA

21 DE MAYO

6-7PM

Únase a nosotros para un evento social sobre helados al aire libre a partir de las 5:30 p. m.

TODOS LOS ESTUDIANTES DEBEN PRESENTARSE EN EL CAMPO DE NES ANTES DE LAS 5:45 PM. TRAE MANTAS Y SILLAS PARA VER ACTUAR A NUESTROS NIÑOS DE NES. DESPUÉS DE QUE LOS ESTUDIANTES ACTÚEN, REGRESARÁN CON SUS FAMILIAS PARA VER EL RESTO DEL PROGRAMA.

NUESTRO PLAN DE RESERVA SI LLUEVE: EL CONCIERTO SERÁ EN EL GIMNASIO CON LOS ESTUDIANTES QUE SE REPORTARÁN A LAS AULAS A LAS 5:45 PM Y HELADO AFUERA BAJO LA ESTRUCTURA DE JUEGO CUBIERTA A LAS 5:30 PM.

El Consejo de Padres venderá boletos para la rifa de una canasta de regalo.





Nutrition
Education

Physical
Activity

Staff &
Community
Involvement

NKN Local Wellness Program

WHY DO WE HAVE A LOCAL WELLNESS PROGRAM?

Our Wellness Policy focuses on the whole student by assisting in the development and education of their physical, emotional, intellectual, social and nutritional health and wellbeing.



For more information visit the Neah-Kah-Nie Wellness webpage:

- Triennial assessment results
- NKN Local Wellness Board Policy
- Oregon requirements for Local School Wellness Policy
- Contact details

WHAT HAS NKN BEEN DOING TO PROMOTE STUDENT WELLNESS?

- Daily Physical Activity
- FREE nutritious meals every day
- District School Nurse
- Full time counselors at all buildings
- Annual Health Fair
- Health and Wellness Center



Kindergarten Round Up

PLEASE JOIN NEHALEM ELEMENTARY ON
FRIDAY, MAY 10TH TO REGISTER YOUR
CHILD FOR THE 24/25 SCHOOL YEAR.

Paper work processing for NEW NES students will be from 12:30pm-1pm.
(Please bring birth certificate and immunization records.)

Our Kindergarten Information meeting will begin at 1pm. We encourage all Kindergarten families to be at this meeting. Please RSVP by calling 503-355-3650. If you are unable to participate in Kindergarten Round Up, please call the NES office so that we can send you the information in the mail and add your student to the kinder list.



Únase a Nehalem Elementary el viernes 10 de mayo para registrar a su hijo para el año escolar 24/25.

El procesamiento de trabajo en papel para nuevos estudiantes de NES será de 12:30 pm a 1 pm.

(Traiga los registros de certificado de nacimiento e inmunización.)

Nuestra reunión de información de jardín de infantes comenzará a la 1pm. Alentamos a todas las familias de jardín de infantes a estar en esta reunión. Por favor, confirme a su asistencia llamando al 503-355-3650. Si no puede participar en Kindergarten Round Up, llame a la oficina de NES para que podamos enviarle la información por correo y agregar su alumno a la lista de Kinder.

Preschool Registration is now open for the 24/25 school year.

24/25 Preschool Enrollment is here. NES only has 18 slots available. If you are interested in having your child attend Nehalem Elementary School Preschool Program, please contact Shannon at NES by calling 503.355.3650 or email shannonam@nknsd.org.

Please note, your child must be 3 years old on or before September 1st, 2023 to be eligible.

HOW TO APPLY

Program requirements can vary. Some programs *may* offer sliding-scale tuition if you don't qualify for free preschool. You're encouraged to apply even if you think you may not meet income requirements.

*Applying does not guarantee acceptance or enrollment in a preschool program.

1

Review the PARTICIPATING PROGRAMS.

You can learn more about them and find their contact information on our website. (Use the QR code on the reverse to find our FREE PRESCHOOL directory.)

2

Gather your information.

Coordinated Enrollment specialists will verify your eligibility to participate in FREE preschool by verifying your child's age, your income, and your address.

3

Submit your application on or after April 1st.

Apply online at:

<https://applynwelhub.schoolmint.com/login>

*Contact us to request a paper application if preferred.



Have questions? Need assistance?

We're here to help!

CALL 503-601-2998 or

EMAIL: nwelhub@nwresd.k12.or.us

WEBSITE: www.nwresd.org/earlylearninghub

CÓMO APLICAR

Los requisitos del programa pueden variar. Algunos programas pueden ofrecer matrícula a escala móvil si usted no califica para el preescolar gratuito. Se le anima a aplicar incluso si cree que no cumple con los requisitos de ingresos.

*La solicitud no garantiza la aceptación o la inscripción en un programa preescolar.

1

Revisa los PROGRAMAS PARTICIPANTES.

Puede obtener más información sobre ellos y encontrar su información de contacto en nuestro sitio web. (Use el código QR en el reverso para encontrar nuestro directorio de PREESCOLAR GRATUITO).

2

Reúna su información.

Los especialistas de Inscripción Coordinada verificarán su elegibilidad para participar en el preescolar GRATUITO verificando la edad de su hijo, sus ingresos y su dirección.

3

Envíe su solicitud a partir del 1 de abril.

Apliquen en línea en:
<https://applynwelhub.schoolmint.com/login>

*Contáctenos para solicitar una solicitud en papel si lo prefiere.



¿Tiene preguntas? ¿Necesita ayuda?

¡Estamos aquí para ayudar!

Llama 503-601-2998 o por

EMAIL: nwelhub@nwresd.k12.or.us

SITIO WEB: www.nwresd.org/earlylearninghub



Northwest Regional
Early Learning Hub



24-25 AÑO
ESCOLAR



OPORTUNIDADES PREESCOLARES GRATUITAS EN EL CONDADO DE TILLAMOOK

El preescolar gratuito es para familias con niños de tres y cuatro años (hasta el 1 de septiembre de 2024) que cumplen con las pautas de ingresos.

Escanee el código QR

Para obtener más
información sobre los
programas locales
o visite:
nwresd.org/freepreschool

¡Aplicaciones
se abren
el 1 de Abril!

PROGRAMAS PARTICIPANTES

- Tillamook School District
- Garibaldi Grade School
- Nehalem Elementary School
- Nestucca Valley Early Learning Center
- Tillamook Early Learning Center
- Community Action Team - Head Start (Tillamook)





Northwest Regional
Early Learning Hub

24-25 SCHOOL
YEAR



Scan QR Code
to learn more about
local programs
or visit:
nwresd.org/freepreschool

FREE PRESCHOOL OPPORTUNITIES IN TILLAMOOK COUNTY

Free Preschool is for families with children aged three and four (by September 1st, 2024) meeting income guidelines.

Applications
open
April 1st!

PARTICIPATING PROGRAMS

- Tillamook School District
- Garibaldi Grade School
- Nehalem Elementary School
- Nestucca Valley Early Learning Center
- Tillamook Early Learning Center
- Community Action Team - Head Start (Tillamook)



Attention 5th Grade Families

Hi 5th grade families!

Our big fundraiser for the surprise end-of-year celebration is coming up and we are going to need as much help as possible. We are running a car wash at Manzanita Lighthouse on May 5th from 10-2. We are splitting it into two shifts of washing. 10-12 and 12-2. We'd love to have as many of our 5th graders there to help, along with their adult volunteers too! Attached is a google doc [Car wash sign up](#) where you can sign up for the car wash or donate supplies (or you can feel free to email or text me directly at my info below). We'll also be meeting up 20 minutes before the event to create car wash signs, so bring your artistic skills! We'll have foam board and markers available.

If you are unavailable, please consider donating or loaning the supplies needed for the event. Here are some things we are needing for the event:

- *Car wash sponges
- *Car wash brushes
- *3-4 large buckets
- *Car wash soap
- *Loaning 2-3 extra long hoses with nozzles
- *Rags for drying

Please email me at jedirice@gmail.com or text me at 503 516 2020 if you have any questions

If you are unable to help with this event and would like to just donate money towards the celebration, you are welcome to place cash in an envelope marked with the name "Lesley Ancil" and give it to the NES front office.

Our next meet-up will be **May 20th @ 6pm** in the NES cafeteria. Come join us!

Thank you so much!

Jodi Rice

(Elliott's mom)

Cafeteria

Neah-Kah-Nie to Honor the School Lunch Heroes Serving Healthy Meals

Celebrating School Lunch Hero Day on May 3, 2024

Garibaldi, Rockaway, Nehalem— Between preparing delicious food, adhering to strict nutrition standards, navigating student food allergies, and offering service with a smile, NKN nutrition professionals have a lot on their plate. To celebrate their hard work and commitment, Neah-Kah-Nie schools will celebrate School Lunch Hero Day on May 3. This day, celebrated annually since 2013, was designated by The School Nutrition Association and Jarrett Krosoczka, author of the "Lunch Lady" graphic novel series. School Lunch Hero Day provides an opportunity for parents, students, school staff and communities to thank those who provide healthy meals to nearly 30 million of America's students each school day.

All across the school district, school nutrition professionals will be honored and recognized by students, school staff, parents, and the community.

"School nutrition employees must balance many roles and follow numerous federal, state and local regulations to ensure safe and healthy meals are available in schools. School Lunch Hero Day provides the opportunity for the community to thank these hardworking heroes for their dedication to fueling our students for success," said Kris Troutman, Food Service Director.

Federal nutrition standards ensure that school cafeterias always offer low-fat or fat-free milk, fruits, vegetables, whole grains and lean protein. School meals also meet limits on calories, sodium and unhealthy fats. The importance and nutritional value of school meals are well documented. For many children, school lunch is the most important and nutrient-rich meal of their day.

Get the details about School Lunch Hero Day at www.school lunch heroday.com. To learn more about the school nutrition program, visit NKNSD.org

The School Nutrition Association (SNA) is a national, non-profit professional organization representing 50,000 school nutrition professionals across the country. Founded in 1946, SNA and its members are dedicated to making healthy school meals and nutrition education available to all

students. To find out more about today's school meals, visit www.schoolnutrition.org/SchoolMeals.

Ms. Jennifer's School Counseling Office

Greetings!

In April we finished up our lessons on bullying and for the intermediate classrooms we covered internet safety as well.. In K/1 we reviewed mindfulness and our tools. In 2nd - 3rd grade we worked on what it means to have a growth mindset. In May we will begin looking into careers K-5.



May we continue with state testing for 3rd - 5th graders. Please ensure that you students are getting lots of rest, eating well and drinking lots of water. This season of testing can be stressful for some kids. I encourage you to incorporate some mindful activities, outdoor walks, or whatever is a favorite activity for your family to help alleviate the possible stress and to create an opportunity for conversations about how to cope with whatever worries might be bubbling up. If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Ms. Jennifer

503-355-3657

jenniferh@nknsd.org

Mrs. Duer's P.E. Class

We have been very busy in the months of March and April in the gym! In March, grades 2nd-5th practiced paddle skills and learned to play a fun new sport called Street Racket. They also learned and participated in activities around the various areas of fitness (cardio endurance, muscular endurance, muscular strength, and flexibility). In April these grade levels have worked on dance, kickball and baseball/softball skills. In March and April, preschool, Kindergarten and 1st grade worked on basic paddle skills, dance, learning to kick and run bases, batting, throwing/catching, and playing familiar games that focus on sportsmanship and cooperation.

May Focus:

Track and Field Unit

Frisbee Skills



Family Resource Center

If you're looking to clean out gently used clothing that your child/children outgrew, we're in need of the following items.....

- clothing
- shoes/boots
- coats
- swim suits and trunks

Preschool through 5th grade sizes would be greatly appreciated!

Please contact Heaven Hartford at 503-355-3639 or

heavenh@nknsc.org to donate.



NKN MIDDLE SCHOOL TRANSITION NIGHT SPRING 2024



Get excited to be a Raider!

Who:

All upcoming Neah Kah Nie
School District 2024-2025 6th
graders and their families

Where:

Neah Kah Nie Middle School

When:

May 22, 2024 5:00 PM- 6:00 PM

What:

Learn all about what middle
school will be like and how to
successfully make the
transition! Students and
parents will come away feeling
prepared, ready, and EXCITED
about starting 6th grade.





VISITA NOCTURNA
A LA SECUNDARIA DE
NKN
PRIMAVERA 2024

¡Anímate a ser un Corsario!

Quién: :

Los estudiantes que van al sexto grado del Distrito Escolar Neah Kah Nie 2024-2025 y sus familias

Dónde:

Escuela Secundaria Neah Kah Nie

Cuando:

Mayo 22, 2024 5:00 PM-6:00 PM

Qué:

Aprende sobre la escuela secundaria para que la transición sea exitosa! Los estudiantes y los padres podrán sentirse preparados, listos y EMOCIONADOS por comenzar el sexto grado.



NKN Employment Opportunities

Click button to access and apply for open positions.

**SUPPORT OUR
SCHOOLS!**

**Become an ESS
Substitute**



Every day counts.



**SCAN
ME TO
GET
STARTED!**



WE ARE HIRING

NEHALEM ELEMENTARY SCHOOL IS
LOOKING FOR AN OUTGOING INDIVIDUAL
THAT WOULD LOVE TO WORK WITH
PRESCHOOL AGED CHILDREN.

Full Benefits

Paid time off

Summers and weekends off



**This is a full time position that
starts immediatly.**

**Apply online at
nknsd.org**



24/25 SCHOOL YEAR AT NEHALEM ELEMENTARY

**POSITION: SPECIAL EDUCATION INSTRUCTIONAL
ASSISTANT STARTING IN THE FALL.**

WORK WITH STUDENTS ONE ON ONE OR IN A SMALL GROUP.

**FULL BENEFITS
PAID TIME OFF
SUMMERS AND WEEKENDS OFF**

[APPLY ONLINE AT NKNSD.ORG](https://www.nknsd.org)



AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays

8:30 am – 12:00 pm / 1:00 – 4:30 pm
(Closed for lunch 12:00 - 1:00 pm)

Wednesdays

Counseling appointments only

8:30 am – 12:30 pm / 1:30 – 4:30 pm
(Closed for lunch 12:30 – 1:30 pm)

Thursdays

8:30 am – 12:00 pm / 1:00 – 4:30 pm
(Closed for lunch 12:00 - 1:00 pm)

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services
Age-appropriate reproductive health	(Dental, X-rays, MRIs, Specialty)
Vision screenings	

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901



EN LA SECUNDARIA NEAH-KAH-NIE

HORARIOS:

Martes	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 p. m.)
Miércoles <small>Citas de consejería solamente</small>	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Cerrado para almorzar de 12:30 a 1:30 p. m.)
Jueves	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 pm)

SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, inclusive:

Controles regulares	Estudios dentales
Exámenes físicos para deporte	Estudios de presión arterial
Atención de enfermedades y lesiones	Educación de salud
Vacunas	Asesoría
Análisis de laboratorio de rutina	Oportunidades de bienestar
Medicamentos de receta	Remisiones para otros servicios médicos (Dental, radiografías, resonancias magnéticas, especialistas)
Salud reproductiva adecuada a la edad	
Estudios de visión	

Conozca más en: NKNHealth.org

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

NCRD Youth

Hello NES families, do you need youth after school care? Please reach out to us here at NCRD. We pick up your students at Nehalem Elementary school at the end of each school day and are open until

5pm. The cost is \$6 per day per child. This includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) We offer full-day childcare on non-school days but are closed on all Federal holidays. No school days are \$20 per student with preregistration. May has 1 no school day, Monday May 6. To preregister and prepay, contact the Welcome Center 855-444-6273 opt. 1. Summer is coming up quickly, if you are in need of care over the summer please reach out and get on the roster. We provide care Monday through Friday from 7am until 5pm. Field Trip Wednesdays start on July 3rd. If you have not registered for field trips or summer camps, registration opened April 29, stop by the Welcome Center as registration is limited.

-Youth Sports-

Soccer has started! Pre-k –2 are on Mondays and Wednesday, grades 3 - 5 are on Tuesday and Thursday, all days are 4:30 – 5:30, at NES field. If you have not registered, please stop by, or call the Welcome Center for more details!

Baseball/Tee-ball will start Wednesday May 29 and run through Wednesday July 3. Registration is open

now. If you are interested in volunteering/coaching for this or any sport, please let us know. None of this would be possible without the great coaches we have. angiet@ncrdnehallem.org
kileyk@ncrdnehallem.org

NCRD POOL

The NCRD Aquatic Department would like to acknowledge the supreme achievement made by 20 fourth and fifth grade students who chose to participate on April 23, 2024, in the NCRD/NES annual Swim Challenge. This event of swimming lengths of the pool without stopping for a maximum time of one hour symbolizes a tradition at NES and allows participating swimmers to attain their goal and walk away with a sense of accomplishment and personal satisfaction.

Kudos to the following students:

Molly Albrechtsen, Quincey Powell, Sophia Johnson, Cydney Massender, Ezra Hodge, Wyatt Vandecoevering, David Hummel, Emerson Duncan, Harrison Houser, Kate Albrechtsen, Oliver Arnold, Bear Bayouth, Jennie Davidson, Julien Anctil, Sawyer Bennett, Eli Kirby, Stella Scovel, Emily Denning, Hunter Gores, Otis Tiersen.

As a group they swam 828 lengths which equals 11.5 miles!! BRAVO!

Summer Swim Lessons and Recreational Programing Begins June 24, 2024

(The NCRD Pool will be closed June 8—June 23 for Maintenance)

NCRD Aquatics Summer 2024 Pool Schedule will be available the end of May.

Highlights

OPEN RECREATIONAL SWIM: Monday—Friday 1:00pm—3:00 All Summer!!

Swim Lessons: Tuesdays & Thursdays 4 sessions(4 lessons in each session)

Parent/tot: special swim sessions (Tuesday or Thursday mornings)

FRIDAY NIGHT FAMILY SWIM CONTINUES thru the End of the School Year!

Last Friday Night Swim will be June 7, 2024

Time: 6:00pm—7:30pm

Adult(s) please accompany your children. Not mandatory that adult must get in the pool unless the child is 5 years and under.

\$2 per student \$18 10x pass \$6 adult \$50 10x pass Purchase @ the Pool!

Questions: pool# 1-855-444-6273

e-mail:Suedg@ncrdnehallem.org

Día del Niño



**3 DE
MAYO
5:30pm-
7:30pm**

**Familias
MEP
Bienvenidas**



¡ÚNASE A NOSOTROS PARA UNA NOCHE EDUCATIVA!
ENFOQUE EN ESTRATEGIAS DE LECTURA PARA APOYAR
A SUS ESTUDIANTES DESDE JARDÍN DE INFANTES HASTA
QUINTO GRADO.

¡Habrá sorteos, sorpresas y regalaremos libros!
Cena gratuita y actividades para los niños.

El orador invitado Rick Puente sobre seguridad pública



Liberty Elementary
1700 9th St, Tillamook, OR 97141



Cualquier duda llamar a
Sara Brown Chacón
971-708-8875

Neah-Kah-Nie Middle School Presents...



Enrichment Program

Neah-Kah-Nie Middle School is excited to offer a FREE 1 week summer enrichment program for our students entering grades 6-8. Students will have the opportunity to participate in a wide variety of activities including: art, athletics, nature exploration, team-building, field trips, and more. Transportation and lunch will be provided at no cost to participants.

Dates: Monday, August 19th - Friday August 23rd.

Times: 8:00 AM - 2:00 PM

Register online using this [link](#) or contact the Middle School Office at 503-355-2990. Email angied@nknsd.org if you have any questions. Space is limited, so reserve your spot now.

La escuela intermedia Neah-Kah-Nie presenta...



Programa de enriquecimiento

La escuela intermedia Neah-Kah-Nie se complace en ofrecer un programa de enriquecimiento de verano GRATUITO de 1 semana para nuestros estudiantes que ingresan a los grados 6-8. Los estudiantes tendrán la oportunidad de participar en una amplia variedad de actividades que incluyen: arte, atletismo, exploración de la naturaleza, formación de equipos, excursiones y más. Se proporcionará transporte y almuerzo sin costo para los participantes.

Fechas: Lunes 19 de agosto - viernes 23 de agosto.

Veces: 8:00 a. m. - 2:00 p. m.

Regístrese en línea usando [este enlace](#) o comuníquese con la oficina de la escuela al 503-355-2990. Correo electrónico angied@nknsd.org Si tienes alguna pregunta. El espacio es limitado, así que reserva tu lugar ahora.



Amy Cram

Amy is using Smore to create beautiful newsletters