

# ITEM FOR INFORMATION

# **BEHAVIORAL HEALTH & WELLNESS PROGRAM UPDATE**

# **SUMMARY**

Central to the work of the district is to ensure each child can say that they belong and that they matter. The work of the Behavioral Health & Wellness program is to develop systems to help eliminate barriers to learning and enable every student to successfully reach their full potential. The work is to align practices across all schools that meet the needs of each child both academically and social-emotionally.

# **BACKGROUND**

The school district adopted a strategic plan in June 2023 that is built on the promise of Belong, Believe, Achieve. Within the strategic plan each school developed a goal within the area of Safe & Thriving. These school goals are centered on each child being able to say that they belong, they are believed in, and they feel connected to their learning, peers and adults in the school. The district uses Behavioral Health & Wellness (BH&W) teams as a framework in each school to support this work.

Schools have long had teams that were focused on reducing barriers to academic and social-emotional success. Prior to the pandemic the Beaverton School District was moving towards implementing BH&W teams to align practices and give structure to implementing interventions and supports for students in need. This work became even more important as we moved back into schools post-COVID. As the district works on implementing Multi-Tiered Systems of Support (MTSS), the time has come to update and further align specific structures and practices across all schools to meet the needs of each student each day in systematic and proactive ways. This realignment of BH&W teams builds on prior work and will continue to bring multi-disciplinary teams together to support students, teachers and schools.

# **RECOMMENDATION**

Staff will present information on the Behavioral Health & Wellness program. No action is needed.