

## **GOOD MEDICINE PROGRAM update for December 2016**

The Good Medicine Program will be setting the date of December 8, 2016 for the first Student Support System team in each school. Invites to Alta-care, Administrators, School Counselors, Teachers, ect will be sent out asap.

The Youth Mental Health First Aid trainings occurred on November 1-2, 2016 and November 26-27, 2016. The November 26-27, 2016, was the first training that offered two \$25 gas and/or food cards to the community participants. The next following training will be on December 10-11, 2016, which is also offering the two \$25 gift cards to the community participants.

The Good Medicine Program staff and five school counselors will instruct the Question Pursue Refer (QPR) suicide prevention trainings to all 7<sup>th</sup> and 8<sup>th</sup> grade students on December 12, 2016. After the student trainings, we will schedule community presentations that will be offered in the after school hours.

On November 14-17, 2016, four of the Good Medicine Program staff members participated and were certified as Youth Mental Health First Aid instructors.

On November 18, 2016, the Good Medicine Program staff members, a few school counselors and a few students participated in the Expressive Arts training. We hope to put on another Training in the future for more staff members and students.

We continually have four BSW practicum students and they are actively involved in creating and facilitating groups with supervision. On December 1-2, 2016, Helen Horn (Richard Horn) one of our practicum students will be instructing the Good Medicine Program staff and interested staff on how to play Native Games with our students.

The GMP staff members are continuing to work with students, families, and on creating identified groups and gathering referrals for students.

The Good Medicine Program Director is continuing to get buy in for the Noble Referral System. So far the program will be implemented the program into the Browning Public School, Good Medicine Program, and Tamarack Grief Center. We are waiting for replies from the School Wellness program, Alta-care and Behavioral Health regarding if they are willing to use the program.