

SHAC MEETING MINUTES



Location: GPISD Education
Center, Board Room

Date: 10/1/25, 12:00–1:00

1 Call to Order: Meeting was called to order at 12:00. Umeka did introductions and reviewed the purpose and requirements of the SHAC.

- Meetings will be held quarterly
- Meetings must have at least 5 members

2 Minutes Approval: Patience Lewis-Baity motioned to approve the minutes from 10/2/24. Seconded by Maria Herrera. A motion was presented, properly seconded and carried.

NEW BUSINESS

3 Sentate Bill 12 (Patience Lewis-Baity & Dr. Blanca McGee): Reviewed the purpose and updates of SB 12

- All students need parental consent to receive health and counseling services
 - counseling services includes mental health services as well as clubs/organizations
- All students will receive services unless parents opt out.
- Law prohibits any form of gender-affirming guidance

4 Child Nutrition & Food Services Updates (Dustin Seymour): There has been a consistent increase in student participation.

- Students have build your own lunch options
- One goal for this year is to continue to refresh the lunch lines from reinvested funds
- SFE has also invested in breakfast carts, so students can eat on the go.
- Roving Chef is a program that will be made available to all grade levels
- Goal is to have 5 education classes per month.
- 25–26 new few concepts: pho, ramen, cinnamon roll sandwich, smash burgers, chicken wings, pancakes. More homemade breakfast items, taste testing, after school nutrition education, student surveys, roving chefs and farmers market. There will also be a Flavors Fest Food show

5. Drug Prevention & Intervention (Adrian Franklin, LCSW)

- Online Referral Form is available on the district website
- Drug Prevention & Intervention supports are given from Social Work Interns and Mrs. Franklin
- Red Ribbon Week Oct. 27–31
- Collaboration with UTA CARS
- Kratom Overview: drug and chemical of concern, although not yet made illegal

6. Mental Health & Athlete Wellness (Umeka Wright, LPC)

- Anxiety and depression rates among athletes have doubled in the past decade, which impact performance, relationships, and well-being
- GPISD supports athletes through a monthly athlete wellness newsletter (The Athlete's Edge).
 - Targets parents, students, and coaches
- Provided practical ways too support athlete wellness

7. Bullying Prevention (Jasmine Gaines, LCSW)

- Bullying Prevention is TEA mandated. Districts must provide explicit instruction, have bullying prevention committees, teach about how to report bullying
- GPISD has a Kindness Crew at all campuses that are responsible for kindness challenges and Service Learning Projects
- Bullying Prevention Month takes place throughout the month of October.

8. Health Services Tips (Amanda Rachal, BSN, RN)

- Breast cancer awareness tips, facts, and ways to take action were given

MEETING ADJOURNED & NEXT MEETING

- Meeting was adjourned at 1:03 p.m.
- Next meeting is December 3 at 12:00.