

FORT VANNOY NOBLE NEWS



We are a responsible and caring community of learners.

Alicia Timbs, Principal

May 2021



2021

May 3rd-6th-Teacher Appreciation Week



May 5th- CINCO de MAYO



May 9th- Mother's Day—SHOW YOUR LOVE



May 13th- Kick off to Kindergarten-



May 28th-31st- Memorial Day Weekend ENJOY your Family



May 31st-Memorial Day- Honor a VET! A Look Ahead



June 1st- NVHS Graduation

June 3rd - Jog-A-Thon- COLOR RUN (More information to follow) June 10th- Last Day of School for Students

Last Day Last Day Last Day Last Day Last Day

From the Desks of . . . MaryRae Anderson and Josh Standley, 5th grade teachers

This year has sped by! Fifth grade has been enjoying this spring by spending time completing some in class Science experiments utilizing the Scientific Method. We have also finished our units on fractions and are currently working on measuring the volume of rectangular prisms in Math.

During our writing time, the students are currently writing their own autobiography, while tackling biography speeches of a famous person during Social Studies. The speeches have been creative, fun, and full of interesting information

As we continue to work hard until the end of the year, we still have many stories to read, math to do, and memories to make. We have enjoyed spending the time we have had with our students and look forward to finishing out the year strong.



KICK OFF TO KINDERGARTEN



If your child will be five (5) years old by September 1st,

we are so happy to announce that we will be holding our "Kick off to Kindergarten" on May 13, 2021, from 5:30 to 7:30 pm. At this time we are asking you <u>not</u> to register your child. But, please do bring with you, your childs birth certificate and shot records so that we can make copies to get the process rolling. There will be tours given of the school so you and your child will feel comfortable on their first day of school. More information will be coming your way.







What is Memorial Day? May 31, 2021



Memorial Day is observed on the last Monday of May. It was formally known as Decoration Day and commemorates all men and women who have died in military service for the United States. Many people visit cemeteries and memorials on Memorial Day and it is traditionally seen as the start of the summer season.





MOTHER'S DAY FACTS



The first Mother's Day was celebrated in 1908. Anna Jarvis honored her beloved mother, Ann Jarvis, with a memorial. Anna Jarvis had started a committee in 1868 to establish "Mother's Friendship Day." Her motivation had been to reunite families after the Civil War. Ann Jarvis died in 1905, before Mother's Day became a holiday. In 1912, Anna Jarvis trademarked "Mother's Day" as the second Sunday in May. She also created Mother's Day International Association. Mother's Day became a recognized holiday in 1914 in the United States. By the 1920's it had become so commercialized that Anna Jarvis was disappointed. Approximately 122 million phone calls are made to moms on Mother's Day in the United States. In most countries and languages, the word for mother begins with "m." The most common flower for Mother's Day is the carnation; pink and red for mothers who are alive and white for those who have passed away. In the United States alone almost 14 billion dollars are spent on Mother's Day. Mother's Day is now celebrated in over 50 countries.



FORT VANNOY YEAR BOOKS
2020/21 yearbooks are available, while supplies last, for purchase in the office for the low price of \$10.00.

Just a reminder—HEALTHY, NUTRITIONAL BREAKFAST, SNACK and LUNCH are no charge to all students.

Reading Comm

Tips for Reading Success

Beginning Edition

Fort Vannoy Elementary School Shirley Dastrup, Office Manager

Book



Read-aloud favorites

■ Biblioburro: A True Story from Colombia (Jeanette Winter)

to your neighborhood on the back of a donkey?

This is the



true story of a Colombian schoolteacher's traveling library that brought books to children in remote villages. (Also available in Spanish.)

■ Dragons Love Tacos (Adam Rubin) When a little boy discovers that dragons like to eat tacos, he decides to host



a taco party for them. But if a firebreathing dragon accidentally gets a bite of spicy salsa, look out! A silly story about a dragon

party that turns into a disaster.

- **Just a Second** (Steve Jenkins) In just a single second, a bumblebee flaps its wings 100 times and the earth travels 18½ miles. This nonfiction book will help your child think about time in fascinating ways. She'll also discover different methods of measuring time.
- Bedtime Is Canceled (Cece Meng) Maggie and her brother write their parents an official-looking note: "Bedtime is canceled." Somehow, the note blows out the window, lands in a newspaper office, and ends up in a headline. Soon, bedtime really is canceled, and exhausted children quickly discover the importance of sleep.

Time for a story

Want to spend time with your youngster, build her reading skills, and help her learn to love books? You can do all three when you read aloud. Here are suggestions.

Read regularly

Try to read to your child every day. You might curl up together with a book after work or read while dinner is cooking. Going on a picnic? Bring along a

book and read to her outside. Finally, aim for 10-15 minutes of bedtime reading for a peaceful end to the day.

Take turns choosing books

Your youngster may want to hear old favorites again and again. That's fine! When it's your turn to pick, add new titles and variety, such as nonfiction or poetry.

Let her participate

Ask your child to turn the pages while you read. Also, she can finish sentences that rhyme or fill in words she knows. Go slowly so she has time to understand

Writing that makes sense

the story and look at the illustrations. She'll enjoy read-aloud time more if she plays an active role.

Be playful

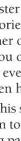
You can use different voices for different characters (a high, squeaky voice for a mouse or a deep, booming voice for a horse). Or substitute your youngster's name for the main character's name, and use family members' names for others.

Note: You don't have to be an expert reader—your child will love it when you read aloud because it's you.♥

As your child first learns to write, his stories may not always make sense to others. Help his writing flow logically with these two ideas.

- **1.** Even if your youngster isn't writing sentences yet, he can tell you stories. As he describes playing a game with his brother or something funny that happened at lunch, you can jot down his tale. He'll practice relating events in a logical order, and that can help when he writes.
- 2. Let your child read his stories to you. Ask questions to encourage him to add information ("Where did you bury the treasure?") or to clear up a confusing part ("Who said, 'Let's play tag'—you or your brother?").♥







Spot the details

What is an archaeologist? What do bears eat? Nonfiction books have the answers—and if your child reads carefully, he will find them. The following suggestions can help him read for details and boost his comprehension.

Read around the text. The pages of many nonfiction books are covered with "extras" that stories don't have

(headings, photo captions, an index, a glossary). Point out these features. Then, ask your youngster what questions he has about the topic that the book might answer. Say he's reading *Archaeologists Dig for Clues* by Kate Duke. He might



think, "What tools do archaeologists use?" or "What are fossils?" Help him read the book, and see how many answers he can find.

Pair fiction with nonfiction.

Together, read a story like
Goldilocks and the Three
Bears followed by a nonfiction
book such as Bears: Polar Bears,
Black Bears, and Grizzly Bears (Deborah Hodge). As you read the second

book, encourage your child to look for ways that real bears are different from the fictional ones. For example, he might say that real bears eat things like grass, berries, fish, and insects, while the three bears eat porridge.



Wonderful wordplay

Use these activities to boost your youngster's awareness of sounds and syllables in words:

- Choose a three-letter word, such as *cap*. Have your youngster substitute different beginning sounds from the alphabet to make new words (*lap*, *map*, *nap*, *rap*, *sap*, *tap*, *zap*). How many can she think of?
- Pick a long word, and tell her to clap once as she says each syllable. For *mozzarella*, she would clap four times: *moz-za-rel-la*.
- Ask your child to say a word without the first sound. *Example*: "Can you say *sit* without the *s*?" (*Answer*: *It*)
- Think of a word, and give your youngster a "sound" clue to figure it out. For instance, "I'm thinking of a word for something that you chew but don't swallow. The word has an *uh* sound in the middle." (*Answer: Gum*)♥

OUR PURPOSE

To provide busy parents with practical ways to promote their children's reading, writing, and language skills.

Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecustomer@wolterskluwer.com www.rfeonline.com ISSN 1540-5648



Vocabulary-boosting conversations

② I've heard that kids with bigger vocabularies have an easier time learning to read and write. How can I help my daughter learn more words?

A You're right—a good vocabulary does help with reading and writing. Kids absorb many words just by hearing them regularly, so try weaving new words into everyday conversations.

When you talk to your daughter, use bigger words to expand on what she says. For instance, in response to "Mitten doesn't like going to the vet!" you could say "You're right. Mitten is scared of the veterinar

could say, "You're right. Mitten is scared of the *veterinarian*" Or if she says, "I let the air out of the balloon," you might reply, "It *deflated* really quickly."

Then, encourage her to use the new word often to help it stick in her mind. "What else can you think of that *deflates*?" To jog her memory you might say, "Remember when I rode over a nail? It made my bike tire *deflate*."♥

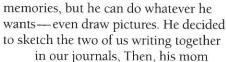


A journal-writing tradition

My grandson Keith saw me writ-

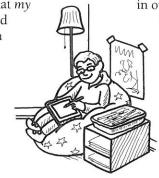
ing in my journal and asked what I was doing. I explained that my grandfather got me started writing in a journal when I was a little boy. Keith said he wanted to start a journal, too, so I sent him a notebook.

He asked me what he should write about. I told him that I use my journal mostly to store



helped him write a sentence about his picture and sent me a photo.

Keith has stuck with his journal for a couple of weeks already. Now on our weekly video calls, he can't wait to share what he has written and drawn.♥





Fort Vannoy Elementary

Lunch

MONDAY

3

Main Entrees

- Turkey Pepperoni Plzza Sides for All Meals
- Chilled Peaches
- Fresh Broccoli Florets

Milk & Condiments

Chocolate Skim Milk

TUESDAY



Main Entrees

- Chicken Nuggets Sides for All Meals
- **Applesauce**
- **Baked Beans**
- Milk & Condiments

Chocolate Skim Milk

WEDNESDAY

5

Main Entrees

- Classic Cheeseburger in Bun Sides for All Meals
- Fresh Granny Smith Apple
- **Tater Tots**

Milk & Condiments

· Chocolate Skim Milk

THURSDAY

6

Main Entrees

- Toasted Ham & Cheese
- Sides for All Meals Fresh Whole Fruit
- Spinach & Romaine Salad
- Croutons
- Light Ranch Dressing
- Milk & Condiments
- · Chocolate Skim Milk

10

Main Entrees

- Classic Four Cheese Pizza
 Sides for All Meals
- Unsweetened Applesauce Fresh Broccoli Florets
- Milk & Condiments
- Chocolate Skim Milk

11

Main Entrees

- Popcorn Chicken Sides for All Meals
- Fresh Whole Fruit
- Seasoned Corn

Milk & Condiments

Chocolate Skim Milk

12

Main Entrees

- BBQ Rib-B-Q Sandwich Sides for All Meals
- · Fresh Granny Smith Apple Baked Beans

Milk & Condiments

Chocolate Skim Milk

13

Main Entrees

- Turkey and Cheese Quesadilla Sides for All Meals
- · Fresh Whole Fruit
- Fresh Celery Sticks
- Creamy Ranch Dressing

Milk & Condiments

Chocolate Skim Milk

17

Main Entrees

- Turkey Pepperoni Plzza Sides for All Meals
- Chilled Peaches
- Fresh Broccoli Florets

Milk & Condiments

Chocolate Skim Milk

18

Main Entrees

- Crispy Chicken Patty Sandwich Sides for All Meals
- Applesauce
- Fresh Carrots

Milk & Condiments

Chocolate Skim Milk

19

Main Entrees

- Classic Cheeseburger in Bun Sides for All Meals
- Fresh Granny Smith Apple
- Tater Tots

Milk & Condiments

· Chocolate Skim Milk

20

Main Entrees

- · Macaroni and Cheese Sides for All Meals
- Fresh Whole Fruit
- Spinach & Romaine Salad
- Croutons
- Light Ranch Dressing

Milk & Condiments

Chocolate Skim Milk

24

Main Entrees

- · Cheese Pizza
- Sides for All Meals
- Chilled Peaches Fresh Broccoli Florets

Milk & Condiments

· Chocolate Skim Milk

25

- **Main Entrees** · Chicken Tenders
- Sides for All Meals **Applesauce**
- Seasoned Peas

Milk & Condiments

Chocolate Skim Milk

26

- Main Entrees Turkey Hot Dog
- Sides for All Meals Fresh Granny Smith Apple

Tater Tots Milk & Condiments

Chocolate Skim Milk

27

Main Entrees

- Bean & Cheese Quesadilla
- Sides for All Meals
- Fresh Whole Fruit Spinach & Romaine Salad
- Croutons

Chocolate Skim Milk

Light Ranch Dressing Milk & Condiments

31

- **Main Entrees** Turkey Pepperoni Plzza
- Sides for All Meals

Milk & Condiments Chocolate Skim Milk

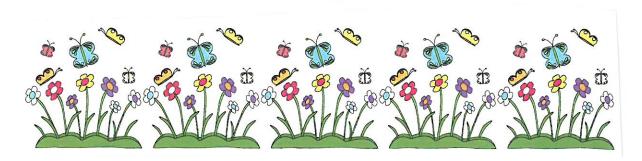
Chilled Peaches Fresh Broccoli Florets



MEMORIAL DAY

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 4/28/2021 at 1:15 pm .





Fort Vannoy Elementary

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Main Entrees Cheerios Sides for All Meals Assorted Fruit Juice Milk & Condiments 1% Low-fat Milk	Main Entrees Egg & Cheese Sandwich Sides for All Meals Fresh Whole Fruit Milk & Condiments Substitution 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Main Entrees Cheerios Sides for All Meals Assorted Fruit Juice Milk & Condiments 1% Low-fat Milk	Main Entrees Apple Cinnamon Muffin Sides for All Meals Assorted Chilled Fruit Milk & Condiments 1% Low-fat Milk
Main Entrees Oatmeal & Cinnamon Baked bar Sides for All Meals Assorted Fruit Juice Milk & Condiments 1% Low-fat Milk	Main Entrees Egg & Cheese Sandwich Sides for All Meals Fresh Whole Fruit Milk & Condiments Use Low-fat Milk	Main Entrees Cheerios Sides for All Meals Assorted Fruit Juice Milk & Condiments 1% Low-fat Milk	Main Entrees Mini Blueberry Pancakes Sides for All Meals Assorted Chilled Fruit Milk & Condiments Use Low-fat Milk
Main Entrees Cheerios Gides for All Meals Assorted Fruit Juice Milk & Condiments Use Milk & Condiments	Main Entrees Egg & Cheese Sandwich Sides for All Meals Fresh Whole Fruit Milk & Condiments 1% Low-fat Milk	Main Entrees	Main Entrees
Main Entrees Oatmeal & Cinnamon Baked bar Sides for All Meals Assorted Fruit Juice Milk & Condiments 1% Low-fat Milk	Main Entrees Egg & Cheese Sandwich Sides for All Meals Fresh Whole Fruit Milk & Condiments 1% Low-fat Milk	Main Entrees Cheerios Sides for All Meals Assorted Fruit Juice Milk & Condiments 1% Low-fat Milk	Main Entrees Soft Filled Cinnamon Toast Crunch Bar Sides for All Meals Assorted Chilled Fruit Milk & Condiments 1% Low-fat Milk
31			

Main Entrees

 Cheerios
 Sides for All Meals · Assorted Fruit Juice

Milk & Condiments

· 1% Low-fat Milk

MEMORIAL DAY

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 4/28/2021 at 1:14 pm.

