



Nutrition Services Department Update

Student Well-Being:

A state of health and success nurtured through an awareness of choices in Nutrition, Achievement, Environment, Community and Activity.



What are we doing to impact Student Well-Being

Nutrition –what are we doing to positively student Nutrition and Wellness

- *Complete revision of our 2010-11 menus to incorporate more scratch made items and less processed foods.
- *6th annual farm to market held at Madrona Elementary school in the spring of 2011, (date to be determined). Held at Fort Vannoy in spring of 2010.
- *Continued reduction in fat and increase in whole grains.
- *Nutrition Facts and information posted in schools .



Achievement – what are we doing to positively impact student achievement



- *Providing free breakfast in 8 schools in the district.
- *Providing afterschool snacks at 4 sites in conjunction with after hours learning.
- *Providing After School Supper programs at 4 sites in conjunction with Boys and Girls of the Rogue Valley.
- *Sodexo Registered Dietician provides classroom instruction.
- *Providing career opportunities in Career Day events at Lorna Byrne Middle School, Evergreen Elementary and North Valley High School.

Environment – what are we doing to positively impact our environment.

- *Replaced Styrofoam plates with biodegradable compostable plates.
- *Switched from bulk napkins to single serve recycled napkins.
- *Use of Apex cleaning products that are environmentally friendly.
- *Reduction in paper and plastic use in all of our kitchens.
- *Use condiment dispensers verses individual packets.
- * Coordination with Fruitdale School Garden and composting.



What are we doing to impact Student Well-Being

Community –what are we doing to support our community.

- *Sponsorship of summer feeding sites throughout the community this summer serving over 29,000 meals to our community. Partnership with High School athletic programs to increase participation.
- *Community involvement including Grants Pass Active Club, Grants Pass Little League, Pop Warner Football, and Guiding Lights Mentoring Program.
- *Annual Sodexo scholarship donation of \$1,500 awarded to our three High Schools.
- *Toys for Tots program fully integrated to provide for needy families during the holidays.

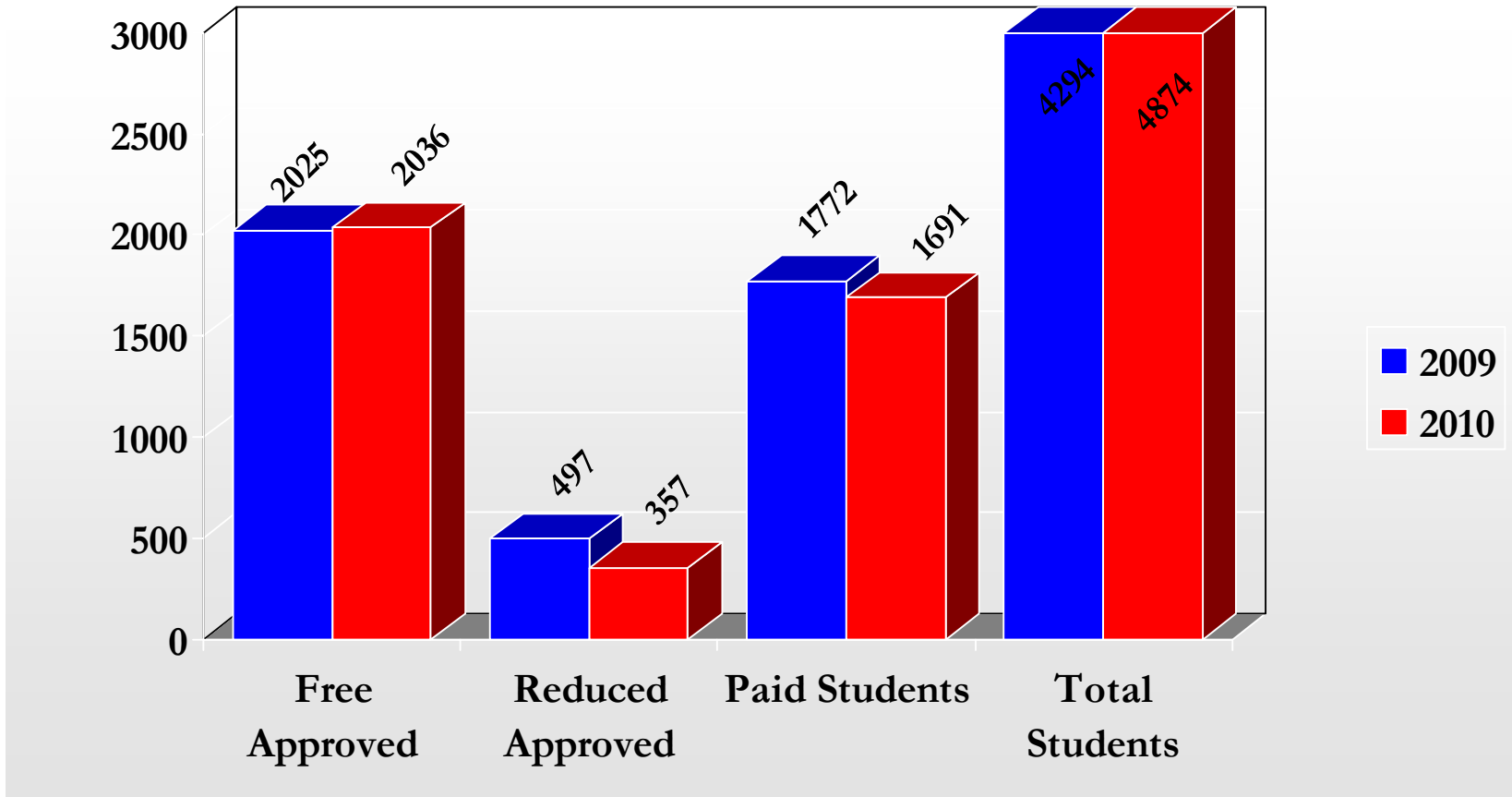


Activity –what are we doing to promote exercise and activity.

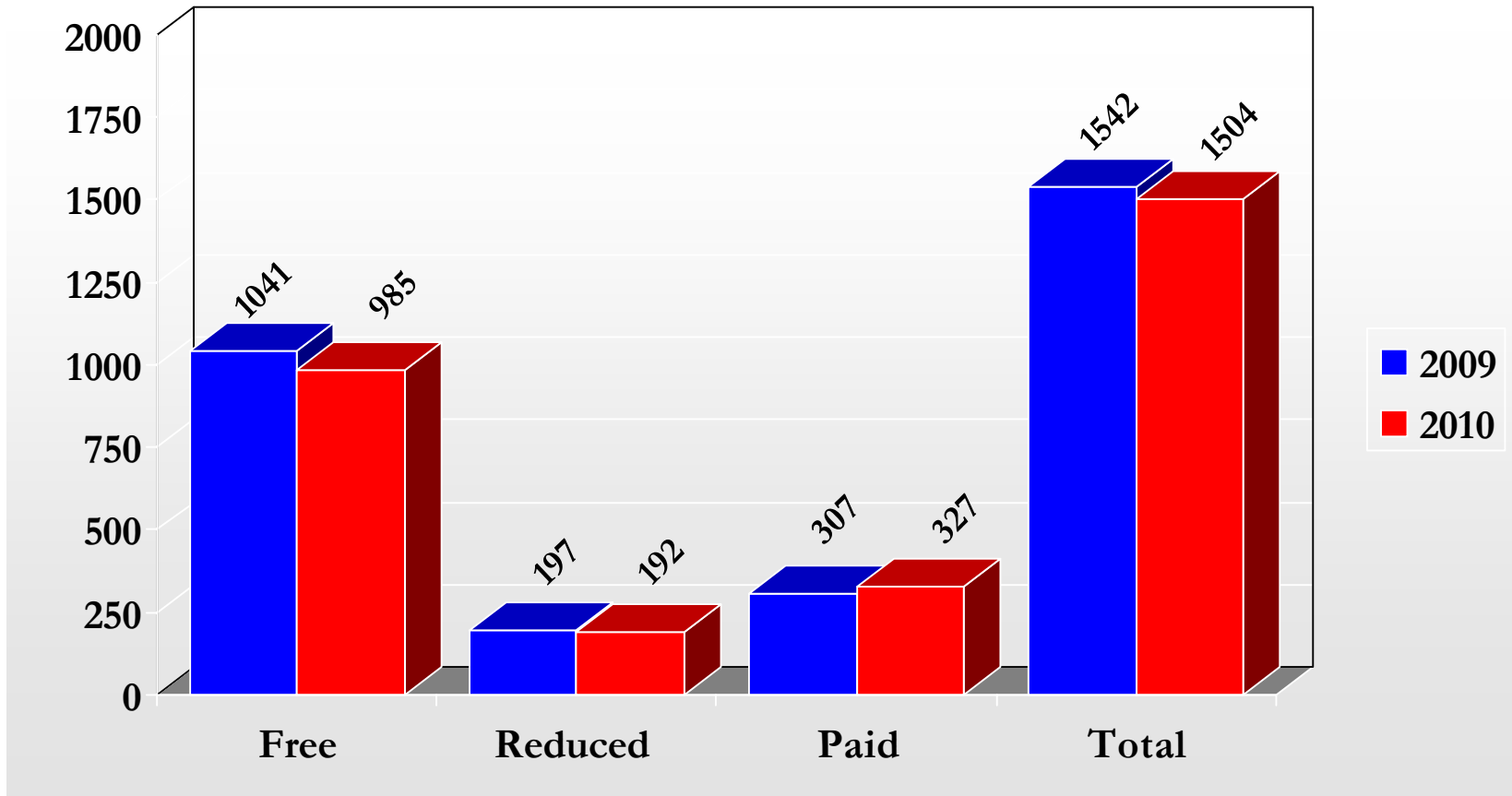
- *Reinforcing activity through messages on our menus and activity boards.
- *Wellness tips of the week posted in all schools.
- *Wellness portion of our Farm to Market that promotes a healthy and active lifestyle.
- *Liftoff activity promotions that highlight things such as hiking, biking and having fun.
- *Lead by example.



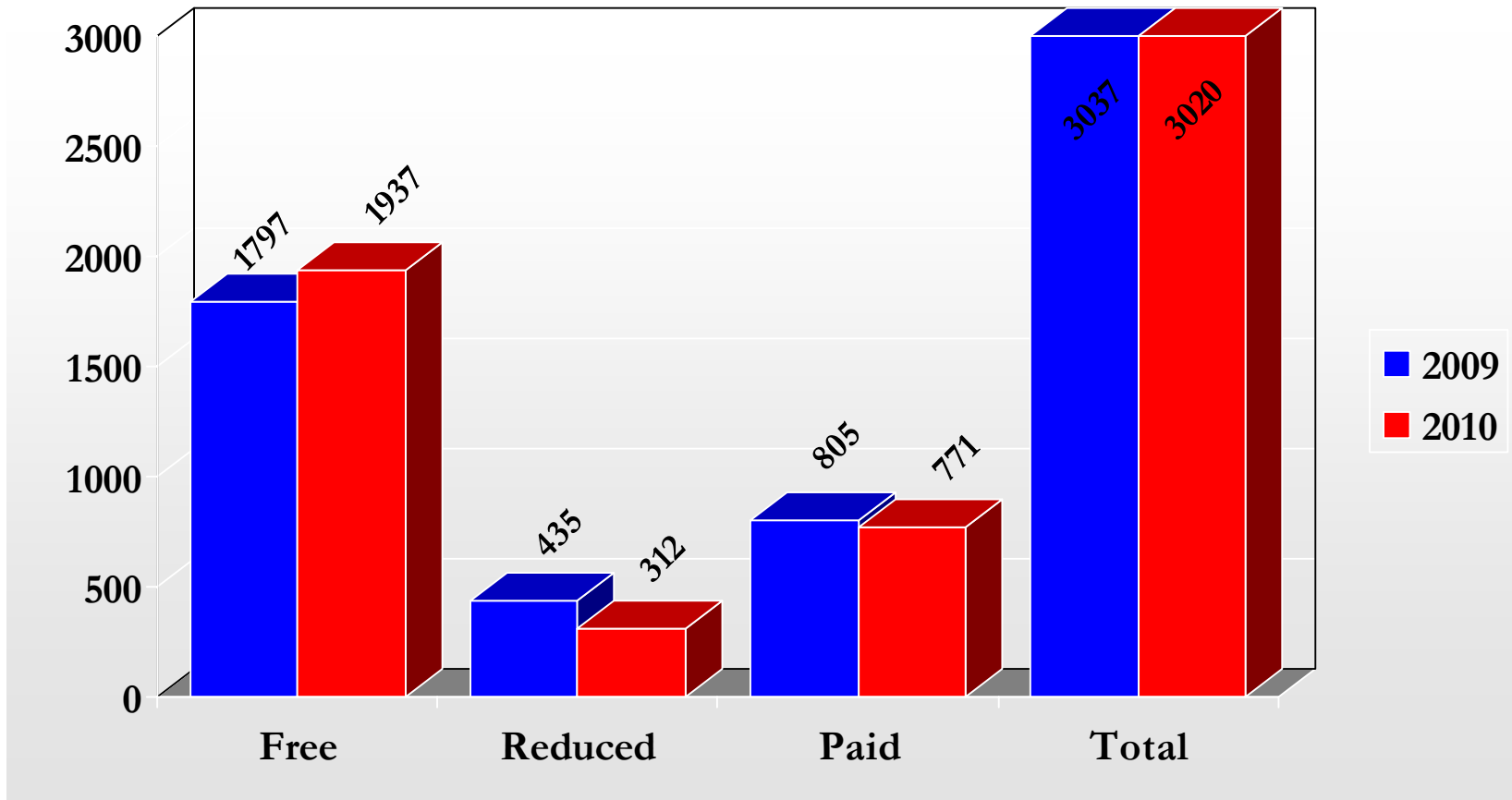
September Free and Reduced Applications



September Average Daily Breakfasts Served



September Average Daily Lunches Served



In Addition

***Chopsticks will be rolled out to all Middle Schools in mid-October as well as offered monthly at all elementary schools.**



***We continue to partner with Fort Vannoy Farms and both Hidden Valley and Illinois Valley FFA clubs for their support with our Farm to Market promotion held twice a year.**



Thank you for your support of Nutrition Services



Our Goal is provide each and every student with healthy, nutritious meals that can help them achieve their maximum learning potential.

